

Syllabus
Individual Psychotherapy
PSYC 6113 Sec 101
Fall 2023

Professor: Arthur R. Cardona Office: 120 O' Donohoe
Office Hours: MW 2:30pm - 5:00pm Phone: 940-397-4178
Class Time: TR 8:00- 9:20pm email: arthur.cardona@msutexas.edu
Location: O-110

Textbooks: Sommers-Flanagan, J. & Sommers-Flanagan, R. (2016). *Clinical interviewing* (6th Edition) New Jersey: Wiley. (Required)

McWilliams, N (1999). *Psychoanalytic Case Formulation* (1st Edition) Guilford Press. (Required)

Goals/Objectives:

The goal of this course is to provide students with the foundational interview and interpersonal skills necessary for conducting counseling services. Students in this course are expected to learn basic interviewing skills pertinent to the provision of counseling from any theoretical perspective. To this end, it is expected that, upon completion of the core clinical block, students will:

- 1) Become acquainted with interviewing and counseling microskills;
- 2) Practice microskills in a safe environment with supportive feedback;
- 3) Demonstrate competency in counseling interviewing, rapport building, and targeted assessment (e.g., suicide assessment); and,
- 4) Be prepared to enter into supervised clinical practicum.

Student Evaluation:

Grades: Grades will be based on a 500-point scale.

A = 500-450
B = 449-400
C = 399-350
D = 349-300
F = 299 or lower

Clinical Experiences: In order to become comfortable with and practice the skills taught in this course, students will submit two videos of clinical interviews along with transcription. The first video submission (Initial Video) is graded on participation and is worth 25 points. The second video submission (Final Video) is worth 225 points and will include a self-evaluation as well as comparative notes of progression from the first video to the last video. The Final Video will be shown in class and your peers will have an opportunity to weigh in on your clinical interview skills and worth 50 points. Role plays will vary in duration, ranging from 45+ minutes. A case formulation will also need to be submitted.

Observational Experiences: Students will need to submit five different observational reports of clinical intakes gathered from the Psychology Clinic given by advanced student in the program. Observational reports rubric will be given by week three. The last observational report needs to include an initial case formulation generated from a biopsychosocial model. The first four observational reports will be worth 25 points and the last will be worth 100 points. A 15 to 20 minute class presentation of the case

formulation will be given.

Psychology is not only academic, but also skills based. If a student should receive a grade below a B on the final clinical evaluation, I will ask another licensed faculty to review the final clinical evolution and confirm the final grade.

Attendance:

Class attendance is required. Each student is allowed two absences without penalty. Each additional absence will result in a 10% reduction in the students' final grade. Students will be responsible for the material they miss when absent. **No late assignments will be accepted.** Students with more than four absences will be dropped from the course with a failing grade.

Disability:

Any student who, because of a disability, may require special arrangements in order to meet the course requirements should contact the instructor as soon as possible to make necessary arrangements. Students must present appropriate verification from the University's Disability Support Services (DSS) during the instructor's office hours. Please note that instructors are not allowed to provide classroom accommodation to a student until appropriate verification from the DSS has been provided.

Cheating Policy:

DON'T! Any evidence of cheating on exams, quizzes, or on the paper will result in dismissal from this class with a grade of "F."

Midterm Grade Reports:

The instructor for this class will provide a Midterm Progress Report through each student's WebWorld account. Midterm progress reports will only be provided for students with a grade of C or less in the course. Midterm grades will not be reported on the students' transcript; nor will they be calculated in the cumulative GPA. They simply give students an idea of where they stand at the midpoint of the semester.

| Week | Date | Topics | Assignments/ Tests |
|------|-------|-------------------------------------|--|
| 1 | 8/28 | SF & SF: Chpt. 1 | |
| 2 | 9/4 | SF & SF: Chpt. 2 & 3 NM: Chpt. 1 | Initial Video Due 9/7 |
| 3 | 9/11 | SF & SF: Chpt. 8 & 9 NM: Chpt 2 | |
| 4 | 9/18 | SF & SF: Chpt. 4 & 5 | First Observational Report Due 9/21 |
| 5 | 9/25 | SF & SF: Chpt. 6 & 7 | |
| 6 | 10/2 | SF: Chpt 10 NM: Chpt 6 & 10 | No class 10/3; Second Observational Report Due 10/5 |
| 7 | 10/9 | SF: Chpt 9 NM: Chpt 4 | |
| 8 | 10/16 | SF: Chpt 11 NM: Chpt 5 | Third Observational Report Due 10/19 |
| 9 | 10/23 | SF: Chpt 12 NM: Chpt 3 | |
| 10 | 10/30 | SF: Chpt 14 NM: Chpt 8 | Fourth Observational Report Due 11/2 |

| Week | Date | Topics | Assignments/ Tests |
|------|-------|-----------------------------------|---|
| 11 | 11/6 | SF: Chpt 13 NM: Chpt 9 | |
| 12 | 11/13 | SF: Chpt 15 | Fifth Observational Report Due 11/14 |
| 13 | 11/20 | Presentation of Case Formulations | |
| 14 | 11/27 | | No Class 11/23 |
| 15 | 12/4 | Review of Final Videos | Final Videos Due by 12/5 |
| | 12/11 | Review of Final Videos | |