

# College of Health Sciences and Human Services

SYLLABUS: Cardiopulmonary Anatomy & Physiology RESP 3433 FALL SEMESTER 2020

## Contact Information

Instructor: Professor Mary Sue Owen MS, RRT-NPS, ACCS, RPFT, AE-C

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Class meets M/W 0800-1020 Virtual

Office hours virtual: Monday 2-4 and Tuesday 1-4

## **Course Materials**

Des Jardins, Terry, 2018. Cardiopulmonary Anatomy & Physiology, 7th Edition. Cengage ISBN 978-1-337-79490-9

Required digital materials for this course are part of the Courseware Access and Affordability Program at MSU Texas. Students are charged for required course materials on their student account with the Business Office. Any students who wish to opt-out of the Program and purchase the required course materials on their own must do so prior to (09/04/20). Opt-out instructions are sent to students' official my.msutexas.edu email address after the first day of class. Please contact the MSU Bookstore if you have any questions about the opt-out process.

# Course Description

The focus of this lecture course is on applied physiology of the respiratory and cardiovascular systems. Emphasis is place on normal structure and function. Topics include mechanics of spontaneous breathing, pulmonary circulation, gas conduction and exchange, gas transport, cardiac output and its control, renin angiotensin-aldosterone system, basic ECG analysis, the cardiac cycle and acid-base balance.

## Course Prerequisite(s)

Enrolled in Respiratory Care program.

## **Learning Goals**

- I. General Learning Goals:
  - Learn the human anatomy of the cardiopulmonary system to include some developmental changes from the embryo to an adult.
  - Learn basic human cardiopulmonary physiology.

## II. Learning Objectives

- Describe the normal anatomy of the head and upper airway.
- Describe the normal anatomy of the cardiovascular system, mediastinum, and lungs.
- List and describe the functions of the muscles of respiration.
- Identify the lung volumes and subdivisions.

- Describe control of breathing.
- Describe the compliance of the lungs as it relates to the mechanics of breathing.
- Describe the role that surface tensions play with the expansion and deflation of the lung.
- Define airway resistance, discuss its role in ventilation and how different factors regulate airway resistance in the body.
- Describe dead space in the lungs and its effect on alveolar ventilation.
- Describe the relationships of minute volumes, alveolar volumes, and dead space volumes.
- Know the mechanisms of oxygen transport.
- Define pulmonary gas diffusion and discuss the physical and physiological factors that affect diffusion.
- Know basic values for hemodynamic testing.
- Interpret basic ECG's
- Know the structure and function of the kidney and its role in acid/base balance.

## **Course Policies**

Attendance Policy: Regular class attendance is required. Punctuality to class is imperative. Exams will be given during the first part of class with an allotted amount of time. If the student is late, they will be given the remaining class time to finish the exam. At the end of the allotted time, all exams must be turned in, complete or not. No distinction is made between excused and unexcused absences unless the absence has been cleared through the office of the Dean of Students, Athletic Department, Academic Affairs. If a student misses a lecture, it is the student's responsibility to work with other class members to determine what material was missed. Prior absence approval may be granted after review by the professor. If you have a documented disability that will impact your work in this class, please contact me to discuss your needs. Please refer to the MSU Student Handbook for more information.

- 1 day missed = no point deduction off of final grade
- 2 4 days missed = 5 point deduction off of final grade 5 + days missed = instructor initiated drop

from the class

## **CLASS PARTICIPATION:**

Class participation is an integral part of this course. There are numerous activities that require each student to participate from the readings, case studies, research, or in response to the discussion by others. You are expected to participate actively in and contribute to the learning experience in this course.

Class attendance is strongly advised since examinations will be based upon material discussed in class. All reading material must be read prior to class for full topic discussion. It will be strongly encouraged to inform the professor in advance of any need to miss class (phone message or email is ok) and it is advisable to ask another student to take good notes and pick up handouts.

### Other Related Policies

Missed Examination Policy: Late work is not accepted

# **Grading and Evaluation:**

Lecture examinations: During the semester there will be in-depth exams covering the specified material. Examinations may consist of true/false, multiple choice, short answer or essay questions.

## FINAL EXAMINATION

A comprehensive examination consisting of true/false, multiple choice, short answer or essay questions will be given.

#### **CLASS PRESENTATION**

In order to understand how gases transfer across the alveolar capillary membrane, we must learn the behaviors of gases and partial pressures. You will be assigned a group project to be presented in class.

#### RESEARCH PAPER

Select a topic of interest to you within (Cardiopulmonary A & P) the paper should be approximately 3 pages (excluding cover sheet and reference page). Include these three aspects of the topic:

- What is known and reported in the literature and research about your topic?
- · Given what the literature and research say about your topic, what conclusions can you draw?
- Given these conclusions, what are the implications for the future of respiratory care?

You must site your references at the end of your paper. The paper must have at least 5 references. References must be current (within the last 5 years). Use scholarly sources; apply APA style to the manuscript. See grading rubric.

Each item must be submitted to the drop box. Failure to submit items will result in a drop in the final paper grade.

#### **Due Dates:**

Topic: AUG. 31ST<sup>1</sup> Outline and Sources: September 14: Reference Page: SEPT 23RD, Final Paper: OCTOBER 5TH

Begin drafting papers as early as possible and take advantage of the MSU Writing Center, located off the 2nd floor atrium of Prothro Yeager! Tutoring is available Monday through Thursday from 9am to 4pm; you can also find a tutor at the satellite location in Moffett Library Honors Lounge, Sunday and Thursday from 6pm to 9pm. Writing tutors will not edit your papers for you, but they will provide support and feedback at every stage of the writing process, from brainstorming to drafting, revising to proofreading.

The Writing Center opens on Tuesday, September 1st; if you would like to schedule a time for a tutor to give a brief presentation on the

Writing Center, please complete the Classroom Visit Request form.

Table 1: Points allocated to each assignment

| Element        | Percent |
|----------------|---------|
| Exams          | 40      |
| Final          | 25      |
| Presentation   | 5       |
| Midterm        | 10      |
| Tophat         | 10      |
| Research Paper | 10      |

Table 2: Grading System

| Grade | Points       |  |
|-------|--------------|--|
| Α     | 90-100       |  |
| В     | 80-89        |  |
| С     | 75-79        |  |
| D     | 60-74        |  |
| F     | Less than 60 |  |

Grading Policies: A minimum grade of 75 (C) is required in all respiratory courses. Failure to attain a minimum grade of C will prevent the student from progressing in the program.

# Academic Integrity:

Professors have become increasingly aware of, and therefore more adamant about, plagiarism on college campuses. Remember that copying any part of someone else's work without properly citing it constitutes plagiarism. Further, copying other's ideas and portraying them as your own, even if not word for word, constitutes plagiarism. The professor will investigate any suspected cases of academic dishonesty. If further action is necessary, the professor will turn the incident into the proper MSU authorities for disciplinary action.

In addition to the issue of plagiarism, academic dishonesty in an online environment may include: having someone else complete any assignment or any portion of an assignment and/or discussing via any medium, even email, any exam question.

# Americans with Disabilities Act:

If a student has an established disability as defined by the Americans with Disabilities Act (ADAAA) and would like to request accommodation, that student should please contact me as soon as possible. Any student requesting accommodations should first contact Disability Support Services at 940-397-4140 in room 168Clark Student Center to document and coordinate reasonable accommodations if you have not already done so.

# Syllabus Change Policy:

This syllabus is a guide for the course—not a "contract"—and is subject to change. Syllabus changes will be communicated via Tophat. I'll provide a minimum of 48 hours notice before the relevant change takes place if at all possible.

# Concealed Carry:

Senate Bill 11 passed by the 84<sup>th</sup> Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University's webpage at <a href="mailto:concealed carry">concealed carry</a> If you have questions or concerns, please contact MSU Chief of Police Patrick Coggins at <a href="mailto:patrick.coggins@msutexas.edu">patrick.coggins@msutexas.edu</a>.

# Top Hat

We will be using the Top Hat ( www.tophat.com ) classroom response

system in class. You will be able to submit answers to in-class questions

using Apple or Android smartphones and tablets, laptops, or through text

message. Additionally, we will be using the custom-built interactive material

within Top Hat for this class. An email invitation will be sent to you by email closer to the first day of class, but if don't receive this email, you can register by simply visiting our course website: https://app.tophat.com/e/597038

Note: our Course Join Code is 597038. Top Hat will require a paid subscription, and a full breakdown of all subscription options available can be found here: <a href="www.tophat.com/pricing">www.tophat.com/pricing</a>. Should you require assistance with Top Hat at any time, due to the fact that they require specific user information to troubleshoot these issues, please contact their Support Team directly by way of email (<a href="support@tophat.com">support@tophat.com</a>), the in-app support button, or by calling 1-888-663-5491.

# Course Schedule

# Table 3:

| Dates        | Readings                               | Chapter Topics   | Exams and Projects                                  |
|--------------|--|--|---|
| August 24    | Chap 1                                 | Anatomy & Physiology   | Review Syllabus                                     |
| August 26    | Chap 2 & 3                             | Ventilation, Pulmonary Function Measurements                 |   |
| August 31    |  |  | Research Paper Workshop Research Topic Due 11:59 pm |
| September 2  | Joint lecture with<br>Mrs. Fino Chap 4 | Diffusion of gases after exam                                | EXAM 1  |
| September 7  |  |  | Labor Day   |
| September 9  | Chap 5 & 6                             | Circulatory System/Oxygen and Carbon Dioxide Transport       |   |
| September 10 | 10:30                                  | Class Presentations  | During Mrs. Fino's class                            |
| September 14 | Chap 7                                 | Acid Base Balance and Regulation                             | Outline and Sources Due via dropbox at 11:59 p.m.   |
| September 16 |  | Start Chap 8 after exam                                      | EXAM 2  |
| September 21 | Chap 8 & 9                             | Ventilation Perfusion Relationships/Control of Ventilation   |   |
| September 23 | Chaptaga                               | ventilation  | MIDTERM EXAM Reference page due                     |
| September 28 | Chap 12 & 13                           | Electrophysiology of the<br>Heart/The Standard ECG<br>System |   |
| September 30 | Chap 14                                | ECG Interpretations  |   |
| October 5    |  | Practice ECG<br>Interpretations                              | FINAL PAPER DUE                                     |
| October 7    |  | Start Chap 15 after exam                                     | EXAM 3  |
| October 12   | Chap 15 & 16                           | Hemodynamics/Renal failure                                   |   |
| October 14   |  | Final review after exam                                      | EXAM 4  |
| October 19   | 09:00 (could change)                   |  | FINAL EXAM  |