

# Adrianna Lall Vinar, Ph.D., RN

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## PROFESSIONAL EDUCATION

- May 2023      **Doctor of Philosophy in Nursing**  
University of Texas at Arlington  
Arlington, TX
- May 2015      **Bachelor of Science in Nursing with Honors**  
University of Texas at Arlington  
Arlington, TX

## LICENSES

- 2015      **Registered Nurse**      Texas Board of Nursing (current)  
Multistate Compact License
- 2011      **Pharmacy Technician**      Pharmacy Technician Certification  
Board (no longer certified)

## CERTIFICATIONS

- 2022      **CPR/BLS Healthcare Provider**      American Heart Association  
(current)
- 2017      **Critical Care Registered Nurse for Adults**      American Association of Critical-Care Nurses (alumnus)
- 2018      **Advanced Cardiac Life Support Provider**      American Heart Association (no longer certified)
- 2016      **Pediatric Advanced Life Support**      American Heart Association (no longer certified)
- 2015      **Federal Emergency Management Agency**      Emergency Management Institute (current)

## PROFESSIONAL EXPERIENCE

- 08/2023 to present      **Midwestern State University**  
Wichita Falls, Texas  
*Associate Professor*  
Facilitates learning for undergraduate nursing students within in-person and online didactic courses and clinicals. Responsible for lesson planning, presentation, and discussion of healthcare-based concepts.
- 07/2015 to 06/2018      **University of Texas Southwestern Medical Center**  
Dallas, Texas  
*Registered Nurse II*  
Provided compassionate care for 1-3 patients on a primarily adult Neurosurgical Intensive Care Unit, along with other ICUs upon floating

experience. Care included assessing patients and reporting changes to midlevel and upper-level providers, maintaining hemodynamic stability for patients with the use of critical medications and drainage systems and lines, and appropriately advocating for and educating patients and their families.

06/2014 to 11/2014 **Parkland Hospital**  
Dallas, Texas  
*Student Nurse/Patient Care Assistant/Tech*  
Held responsibility for 6-12 patients on a Neurology Med-Surg Unit. Took vital signs, checked blood-glucose levels, helped patients perform activities of daily living including bathing, toileting and ambulating. Practiced nursing skills with RN supervision.

## **HONORS AND AWARDS**

2023	Novice Writer Award (American Association of Neuroscience Nursing and Journal of Neuroscience Nursing)
2023, 2015	Sigma Theta Tau (Delta Theta Chapter, Xi Iota Chapter)
2017	PACT Recognition Certificate Recipient (University of Texas Southwestern Medical Center)
2015	Honors College Graduate (University of Texas at Arlington Honors College)
2015	Magna Cum Laude (University of Texas at Arlington)
2014	Undergraduate Nursing Scholarship (National Association of Indian Nurses of America)
2014 to 2015	Mary Francis Baker Butler CRNA Scholarship (University of Texas at Arlington College of Nursing and Health Innovation)
2014	Clinical Excellence in Nursing of Adults with Complex Needs/Critical Care (University of Texas at Arlington College of Nursing and Health Innovation)
2013	Clinical Excellence in Nursing Clinical Foundations (University of Texas at Arlington College of Nursing and Health Innovation)
2012	Honors Distinction Award (University of Texas at Arlington Honors College)

## **PROFESSIONAL EXPERIENCE AND DEVELOPMENT**

2024  
Podium Presenter for Sigma Theta Tau International Honor Society of Nursing, Delta Theta Chapter, Research Symposium "Innovation through Education, Research and Evidence Based Practice"  
*Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients*

- 2023 Presentation and Defense for PhD Dissertation: Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients (University of Texas Southwestern Medical Center College of Nursing and Health Innovation)
- 2017 Completion of Clinical Ladder Program (University of Texas Southwestern Medical Center)
- 2017 Resource for Time Out Documentation in the Neurosurgical Intensive Care Unit (University of Texas Southwestern Medical Center)
- 2011 Undergraduate Thesis Defense on the Perceptions of Weight and Body Image Among Preschool Children (University of Texas at Arlington Honors College and College of Nursing)

**MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS**

- 2022 to present American Association of Neuroscience Nursing
- 2017 to 2018 Falls Committee, *Service Line Representative* (University of Texas Southwestern Medical Center)
- 2016 to present American Association of Critical Care Nurses
- 2016 to 2023 Phi Kappa Phi Honors Society (University of Texas at Arlington Chapter)
- 2015 to present Sigma Theta Tau Nursing Honors Society (Delta Theta and Xi Iota Chapters)
- 2015 to 2018 Unit Based Council (University of Texas Southwestern Medical Center Neuroscience Intensive Care Unit)
- 2013 to present Indian American Association of North Texas
- 2013 to 2015 Pinning Committee, *Secretary* (University of Texas at Arlington College of Nursing Class of 2015)
- 2014 to present Golden Key Society (University of Texas at Arlington Chapter)
- 2014 to present National Society of Leadership and Success
- 2011 to 2015 Honors College, *Graduate and Member* (University of Texas at Arlington)

**PROFESSIONAL SERVICE**

**Journal Reviewer**

2022 to present      Reviewer for the Journal of Neuroscience Nursing

### **Publications**

2023      Vinar, Adrianna; Cipher, Daisha; Ormand, Molly; Carlisle, Byron; Behan, Deborah. Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients. *Journal of Neuroscience Nursing*. August 2023. | DOI: 10.1097/JNN.0000000000000726

2022      Lall, Adrianna; Behan, Deborah. Mobilizing Ventilated Neurosurgery Patients: An Integrative Literature Review. *Journal of Neuroscience Nursing* 54(1):p 13-18, February 2022. | DOI: 10.1097/JNN.0000000000000624

### **Poster Presentations**

2022      Acceptance of Perceptions of Weight and Body Image Among Indian Preschool Children: A Replication Study (Sigma Theta Tau Delta Theta Chapter Symposium)

2022      Acceptance of Early Ambulation in Ventilated Intensive Care Unit Patients: A Systematic Integrative Literature Review (Sigma Theta Tau Delta Theta Chapter Symposium)

### **MENTORSHIP**

2022      Guided novice research RN (co-investigator) through research study process from start to finish including how to write IRB protocol, conduct study, collect data, and publication process.

2022      Mentoring DNP at UT Southwestern Medical Center on completion of literature review for journal publication

2020      Reviewed and provided feedback for undergraduate nursing Honors College student thesis