

NURS 3212/3211 FAMILY HEALTH ASSESSMENT

Schedule Spring 2026

DATE /TOPIC/ DEMO FOR LAB	Lecture: Jarvis Assignment	Shadow Health Modules/EAQ/ Osmosis/Lessons/Simulation **All items are due at 1159PM CDT on the date listed	STUDENT LAB PRACTICE / DEMO	EXAM DATES
Week 1: Tuesday, January 20 Review Syllabus and Course Calendar Elsevier Information Linda Knox- Retention Specialist Mel Chandler - Labs Classroom Decorum Critical Thinking and Clinical Decision Making	Intro to Health Assessment in class Keys to success	NONE-Ensure you download resources and become familiar with class materials to ensure success! We will download the textbook in class and help you gain access to all course materials. Please bring your computer. Review of expectations for class and how to succeed! Review of the in-class quiz requirement.	No LAB this week	
Week 2: Tuesday, January 27 No Lab Demo In-class quiz	Ch 1: Evidence-Based Assessment and the Nursing Process Ch 4: The Complete Health History	1. Shadow Health: Digital Clinical Experience Orientation Due: 2/1/26 2. Osmosis Video: The Patient History Due: 2/1/26	January 26 and January 28 Lab Orientation	
Week 3: Tuesday, February 3 DEMO: Lab 1: AIDET, 2 Patient Identifiers, ABCT, LOC and Mental Status, Allergies, Start VS Privacy, Lighting and Safety [includes Hand sanitizer, bed height and side rails, non-skid socks] Nursing Process In-class quiz	Ch 3: The Interview Ch 5: Mental Status Assessment Ch 8: Assessment Techniques and Safety in the Clinical Setting	1. Lesson: Interviewing Basics Due: 2/8/26 2. Shadow Health: Conversation Concept Lab Due: 2/8/26 3. Shadow Health: Communication and Documentation Tutorials Due: 2/8/26 4. EAQ: CH 3 Due: 2/8/26 5. Simulation: Assessing Mental Status: Due: 2/8/26 6. Osmosis Video: Mental status, Physical and Cognitive Examination and Findings Due: 2/8/26 7. Osmosis Video: Examination Equipment Due: 2/8/26 8. EAQ: CH 8 Due 2/8/26	February 2 and February 3 No Lab-Time to get your uniform and supplies!	
Week 4: Tuesday, February 10 DEMO: Lab 2: VS and Pain Assessment and Pain Assessment Scale Nursing Process In-class quiz	Ch 9: General Survey and Measurement Ch 10: Vital Signs Ch 11: Pain Assessment	1. Lesson: Anatomy and Physiology Growth Due: 2/15/26 2. Lesson: Assessing Growth Due: 2/15/26 3. Lesson: Findings in Growth Assessment Due: 2/15/26 4. EAQ: CH 9 Due 2/15/26 5. Lesson: Vital Signs Due: 2/15/26 6. EAQ: CH 10 Due: 2/15/26 7. Lesson: Pain Due: 2/15/26 8. Osmosis Video: Pain Assessment and Associated Behaviors Due: 2/15/26 9. EAQ: CH 11 Due: 2/15/26	February 9 and February 11 Skills Lab 1 AIDET, Pt identifiers, ABT. LOC, Mental Status, and Safety Measures	

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Week 5: Tuesday, February 17 DEMO: Lab 3: Skin, Hair, Nails, Nutrition, Braden Scale Nursing Process In-class quiz	Ch 12: Nutrition Assessment Ch 13: Skin, Hair, Nails	1. EAQ: CH 12 Due 2/22/26 2. Lesson: Overview of Nutrition Due: 2/22/26 3. Lesson: Assessing Skin, Hair, and Nails Due: 2/22/26 4. Lesson: Anatomy and Physiology: Skin, Hair, and Nails Due: 2/22/26 5. Simulation: Assessing the Skin, Hair, and Nails Due: 2/22/26 6. EAQ: CH 13 Due 2/22/26	February 16 and February 18 Skills Lab 2 Vital Signs and Pain Assessment	Exam 1 February 17
Week 6: Tuesday, February 24 DEMO: Lab 4: Head, Neck, Vision, Regional Lymph Nodes Nursing Process In-class quiz	Ch 6: Substance Use Assessment Ch 14: Head, Face, Neck, and Regional Lymphatics Ch 15: Eyes	1. Shadow Health: HEENT System Due: 3/1/26 2. EAQ: CH 14 Due: 3/1/26 3. Lesson: Head and Neck Due: 3/1/26 4. Simulation: Assessing the Head and Neck Due: 3/1/26 5. Lesson: Eyes Due: 3/1/26 6. Osmosis Video: Assessment of Eyes: Due 3/1/26 7. EAQ: CH 15 Due: 3/1/26	February 23 and 25 Skills Lab 3 Skin, Hair, Nails, Nutrition Assessment, and Braden Scale	
Week 7: Tuesday, March 3 DEMO: Lab 5: Ears, Nose, Sinuses, Mouth, Throat Nursing Process In-class quiz	Ch 16: Ears Ch 17: Nose, Mouth, Throat	1. Lesson: Ears, Nose, and Throat Due: 3/8/26 2. Osmosis Video: Assessment of Ears Due: 3/8/26 3. EAQ: CH 16 Due: 3/8/26 4. Osmosis Video: Assessment of Nose, Mouth, and Throat Due: 3/8/26 5. EAQ: CH 17 Due: 3/8/26	March 2 and March 4 Skills Lab 4 Head, Neck, Vision, and Lymph Nodes	Exam 2 March 3
Week 8: Tuesday, March 10 NO CLASS SPRING BREAK!	NO CLASS	NO CLASS	NO CLASS	NO CLASS

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Week 9: Tuesday, March 17 DEMO: Lab 6: Respiratory, Lungs, Thorax Nursing Process In-class quiz	Ch 19: Thorax and Lungs Ch 7: Family Violence and Human Trafficking	1. Lesson: Anatomy and Physiology: Chest and Lungs Due: 3/22/26 2. Lesson: Patient History: Chest and Lungs Due: 3/22/26 3. Lesson: Assessing Chest and Lungs Due: 3/22/26 4. Lesson: Findings for Chest and Lungs Due: 3/22/26 5. Lesson: Documenting Assessment of Chest and Lungs Due: 3/22/26 6. Osmosis Video: Assessment of Thorax and Lungs Due 3/22/26 7. Shadow Health: Respiratory Concept lab Due: 3/22/26 8. Shadow Health: Respiratory System Due: 3/22/26 9. EAQ: CH 19 Due: 3/22/26 10. EAQ: CH 7 Due 3/22/26 11. Lesson: Assessment Related to Domestic and Family Violence Due: 3/22/26	March 16 and March 18 Skills Lab 5 Ears, Nose, Sinuses, and Mouth	

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Week 10: Tuesday, March 24 DEMO: Lab 7: Heart, Peripheral Vascular, Lymphatics Nursing Process In-class quiz	Ch 20: Heart and Neck Vessels Ch 21: Peripheral Vascular System and Lymphatics	2. Shadow Health: Cardiovascular Concept Lab Due: 3/29/26 3. Shadow Health: Cardiovascular Due: 3/29/26 4. Lesson: Anatomy and Physiology: The Heart Due: 3/29/26 5. Lesson: Patient History: The Heart Due: 3/29/26 6. Lesson: Assessing the Heart Due: 3/29/26 7. Lesson: Findings for the Heart Due: 3/29/26 8. Lesson: Documenting Assessment of the Heart Due: 3/29/26 9. EAQ: CH 20 Due: 3/29/26 10. Lesson: Anatomy and Physiology: Peripheral Vascular System Due: 3/29/26 11. Lesson: Assessing the Peripheral Vascular System Due: 3/29/26 12. Lesson: Findings for the Peripheral Vascular System Due: 3/29/26 13. Lesson: Documenting Assessment of the Peripheral Vascular System Due: 3/29/26 14. Lesson: Anatomy and Physiology: Lymphatic System Due: 3/29/26 15. Lesson: Assessing the Lymphatic System Due: 3/29/26 16. Lesson: Findings for the Lymphatic System Due: 3/29/26 17. EAQ: CH 21 Due 3/29/26 18. Lesson: Documenting Assessment of the Lymphatic System Due 3/29/26	March 23 and March 25 Skills Lab 6 Respiratory, Thorax, Lungs	

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Week 11 Tuesday, March 31 DEMO: Lab 8: Abdomen Nursing Process In-class quiz	Ch 2: Cultural Assessment Ch 22: Abdomen	1. Lesson: Cultural Considerations Due: 4/5/26 2. EAQ: CH 2 Due: 4/5/26 3. Lesson: Anatomy and Physiology: Abdomen Due: 4/5/26 4. Lesson: Patient History: Abdomen Due: 4/5/26 5. Lesson: Assessing the Abdomen Due: 4/5/26 6. Lesson: Findings for the Abdomen Due: 4/5/26 7. Lesson: Documenting Assessment of the Abdomen Due: 4/5/26 8. Shadow Health: Abdominal System Due: 4/5/26 9. EAQ: CH 22 Due: 4/5/26	March 30 and April 1 Skills Lab 7 Heart, Peripheral Vascular, Lymphatics	

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Week 12: Tuesday, April 7 Nursing Process DEMO: Lab 9: Musculoskeletal and Neuro Morse Fall Scale and Glasgow Coma Scale In-class quiz	Ch 23: Musculoskeletal System Ch 24: Neurological System	1. Lesson: Anatomy and Physiology: Musculoskeletal System Due: 4/12/26 2. Lesson: Patient History: Musculoskeletal System Due: 4/12/26 3. Lesson: Assessing the Musculoskeletal System Due: 4/12/26 4. Lesson: Findings for the Musculoskeletal System Due: 4/12/26 5. Lesson: Documenting Assessment of the Musculoskeletal System Due: 4/12/26 6. Shadow Health: Musculoskeletal System Due: 4/12/26 7. EAQ: CH 23 Due: 4/12/26 8. Lesson: Anatomy & Physiology: Neurologic System Due: 4/12/26 9. Lesson: Patient History: Neurologic System Due: 4/12/26 10. Lesson: Assessing the Neurologic System Due: 4/12/26 11. Lesson: Findings for the Neurologic System Due: 4/12/26 12. Lesson: Documenting Assessment of the Neurologic System Due: 4/12/26 13. Shadow Health: Neurological System Due: 4/12/26 14. EAQ: CH 24 Due: 4/12/26	April 6 and April 8 Skills Lab 8: Abdomen	Exam 3 April 7

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Week 13: Tuesday, April 14 Nursing Process In-class quiz	Ch 28: Complete Health Assessment Adult Ch 32: Functional Assessment of the Older Adult	1. Lesson: Adult Head-to-Toe Examination Due: 4/19/26 2. Skill: Head-to-Toe Assessment Due: 4/19/26 3. EAQ: CH 28 Due: 4/19/26 4. Lesson: Physiologic and Functional Assessment of the Older Adult Due: 4/19/26 5. Osmosis Video: Assessment of the Older Adult Due: 4/19/26 6. EAQ: CH 32 Due: 4/19/26	April 13 and April 15 Skills Lab 9: MS and Neuro	
Week 14: Tuesday, April 21 Lecture Nursing Process In-class quiz	Ch 30: Bedside Assessment and Electronic Documentation Review Nursing Process Handouts	NONE	April 20 and April 22 Lab 10: PIT Practice, VS Check-off, and the 4 Scales	
Week 15: Tuesday, April 28 Lecture Nursing Process	Review for Final	NONE	April 27 and April 29 Lab 11: Practice PIT	Exam 4 April 28
Week 16: Tuesday, May 5 No Lecture-PIT Checkoff	NO LECTURE	NONE	PRACTICUM May 4 and May 6	

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Week 17: FINALS WEEK	PIT Check-Off		May 15 PIT Practicum Retest	Exam 5 May 14 0800-1000 1300-1500