

ARTHUR R. CARDONA, Psy.D.

Licensed Clinical Psychologist

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EDUCATION

<i>Dallas Psychoanalytic Institute, Dallas, TX</i> Full Psychoanalytic Candidate (5 year)	<i>Sept 2022 – Current</i>
<i>Argosy University, Clinical Psychology, Dallas, TX</i> Doctorate of Psychology (Psy.D.) Defended Clinical Research Project Proposed Clinical Research Project (Dissertation) Passed Comprehensive Exams Masters of Arts in Clinical Psychology	<i>Sept 2005 – Aug 2014</i> <i>Aug. 2014</i> <i>July 2014</i> <i>Oct. 2011</i> <i>Sept. 2009</i> <i>Aug. 2009</i>
<i>Texas Tech University, Lubbock, TX</i> Bachelor of Arts in Psychology	<i>Aug 2002 – May 2005</i> <i>May 2005</i>

CLINICAL TRAINING

<i>Rose Street Mental Health Center, Wichita Falls, TX</i> <u>Staff Psychologist</u>	<i>Sept. 2015 – Current</i>
<i>Rose Street Mental Health Center, Wichita Falls, TX</i> <u>Post-Doctoral Internship</u> <u>Primary Supervisor:</u> David M. Sabine, Ph.D. <u>Responsibilities:</u> Provided assessment evaluations in a private psychological setting to client's seeking disability and evaluations to states and local agencies (e.g. Child Protective Services & Foster Care) for children. Obtained 205 hours of assessment hours and 25 integrative reports (i.e. cognitive, achievement, neurological, and personality tests) and used Rorschach test (Exner) on 16 reports for children and adults. Responsible for administering, interpreting, and writing integrated reports. Assessed a myriad of syndromes including Psychotic disorders, Mood Disorders, Anxiety Disorders, ADHD, Asperger's Syndrome, Autism, Neurological Impairments – Dementia/MR/Amnesia/and other memory impairment, Learning Disorders, Personality Disorders, Substance Abuse Disorders, Eating Disorders, and Adjustment Disorder).	<i>Aug. 2014 – Aug. 2015</i>

Rose Street Mental Health Center, Wichita Falls, TX

Sept. 2013 – Aug. 2014

Pre-Doctoral Internship

Primary Supervisor: David M. Sabine, Ph.D.

Responsibilities: Provided assessment evaluations in a private psychological setting to client's seeking disability and evaluations to states and local agencies (e.g. Child Protective Services & Foster Care) for children. Obtained 205 hours of assessment hours and 25 integrative reports (i.e. cognitive, achievement, neurological, and personality tests) and used Rorschach test (Exner) on 16 reports for children and adults. Responsible for administering, interpreting, and writing integrated reports. Assessed a myriad of syndromes including Psychotic disorders, Mood Disorders, Anxiety Disorders, ADHD, Asperger's Syndrome, Autism, Neurological Impairments – Dementia/MR/Amnesia/and other memory impairment, Learning Disorders, Personality Disorders, Substance Abuse Disorders, Eating Disorders, and Adjustment Disorder).

Galaxy Counseling Center, Garland, TX

Sept. 2010 – Aug. 2011

Practicum Externship

Primary Supervisor: Tricia Favre, Ph.D.

Responsibilities:

Provided symptom-appropriate (i.e. Anxiety Disorders, Mood Disorders, Psychotic Disorders, & Cluster B Personality Disorders) therapy in a community based setting to a diverse population obtaining 204 direct hours, 215 supervised hours, and 25 hours of assessment testing. Engaged in 5 hours of supervision a week including 1 hr of individual, 1 hr of assessment in group a setting, 1 hr of couples and family in group, 1 hr of play therapy in group, and 1 hr of case conceptualization group supervision each with a different supervisor. Therapeutic experience included: non-directive play therapy, psychodynamic therapy, anger management groups, and truancy intervention groups. Assessment testing experience that included eligibility determination for clients' social security disability and custody court evaluation.

Dallas Independent School District, Dallas, TX

Sept. 2009 – Dec. 2009

Practicum Externship

Primary Supervisor: William G. Yeatts, Psy.D.

Responsibilities:

Provided mainly group therapy in an alternative high school and middle school setting for a major metropolitan city. Psychoeducational group consisted of social skills and anger management training for students deemed 'at-risk' (i.e. CD, ODD, Learning Disorders, & Mood Disorders). Obtained 85 direct hours and 13 supervised hours.

The Counseling and Diagnostic Center, DFW, TX

Sept. 2008 – Aug. 2009

Practicum Externship

Primary Supervisor: Susan A. Talmage, Ph.D.

Responsibilities:

Provided assessment evaluations in a private psychological setting to client's seeking disability and evaluations to states and local agencies (e.g. Child Protective Services & Foster Care) for children. Obtained 205 hours of assessment hours and 25 integrative reports (i.e. cognitive, achievement, neurological, and personality

tests) and used Rorschach test (Exner) on 16 reports for children and adults. Responsible for administering, interpreting, and writing integrated reports. Assessed a myriad of syndromes including Psychotic disorders, Mood Disorders, Anxiety Disorders, ADHD, Asperger's Syndrome, Autism, Neurological Impairments – Dementia/MR/Amnesia/and other memory impairment, Learning Disorders, Personality Disorders, Substance Abuse Disorders, Eating Disorders, and Adjustment Disorder).

RELATED WORK EXPERIENCES

University of Texas Medical Branch/Texas Department of Criminal Justice

Positions Held:

Mental Health Manager (Murray Unit) *Nov. 2012 – Aug. 2013*

Responsible for the coordination and delivery of mental health assessment and intervention to high-risk female offenders. Served as a member of an interdisciplinary management team for decisions affecting the delivery of mental health services. Provided clinical and administrative supervision of mental health staff; ensured coordination of the scheduling and delivery of mental health services; developed and provided in-service training to mental health, medical staff, and other designated staff; Responsible for the implementation, compliance, and successful outcome of all mental health Quality Management programs; Ensure professional liaison with patient families and community agencies; ensures completion of clinically appropriate and timely documentation.

Sharon L. Rogers and Associates, Corpus Christi, TX *June 2012 – Oct. 2012*

Position Held:

Part-Time Psychological Associate

Contracted to provide clinical and forensic services 1 day a week. Obtained 3 full integrative assessments and 55 hours of group therapy hours for sex offenders working on cognitive-behavioral issues as required part of their probation/parole stipulations mandated by the State of Texas Parole and Pardons Dept.

University of Texas Medical Branch/Texas Department of Criminal Justice

Mental Health Clinician (Garza Unit) *Nov. 2011 – Oct. 2012*

Interviewed, evaluated, and diagnosed male offenders identified as having mental health needs. Provided individual and group psychotherapy and crisis interventions. Develop, implemented, and reviewed individual treatment plans. Assisted with training and educating of mental health with medical and other staff. Assisted in the implementation of Quality Improvement/Quality Management programs and the monitoring of compliance with required policies, procedures and standards. Provided routine consultations and communication with supervisor and/or attended psychiatric providers with status of assigned patients. Able to complete clinically appropriate and timely documentation. Able to liaise with patient, patient's families, on-site departments and community agencies to coordinate current treatment and/or facilitate aftercare services.

ADAPT Community Solutions, Dallas, TX

Oct. 2009 – Oct. 2011

Positions Held:

Clinical Coordinator

March 2011 – Current

In addition to below, this position is a clinical and administrative leadership position with emphasis on quality assurance and supervision/consultation of crisis cases with staff. Quality assurance was maintained with objective tools and measures to review employees' (1) live supervision to monitor call control and clinical appropriateness; (2) case reports checking for grammar/spelling/etc., clarity, and consistency of narratives, and (3) effectiveness and efficiency of case presentation and ability to synthesize, and co-create effective psychotherapeutic interventions for clients. Entails interface with other professional in other mental health agencies. Entails being lead network operator of call center and all mobile crisis units in the field. Entails maintaining functionality of software & hardware for staff.

Crisis Intervention Specialist

June 2010 – March 2011

In addition to below, this position was a leadership position and would take primary role in implementing crisis services to clients and presenting every case to supervisors for consultation purposes and clarity on cases.

Crisis Support Specialist

Oct. 2009 – June 2010

Became highly knowledgeable in crisis intervention and providing risk assessments and intervention that included working with severe psychopathology, assessing for suicide/homicide risk, supportive/brief psychotherapeutic interventions including: information and referrals, linkage to appropriate community based mental health services for ongoing treatment, and follow up. Entails providing crisis hotline support and mobile crisis support services to residents of 7 North Texas counties (e.g. Dallas, Collin, Hunt, Rockwall, Kaufman, Navarro and Ellis).

TEACHING EXPERIENCES

Psychodynamic Course, Argosy University

May 2009 – Dec. 2009

Instructor: Mark W. Matthews, Ph.D.

Position: Teaching assistant

Two consecutive semesters assisting Dr. Matthews in psychodynamic theory and therapy class. Introductions of Freud-proper but consisted with a heavy emphasis of object-relation and self-psychology theory/therapy. Graded papers, participated in lectures, and available for further out-of-class training for students.

Projective Assessment Course, Argosy University

Sept. 2008 – Aug. 2009

Instructor: Mark W. Matthews, Ph.D.

Position: Teaching assistant

Three consecutive semesters assisting Dr. Matthews in projective assessment theory and testing class with a heavy emphasis on the Rorschach with the Exner Scoring System without use of computerized scoring system. Available for individual/group labs with students afterwards. Checked for accurate administering, interpreting, and scoring of Rorschach, TAT, H-T-P protocols and provided feedback for students' full batteries.

Cognitive Assessment Course, Argosy University

Jan. 2008 – April 2008

Instructor: Mark W. Matthews, Ph.D.

Position: Teaching assistant

One semester assisting Dr. Matthews in cognitive and intelligence assessment class with the theory of intelligence and cognition along with experience in Weschler and Woodcock-Johnson cognitive and achievement assessments. Available for individual/group labs with students afterwards. Emphasis on theory and administration, interpretation, and scoring of cognitive and achievement tests and checked for accurate administering, interpreting, and scoring of WAIS-III & IV, WISC-IV, WRAT-IV, WJ-III (Achievement & Cognitive) and provided feedback for students' full batteries.

PROFESSIONAL MEMBERSHIP

American Psychological Association (APA)

2006 – Current

Texas Psychological Association (TPA)

2006 – Current

Dallas Psychological Association (DPA)

2009 – 2010

Christian Association Psychological Studies (CAPS)

2011