



**Course Syllabus: Mental Health Nursing**  
**Wilson School of Nursing**  
**Spring 2023**  
NURS 3413/3412

*Location: Centennial Hall 340 Wednesday 1300-1550*

(Please Note: This is the official course syllabus for student use this semester; therefore, students enrolled in this course will be held accountable for all contents which follow. This syllabus is subject to change. Students will be notified of any changes to the syllabus via D2L News notification)

**Contact Information**

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**Course Description**

Concepts and principles emphasized in this course pertain to communication, interpersonal relationships, and utilization of the nursing process in providing nursing care for clients manifesting psychosocial and/or psychiatric needs. Clinical and classroom discussions provide students with opportunities to develop a greater understanding of self, and to increase their ability in relating to individuals, families, groups, and communities (IFGC) in structured and non-structured settings.

## Pre-requisites

NURS 3103: Introduction to Nursing; NURS 3202/3312 Pathophysiology; NURS 3212/3211: Family Health Assessment & Clinical; NURS 3252/3243 Basic Nursing Care & Clinical; NURS 3313 Pharmacology in Nursing Practice

## Credit Hours

Five (5) credit hours – three (3) hours lecture and an average of six (6) hours of clinical per week.

## Course Objectives

AACN Essentials: For further information regarding the AACN Essentials identified for each course objective, refer to <a href="#">AACN Essentials for Professional Nursing Education</a>		
DEC Competencies: In the DEC Competencies below, the following designations apply: I: Provider of Patient-centered Care, II: Coordinator of Care, III: Patient Safety Advocate, and IV: Member of the Health Care Team. For further information regarding the competencies identified for each course objective, refer to <a href="#">Texas Board of Nursing DEC's 2021</a>		
Upon completion of this course the student should be able to:	AACN	DEC
1. Discuss the evolution of major social, cultural, and historical factors and their influence on psychiatric nursing practice.	I, V, VII, VIII	I: B, II: B, D, G, H IV: B, C
2. Utilize the nursing process to provide nursing care to individuals and families with psychosocial and/or mental health needs within the context of IFGC.	II, III, VI, VII, VIII, IX	I: B II: B, C, D, E, F, G III: C
3. Differentiate between therapeutic and nontherapeutic communication techniques, identify components of nonverbal expression, and describe boundary issues associated with touch and proxemics while taking into account the cultural differences that exist among patients and their families from various ethno-cultural backgrounds.	II, VI, VII, VIII	II: B, D IV: A, D

4. Demonstrate accountability for legal/ethical aspects in providing nursing care to individuals and their families with psychosocial and/or mental health needs with the context of their IFGC.	I, II, IV, V, VI, VII, VIII	I: A, B II: E, F III: A, E
5. Utilize knowledge of growth and development in providing nursing care to individuals and their families with psychosocial needs and/or mental health needs.	VII	I: B II: A, B, C, D, E, F, G, H
6. Identify relevant research findings related to mental health nursing.	III, V, VII, VIII	II: A, C, G III: C IV: F
7. Discuss the theoretical knowledge regarding the etiology and symptomatology of current psychiatric/mental health diagnostic categories.	III, VI, XI	I: D II: B,C,D III: D IV: C, D
Upon completion of this course, the student should be able to:	AACN	DEC
8. Evaluate major concepts and theories related to adaptive/maladaptive behaviors individuals with psychosocial and/or mental health needs.	I, III, V, VI, VII, VIII, XI	I: D II: A, B, C, H III: C IV: A, C, G
9. Relate services available to individuals and their families with psychosocial and/or mental health needs, with consideration for cultural background within the scope of their aggregates, community and society.	II, III, IV, V, VI, VII	II: B, C, D, G, H III: B, C IV: A, B, C

### **Textbook & Instructional Materials**

#### Required Materials

CoursePoint+ for Psychiatric-Mental Health Nursing 9<sup>th</sup> ed.

(ISBN-13:978-1-9752-0602-4)

(e-book may be used and is included in CoursePoint+; hardcopy book is optional)

The digital assessment platform ExamSoft® will be utilized on for all exams.

Exam-takers are required to download the test-taking software, Examplify, prior

to the first exam. Please review the Exemplify Minimum System Requirements (MSRs), found on the ExamSoft® [website](#).

CastleBranch Compliance.

#### Optional Hardcopy Textbook

Videbeck, S.L., (2019). Psychiatric-Mental Health Nursing (9th ed.). Lippincott Williams & Wilkins. (ISBN-13: 978-1-9751-8477-3)

### **Learning Experiences**

Students are expected to be self-directed in the acquisition of basic nursing knowledge. Learning activities available to the students include but are not limited to:

1. Reading assignments
2. Group presentations
3. Self-study modules
4. Online learning assignments

### **Clinical Hour Breakdown**

Table 1: Clinical Hour Breakdown

Clinical Experience	Hours	Total
Mental Health First Aid Class	8	8
Patient Care Clinicals (5 rotations)	8	40
Clinical Reflective Journals (x5)	1.5	7.5
Clinical Assignments	10	10
CoursePoint+ vSims (10 vSims)	2	20
Simulation-Distressing Voices	4	4
Clinical Evaluation	0.5	0.5
Total		90

### **Clinical Requirements**

1. Students must complete all the components of the course to pass. This course includes a total of 90 clinical hours. Students are required to satisfactorily complete 90 clinical hours to successfully complete the clinical component of NURS 3413 Mental Health Nursing course. Students are expected to attend/complete all clinical experiences. Absences will be made up by the student. Hours of absenteeism will be rescheduled, as available, or will be done as patient care experiences as assigned by the clinical instructor and/or course coordinator.

2. Mental Health First Aid (MHFA) training is provided to all the students in this course through the North Central Area Health Education Center (AHEC). Attendance to your scheduled training date is mandatory and satisfies 8 clinical hours.
3. Professional behavior is a requirement of the clinical component of this course. Students are expected to demonstrate professionalism during all clinical interactions. Unprofessional behavior will result in dismissal from clinical. Any dismissal will be considered an absence and students will be required to make up clinical hours at a later date. Please refer to the [MSU Texas BSN Student Handbook](#) for more information.
4. Classroom and clinical performances (on campus, in the Simulation Center and/or during inpatient clinical experiences) will be evaluated. Students are expected to pass both clinical and classroom components of the course. Failure in either one will constitute failure in the course.
5. Students are expected to be compliant with current CPR certifications, immunizations, TB testing, health and liability insurance, drug screening, and criminal background checks throughout the semester. Verification of compliance is maintained through CastleBranch. Students are expected to maintain compliance at all times. Students may contact Cathy Healey (940) 397-2802 or email her at [cathy.healey@msutexas.edu](mailto:cathy.healey@msutexas.edu) to ask questions about compliance of these Texas Board of Nursing (BON) requirements. TB testing needs to be repeated every 12 months. To attend clinical experiences, each student must comply with each of these requirements.
6. Students will complete five (5) 8-hour shifts at Red River Psychiatric Hospital or ARC – HERO House during hours of 0800-1600 . Students must comply with hospital or facility policies as instructed during clinical orientation (\*parking, building access, identification, etc).
7. Students must arrive and be present in the front lobby of the building or entry way at ARC no later than 0745 on assigned clinical dates. Late arrival to clinical will result in a clinical absence and hours will be rescheduled for a later date.

8. All patient care experiences, including make-up clinical time, must be completed by **Thursday, December 7, 2023 at 1700.**
9. Student vehicles must be parked only in the designated student parking. Students are not to park in the Red River Hospital parking lot. If student vehicles are parked in the hospital parking lot, the student will be dismissed from clinical and make-up hours will be rescheduled for a later date.
10. Students will be assigned to clinical experiences by the course coordinator. Schedule changes must be coordinated with the course coordinator and clinical faculty. For a schedule change, the student wishing to change dates must seek another student who is willing to change dates. Both students must email the course coordinator and clinical faculty to request the schedule change. The course coordinator &/or clinical faculty will email both students approval/disapproval of the change.
11. Clinical Dress Code:
  - a. Students are to wear an MSU t-shirt and business casual pants. Pants need to be well-fitted with no rips or tears. Khaki pants are strongly recommended. Denim jeans, workout pants/leggings, and scrub pants are not acceptable attire.
  - b. Clean tennis shoes or clinical shoes are permitted. Students are also required to wear a surgical mask in patient care areas.
  - c. No jewelry other than a plain wedding ring (band) and a watch with an analog second hand are permitted.
12. Additional Clinical Requirements:
  - a. If any condition of the clinical experience changes or it is necessary for you to leave the premises of the clinical experience, you **MUST** contact the clinical instructor and/or course coordinator.
  - b. Students need to make appropriate use of their time in the clinical setting. Clinical objectives include application of the nursing process which requires professional communication with staff and clients. Clinical is not an appropriate setting for personal communication. Time outside of direct clinical activities such as groups, professional staff or client communication, or application of the nursing process should be limited.
  - c. If a situation occurs that requires time away from direct clinical activities, the student should contact the clinical faculty and coordinate a plan.
  - d. Students are not to use personal electronic devices such as cells phones in the clinical environment.

- e. If students do not comply with any clinical requirements, including those defined in the WSON BSN Student Handbook, the situation will result in an immediate clinical dismissal and/or failure at the discretion of the clinical faculty and/or course coordinator.

## **Student Handbook**

Refer to: [BSN Student Handbook](#) and [MSU Student Handbook](#)

### **Academic Misconduct Policy & Procedures**

This course adheres to the MSU Code of Conduct. In particular, academic dishonesty, however small, creates a breach in academic integrity. A student's participation in this course comes with the expectation that his or her work will be completed in full observance of the MSU Code of Student Conduct. A student should consult the current Student Handbook for answers to any questions about the code.

Students are encouraged to take full advantage of many resources available including online Desire 2 Learn course resources, Internet sites, other textbooks and journals, faculty, and peers when accomplishing objectives. This interactive collegial learning environment is conducive for life-long learning.

However, all components of the course are designed to represent the efforts of each student individually or each group of students individually when completing a group project and are not to be shared, copied, or plagiarized from other sources. When students submit their efforts for grading, they are attesting they abided by this rule.

Academic dishonesty includes cheating, collusion, plagiarism or the acquisition of tests or test questions and other academic materials such as test banks without the permission of the faculty. Cheating, collusion, or plagiarism is defined as: (1) cheating - intentionally using or attempting to use unauthorized materials, information, equipment, or study aids in any academic exercise; (2) collusion - the unauthorized collaboration with another person in preparing work offered for credit; (3) plagiarism - intentionally representing the words or ideas of another as one's own in any academic exercise.

Academic dishonesty (cheating, collusion, plagiarism, etc.) will not be tolerated in this class. Whenever a student is unsure of whether a particular situation will be interpreted as academic dishonesty, he or she should ask the instructor for clarification.

Any student found to be academically dishonest as defined above and under each assignment will automatically receive a grade of "0" on the assignment.



## Grading

Table 2: Course Grade

*Assignments	Percentage
**Exam: Unit 1	15%
**Exam: Unit 2	15%
**Exam: Unit 3	15%
**Exam: Unit 4	15%
ATI testing and remediation	10%
Class participation	5%
***In-class assignments & Quizzes	10%
***thePoint	10%
***Clinical Assignments	5%
Total	100

Table 3: Course Grade Calculation

*The final course grade will be calculated in the following manner:
*There will be no rounding of grades except as necessary to accommodate the electronic testing and grade book limitations.
**Students must score at least a 74% average on exams to pass the course. This is called the exam average.
**Students that do not achieve a 74% exam average will receive a final grade that reflects the exam average earned.
***Students who earn at least a 74% exam average will have the remaining assignment grades calculated as weighted in the table above as the course and clinical grade.

Table 4: Grading Scale

Grade	Points
A	90-100
B	80-89
C	74-79
D	65-73
F	Less than 64

## Midterm Progress

In order to help students keep track of their progress toward course objectives, the instructor for this course will provide a Midterm Progress Report through each student's WebWorld account. Midterm grades will not be reported on the student's transcript; nor will they be calculated in the cumulative GPA. They simply give students an idea of where they stand at midpoint of the semester. Students earning below a C at the midway point should schedule a meeting with the professor and seek out tutoring through the Tutoring & Academic Support Programs (link to the website <https://msutexas.edu/academics/tasp/>).

## Assignments

1. **TopHat:** This course will use the Top Hat ([www.tophat.com](http://www.tophat.com)) classroom response system in class. You will be able to submit answers to in-class questions using Apple or Android smartphones and tablets, laptops, or through text message. Attendance, Assignments, and Quiz Questions will be used throughout the lecture and are relevant to the content covered in class. If a student is absent or arrives late to class, there will not be an opportunity to make up credit at another time. Students are responsible for being logged in, timely, and engaged to earn credit.

You can visit the Top Hat Overview ([TopHat Overview](#)) within the Top Hat Success Center which outlines how you will register for a Top Hat account, as well as providing a brief overview to get you up and running on the system.

An email invitation will be sent to you by email, but if don't receive this email, you can register by simply visiting our course website: Unique Course URL  
Note: our Course Join Code for NURS 3413 Fall 2023 is Join: 081985

Should you require assistance with Top Hat at any time, due to the fact that they require specific user information to troubleshoot these issues, please contact their Support Team directly by way of email ([support@tophat.com](mailto:support@tophat.com)), the in app support button, or by calling 1-888-663-5491.

2. **Lippincott CoursePoint+:** Preclass assignments including pre-lecture PrepU quizzes, Animations, Picmonics, and Interactive Case Studies as well as vSims will be completed as assigned by the due dates listed in the course calendar or on thePoint website. Our Class Code for NURS 3413 Fall 2023 is **F7681403**

Redeem your **ACCESS CODE** and complete registration at  
<http://thePoint.lww.com/activate>

Once you have redeemed your Access Code and are logged in to thePoint, from the **"My Content"** page, click **Launch CoursePoint** for Lippincott CoursePoint+ for Psychiatric-Mental Health Nursing 9<sup>th</sup> ed.

On the content homepage, select **"Join a Class"** and enter your **CLASS CODE:**, **F7681403** and click **"Join this Class"**

If you experience any problems, check the code again and re-enter it. If it does not work, contact Lippincott Online Product Support at 1.800.468.1128 or [techsupp@lww.com](mailto:techsupp@lww.com) for assistance.

All assignments completed via thePoint/CoursePoint+ must be completed to at least a 75% to receive credit.

Incomplete or late assignments will receive a zero.

In the vSims, only the pre-simulation quiz, vSim, and post-simulation quiz are required to be completed. All assignment grades will be averaged and entered into the Gradebook under thePoint.

### **Exams**

1. There are four comprehensive unit exams, exam covering the content in the textbook, assigned readings, simulation and assigned activities. Each unit exam will take 75 minutes.
2. Unit objectives are found at the beginning of each assigned chapter. These objectives will help you focus on what to study for each exam. Required readings are found on the course calendar.
3. All exams are required.

### **Exam Policy**

1. Answer each of the 50 questions.
2. You have 75 minutes to complete the exam.
3. The exam will timeout after 75 minutes.
4. Using resources other than your own memory will be considered academic dishonesty and result in an automatic zero on the exam.
5. Taking exam questions from the classroom will be considered academic dishonesty and result in an automatic zero on the exam.
6. Presence of a device capable of making a call, texting, or recording either text or voice in the classroom during the testing period will be considered academic dishonesty and result in an automatic zero on the exam whether the device was on or off and whether you had submitted the exam.
7. Grades will be sent with content references for the questions missed after item analysis has been performed.
8. Students are required to upload the exam prior to leaving the classroom.
9. Close your computer prior to leaving the classroom.
10. Failure to return the scrap paper with your name on it prior to leaving the classroom will be considered academic dishonesty and result in an automatic zero on the exam.

### **ExamSoft**

1. Exam Soft requires loading Examplify application for taking course exams. Exam Soft is purchased online each semester.
2. The desks in Centennial Hall do not provide electrical outlets. It is the

student's responsibility to provide an alternative charging source to ensure computer battery remains charged. Students are responsible for having a compatible computer or tablet on which to participate in the course activities and take the exams.

3. Exam unit exam will be comprised of: The dates are located on the course calendar.

4. All exams are comprehensive.

5. Exam Soft will provide students with user identity codes, initial passwords, and instructions on how to load Examplify. Students must maintain ready access to user identity codes and passwords on exam days. If these access codes are not available for use, the student runs the risk of not taking an exam and earning a grade of zero. If these access codes are not available for use or the exam cannot be accessed for any reason, the student runs the risk of not taking an exam and earning a grade of "0". Please ensure the testing device is prepared to take the exam prior to every exam.

6. If a student misses any exam, the student may take the Make-up Exam scheduled on the course calendar.

### **ATI Activities**

1. Each student is required to enroll into ATI.

2. Maximum grade possible is 10 points/10 points = 100%.

3. Grading is calculated as such:

a. Practice Assessment A remediation completed: 2 points

b. Practice Assessment B remediation completed: 2 points

c. Standardized Proctored Assessment:

i. Level 3 earned = 4 points

ii. Level 2 earned = 3 points

iii. Level 1 earned = 1 point

iv. Less than level 1 earned = 0 points

d. Standardized Proctored Assessment remediation:

i. Earned level 3: minimum 1-hour focused review with an active learning template completed on each topic missed = 2 points

ii. Earned level 2: minimum 2-hour focused review with an active learning template completed on each topic missed = 2 points

iii. Earned level 1: minimum 3-hour focused review with an active learning template completed on each topic missed = 2 points

iv. Earned level less than 1: minimum 4-hour focused review with an active learning template completed on each topic missed = 2 points

4. Students who do not complete all of the Assessments and Remediations required will receive 0 points/10 points for the ATI course grade.
5. Completed remediation templates will be uploaded into D2L.
6. ATI points will be added to final grade once the student has met the minimal exam average requirement.
7. The Mental health proctored assessment has 70 items to complete in 70 minutes. When the version is updated to NextGen, the time will be adjusted to 90 minutes.

### **Extra Credit**

It is the policy of the nursing program to not accept extra credit.

### **Late Work**

No credit will be awarded if an assignment is submitted after the due date. There are no opportunities for extra credit given for any assignment. If you have a question or concern about a grade, you must contact the faculty within 24 hours of the due date to dispute the grade. Once 24 hours after the due date has lapsed, no further changes will be made on any grade.

### **Make Up Work/Tests**

Should the student be absent from an exam, it is the student's responsibility to notify the course coordinator at least two hours prior to the exam or as soon as possible if an emergency is the cause of missing the exam. Students may make-up exams on the make-up exam session as documented on the course calendar.

Failure to comply with this policy will result in a zero for the exam(s) missed. Any make-up exam may be different from the original exam and may include multiple choice, essay, short answer, true and false, and/or matching questions.

### **Nursing Program Failure Policy**

1. Students must meet all course requirements or a grade of F will be assigned.
2. Students are expected to pass both clinical and classroom components of the course. Failure in either clinical or classroom will result in failure in both. Clinical failure results in a course and clinical grade of F. Classroom failure results in the grade earned in the classroom for both course and clinical.
3. A student who withdraws/drops or receives a D or an F in two nursing courses must seek reentry to the nursing program to be eligible to continue in the program.
4. The faculty reserves the right to recommend to the School of Nursing Chair

and College of Human Services and Health Sciences withdrawal of a student from the nursing program for health, legal, or academic reasons, particularly if client care is jeopardized. In addition, the student must perform within the ANA Standards of Practice and Code of Ethics.

### **Withdrawal Deadlines**

Last Day to drop with a grade of "W:" October 30, 2023

Refer to: [Drops, Withdrawals & Void](#)

### **Desire-to-Learn (D2L)**

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into [D2L](#) through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

### **Attendance**

Students are encouraged to attend all lectures. Students may be dropped from the course for excessive absences per University policy.

### **Instructor Drop**

An instructor may drop a student at any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude, or for disruptive conduct. The instructor must give the students a verbal or written warning prior to being dropped from the class. An instructor's drop of a student takes precedence over the student-initiated course drop of a later date. The instructor will assign a grade of either WF or F through the 8th week of a long 45 hours semester, the 6th week of a 10 week summer term, or the 11th class day of a 4 or 5 week summer term consisting of 20 days. After these periods, the grade will be an F. The date the instructor drop form is received in the Office of the Registrar is the official drop date. Refer to page 27 at <https://msutexas.edu/student-life/assets/files/handbook.pdf>.

### **Computer Requirements**

Assignments and exams in this course are administered electronically. It is the student's responsibility to have access to a suitable device to complete the assignments and exams. Computer failure is not a suitable excuse for missing assignment dates. If the student's computer is not functioning at exam time, the student may elect to take the make-up examination at the date scheduled in the course calendar.

## **Instructor Class Policies**

1. **Timeliness** is expected in all aspects including being on-time for class, exams, and submission of assignments.
2. **Respect** for faculty and peers is expected at all times. Distracting behaviors such as talking, texting, working on other assignments during class, or inattentiveness will not be tolerated and you may be asked to leave the classroom.
3. Students must take an **active role** in their learning and demonstrate **accountability** including evidence of commitment, responsibility, and communication.

## **Change of Schedule**

A student dropping a course (but not withdrawing from the University) within the first 12 class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the ***Schedule of Classes*** each semester.

## **Refund and Repayment Policy**

A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. HOWEVER, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. As described below, two formulas (federal and state) exists in determining the amount of the refund. (Examples of each refund calculation will be made available upon request).

## **Disability Support Services**

Midwestern State University is committed to providing equal access for qualified students with disabilities to all university courses and programs, and by law all students with disabilities are guaranteed a learning environment that provides reasonable accommodation of their disability. This guarantee is provided through Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. The ADA reads: "No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of a public entity, or be subject to discrimination by any such entity." The Director of Disability Support Services serves as the ADA Coordinator and may be contacted at (940) 397.4140, TDD (940) 397.4515, or 3410 Taft Blvd., Clark Student Center 168.

## **College Policies**

### Smoking/Tobacco Policy

College policy strictly prohibits the use of tobacco products in any building owned or operated by WATC. Adult students may smoke only in the outside designated-smoking areas at each location.

### Campus Carry Rules/Policies

Refer to: [Campus Carry Rules and Policies](#)

### Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

## **Grade Appeal Process**

Students who wish to appeal a grade should consult the Midwestern State University [Undergraduate Catalog](#)

## **Campus Carry**

Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes as prohibited. The new Constitutional Carry law does not change this process. Concealed carry still requires a License to Carry permit, and openly carrying handguns is not allowed on college campuses. For more information, visit [Campus Carry](#).

## **Active Shooter**

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit [Safety / Emergency Procedures](#). Students are encouraged to watch the video entitled "Run. Hide. Fight." which may be electronically accessed via the University police department's webpage: ["Run. Hide. Fight."](#)

### *Notice*

Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.



