Michelle Hall, PhD FT, LPC-S
Positive Frame of Mind Counseling PLLC
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EDUCATION

Walden University
Ph.D. Psychology MS Entry
August 2019 through November 2024

Midwestern State University Wichita Falls, Texas
Master of Education—August 2005
Major: School Counseling August 2005 General Counseling May 2006

Midwestern State University Wichita Falls, Texas
Bachelor of Arts—August 1996
Major: Psychology Minor: Sociology

CERTIFICATION/CREDENTIALS

EMDR Consultant in Training—September 15, 2023
EMDRIA

EMDR Certified Therapist—May 1, 2023 though present
EMDRIA

Fellowship in Thanatology—December 2022- through present
Association of Death Education & Counseling

Certification in Thanatology—January 2017
Association of Death Education & Counseling

Licensed Professional Counselor-Supervisor
License Number---62837
August 31, 2013 thru present

Licensed Professional Counselor-
License Number---62837
January 14, 2010-August 31, 2013

Licensed Professional Counselor Intern-- Temporary License—February 2007-January 14, 2010

Texas School Counseling Certificate—October 2005

Texas Teaching Certificate—May 2002
Elementary Self-Contained (Grades 1-6)
Generalist EC-4

INSURANCE/COMPUTER SKILLS

- Experience in insurance credentialing, billing, & claim filling for mental health clinicians—typically outpatient, in person/telehealth, & crisis services. (Familiar with CPT codes, maintaining CAQH, Availity and Payspan services, knowledge of varying EHRs—simple practice, therapy notes, icanotes, office ally, and therapy appointment, verifying patient eligibility & benefits, creating appeals, replacing & repairing of claim denial of services, patient authorizations, knowledge of NPIs and EINs, and knowledge of no surprises act).

- Created my own website in 2014 (presently have outsourced to another company).

- Knowledge and application of Microsoft Office 2018 (Word, Power Point, Excel).

PROFESSIONAL EXPERIENCE

- Adjunct Professor for MSU Texas in Wichita Falls, TX—Spring 2026 through Present

- Full time Private practice provider & business owner of Positive Frame of Mind Counseling PLLC-Wichita Falls, TX—April 2014 through present (manages caseload of 20-35 clients weekly, conducts assessment/intake, provides cognitive-behavioral therapy, griefwork, and/or emdr in individual, marital, and/or family sessions, creates treatment plans, and discharge work).

- Speaker at the Hospice of Wichita Falls Grief Symposium—August 22, 2026
  The Hidden Mourners, Path to Resilience: Meaning Making through Play for Sibling Loss

- Program Director for an outpatient program for senior adults—Heritage Program—Olney, TX Hamilton Hospital (contracted through Diamond Healthcare Corporation)- July 2021 thru May 2023. (Completes all managerial duties of monthly, quarterly, and annual reports. Oversees all employees and IOP program. Manage caseloads, performs assessments and intakes, conducts groups, family, marital, & individual sessions, creates patient treatment plans & review plans, and discharge summaries).

- Completed ERP training –September 2024

- Completed EMDR training part I and part II — 7/2021.

- Managed clinical group practice of two employees and five independent contractors since January 2019 through present.

- Speaker at Association of Death Education National Conference in April 2018 Pittsburgh, PA

- LPC Supervisor for LPC Associates-- September 2013- present

- Part-time private practice provider & business owner of Positive Frame of Mind Counseling PLLC- Wichita Falls, TX—December 2015 through January 2019.(manages caseload of 15-20clients, conducts assessment/intake, provides cognitive-behavioral therapy in individual, groups, marital, and/or family sessions, creates treatment plans, and discharge work).

- Part-time private practice provider & business owner of Positive Frame of Mind Counseling PLLC- Wichita Falls, TX—April 2014 through December 2015 (manages caseload of 10-20 clients, conducts assessment/intake, provides cognitive-behavioral therapy in individual, marital, and/or family sessions, creates treatment plans, and discharge work).

  - Program therapist for an outpatient program for senior adults—Heritage Program—Olney, TX Hamilton Hospital (contracted through Diamond Healthcare Corporation)- August 2011 thru December 2015 (manage caseloads, performs assessments and intakes, conducts groups, family, marital, & individual sessions, creates patient treatment plans & review plans, and discharge summaries).

  - Program therapist on military and adult unit at Red River Hospital (Acadia Healthcare)- Wichita Falls, TX February 2011-July 2011 (manage caseloads, performs assessments and intakes, conducts groups, martial, & individual sessions, creates patient treatment plans & review plans, and discharge work).

  - Program therapist for an outpatient program for senior adults—Heritage Program—Olney, TX Hamilton Hospital (contracted through Diamond Healthcare Corporation)-Feb. 2010-Feb. 2011 (manage caseloads, performs assessments and intakes, conducts groups, family, marital, & individual sessions, creates patient treatment plans & review plans, and discharge summaries).

  - Program therapist at an outpatient program for senior adults—Heritage Program—Bowie, TX Bowie Memorial Hospital (contracted through Diamond Healthcare Corporation)–August 2007-January 2010 (manage caseloads, performs assessments and intakes, conducts groups, family, & individual sessions, creates patient treatment plans & review plans, and discharge summaries).

    - LPC-Intern counseling experience for treatment of sexual offender groups with Ron Burks in July 2009- January 14, 2010

  - LPC-Intern counseling experience for treatment with geriatric population (see above) August 2007- January 14, 2010.

  - LPC-Intern counseling experience for treatment with autistic children March 2007-Nov. 2007

  - District Testing Coordinator/ School Counselor at Megargel ISD (All-level)—August 2005-August 2006

  - Behavioral therapy specially trained in an individualized ABA curriculum for autism—June 2005-August 2006 and March-November 2007

- Classroom Teacher W.F.I.S.D—September 2003- August 2005

Professional and Scholarly Research

Published Dissertation

Hall, M. (2024). Exploring Forgiveness Among Female Adult Children of Alcoholics of Higher Socioeconomic Status (Doctoral dissertation, Walden University). https://www.proquest.com/openview/804457c41c329422627728603aacae59/1?cbl=18750&diss=y&pq-origsite=gscholar

Cited in Published Article

Pagatpat, P. A. & Polinar, M. N. (2025). Family Culture, Value Systems, And Governance In Cebu-Based Family Enterprises: Developing A Framework For A Family Constitution. *JPAIR Multidisciplinary Research Journal, 61*(3), 178-213. https://doi.org/10.7719/jpair.v61i1.945

https://www.ejournals.ph/article.php?id=34494

Teaching Responsibilities

- COUN 4233 Substance Abuse & Addiction Fall 2026
- COUN 3013 Ethics in Substance Abuse Counseling, Fall 2026
- COUN 4503 Consultation and Supervision for Addiction Professionals, Spring 2026

ORGANIZATIONS

- ADEC's Diversity and Inclusion Committee—May 2016--2019
- Greenbelt Counseling Association Board Member Fall 2010- Fall 2014--Secretary
- Texas Counseling Association Member since Late 2010
- Texas Classroom Teachers Association Member 2003-2005