

Course Syllabus: Athletic Training Clinical 1 College of Health Sciences & Human Services ATRN 1211 Section 101 Fall 2023 Tuesday 9:30-10:50 (August 28 – December 16)

Contact Information

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Course Description

The purpose of this course is to provide the prospective athletic trainer with the knowledge and skill necessary to apply the basic athletic training prevention skills: taping, wrapping, equipment fitting, emergency equipment, etc.

Course Objectives:

- 1. Use of appropriate equipment to determine environmental risk associated with heat and cold environments.
- 2. Prevention and care related to environment conditions
- 3. To be able to properly fit equipment
- 4. Basic First Aid needs
- 5. Therapeutic modality setups
- 6. Vital Signs
- 7. Perform preventative taping, wrapping, and emergency care
- 8. Splinting and transportation techniques

Textbook & Instructional Materials

No textbook is needed for this course. However, <u>the Principles of Athletic Training</u>, A Guide to Evidence Based Practice, McGraw, Hill is highly recommended.

Attendance Policy

Attendance is taken at the beginning of each class period. The maximum number of class hours that may be missed, for any reason, is <u>TWO</u>. Class begins promptly at 9:30AM, if you are more than 10 minutes late, you will be marked as absent. You will be marked as "tardy" if you arrive after 9:30. Three "tardies" equals an absence. You must have a note for any excused absences and should notify the professor prior to missing class. If you have an extended absence, you must have it on file with the department office (room 214). If you do not conform to this policy, your grade will be lowered 10% for each absence over the allowable limit.

Grading

Table 1: Displays Points Allocated Towards Each Assignment

Assignments	Points
Game Day Exam	100
Participation	75
Proficiency Completion	100
Clinical Hour Completion	P/F
Total Points	275

Table 2: Total points for final grade.

Grading Scale:

90-100% of total points = A 80-89% of total points = B 70-79% of total points = C 60-69% of total points = D Below 60% of total points = F

Proficiencies

Clinical proficiencies are utilized to demonstrate each student's knowledge and skills within a specific competency. The student needs to be proficient for their level with the athletic training program. Each week 5 proficiencies will be covered and practiced within class time. During the following week it is the student's responsibility to schedule a time with a preceptor to evaluated or tested out on that proficiency. Student will use class time to be peer evaluated. Students must complete the proficiency with an 80% pass rate. It the proficiency has not been peer-evaluated first or the student misses, forgets, or

is not confident and just guessing most of the time, the preceptor will stop the student and the student will need to reschedule another time to be tested out. Do not just expect a preceptor to drop what they are doing to test on a proficiency. Students should ask at least 24 hours in advance to schedule a specific meeting time with a preceptor.

Clinical Rotations

As part of a student's participation in athletic training clinical rotations they are expect to complete a minimum of 250 hrs at their clinical assignment. Failure to do so will cause the student to fail ATRN 1211. A student must complete all clinical classes in order to complete the ATRN major and the courses are sequential in nature. That is a student cannot progress to the next clinical class until they have completed the previous class.

Game Day Exams

Game Day Exams are administered each semester, online, corresponding to the clinical class for that semester (e.g. Clinical I-Fall of your level 2 academic year). In order to pass the game day the student must score an 80% or better. If the student scores below 80% the student will do remediation and then have an opportunity to retake the exam. If the student does not pass the second time, an alternate remediation assignment will be given relating to the specific material that is least understood based on the game day results. The exams will cover the specific material listed in the course schedule and are multiple choice, true false type of questions, multiple select questions. Please Note all exams will be given through the lock down browser in D2L, and will require the Respondus LockDown Browser. Please note: Chrome books do not work with D2L. You will need to find an appropriate alternative to take exams. Please read the instruction sheet on lock down browser before starting a quiz (located in the syllabus tab).

Covid-19

In this era of uncertainty, please understand that MSU Texas has your safety in mind. If you are feeling sick, please do not come to class. Reach out to me via e-mail or GroupMe to let me know that you will not be attending class. I will schedule a time to meet with you at a later date to go over what was missed. Understand the symptoms of Covid-19 (cough, sore throat, nasal congestion, new loss of taste or smell, difficulty breathing, shortness of breath, diarrhea, headache, and muscle soreness) and monitor yourself at home. Hand washing will be taking place at the beginning of every class and hand-sanitizer will be available for the duration of class. This is a "hands-on" class, so if you are uncomfortable being close to fellow students, please come speak with me and we will find an alternative.

Late Work

Late work will not be accepted.

Important Dates

Deadline to file for graduation: October 2

Last Day to drop with a grade of "W:" October 30

Refer to: Drops, Withdrawals & Void

Student Handbook

Refer to: Student Handbook 2017-18

Academic Misconduct Policy & Procedures

Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individual's to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct.

Desire-to-Learn (D2L)

Extensive use of the MSU Texas D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into D2L through the MSU Texas Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

Attendance

Students are expected to attend all meetings of the classes in which they are enrolled. Although in general students are graded on intellectual effort and performance rather than attendance, absences may lower the student's grade where class attendance and class participation are deemed essential by the faculty member. In those classes where attendance is considered as part of the grade, the instructor should so inform students of the specifics in writing at the beginning of the semester in a syllabus or separate attendance policy statement. An instructor who has an attendance policy must keep records on a daily basis. The instructor must give the student a verbal or written warning prior to being dropped from the class. The instructor's records will stand as evidence of absences. A student with excessive absences may be dropped from a course by the instructor. Any individual faculty member or college has the authority to establish an attendance policy, providing the policy is in accordance with the General University Policies.

Online Computer Requirements

Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your

responsibility to have (or have access to) a working computer in this class. Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings. Computers are available on campus in various areas of the buildings as well as the Academic Success Center. Your computer being down is not an excuse for missing a deadline!! There are many places to access your class! Our online classes can be accessed from any computer in the world which is connected to the internet. Contact your instructor immediately upon having computer trouble. If you have technical difficulties in the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations however they are able to help you get connected to our online services. For help, log into D2L.

Instructor Class Policies

Online courses: Attendance is based on participation of assignments and discussion boards throughout the course of the semester. I will check D2L to make sure students are logging in weekly.

In class courses: Attendance will be taken at the beginning of each class. The maximum number of classes that may be missed, for any reason, is two. If you are more than 10 minutes late, you will be marked as absent. You will be marked as "tardy" if you arrive 5 minutes after the scheduled class time. Three "tardies" equals an absence. You must bring a note for any excused absence and should notify the instructor that you will be absent from class. If you have an extended absence, you must have it on file with the department office (room 214). If you do not conform to this policy, your grade will be lowered 10% for each absence over the allowable limit.

Dress code requirements: loose, comfortable clothing allowing access to the area(s) of the anatomical structure particular to the program or course lecture.

Change of Schedule

A student dropping a course (but not withdrawing from the University) within the first 12 class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the Schedule of Classes each semester.

Refund and Repayment Policy

A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. HOWEVER, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. As described

below, two formulas (federal and state) exist in determining the amount of the refund. Examples of each refund calculation will be made available upon request.

Services for Students with Disabilities

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Midwestern State University endeavors to make reasonable accommodations to ensure equal opportunity for qualified persons with disabilities to participate in all educational, social, and recreational programs and activities. After notification of acceptance, students requiring accommodations should make application for such assistance through Disability Support Services, located in the Clark Student Center, Room 168, (940) 397-4140. Current documentation of a disability will be required in order to provide appropriate services, and each request will be individually reviewed. For more details, please go to Services for Students with Disabilities Website

College Policies

Campus Carry Rules/Policies

Refer to: Campus Carry Rules and Policies

Smoking/Tobacco Policy

College policy strictly prohibits the use of tobacco products in any building owned or operated by WATC. Adult students may smoke only in the outside designated-smoking areas at each location.

Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

Grade Appeal Process

Students who wish to appeal a grade should consult the Midwestern State University <u>Undergraduate Catalog.</u>

Research and Creative Activity Opportunities at MSU

Enhancing \underline{U} ndergraduate \underline{R} esearch \underline{E} ndeavors and \underline{C} reative \underline{A} ctivities (EURECA) is a program that provides opportunities for undergraduates to

engage in high-quality research and creative activities with faculty. EURECA provides incentives and funding through a system that supports faculty and students engaged in collaborative research and creative works. For more information contact the Office of Undergraduate Research at (940) 397-6274 or by email at eureca@mwsu.edu or better yet, stop by the UGR office located in the atrium of the Clark Student Center, room 161. Information and resources are also available at www.mwsu.edu/eureca.

<u>Undergraduate Research Opportunities and Summer Workshop (UGROW)</u> Like EURECA, UGROW provides opportunities for students to conduct research with faculty. However, the research occurs in the summer. For five weeks UGROW students experience the authenticity of scientific research as well as research and creative activities in art, music, theater education, business, health and social sciences, English, history, etc. in a highly interdisciplinary environment. Students work on projects of their choice and present their findings at the end of program and the MSU Undergraduate Research and Creative Activity Forum. Faculty members will introduce their research ideas in the Comanche Suites, Clark Student Center. A break-out session with individual faculty members will follow in Wichita I & II rooms. If you have any questions, contact the Office of Undergraduate Research at (940) 397-6274 or by email at eureca@mwsu.edu/ugrow..

Council on Undergraduate Research to support undergraduate research and creative activities, Midwestern State University holds an enhanced institutional membership with the Council on Undergraduate Research (CUR). This institutional membership includes unlimited memberships for any interested faculty, staff, and students. Students find information on benefits and resources at www.cur.org/resources/for students and sign up at www.members.cur.org/members online/members/newmember.asp I would like to personally invite you to become a member of CUR so that you benefit from all the opportunities CUR offers to you. CUR Undergraduate Resources Webpage contains:

Research Opportunities; Presentation Opportunities; Undergraduate Research Journals; CUR-Sponsored Student Events; The Registry of Undergraduate Researchers; And more!

ScholarBridge

Midwestern State University is excited to announce a new resource designed to address a commonly expressed student need—the creation of a centralized searchable database of faculty research interests and opportunities. We have entered into a partnership with **ScholarBridge**

(http://www.scholarbridge.com), a website designed to help students participate in undergraduate research and creative activities. I strongly encourage you to join ScholarBridge at your earliest convenience.

Schedule Notice: Changes in the course syllabus, procedures, assignments, and schedule may be made at the discretion of the instructor.

Course Schedule

Week or Module	Activities/Assignments/Exams	Due Date*
Week 1 8/28 -9/3	Sylalbus- Game Day	
Week 2 9/4- 9/10	Biohazard Techniques	
Week 3 9/11 - 9/17	Cold Issues	Quiz 1
Week 4 9/18 - 9/24	Environmental Techniques	
Week 5 9/25 - 10/01	Lightning	
Week 6 10/02 - 10/8	Heat Issues	
Week 7 10/9 - 10/15	Misc. Techniques	
Week 8 10/16 - 10/22	Equipment Fitting	
Week 9 10/23 - 10/29	Splinting Techniques	
Week 10 10/30 - 11/05	Taping and Wrapping Techniques	
Week 11 11/06 - 11/12	C-Spine Transportation	
Week 12 11/13 - 11/19	Vital	
Week 13 11/20 - 11/26	Check offs- Thanksgiving	Thanksgiving Break
Week 14 11/27 - 12/03	Check offs	
Week 15 12/04-12/10	TBD	