

| Class # | DATE | DAY | IN CLASS ACTIVITY | ASSIGNMENT INTRO/READING | ASSIGNMENT DUE |
|----------------|-------------|------------|-----------------------------------|---------------------------------|-----------------------|
| | 19-Jan | M | No Class | MLK Day | No Class |
| | 21-Jan | W | Welcome to MWSU 1003 | Intros/Activites | Class Overview |
| | 23-Jan | F | Syllabus Day | Syllabus Day | Syllabus Day |
| | 26-Jan | M | No Class | Individual Mtgs | No Class |
| | 28-Jan | W | No Class | Individual Mtgs | No Class |
| | 30-Jan | F | No Class | Individual Mtgs | No Class |
| | 2-Feb | M | Reflection/Planning 1 | | |
| | 4-Feb | W | Goals & Motivation | Chapter 4 | |
| | 6-Feb | F | Goals & Motivation | | |
| | 9-Feb | M | Reflection/Planning 2 | | |
| | 11-Feb | W | Time Management | Chapter 3 | |
| | 13-Feb | F | Week/Month/Term Schedules | | |
| | 16-Feb | M | Reflection/Planning 3 | | |
| | 18-Feb | W | Week/Month/Term Schedules | | |
| | 20-Feb | F | Habits/Procrastination/Stress-Anx | Chapter 2 | |
| | 23-Feb | M | Reflection/Planning 4 | | |
| | 25-Feb | W | Exam I Review | | |
| | 27-Feb | F | Exam 1 | | Exam I |
| | 2-Mar | M | Reflection/Planning 5 | | |
| | 4-Mar | W | Intro to Learning Styles | | |
| | 6-Mar | F | LS Assessments | | |
| | 9-Mar | M | No Class | Spring Break | No Class |
| | 11-Mar | W | No Class | Spring Break | No Class |
| | 13-Mar | F | No Class | Spring Break | No Class |
| | 16-Mar | M | Reflection/Planning 6 | | Portfollio Check I |
| | 18-Mar | W | LS Assessments | | Quiz I |
| | 20-Mar | F | Reading Plan Overview-Rate/A1 | Chapter 8-9-10 | |
| | 23-Mar | M | Reflection/Planning 7 | | Project I Due |
| | 25-Mar | W | Survey Read | | |
| | 27-Mar | F | Study Read | | |
| | 30-Mar | M | Reflection/Planning 8 | | |
| | 1-Apr | W | Reading Exam | | Exam II |
| | 3-Apr | F | No Class | Easter Break | No Class |
| | 6-Apr | M | Reflection/Planning 9 | | |
| | 8-Apr | W | Information Processing | Chapter 5 | |
| | 10-Apr | F | POM & 6 Forgetting Theories | Chapter 6 & 7 | |
| | 13-Apr | M | Reflection/Planning 10 | | |
| | 15-Apr | W | Mnemonics 1 | | Quiz II |
| | 17-Apr | F | Mnemonics 2 | | |
| | 20-Apr | M | Reflection/Planning 11 | | |
| | 22-Apr | W | Project II Workday | | |
| | 24-Apr | F | Project III Intro/Workday | | Project II Due |
| | 27-Apr | M | Reflection/Planning 12 | | |
| | 29-Apr | W | Critical Thinking | | Project III Due |
| | 29-Apr | W | Last Day to Drop Classes | Last Drop Day | Last Drop Day |
| | 1-May | F | No Class | Individual Mtgs | No Class |
| | 4-May | M | No Class | Individual Mtgs | No Class |
| | 6-May | W | No Class | Individual Mtgs | No Class |
| | 8-May | F | Last Day of Class | | |

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| | 5/11-5/15 | M-F | Finals Week | | |
| | 16-May | Sat | Graduation Day | | |