



**Midwestern State University**  
Gordon T. & Ellen West College of Education

**Course Title:** Introduction to Counseling  
**Course Number:** COUN 5203  
**Semester Credits:** 3

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**Semester:** Spring 2021 16 Weeks  
**Class Room:** Online  
**Class Format:** Online  
**Office Hours:** M.-Th 8:30am-11:30am

**In this Syllabi you will find:**

- Content areas
- Knowledge and skills outcomes
- Methods of instruction
- Required text or reading
- Student performance evaluation criteria and procedures
- A disability accommodation policy and procedure statement

**Instructor Response Policy:**

During the week (Monday – Friday) I will respond within 12 hours. During Holidays and weekends, I will respond within 24 hours. I respond to my email [tara.fox@msutexas.edu](mailto:tara.fox@msutexas.edu) consistently. Please do not hesitate to contact me.

**The MSU Clinical Mental Health and School Counseling programs require at least a B average. C's are unacceptable, and more than 2 C's will put you in danger of being removed from the program. Please consult the Student Handbook for more information.**

## **I. COURSE DESCRIPTION**

The Introduction to Counseling course is designed to provide students with sufficient knowledge to begin the Counseling program. The course provides an overview of the professional, ethical, legal, theoretical, and practical aspects of professional counseling. The historical development of the counseling profession is explored, as well as the roles, responsibilities, and training required for a variety of counseling specialties. Students are asked to examine personal motives for entering the counseling field and to explore professional goals.

Prerequisites: There are no pre-requisites for this course.

## **II. COURSE RATIONALE**

In this course students will gain knowledge including the theoretical and procedural aspects of effective career counseling and the nature of career development throughout the course of a lifetime.

## **III. REQUIRED TEXTBOOK**

Erford, B. T. (2018). *Orientation to the counseling profession: Advocacy, ethics, and essential professional foundations*. New York, NY: Pearson.

## **OPTIONAL TEXTBOOKS:**

American Psychological Association. (2020). *Publication manual of the American Psychological Association: The official guide to APA style*. Washington, DC: American Psychological Association.

## **IV. COURSE OBJECTIVES**

### **Knowledge and Skill Learning Outcomes: CACREP Standards**

Upon successful completion of this course, students will learn:

### **CACREP Common Core Area Standards Addressed in this Course:**

- 1.a. history and philosophy of the counseling profession and its specialty areas
- 1.b. the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation
- 1.c. counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams
- 1.d. the role and process of the professional counselor advocating on behalf of the profession
- 1.e. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients

- 1.g. professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues
- 1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling (KPI)
- 1.k. strategies for personal and professional self-evaluation and implications for practice (KPI)
- 1.l. self-care strategies appropriate to the counselor role
- 2.a. multicultural and pluralistic characteristics within and among diverse groups nationally and internationally (KPI)
- 2.d. the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others
- 3.a. theories of individual and family development across the lifespan
- 3.f. systemic and environmental factors that affect human development, functioning, and behavior (KPI)
- 3.g. effects of crisis, disasters, and trauma on diverse individuals across the lifespan
- 3.h. a general framework for understanding differing abilities and strategies for differentiated interventions (KPI)
- 4.a. theories and models of career development, counseling, and decision making (KPI)
- 5.a. theories and models of counseling (KPI)
- 5.b. a systems approach to conceptualizing clients
- 5.f. counselor characteristics and behaviors that influence the counseling process
- 5. m. crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid (KPI)
- 9.1.a. history and development of clinical mental health counseling
- 9.1.b. theories and models related to clinical mental health counseling (KPI)
- 9.2.a. roles and settings of clinical mental health counselors
- 9.2.c. mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling services networks
- 9.2.j. cultural factors relevant to clinical mental health counseling
- 9.2.k. professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling
- 9.3.e. strategies to advocate for persons with mental health issues

## Learning Objectives

1. Describe the role of the professional counselors and the helping process.
2. Understand the skills of active listening and communicating empathy.
3. Comprehend ways to identify and explore client issues, difficulties, strengths, and resources.
4. Develop openness to examining personal characteristics, communication style, and values that will affect the counselor/client relationship.
5. Become articulate in describing your view of how the helping process works and how your personal style is naturally effective and is sometimes adapted to meet clients' needs.

## V. COURSE EXPECTATIONS

The Clinical Mental Health Counseling Program, its faculty, and its students adhere to the University Code of Conduct, State of Texas licensure laws and regulations, and the American Counseling

Association's Code of Ethics (2014). The program has a professional responsibility to ensure that all students display ethical, professional, and personal behaviors that comply with these guidelines. Students are strongly encouraged to review, understand, and consult the [American Counseling Association website](#) for details related to these guidelines.

Department of Counseling students are expected to demonstrate appropriate classroom behavior, consistent with their counselor-in-training roles. Counselors-in-training are expected to convey attentiveness and respect in all professional and classroom settings.

**Online Etiquette:** It is expected that students use formal, professional language when corresponding online. It is expected that you use complete sentences, address one another with respect, follow the American Counseling Association Code of Ethics (2014), and treat all members of the class with respect.

**Diversity:** It is my intent to present material and activities that are respectful of diversity. It is also my intent that students from all perspectives and diverse backgrounds be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that students bring to this class be viewed as a resource, strength, and benefit. Your suggestions about how to improve the value of diversity in this course are encouraged and appreciated.

**Confidentiality:** Upholding confidentiality is a major responsibility of the student. Anything discussed during supervision, online in this class, or shared by individual students about themselves is considered confidential. Please do not share any information shared to you by other students.

**Academic Dishonesty:** Students at Midwestern State University are an essential part of the academic community and enjoy substantial freedom within the framework of the educational objectives of the institution. The freedom necessary for learning in a community so rich in diversity and achieving success toward our educational objectives requires high standards of academic integrity. Academic dishonesty has no place in an institution of advanced learning. It is each student's responsibility to know what constitutes academic dishonesty and to seek clarification directly from the instructor if necessary. Examples of academic dishonesty include, but are not limited to:

- Submission of an assignment as the student's original work that is entirely or partly the work of another person.
- Failure to appropriately cite references from published or unpublished works or print/non-print materials, including work found on the World Wide Web.
- Observing or assisting another student's work.
- Multiple Submission - Submitting a substantial portion or the entire same work (including oral presentations) for credit in different classes without permission or knowledge of the instructor.

**Statement of Disability:** Disability Support Services (DSS) provides services to students with disabilities to insure accessibility to university programs. DSS offers information about accommodations and disability, evaluation referral, adaptive technology training and equipment, and interpreter services for academically related purposes.

If you suspect you have a disability that is impacting your academic performance or have been previously documented as a person with a disability, you will need to apply and provide documentation of that disability to the Disability Support Services. This documentation must be supplied by a qualified professional who is licensed or certified to diagnose the disability in question.

The Disability Support Services office is located in Room 168 of the Clark Student Center. If you need assistance, you can also contact them at (940) 397-4140.

**Attendance:** Class attendance is crucial to successful completion of this course since much of the training cannot be learned in textbooks. Therefore, GRADUATE STUDENTS are expected to be on time and to attend every session online and all required face to face classes. Tardiness, leaving early, and absences are considered evidence of lack of dependability, and are taken seriously.

**Late Work:** All papers and assignments must be turned in the day they are due. No exceptions. If you have an emergency please let me know in advance, and/or email me your assignment the same day it is due. Any late papers will be lowered 10%. Late papers can only be turned in before the deadline for the following assignments. Please observe that your assignments are worth a considerable amount of points and skipping even one assignment will most likely significantly lower your grade. Please begin planning your semester schedule accordingly.

**VI. SEMESTER COURSE OUTLINE**

Class Dates	Class Topics	Assignments/Reading
<p><b>1. Week of Monday January 11th 2021 – Sunday January 17th 2021</b></p> <p>Change of schedule and late registration Jan 11-13<sup>th</sup> 2021</p>	<ul style="list-style-type: none"> <li>• Syllabus Review</li> <li>• Section One: Chapters One through Three pages 1-112</li> </ul>	<ul style="list-style-type: none"> <li>• Read Section One</li> <li>• <b>Do Discussion Board, Post and Comment</b></li> </ul>
<p><b>2. Week of Monday January 18th 2021 – Sunday January 24th 2021</b></p> <p>January 18<sup>th</sup> Martin Luther King’s Birthday – No Monday Classes.</p>	<ul style="list-style-type: none"> <li>• Section One: Chapters One through Three pages 1-112</li> </ul>	<ul style="list-style-type: none"> <li>• Read Section One</li> <li>• <b>Do Discussion Board, Post and Comment</b></li> </ul>
<p><b>3. Week of Monday January 25th 2021 – Sunday January 31st 2021</b></p>	<ul style="list-style-type: none"> <li>• Section One: Chapters One through Three pages 1-112</li> </ul>	<ul style="list-style-type: none"> <li>• Read Section One</li> <li>• <b>Do Discussion Board, Post and Comment</b></li> </ul>

Class Dates	Class Topics	Assignments/Reading
<p><b>4. Week of Monday February 1st 2021 – Sunday February 7th 2021</b></p> <p><b>KPI: 1i KPI, and 5b.</b></p>	<ul style="list-style-type: none"> <li>• <b>Ethics Paper Appendix B</b></li> <li>• <b>Turn in Ethics Paper to Tk 20 link</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Turn in Ethics Paper and turn in to Tk 20 link Appendix B</b></li> <li>• <b>Do Discussion Board, Post and Comment</b></li> </ul>
<p><b>5. Week of Monday February 8<sup>th</sup> 2021 – Sunday February 14<sup>th</sup> 2021</b></p> <p>Final deadline for May graduates to file for graduation February 15<sup>th</sup> 2021.</p>	<ul style="list-style-type: none"> <li>• Section Two: Chapters Four through Six pages 113-216</li> </ul>	<ul style="list-style-type: none"> <li>• Read Section Two</li> <li>• <b>Do Discussion Board, Post and Comment</b></li> </ul>
<p><b>6. Week of Monday February 15<sup>th</sup> 2021 Sunday February 21<sup>st</sup> 2021</b></p>	<ul style="list-style-type: none"> <li>• Section Two: Chapters Four through Six pages 113-216</li> </ul>	<ul style="list-style-type: none"> <li>• Read Section Two</li> <li>• <b>Do Discussion Board, Post and Comment</b></li> </ul>
<p><b>7. Week of Monday February 22<sup>nd</sup> 2021 – Sunday February 28<sup>th</sup> 2021</b></p>	<ul style="list-style-type: none"> <li>• Section Two: Chapters Four through Six pages 113-216</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Do Discussion Board, Post and Comment</b></li> <li>• Read Section Two</li> </ul>
<p><b>8. Week of Monday March 1<sup>st</sup> 2021 – Sunday March 7<sup>th</sup> 2021</b></p> <p><b>KPI: 3a, 3h KPI, 4a KPI, 5a KPI, 5b, and 9.1.b KPI</b></p>	<ul style="list-style-type: none"> <li>• <b>Theories Paper Appendix C</b></li> <li>• <b>Turn in Theories Paper to Tk 20 Link</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Do Discussion Board, Post and Comment</b></li> <li>• <b>Turn in Theories Paper Appendix C to D2L and the Tk 20 Link.</b></li> </ul>

Class Dates	Class Topics	Assignments/Reading
<b>9. Week of Monday</b> <b>March 8<sup>th</sup> 2021 –</b> <b>Sunday March 14<sup>th</sup></b> <b>2021</b>	<ul style="list-style-type: none"> <li>Section Three: Chapters Seven through 15 pages 217-486</li> </ul>	<ul style="list-style-type: none"> <li>Read Section Three</li> <li><b>Do Discussion Board, Post and Comment</b></li> </ul>
<b>10. Week of Monday</b> <b>March 15<sup>th</sup> 2021 –</b> <b>Sunday March 21<sup>st</sup> 2021</b>	<ul style="list-style-type: none"> <li>Section Three: Chapters Seven through 15 pages 217-486</li> </ul>	<ul style="list-style-type: none"> <li>Read Section Three</li> <li><b>Do Discussion Board, Post and Comment</b></li> </ul>
<b>11. Week of Monday</b> <b>March 22<sup>nd</sup> 2021 –</b> <b>Sunday March 28<sup>th</sup></b> <b>2021</b>  <b>KPI: 3a, 3f KPI, 3g, and 5m</b> <b>KPI</b> Summer and Fall 2021 schedules of classes available online.	<ul style="list-style-type: none"> <li><b>Human Development Paper Appendix D Turn in to D2L</b></li> <li><b>Turn in Human Development Paper to Tk 20 Link</b></li> <li>Section Three: Chapters Seven through 15 pages 217-486</li> </ul>	<ul style="list-style-type: none"> <li><b>Turn in Human Development Paper Appendix D to D2L and the TK 20 Link.</b></li> <li><b>Do Discussion Board, Post and Comment</b></li> <li>Read Section Three</li> </ul>
<b>12. Week of Monday</b> <b>March 29<sup>th</sup> 2021 –</b> <b>Sunday April 4<sup>th</sup> 2021</b>  <b>Easter Break April 1<sup>st</sup> -</b> <b>4<sup>th</sup> 2021</b>	<ul style="list-style-type: none"> <li>Section Three: Chapters Seven through 15 pages 217-486</li> </ul>	<ul style="list-style-type: none"> <li>Read Section Three</li> <li><b>Do Discussion Board, Post and Comment</b></li> </ul>
<b>13. Week of Monday April</b> <b>5<sup>th</sup> 2021 – Sunday April</b> <b>11<sup>th</sup> 2021</b>  <b>KPI: 2a KPI, 2d, and 9.2j.</b>	<ul style="list-style-type: none"> <li><b>Multicultural Paper Appendix E to D2L</b></li> <li><b>Turn in Multicultural Paper to Tk 20 Link</b></li> <li>Section Four: Chapters 16 and 17 pages 487-520</li> </ul>	<ul style="list-style-type: none"> <li><b>Turn in Multicultural Paper Appendix E to D2L and Tk 20 Link</b></li> <li><b>Do Discussion Board, Post and Comment</b></li> <li>Read Section Four</li> </ul>
<b>14. Week of Monday April</b> <b>12<sup>th</sup> 2021 – Sunday</b> <b>April 18<sup>th</sup> 2021</b>	<ul style="list-style-type: none"> <li>Section Four: Chapters 16 and 17 pages 487-520</li> </ul>	<ul style="list-style-type: none"> <li><b>Do Discussion Board, Post and Comment</b></li> <li>Read Section Four</li> </ul>

Class Dates	Class Topics	Assignments/Reading
<p><b>15. Week of Monday April 19<sup>th</sup> 2021 – Sunday April 25<sup>th</sup> 2021</b></p> <p><b>KPI: 1a, 1b, 1c, 1d, 1e, 1g, 1k KPI, 1l, 5f, 9.1a, 9.2a, 9.2c, 9.2k, and 9.3e.</b></p>	<ul style="list-style-type: none"> <li>• <b>Professional Development Plan Paper Appendix F to D2L</b></li> <li>• <b>Turn in Professional Development Plan Paper to the Tk 20 Link</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Turn in Professional Development Plan Paper Appendix F to D2L and the TK 20 Link.</b></li> <li>• <b>Do Discussion Board, Post and Comment</b></li> </ul>
<p><b>16. Week of Monday April 26<sup>th</sup> 2021 – Saturday May 1<sup>st</sup> 2021</b></p> <p><b>1a, 1b, 1c, 1d, 1e, 1g, 1i KPI, 1k KPI, 1l, 2a KPI, 2d, 3a, 3f KPI, 3g, 3h KPI, 4a KPI, 5a KPI, 5b, 5f, 5m KPI, 9.1a, 9.1b KPI, 9.2a, 9.2c, 9.2j, 9.2k, and 9.3e.</b></p> <p style="text-align: center;">Spring Commencement May 8<sup>th</sup> 2021</p>	<ul style="list-style-type: none"> <li>• <b>Final Exam Appendix G Chapters One through 17</b></li> </ul> <p style="text-align: center;">Last day to for withdrawal “W” April 30<sup>th</sup> 2021 by 4:00pm. Any drops after this day will receive grades of “F”.</p>	<ul style="list-style-type: none"> <li>• <b>Complete Final Exam Appendix G</b></li> </ul>

## V. EVALUATION AND ASSIGNMENTS

**\*\* ALL WRITTEN ASSIGNMENTS MUST BE SUBMITTED VIA D2L (and some to TK 20) AND ALL WORK MUST BE COMPLETED USING THE LATEST APA EDITION STYLE (7).**

**Online Assignments and Comments: (15 pts.)** Students are required to answer questions or complete assignments regularly related to the weekly reading. Almost every week students will be required to answer questions about the reading or be asked to reflect on a particular topic for that week. Students may also be required to engage in short creative projects instead of questions about the readings. If there is a discussion, students are required to participate and comment on at least one other person’s thread. The assignments and weekly comments are due by Sunday at 11:59 pm at the end of the week. Follow directions to get full points each week. Late work will not be accepted (See Appendix A). **1a, 1b, 1c, 1d, 1e, 1g, 1i KPI, 1k KPI, 1l, 2a KPI, 2d, 3a, 3f KPI, 3g, 3h KPI, 4a KPI, 5a KPI, 5b, 5f, 5m KPI, 9.1a, 9.1b KPI, 9.2a, 9.2c, 9.2j, 9.2k, and 9.3e.**

**Ethics Paper: (12 pts.)** After reading section one and pages 373, 390-398, students will have enough knowledge to complete this assignment. Please use the template located in D2L. Students will write a



paper on the role and relevance of ethics within the counseling profession. Students will address ethical and legal issues in counseling, and the importance of the American Counseling Association's (2014) Code of Ethics and the American Mental Health Counselor's Association's (2020) Code of Ethics to the counseling profession. Students will discuss utilizing the code of ethics within an ethical dilemma. Students will address conceptualizing clients through a systems approach in an ethical way. **The paper is to be no less than six (6) pages in length including, a cover page and reference page.** All papers for this class are to be completed in the APA 7 style, and points will be taken off for errors in formatting (See Appendix B). **KPI/TK 20 Assignment: 1i KPI, and 5b. Please turn in assignment to TK 20 link as well.**

**Theories Paper: (12 pts.)** After reading section two and pages 373, 390-398, students will have enough knowledge to complete this assignment. Please use the template located in D2L. Students will introduce the assignment, discuss the importance of theory usage, discuss theory choice, theoretical orientation, and utilizing theory to assist in conceptualizing clients. **This paper has a minimum of six (6) pages including the cover page, and reference page.** All papers for this class are to be completed in APA 7 style, and points will be taken off for errors (See Appendix C). **KPI/TK 20 Assignment: 3a, 3h KPI, 4a KPI, 5a KPI, 5b, and 9.1.b KPI. Please turn in assignment to TK 20 link as well.**

**Human Development Paper: (12 pts.)** After reading section three and pages 373, 390-398, students will have enough knowledge to complete this assignment. Please use the template located in D2L. Students will address main concepts within human development counseling. Students will detail two stages of human growth and development of their choosing. Students will explain at least two ways they would apply human developmental information to their clinical mental health services. Students will address how utilizing human development assists in conceptualizing clients. **This paper has a minimum of six (6) pages including the cover page, and reference page.** All papers for this class are to be completed in APA 7 style, and points will be taken off for errors (See Appendix D). **KPI/TK 20 Assignment: 3a, 3f KPI, 3g, and 5m KPI. Please turn in assignment to TK 20 link as well.**

**Multicultural Paper (12 pts.):** After reading section three and pages 373, 390-398, students will have enough knowledge to complete this assignment. Please use the template located in D2L. Students will choose a free online personality assessment of their choosing, take the assessment, and discuss the results within their paper. Students will address self- assessment, embracing differences, and personal reflections. Students will address how utilizing multicultural understanding can assist in conceptualizing clients. **This paper has a minimum of six (6) pages including the cover page, and reference page.** All papers for this class are to be completed in APA 7 style, and points will be taken off for errors (See Appendix E). **KPI/TK 20 Assignment: 2a KPI, 2d, and 9.2j. Please turn in assignment to TK 20 link as well.**

**Professional Development Plan: (20 pts.)** Students will develop their own professional development plan using the template located in D2L. This assignment will allow students to discuss their potential counselor characteristics and behaviors. Students will address all areas of the template to begin to develop their own professional identity. Students will introduce the assignment, discuss the history of the counseling profession, professional roles, community outreach, advocacy, licensure, self-care, counselor characteristics, and professional identity. Students will be sure to answer each section in full. Students must correctly cite in-text citations and correlating sources on their reference page. The paper should be in APA 7 style, academically written, with appropriate grammar, and eight (8) pages minimum in length

with citations without counting cover page, and reference page. **Including the cover page, and reference page your papers should be ten (10) pages minimum (See Appendix F). KPI/TK 20 Assignment: 1a, 1b, 1c, 1d, 1e, 1g, 1k KPI, 1l, 5f, 9.1a, 9.2a, 9.2c, 9.2k, and 9.3e. Please turn in assignment to TK 20 link as well.**

**Final Exam (17 pts.):** There will be a final exam testing over the topics covered throughout the class. Students will be able to take the exam twice, with the highest grade being kept (See Appendix G). **1a, 1b, 1c, 1d, 1e, 1g, 1i KPI, 1k KPI, 1l, 2a KPI, 2d, 3a, 3f KPI, 3g, 3h KPI, 4a KPI, 5a KPI, 5b, 5f, 5m KPI, 9.1a, 9.1b KPI, 9.2a, 9.2c, 9.2j, 9.2k, and 9.3e.**

1. Online Assignments and Comments	15
2. Ethics Paper <b>TK 20 Link</b>	12
3. Theories <b>TK 20 Link</b>	12
4. Human Development Paper <b>TK 20 Link</b>	12
5. Multicultural Paper <b>TK 20 Link</b>	12
6. Professional Development Plan <b>TK 20 Link</b>	20
7. Final Exam	17
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Total Points	100

**Grade Classifications:**

- A = 90-100
- B = 80-89
- C = 70-79
- D = 60-69
- F = 59 or Below

**VIII. DEPARTMENT OF COUNSELING STATEMENT OF EXPECTATIONS**

The counselor education program is charged with the dual task of nurturing the development of counselors-in-training and ensuring quality client care. In order to fulfill these dual responsibilities, faculty must evaluate students based on their academic, professional, and personal qualities. A student's progress in the program may be interrupted for failure to comply with academic standards or if a student's interpersonal or emotional status interferes with training-related requirements. For example, in order to ensure proper training and client care, a counselor-in-training must abide by relevant ethical codes and demonstrate professional knowledge, technical and interpersonal skills, professional attitudes, and professional character. These factors are evaluated based on one's academic performance and one's ability to convey warmth, genuineness, respect, and empathy in interactions with clients, classmates, staff, and faculty. Students should demonstrate the ability to accept and integrate feedback, be aware of their impact on others, accept personal responsibility, and be able to express feelings effectively and appropriately. For further clarification on student review and retention please refer to the handbook.

**Classroom Behaviors:** Department of Counseling students are expected to demonstrate appropriate classroom behavior, consistent with their counselor-in-training roles. Counselors-in-training are expected to convey attentiveness and respect in all professional and classroom settings. Specifically, these include:

- Avoiding tardiness and late arrival to class.
- Being attentive and participative in class and online.
- Not using cell phones and text messaging during class.
- Not surfing the web, emailing, tweeting, or using instant messaging (IM) during class.
- Minimizing eating and disruptive snacking during class.
- Avoiding personal conversations with students during class, which are disruptive to fellow students and the learning environment.

## **IX. STUDENT ETHICS AND OTHER POLICY INFORMATION**

**Ethics:** For further information about Midwestern State University’s policies regarding student ethics and conduct, please contact 940-397-4135 (Student Support Services).

**Special Notice:** Students whose names do not appear on the class list will not be permitted to participate (take exams or receive credit) without first showing proof of registration (Schedule of Classes and Statement of Account).

**Campus Carry:** Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University’s webpage at: [Campus Carry](#). As this is an online class, this policy should not apply, but please familiarize yourself with this and other campus policies.

**Limited Right to Intellectual Property:** By enrolling in this course, the student expressly grants MSU a “limited right” in all intellectual property created by the student for the purpose of this course. The “limited right” shall include but shall not be limited to the right to reproduce the student’s work product in order to verify originality and authenticity, and for educational purposes.

**Midwestern State University Mission Statement:** MSU is a leading public liberal arts university committed to providing students with rigorous undergraduate and graduate education in the liberal arts and the professions. Through an emphasis upon teaching, augmented by the opportunity for students to engage in research and creative activities alongside faculty and to participate in co-curricular and service programs, Midwestern State prepares its graduates to embark upon their careers or pursue advanced study. The university’s undergraduate education is based upon a comprehensive arts and sciences core curriculum. The understanding that students gain of themselves, others, and the social and natural world prepares them to contribute constructively to society through their work and through their private lives.

### **Midwestern State University Values:**

- Excellence in teaching, learning, scholarship, and artistic production
- Intellectual curiosity and integrity

- Critical thinking
- Emotional and physical well-being
- Mutual respect, civility, and cooperation
- Social justice
- Civic service
- Stewardship of the environment, and of financial and human resources
- A safe, attractive, and well-designed campus

**Midwestern State University Counseling Program Objectives:**

1. Reflect current knowledge and projected needs concerning counseling practice in a multicultural and pluralistic society
2. Reflect input from all persons involved in the conduct of the program, including counselor education program faculty, current and former students, and personnel in cooperating agencies
3. Address student learning
4. Written so they can be evaluated

**X. RESOURCES**

**READINGS:**

American Counseling Association. (2014). ACA code of ethics. Alexandria, VA: Author.  
American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.).

**WEBSITES:**

Academia (n.d.) Retrieved from <https://academia.edu/>  
American Counseling Association (n.d.) Retrieved from <https://www.counseling.org/>  
American Psychological Association (n.d.). Retrieved from <https://www.apa.org/>

**XI. APPENDENCIES**

**Appendix A**

**1. Online Assignments and Comments (15 pts.)**

**CACREP Standards:**

**1a, 1b, 1c, 1d, 1e,1g, 1i KPI, 1k KPI, 1l, 2a KPI, 2d, 3a, 3f KPI, 3g, 3h KPI, 4a KPI, 5a KPI, 5b, 5f, 5m KPI, 9.1a, 9.1b KPI, 9.2a, 9.2c, 9.2j, 9.2k, and 9.3e.**

Students will receive participation points each week that goes into their final grade.

**Rubric of Online Assignments and Comments (Possible 15 Pts.)**

<u>Points Earned</u>	<u>Week</u>	<u>Comments</u>
_____	<b>Week 1 (1pt)</b>	
_____	<b>Week 2 (1pt)</b>	
_____	<b>Week 3 (1pt)</b>	
_____	<b>Week 4 (1pt)</b>	
_____	<b>Week 5 (1pt)</b>	
_____	<b>Week 6 (1pt)</b>	
_____	<b>Week 7 (1pt)</b>	
_____	<b>Week 8 (1pt)</b>	
_____	<b>Week 9 (1pt)</b>	
_____	<b>Week 10 (1pt)</b>	
_____	<b>Week 11 (1pt)</b>	
_____	<b>Week 12 (1pt)</b>	
_____	<b>Week 13 (1pt)</b>	
_____	<b>Week 14 (1pt)</b>	
_____	<b>Week 15 (1pt)</b>	

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**Total Points Earned** \_\_\_\_\_ / 15 pts

**Appendix B Turn in assignment to TK 20 link as well.**

**Ethics Paper: (12 pts.)** After reading section one and pages 373, 390-398, students will have enough knowledge to complete this assignment. Please use the template located in D2L. Students will write a paper on the role and relevance of ethics within the counseling profession. Students will address ethical and legal issues in counseling, and the importance of the American Counseling Association's (2014) Code of Ethics and the American Mental Health Counselor's Association's (2020) Code of Ethics to the counseling profession. Students will discuss utilizing the code of ethics within an ethical dilemma. Students will address conceptualizing clients through a systems approach in an ethical way. **The paper is to be no less than six (6) pages in length including, a cover page and reference page.** All papers for this class are to be completed in the APA 7 style, and points will be taken off for errors in formatting.

**CACREP Standards:**

**KPI: 1i KPI, and 5b.**

**Please use template located on D2L for this assignment.**

**Rubric of Ethics Paper (Possible 12 Pts.) See on the next page.**

<i>Criterion</i>	<i>Improvement Needed</i> (1)	<i>Developing</i> (2)	<i>Proficient</i> (3)	<i>Accomplished</i> (4)	<i>Pts.</i>
<p>Responds to context of paper: Role and relevance of the ACA and AMHCA Code of Ethics;</p> <p>Two ways counselors use the codes of ethics to inform their practice;</p> <p>Provide one example of how applying an ethical code may present a challenge for counselors and explain why;</p>	<p>Paper is does not meet the requirements given in the instructions. It:</p> <p>1.) Misses the point of the assigned or selected topic; and/or</p> <p>2.) Contains little evidence that the student has read, viewed, and considered the resources in the course and that the paper topic connects in a meaningful way to the course content; and/or</p> <p>3.) Addresses less than half of the aspects of the assignment."</p>	<p>Paper somewhat responds to the requirements given in the instructions. It:</p> <p>1.) Somewhat misses the point of the assigned or selected topic; and/or</p> <p>2.) Addresses less than all of the points of the assignment but more than half.</p>	<p>Paper is responds to and meets the requirements given in the instructions. It:</p> <p>1.) Responds to the assigned or selected topic;</p> <p>2.) Addresses each point of the assignment.</p>	<p>Paper responds to and exceeds the requirements given in the instructions. It:</p> <p>1.) Responds to assigned or selected topic;</p> <p>2.) Goes beyond what is required in some meaningful way (e.g., ideas contribute a new dimension to what we know about the topic, unearths something something unanticipated, etc.)</p>	

<p>Knowledge of Content: Literature Review</p>	<p>Paper demonstrates/provides:</p> <p>1.) A lack of understanding of the concepts and issues presented in the course and/or paper is inaccurate and contains many omissions and/or errors; and/or</p> <p>2.) No examples or irrelevant examples; and/or</p> <p>3.) No thought-provoking ideas or original thinking; and/or</p> <p>4.) No critical thinking; and/or</p> <p>5.) Many critical errors when applying knowledge, skills, or strategies presented in the course.</p>	<p>Paper demonstrates/provide:</p> <p>1.) Minimal understanding of concepts and issues presented in the course, and, although generally accurate, displays some omissions and/or errors; and/or</p> <p>2.) Few and/or irrelevant examples; and/or</p> <p>3.) Few if any thought-provoking ideas, little original thinking; and/or</p> <p>4.) Repeated knowledge rather than critical thinking;</p> <p>5.) Little mastery of skills and/or numerous errors when using the knowledge, skills or strategies presented in the course.</p>	<p>Paper demonstrates/provides:</p> <p>1.) Understanding and application of the concepts and issues presented in the course demonstrating that the student has absorbed the general principles and ideas presented;</p> <p>2.) Relevant examples;</p> <p>3.) Thought-provoking ideas and interpretations, some original thinking; and</p> <p>4.) Critical thinking; and</p> <p>5.) Mastery and application of knowledge and skills or strategies presented in the course.</p>	<p>Paper demonstrates/provides:</p> <p>1.) In-depth understanding and application of concepts and issues presented in the course (e.g., insightful interpretations or analyses; accurate and perceptive parallels, ideas, opinions, and conclusions) showing that the student has absorbed the general principles and ideas presented and makes inferences about the concepts/issues or connects to them to other ideas;</p> <p>2.) Rich and relevant examples;</p> <p>3.) Thought-provoking ideas and interpretations, original thinking, new perspectives;</p> <p>4.) Original and critical thinking; and</p> <p>5.) Mastery and thoughtful/accurate application of knowledge and skills or strategies presented in the course.</p>
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<p>Quality of Writing</p>	<p>Writing is well below graduate-level writing expectations: The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses unclear and inappropriate language; and/or</li> <li>2.) Has many errors in spelling, grammar, and syntax; and/or</li> <li>3.) Lacks organization in a way that creates confusion for the reader; and/or</li> <li>4.) Contains many direct quotes from original source materials and/or consistently and poorly paraphrases rather than using original language; and/or 5.) Lacks information about a source when citing or paraphrasing it.</li> <li>5.) Does not contain APA format.</li> </ol>	<p>Writing is somewhat below graduate-level writing expectations: The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is unclear and/or inappropriate; and/or</li> <li>2.) Has more than occasional errors in spelling, grammar, and syntax; and/or</li> <li>3.) Is poorly organized, is at times unclear and confusing, and has some problems with logical flow; and/or</li> <li>4.) Reflects an underuse of original language and an overuse of direct quotes and paraphrases; and/or</li> <li>5.) Sometimes lacks information about a source when citing or paraphrasing it."</li> <li>6.) Contains APA format with some major areas of concern.</li> </ol>	<p>Writing meets graduate-level writing expectations. The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is clear;</li> <li>2.) Has a few errors in spelling, grammar, and syntax; 3.) Is well organized, logical, and clear;</li> <li>4.) Uses original language and uses direct quotes when necessary and/or appropriate;</li> <li>5.) Provides information about a source when citing or paraphrasing it.</li> <li>6.) Contains APA format with some minor areas of concern.</li> </ol>	<p>Writing exceeds graduate-level writing expectations. The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is clear, concise, and appropriate;</li> <li>2.) Has few, if any, errors in spelling, grammar, and syntax;</li> <li>3.) Is extremely well organized, logical, clear, and never confuses the reader;</li> <li>4.) Uses a preponderance of original language and uses direct quotes only when necessary and/or appropriate;</li> <li>5.) Provides information about a source when citing or paraphrasing it.</li> <li>6.) Uses proper APA format.</li> </ol>	
<p>Total Points Out of 12</p>					

**Appendix C Please turn in assignment to TK 20 link as well.**

**Theories Paper: (12 pts.)** After reading section two and pages 373, 390-398, students will have enough knowledge to complete this assignment. Please use the template located in D2L. Students will introduce the assignment, discuss the importance of theory usage, discuss theory choice, theoretical orientation, and utilizing theory to assist in conceptualizing clients. **This paper has a minimum of six (6) pages including the cover page, and reference page.** All papers for this class are to be completed in APA 7 style, and points will be taken off for errors.

**CACREP Standards:**

**KPI: 3a, 3h KPI, 4a KPI, 5a KPI, 5b, and 9.1.b KPI.**

**Please use template located on D2L for this assignment.**

**Rubric of Theories Paper (Possible 12 Pts.) See on the next page.**

<i>Criterion</i>	<i>Improvement Needed</i> (1)	<i>Developing</i> (2)	<i>Proficient</i> (3)	<i>Accomplished</i> (4)
<p>Responds to context of paper: Describe the most significant reason why a mental health counselor uses theory;</p> <p>Explain two significant factors that might impact the development of your own theoretical orientation as a mental health counselor;</p>	<p>Paper is does not meet the requirements given in the instructions. It:</p> <p>1.) Misses the point of the assigned or selected topic; and/or</p> <p>2.) Contains little evidence that the student has read, viewed, and considered the resources in the course and that the paper topic connects in a meaningful way to the course content; and/or</p> <p>3.) Addresses less than half of the aspects of the assignment."</p>	<p>Paper somewhat responds to the requirements given in the instructions. It:</p> <p>1.) Somewhat misses the point of the assigned or selected topic; and/or</p> <p>2.) Addresses less than all of the points of the assignment but more than half.</p>	<p>Paper is responds to and meets the requirements given in the instructions. It:</p> <p>1.) Responds to the assigned or selected topic;</p> <p>2.) Addresses each point of the assignment.</p>	<p>Paper responds to and exceeds the requirements given in the instructions. It:</p> <p>1.) Responds to assigned or selected topic;</p> <p>2.) Goes beyond what is required in some meaningful way (e.g., ideas contribute a new dimension to what we know about the topic, unearths something unanticipated, etc.)</p>

<p>Knowledge of Content: Literature Review</p>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) A lack of understanding of the concepts and issues presented in the course and/or paper is inaccurate and contains many omissions and/or errors; and/or</li> <li>2.) No examples or irrelevant examples; and/or</li> <li>3.) No thought-provoking ideas or original thinking; and/or</li> <li>4.) No critical thinking; and/or</li> <li>5.) Many critical errors when applying knowledge, skills, or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provide:</p> <ol style="list-style-type: none"> <li>1.) Minimal understanding of concepts and issues presented in the course, and, although generally accurate, displays some omissions and/or errors; and/or</li> <li>2.) Few and/or irrelevant examples; and/or</li> <li>3.) Few if any thought-provoking ideas, little original thinking; and/or</li> <li>4.) Repeated knowledge rather than critical thinking;</li> <li>5.) Little mastery of skills and/or numerous errors when using the knowledge, skills or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) Understanding and application of the concepts and issues presented in the course demonstrating that the student has absorbed the general principles and ideas presented;</li> <li>2.) Relevant examples;</li> <li>3.) Thought-provoking ideas and interpretations, some original thinking; and</li> <li>4.) Critical thinking; and</li> <li>5.) Mastery and application of knowledge and skills or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) In-depth understanding and application of concepts and issues presented in the course (e.g., insightful interpretations or analyses; accurate and perceptive parallels, ideas, opinions, and conclusions) showing that the student has absorbed the general principles and ideas presented and makes inferences about the concepts/issues or connects to them to other ideas;</li> <li>2.) Rich and relevant examples;</li> <li>3.) Thought-provoking ideas and interpretations, original thinking, new perspectives;</li> <li>4.) Original and critical thinking; and</li> <li>5.) Mastery and thoughtful/accurate application of knowledge and skills or strategies presented in the course.</li> </ol>
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<p><b>Quality of Writing</b></p>	<p>Writing is well below graduate-level writing expectations: The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses unclear and inappropriate language; and/or</li> <li>2.) Has many errors in spelling, grammar, and syntax; and/or</li> <li>3.) Lacks organization in a way that creates confusion for the reader; and/or</li> <li>4.) Contains many direct quotes from original source materials and/or consistently and poorly paraphrases rather than using original language; and/or</li> <li>5.) Lacks information about a source when citing or paraphrasing it.</li> <li>5.) Does not contain APA format.</li> </ol>	<p>Writing is somewhat below graduate-level writing expectations: The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is unclear and/or inappropriate; and/or</li> <li>2.) Has more than occasional errors in spelling, grammar, and syntax; and/or</li> <li>3.) Is poorly organized, is at times unclear and confusing, and has some problems with logical flow; and/or</li> <li>4.) Reflects an underuse of original language and an overuse of direct quotes and paraphrases; and/or</li> <li>5.) Sometimes lacks information about a source when citing or paraphrasing it."</li> <li>6.) Contains APA format with some major areas of concern.</li> </ol>	<p>Writing meets graduate-level writing expectations. The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is clear;</li> <li>2.) Has a few errors in spelling, grammar, and syntax; 3.) Is well organized, logical, and clear;</li> <li>4.) Uses original language and uses direct quotes when necessary and/or appropriate;</li> <li>5.) Provides information about a source when citing or paraphrasing it.</li> <li>6.) Contains APA format with some minor areas of concern.</li> </ol>	<p>Writing exceeds graduate-level writing expectations. The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is clear, concise, and appropriate;</li> <li>2.) Has few, if any, errors in spelling, grammar, and syntax;</li> <li>3.) Is extremely well organized, logical, clear, and never confuses the reader;</li> <li>4.) Uses a preponderance of original language and uses direct quotes only when necessary and/or appropriate;</li> <li>5.) Provides information about a source when citing or paraphrasing it.</li> <li>6.) Uses proper APA format.</li> </ol>
<p><b>Total Points out of 12</b></p>				

**Appendix D Please turn in assignment to TK 20 link as well.**

**Human Development Paper: (12 pts.)** After reading section three and pages 373, 390-398, students will have enough knowledge to complete this assignment. Please use the template located in D2L. Students will address main concepts within human development counseling. Students will detail two stages of human growth and development of their choosing. Students will explain at least two ways they would apply human developmental information to their clinical mental health services. Students will address how utilizing human development assists in conceptualizing clients. **This paper has a minimum of six (6) pages including the cover page, and reference page.** All papers for this class are to be completed in APA 7 style, and points will be taken off for errors.

**CACREP Standards:**

**3a, 3f KPI, 3g, and 5m KPI.**

**Please use template located on D2L for this assignment.**

**Rubric of Human Development Paper (Possible 12 Pts.) See on the next page.**

<i>Criterion</i>	<i>Improvement Needed</i> (1)	<i>Developing</i> (2)	<i>Proficient</i> (3)	<i>Accomplished</i> (4)	<i>Pts.</i>
<p>Responds to context of paper:</p> <p>Describe two stages of human growth and development you selected;</p> <p>explain two ways you would apply this information in your mental health counseling practice;</p>	<p>Paper is does not meet the requirements given in the instructions. It:</p> <p>1.) Misses the point of the assigned or selected topic; and/or</p> <p>2.) Contains little evidence that the student has read, viewed, and considered the resources in the course and that the paper topic connects in a meaningful way to the course content; and/or</p> <p>3.) Addresses less than half of the aspects of the assignment."</p>	<p>Paper somewhat responds to the requirements given in the instructions. It:</p> <p>1.) Somewhat misses the point of the assigned or selected topic; and/or</p> <p>2.) Addresses less than all of the points of the assignment but more than half.</p>	<p>Paper is responds to and meets the requirements given in the instructions. It:</p> <p>1.) Responds to the assigned or selected topic;</p> <p>2.) Addresses each point of the assignment.</p>	<p>Paper responds to and exceeds the requirements given in the instructions. It:</p> <p>1.) Responds to assigned or selected topic;</p> <p>2.) Goes beyond what is required in some meaningful way (e.g., ideas contribute a new dimension to what we know about the topic, unearths something unanticipated, etc.)</p>	

<p><b>Knowledge of Content: Literature Review</b></p>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) A lack of understanding of the concepts and issues presented in the course and/or paper is inaccurate and contains many omissions and/or errors; and/or</li> <li>2.) No examples or irrelevant examples; and/or</li> <li>3.) No thought-provoking ideas or original thinking; and/or</li> <li>4.) No critical thinking; and/or</li> <li>5.) Many critical errors when applying knowledge, skills, or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provide:</p> <ol style="list-style-type: none"> <li>1.) Minimal understanding of concepts and issues presented in the course, and, although generally accurate, displays some omissions and/or errors; and/or</li> <li>2.) Few and/or irrelevant examples; and/or</li> <li>3.) Few if any thought-provoking ideas, little original thinking; and/or</li> <li>4.) Repeated knowledge rather than critical thinking;</li> <li>5.) Little mastery of skills and/or numerous errors when using the knowledge, skills or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) Understanding and application of the concepts and issues presented in the course demonstrating that the student has absorbed the general principles and ideas presented;</li> <li>2.) Relevant examples;</li> <li>3.) Thought-provoking ideas and interpretations, some original thinking; and</li> <li>4.) Critical thinking; and</li> <li>5.) Mastery and application of knowledge and skills or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) In-depth understanding and application of concepts and issues presented in the course (e.g., insightful interpretations or analyses; accurate and perceptive parallels, ideas, opinions, and conclusions) showing that the student has absorbed the general principles and ideas presented and makes inferences about the concepts/issues or connects to them to other ideas;</li> <li>2.) Rich and relevant examples;</li> <li>3.) Thought-provoking ideas and interpretations, original thinking, new perspectives;</li> <li>4.) Original and critical thinking; and</li> <li>5.) Mastery and thoughtful/accurate application of knowledge and skills or strategies presented in the course.</li> </ol>	
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<p><b>Quality of Writing</b></p>	<p>Writing is well below graduate-level writing expectations: The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses unclear and inappropriate language; and/or</li> <li>2.) Has many errors in spelling, grammar, and syntax; and/or</li> <li>3.) Lacks organization in a way that creates confusion for the reader; and/or</li> <li>4.) Contains many direct quotes from original source materials and/or consistently and poorly paraphrases rather than using original language; and/or 5.) Lacks information about a source when citing or paraphrasing it.</li> <li>5.) Does not contain APA format.</li> </ol>	<p>Writing is somewhat below graduate-level writing expectations: The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is unclear and/or inappropriate; and/or</li> <li>2.) Has more than occasional errors in spelling, grammar, and syntax; and/or</li> <li>3.) Is poorly organized, is at times unclear and confusing, and has some problems with logical flow; and/or</li> <li>4.) Reflects an underuse of original language and an overuse of direct quotes and paraphrases; and/or</li> <li>5.) Sometimes lacks information about a source when citing or paraphrasing it."</li> <li>6.) Contains APA format with some major areas of concern.</li> </ol>	<p>Writing meets graduate-level writing expectations. The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is clear;</li> <li>2.) Has a few errors in spelling, grammar, and syntax; 3.) Is well organized, logical, and clear;</li> <li>4.) Uses original language and uses direct quotes when necessary and/or appropriate;</li> <li>5.) Provides information about a source when citing or paraphrasing it.</li> <li>6.) Contains APA format with some minor areas of concern.</li> </ol>	<p>Writing exceeds graduate-level writing expectations. The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is clear, concise, and appropriate;</li> <li>2.) Has few, if any, errors in spelling, grammar, and syntax;</li> <li>3.) Is extremely well organized, logical, clear, and never confuses the reader;</li> <li>4.) Uses a preponderance of original language and uses direct quotes only when necessary and/or appropriate;</li> <li>5.) Provides information about a source when citing or paraphrasing it.</li> <li>6.) Uses proper APA format.</li> </ol>	
<p><b>Total Points Out of 12</b></p>					

**Appendix E Please turn in assignment to TK 20 link as well.**

**Multicultural Paper (12 pts.):** After reading section three and pages 373, 390-398, students will have enough knowledge to complete this assignment. Please use the template located in D2L. Students will choose a free online personality assessment of their choosing, take the assessment, and discuss the results within their paper. Students will address self- assessment, embracing differences, and personal reflections. Students will address how utilizing multicultural understanding can assist in conceptualizing clients. **This paper has a minimum of six (6) pages including the cover page, and reference page.** All papers for this class are to be completed in APA 7 style, and points will be taken off for errors.

**CACREP Standards**

**2a KPI, 2d, and 9.2j.**

**Please use template located on D2L for this assignment.**

**Rubric of Multicultural Paper (Possible 12 Pts.) See on the next page.**

<i>Criterion</i>	<i>Improvement Needed</i> (1)	<i>Developing</i> (2)	<i>Proficient</i> (3)	<i>Accomplished</i> (4)	<i>Pts.</i>
<p>Responds to context of paper:</p> <p>Briefly summarize the results of your self-assessment;</p> <p>Briefly tell the story of the first time you realized you were "other";</p> <p>Explain your reaction(s) to both the self-assessment and your realization of being "other".</p>	<p>Paper is does not meet the requirements given in the instructions. It:</p> <p>1.) Misses the point of the assigned or selected topic; and/or</p> <p>2.) Contains little evidence that the student has read, viewed, and considered the resources in the course and that the paper topic connects in a meaningful way to the course content; and/or</p> <p>3.) Addresses less than half of the aspects of the assignment."</p>	<p>Paper somewhat responds to the requirements given in the instructions. It:</p> <p>1.) Somewhat misses the point of the assigned or selected topic; and/or</p> <p>2.) Addresses less than all of the points of the assignment but more than half.</p>	<p>Paper is responds to and meets the requirements given in the instructions. It:</p> <p>1.) Responds to the assigned or selected topic;</p> <p>2.) Addresses each point of the assignment.</p>	<p>Paper responds to and exceeds the requirements given in the instructions. It:</p> <p>1.) Responds to assigned or selected topic;</p> <p>2.) Goes beyond what is required in some meaningful way (e.g., ideas contribute a new dimension to what we know about the topic, unearths something unanticipated, etc.)</p>	

<p>Knowledge of Content: Literature Review</p>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) A lack of understanding of the concepts and issues presented in the course and/or paper is inaccurate and contains many omissions and/or errors; and/or</li> <li>2.) No examples or irrelevant examples; and/or</li> <li>3.) No thought-provoking ideas or original thinking; and/or</li> <li>4.) No critical thinking; and/or</li> <li>5.) Many critical errors when applying knowledge, skills, or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provide:</p> <ol style="list-style-type: none"> <li>1.) Minimal understanding of concepts and issues presented in the course, and, although generally accurate, displays some omissions and/or errors; and/or</li> <li>2.) Few and/or irrelevant examples; and/or</li> <li>3.) Few if any thought-provoking ideas, little original thinking; and/or</li> <li>4.) Repeated knowledge rather than critical thinking;</li> <li>5.) Little mastery of skills and/or numerous errors when using the knowledge, skills or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) Understanding and application of the concepts and issues presented in the course demonstrating that the student has absorbed the general principles and ideas presented;</li> <li>2.) Relevant examples;</li> <li>3.) Thought-provoking ideas and interpretations, some original thinking; and</li> <li>4.) Critical thinking; and</li> <li>5.) Mastery and application of knowledge and skills or strategies presented in the course.</li> </ol>	<p>Paper demonstrates/provides:</p> <ol style="list-style-type: none"> <li>1.) In-depth understanding and application of concepts and issues presented in the course (e.g., insightful interpretations or analyses; accurate and perceptive parallels, ideas, opinions, and conclusions) showing that the student has absorbed the general principles and ideas presented and makes inferences about the concepts/issues or connects to them to other ideas;</li> <li>2.) Rich and relevant examples;</li> <li>3.) Thought-provoking ideas and interpretations, original thinking, new perspectives;</li> <li>4.) Original and critical thinking; and</li> <li>5.) Mastery and thoughtful/accurate application of knowledge and skills or strategies presented in the course.</li> </ol>	
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<p><b>Quality of Writing</b></p>	<p>Writing is well below graduate-level writing expectations: The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses unclear and inappropriate language; and/or</li> <li>2.) Has many errors in spelling, grammar, and syntax; and/or</li> <li>3.) Lacks organization in a way that creates confusion for the reader; and/or</li> <li>4.) Contains many direct quotes from original source materials and/or consistently and poorly paraphrases rather than using original language; and/or 5.) Lacks information about a source when citing or paraphrasing it.</li> <li>5.) Does not contain APA format.</li> </ol>	<p>Writing is somewhat below graduate-level writing expectations: The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is unclear and/or inappropriate; and/or</li> <li>2.) Has more than occasional errors in spelling, grammar, and syntax; and/or</li> <li>3.) Is poorly organized, is at times unclear and confusing, and has some problems with logical flow; and/or</li> <li>4.) Reflects an underuse of original language and an overuse of direct quotes and paraphrases; and/or</li> <li>5.) Sometimes lacks information about a source when citing or paraphrasing it."</li> <li>6.) Contains APA format with some major areas of concern.</li> </ol>	<p>Writing meets graduate-level writing expectations. The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is clear;</li> <li>2.) Has a few errors in spelling, grammar, and syntax; 3.) Is well organized, logical, and clear;</li> <li>4.) Uses original language and uses direct quotes when necessary and/or appropriate;</li> <li>5.) Provides information about a source when citing or paraphrasing it.</li> <li>6.) Contains APA format with some minor areas of concern.</li> </ol>	<p>Writing exceeds graduate-level writing expectations. The paper:</p> <ol style="list-style-type: none"> <li>1.) Uses language that is clear, concise, and appropriate;</li> <li>2.) Has few, if any, errors in spelling, grammar, and syntax;</li> <li>3.) Is extremely well organized, logical, clear, and never confuses the reader;</li> <li>4.) Uses a preponderance of original language and uses direct quotes only when necessary and/or appropriate;</li> <li>5.) Provides information about a source when citing or paraphrasing it.</li> <li>6.) Uses proper APA format.</li> </ol>	
<p><b>Total Points out of 12</b></p>					

**Appendix F Please turn in assignment to TK 20 link as well.**

**Professional Development Plan: (20 pts.)** Students will develop their own professional development plan using the template located in D2L. This assignment will allow students to discuss their potential counselor characteristics and behaviors. Students will address all areas of the template to begin to develop their own professional identity. Students will introduce the assignment, discuss the history of the counseling profession, professional roles, community outreach, advocacy, licensure, self-care, counselor characteristics, and professional identity. Students will be sure to answer each section in full. Students must correctly cite in-text citations and correlating sources on their reference page. The paper should be in APA 7 style, academically written, with appropriate grammar, and eight (8) pages minimum in length with citations without counting cover page, and reference page. **Including the cover page, and reference page your papers should be ten (10) pages minimum.**

**CACREP Standards:**

**1a, 1b, 1c, 1d, 1e, 1g, 1k KPI, 1l, 5f, 9.1a, 9.2a, 9.2c, 9.2k, and 9.3e.**

**Please use template located on D2L for this assignment.**

**Rubric of Professional Development Plan paper (Possible 20 Pts.) See on the next page.**

<i>Criterion</i>	<i>Improvement Needed</i> (1)	<i>Developing</i> (2)	<i>Proficient</i> (3)	<i>Accomplished</i> (4)	<i>Pts.</i>
History of Counseling	A discussion of the history of the counseling profession and/or the clinical mental health specialization is missing or inaccurate.	A discussion of the history of the counseling profession and/or the clinical mental health specialization is missing or inaccurate.	Includes general information on the history of both the counseling profession and the clinical mental health specialization.	Includes explicit, detailed, and sequential information on the history of the counseling profession and the clinical mental health specialization.	
Reflection: Learning	Self-reflection on roles and key learning is missing or inaccurate. or Elements of the best and worst parts of being a counselor are missing.	Includes self-reflections on your role as a person, student, or future counselor.  Lists one or more key learnings related to the counseling field.  Elements of the best and worst parts of being a counselor are vague or underdeveloped.	Includes self-reflections on your role as a person, student, and future counselor.  Identifies key learning related to the counseling field.  Identifies specific elements of the best and worst parts of being a counselor.	Includes insightful self-reflections on your role as a person, student, and future counselor.  Alignment between self and the counseling field are explicit and supported by clear rationale.  Identifies key learning related to the counseling field.  Provides detailed ideas and rationale on specific elements of the best and worst parts of being a counselor.	
Reflection: Advocacy	Plans for advocating for the counseling field is missing or inaccurate.	Strategies or plans for advocating for the counseling field are vague and need elaboration.	Identifies general strategies for advocating on behalf of the counseling field.	Presents specific and detailed strategies for advocating on behalf of the counseling field.	
Reflection: Planning	Plans for future work in the counseling field is missing or inaccurate.	Identifies general plans for future work in the counseling field. Plans are vague and need elaboration.	Identifies specific plans for future work in the field.	Includes specific plans for future work in the field and detailed explanations.	

<p>APA Format and Mechanics</p>	<p>Assignment has significant errors.          References are missing.          Book is not used to support the ideas in the paper.          Citations are missing to identify ideas from outside sources in the body of the text.</p>	<p>Paper is error free or has some errors.          Less than three references are listed and have multiple APA formatting errors.          One source is used to support the ideas in the paper.          Citations are inconsistently used throughout the paper and have APA formatting errors.</p>	<p>Paper is error free or has only minor errors.          Three references are listed with only minor APA formatting errors.          One book is used to support the ideas in the paper.          Citations are included to identify ideas from outside sources in the body of the text.</p>	<p>Paper is error free.          Three or more reference listings are included and follow APA format guidelines.          Multiple books are used to support the ideas in the paper.          Citations are included to identify ideas from outside sources in the body of the text and are correctly.</p>	
<p>Total Points out of 20</p>					



## **Appendix G**

**Final Exam (17 Pts.) Chapters one through 17. You may take the exam twice, your highest grade will be kept. There will be 17 questions featuring a question from each chapter of your textbook.**

### **CACREP Standards:**

**1a, 1b, 1c, 1d, 1e,1g, 1i KPI, 1k KPI, 1l, 2a KPI, 2d, 3a, 3f KPI, 3g, 3h KPI, 4a KPI, 5a KPI, 5b, 5f, 5m KPI, 9.1a, 9.1b KPI, 9.2a, 9.2c, 9.2j, 9.2k, and 9.3e.**

### **Final Exam (Possible 17 pts.)**

Students will take a 17-question final exam worth 17 points (17%) of their grade.

**I have abided by the Midwestern State University Code of Academic Integrity on the above assignments.**