

# Adrianna Lall Vinar, PhD, RN

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## PROFESSIONAL EDUCATION

- May 2023                    **Doctor of Philosophy in Nursing**  
University of Texas at Arlington  
Arlington, TX
- May 2015                    **Bachelor of Science in Nursing with Honors**  
University of Texas at Arlington  
Arlington, TX

## LICENSES

- 2015                    **Registered Nurse**                    Texas Board of Nursing (current)  
Multistate Compact License
- 2011                    **Pharmacy Technician**                    Pharmacy Technician Certification  
Board (no longer certified)

## CERTIFICATIONS

- 2022                    **CPR/BLS Healthcare Provider**                    American Heart Association  
(current)
- 2017                    **Critical Care Registered Nurse for  
Adults**                    American Association of Critical-  
Care Nurses (alumnus)
- 2018                    **Advanced Cardiac Life Support  
Provider**                    American Heart Association (no  
longer certified)
- 2016                    **Pediatric Advanced Life Support**                    American Heart Association (no  
longer certified)
- 2015                    **Federal Emergency Management  
Agency**                    Emergency Management Institute  
(current)

## PROFESSIONAL EXPERIENCE

- 08/2023 to present    **Midwestern State University**  
Wichita Falls, Texas  
*Associate Professor*  
Facilitates learning for final semester undergraduate nursing students in the  
Clinical Decision Making in-person didactic course and clinicals. Responsible  
for lesson planning, presentation, and discussion of critical care-based  
concepts.

- 07/2015 to 06/2018 **University of Texas Southwestern Medical Center**  
 Dallas, Texas  
*Registered Nurse II*  
 Provided compassionate care for 1-3 patients on a primarily adult Neurosurgical Intensive Care Unit, along with other ICUs upon floating experience. Care included assessing patients and reporting changes to midlevel and upper-level providers, maintaining hemodynamic stability for patients with the use of critical medications and drainage systems and lines, and appropriately advocating for and educating patients and their families.
- 06/2014 to 11/2014 **Parkland Hospital**  
 Dallas, Texas  
*Student Nurse/Patient Care Assistant/Tech*  
 Held responsibility for 6-12 patients on a Neurology Med-Surg Unit. Took vital signs, checked blood-glucose levels, helped patients perform activities of daily living including bathing, toileting and ambulating. Practiced nursing skills with RN supervision.

## HONORS AND AWARDS

- 2023 Novice Writer Award (American Association of Neuroscience Nursing and Journal of Neuroscience Nursing)
- 2023, 2015 Sigma Theta Tau (Delta Theta Chapter)
- 2017 PACT Recognition Certificate Recipient (University of Texas Southwestern Medical Center)
- 2015 Honors College Graduate (University of Texas at Arlington Honors College)
- 2015 Magna Cum Laude (University of Texas at Arlington)
- 2014 Undergraduate Nursing Scholarship (National Association of Indian Nurses of America)
- 2014 to 2015 Mary Francis Baker Butler CRNA Scholarship (University of Texas at Arlington College of Nursing and Health Innovation)
- 2014 Clinical Excellence in Nursing of Adults with Complex Needs/Critical Care (University of Texas at Arlington College of Nursing and Health Innovation)
- 2013 Clinical Excellence in Nursing Clinical Foundations (University of Texas at Arlington College of Nursing and Health Innovation)
- 2012 Honors Distinction Award (University of Texas at Arlington Honors College)

## PROFESSIONAL EXPERIENCE AND DEVELOPMENT

- 2023 Presentation and Defense for PhD Dissertation: Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients (University

of Texas Southwestern Medical Center College of Nursing and Health Innovation)

- 2017 Completion of Clinical Ladder Program (University of Texas Southwestern Medical Center)
- 2017 Resource for Time Out Documentation in the Neurosurgical Intensive Care Unit (University of Texas Southwestern Medical Center)
- 2011 Undergraduate Thesis Defense on the Perceptions of Weight and Body Image Among Preschool Children (University of Texas at Arlington Honors College and College of Nursing)

### **MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS**

- 2022 to present American Association of Neuroscience Nursing
- 2017 to 2018 Falls Committee, *Service Line Representative* (University of Texas Southwestern Medical Center)
- 2016 to present American Association of Critical Care Nurses
- 2016 to present Phi Kappa Phi Honors Society (University of Texas at Arlington Chapter)
- 2015 to present Sigma Theta Tau Nursing Honors Society
- 2015 to 2018 Unit Based Council (University of Texas Southwestern Medical Center Neuroscience Intensive Care Unit)
- 2013 to present Indian American Association of North Texas
- 2013 to 2015 Pinning Committee, *Secretary* (University of Texas at Arlington College of Nursing Class of 2015)
- 2014 to present Golden Key Society (University of Texas at Arlington Chapter)
- 2014 to present National Society of Leadership and Success
- 2011 to 2015 Honors College, *Graduate and Member* (University of Texas at Arlington)

### **PROFESSIONAL SERVICE**

#### **Journal Reviewer**

- 2022 to present Reviewer for the Journal of Neuroscience Nursing

## **Publications**

- 2023 Vinar, Adrianna; Cipher, Daisha; Ormand, Molly; Carlisle, Byron; Behan, Deborah. Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients. *Journal of Neuroscience Nursing*. August 2023. | DOI: 10.1097/JNN.0000000000000726
- 2022 Lall, Adrianna; Behan, Deborah. Mobilizing Ventilated Neurosurgery Patients: An Integrative Literature Review. *Journal of Neuroscience Nursing* 54(1):p 13-18, February 2022. | DOI: 10.1097/JNN.0000000000000624

## **Poster Presentations**

- 2022 Acceptance of Perceptions of Weight and Body Image Among Indian Preschool Children: A Replication Study (Sigma Theta Tau Delta Theta Chapter Symposium)
- 2022 Acceptance of Early Ambulation in Ventilated Intensive Care Unit Patients: A Systematic Integrative Literature Review (Sigma Theta Tau Delta Theta Chapter Symposium)

## **MENTORSHIP**

- 2022 Guided novice research RN (co-investigator) through research study process from start to finish including how to write IRB protocol, conduct study, collect data, and publication process.
- 2022 Mentoring DNP at UT Southwestern Medical Center on completion of literature review for journal publication
- 2020 Reviewed and provided feedback for undergraduate nursing Honors College student thesis