

# Adrianna Lall Vinar, Ph.D., RN

Contact information available upon request

## PROFESSIONAL EDUCATION

May 2023	<b>Doctor of Philosophy in Nursing</b> University of Texas at Arlington Arlington, TX
May 2015	<b>Bachelor of Science in Nursing with Honors</b> University of Texas at Arlington Arlington, TX

## LICENSES

2015	<b>Registered Nurse</b> Multistate Compact License	Texas Board of Nursing (current)
2011	<b>Pharmacy Technician</b>	Pharmacy Technician Certification Board (no longer certified)

## CERTIFICATIONS

2022	<b>CPR/BLS Healthcare Provider</b>	American Heart Association (current)
2017	<b>Critical Care Registered Nurse for Adults</b>	American Association of Critical-Care Nurses (alumnus)
2018	<b>Advanced Cardiac Life Support Provider</b>	American Heart Association (no longer certified)
2016	<b>Pediatric Advanced Life Support</b>	American Heart Association (no longer certified)
2015	<b>Federal Emergency Management Agency</b>	Emergency Management Institute (current)

## PROFESSIONAL EXPERIENCE

08/2023 to present	<b>Midwestern State University</b> Wichita Falls, Texas <i>Adjunct Faculty, Former Assistant Professor</i> Facilitates learning for undergraduate nursing, respiratory, and radiology program students in the online Research course (2024 to present). Responsible for grading and maintaining communications with students regarding research-related assignments and papers. Lead faculty for RN to BSN program's online Pathophysiology course (2025 to present). Responsible for providing resources, grading assignments and communicating with students. Assists with lab and clinical rotations for first semester nursing
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students in Family Health Assessment (2024-2025) and second semester nursing students in Nursing Basics (2024-2025). Teaches final semester undergraduate nursing students in the Clinical Decision Making in-person didactic course, simulation, and clinicals (2023-2025). Responsible for lesson planning, lecture and presentation, and discussion of critical care-based concepts.

- 02/2024 to present     **Instructional Connections, LLC**  
Dallas, TX  
*Accelerated Online Academic Coach*  
Facilitates graduate-level learning for the five-week sessions of Evidence Based Practice and Principles of Nursing Research at The University of Texas at Arlington College of Nursing and Health Innovation for students in the Master of Science in Nursing (MSN) program. Responsible for grading of research assignments including papers and discussion boards, and for maintaining e-mail communication and identifying at-risk students. Also acts as a liaison between the lead instructor and a group of approximately 20 to 30 students at a time.
- 09/2023 to 04/2024     **University of Mary Hardin Baylor**  
Belton, Texas  
*Adjunct Faculty, Clinical Instructor*  
Responsible for facilitating teaching of clinical, medical-surgical concepts for rotating clinical student groups throughout their weekly clinicals at Baylor Scott & White Hospital-Hillcrest (Waco, TX). Assisted students in learning and performing skills at the clinical bedside while providing guidance during pre-, midday-, and post-conferences. Also responsible for grading clinical paperwork assignments weekly.
- 09/2023 to 12/2023     **Chamberlain University**  
Irving, Texas  
*Visiting Professor*  
Facilitated learning of critical care-based concepts for third semester undergraduate nursing students in the critical care clinical setting and via high-fidelity simulation.
- 07/2015 to 06/2018     **University of Texas Southwestern Medical Center**  
Dallas, Texas  
*Registered Nurse II*  
Provided compassionate care for 1-3 patients on a primarily adult Neurosurgical Intensive Care Unit, along with other ICUs upon floating experience. Care included assessing patients and reporting changes to midlevel and upper-level providers, maintaining hemodynamic stability for patients with the use of critical medications and drainage systems and lines, and appropriately advocating for and educating patients and their families.
- 06/2014 to 11/2014     **Parkland Hospital**  
Dallas, Texas  
*Student Nurse/Patient Care Assistant/Tech*  
Held responsibility for 6-12 patients on a Neurology Med-Surg Unit. Took vital signs, checked blood-glucose levels, helped patients perform activities of

daily living including bathing, toileting and ambulating. Practiced nursing skills with RN supervision.

## **HONORS AND AWARDS**

2023	Novice Writer Award (American Association of Neuroscience Nursing and Journal of Neuroscience Nursing)
2023, 2015	Sigma Theta Tau (Delta Theta Chapter, Xi Iota Chapter)
2017	PACT Recognition Certificate Recipient (University of Texas Southwestern Medical Center)
2015	Honors College Graduate (University of Texas at Arlington Honors College)
2015	Magna Cum Laude (University of Texas at Arlington)
2014	Undergraduate Nursing Scholarship (National Association of Indian Nurses of America)
2014 to 2015	Mary Francis Baker Butler CRNA Scholarship (University of Texas at Arlington College of Nursing and Health Innovation)
2014	Clinical Excellence in Nursing of Adults with Complex Needs/Critical Care (University of Texas at Arlington College of Nursing and Health Innovation)
2013	Clinical Excellence in Nursing Clinical Foundations (University of Texas at Arlington College of Nursing and Health Innovation)
2012	Honors Distinction Award (University of Texas at Arlington Honors College)

## **COURSES**

2025-present	Online Pathophysiology Online Research
2024-2025	Clinical Decision Making Online Research Basic Nursing Principles Lab and Clinicals Family Health Assessment Lab
2023-2024	Clinical Decision Making Online Research Medical Surgical Clinicals (Adjunct Faculty)
2022-2023	Clinical Decision Making Medical Surgical Clinicals (Adjunct Faculty)

## **PROFESSIONAL DEVELOPMENT**

2023	Presentation and Defense for PhD Dissertation: Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients (University of Texas Southwestern Medical Center College of Nursing and Health Innovation)
2017	Completion of Clinical Ladder Program (University of Texas Southwestern Medical Center)
2017	Resource for Time Out Documentation in the Neurosurgical Intensive Care Unit (University of Texas Southwestern Medical Center)
2011	Undergraduate Thesis Defense on the Perceptions of Weight and Body Image Among Preschool Children (University of Texas at Arlington Honors College and College of Nursing)

## MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

2022 to present	American Association of Neuroscience Nursing
2017 to 2018	Falls Committee, <i>Service Line Representative</i> (University of Texas Southwestern Medical Center)
2016 to present	American Association of Critical Care Nurses
2016 to 2023	Phi Kappa Phi Honors Society (University of Texas at Arlington Chapter)
2015 to present	Sigma Theta Tau Nursing Honors Society (Delta Theta and Xi Iota Chapters)
2015 to 2018	Unit Based Council (University of Texas Southwestern Medical Center Neuroscience Intensive Care Unit)
2013 to present	Indian American Association of North Texas
2013 to 2015	Pinning Committee, <i>Secretary</i> (University of Texas at Arlington College of Nursing Class of 2015)
2014 to present	Golden Key Society (University of Texas at Arlington Chapter)
2014 to present	National Society of Leadership and Success
2011 to 2015	Honors College, <i>Graduate and Member</i> (University of Texas at Arlington)

## PROFESSIONAL SERVICE

### Journal Reviewer

2022 to present      Reviewer for the Journal of Neuroscience Nursing

## **Publications**

2023      Vinar, Adrianna; Cipher, Daisha; Ormand, Molly; Carlisle, Byron; Behan, Deborah. Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients. Journal of Neuroscience Nursing. August 2023. | DOI: 10.1097/JNN.0000000000000726

2022      Lall, Adrianna; Behan, Deborah. Mobilizing Ventilated Neurosurgery Patients: An Integrative Literature Review. Journal of Neuroscience Nursing 54(1):p 13-18, February 2022. | DOI: 10.1097/JNN.0000000000000624

## **Podium Presentations**

2024      **Midwestern State University Faculty Forum**  
“Using Quantitative Methods to Explore Multidisciplinary Teamwork Perceptions”

2023      **Sigma Theta Tau, Delta Theta Chapter Research Symposium**  
“Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients”

## **Poster Presentations**

2022      Acceptance of Perceptions of Weight and Body Image Among Indian Preschool Children: A Replication Study (Sigma Theta Tau Delta Theta Chapter Symposium)

2022      Acceptance of Early Ambulation in Ventilated Intensive Care Unit Patients: A Systematic Integrative Literature Review (Sigma Theta Tau Delta Theta Chapter Symposium)

## **MENTORSHIP**

2024 to present      Mentored DNP student in writing conducting research study at Midwestern State University.

2022      Guided novice research RN (co-investigator) through research study process from start to finish including how to write IRB protocol, conduct study, collect data, and publication process.

2020      Reviewed and provided feedback for undergraduate nursing Honors College student thesis.