

Adrianna Lall Vinar, Ph.D., RN

Contact information available upon request

PROFESSIONAL EDUCATION

May 2023 **Doctor of Philosophy in Nursing**
University of Texas at Arlington
Arlington, TX

May 2015 **Bachelor of Science in Nursing with Honors**
University of Texas at Arlington
Arlington, TX

LICENSES

2015	Registered Nurse Multistate Compact License	Texas Board of Nursing (current)
2011	Pharmacy Technician	Pharmacy Technician Certification Board (no longer certified)

CERTIFICATIONS

2022	CPR/BLS Healthcare Provider	American Heart Association (current)
2017	Critical Care Registered Nurse for Adults	American Association of Critical-Care Nurses (alumnus)
2018	Advanced Cardiac Life Support Provider	American Heart Association (no longer certified)
2016	Pediatric Advanced Life Support	American Heart Association (no longer certified)
2015	Federal Emergency Management Agency	Emergency Management Institute (current)

PROFESSIONAL EXPERIENCE

08/2023 to present **Midwestern State University**
Wichita Falls, Texas
Adjunct Faculty, Former Assistant Professor
Facilitates learning for undergraduate nursing, respiratory, and radiology program students in the online Research course (2024 to present). Responsible for grading and maintaining communications with students regarding research-related assignments and papers. Lead faculty for RN to BSN program's online Pathophysiology course (2025 to present). Responsible for providing resources, grading assignments and communicating with students. Assists with lab and clinical rotations for first semester nursing

students in Family Health Assessment (2024-2025) and second semester nursing students in Nursing Basics (2024-2025). Teaches final semester undergraduate nursing students in the Clinical Decision Making in-person didactic course, simulation, and clinicals (2023-2025). Responsible for lesson planning, lecture and presentation, and discussion of critical care-based concepts.

02/2024 to present **Instructional Connections, LLC**
Dallas, TX
Accelerated Online Academic Coach
Facilitates graduate-level learning for the five-week sessions of Evidence Based Practice and Principles of Nursing Research at The University of Texas at Arlington College of Nursing and Health Innovation for students in the Master of Science in Nursing (MSN) program. Responsible for grading of research assignments including papers and discussion boards, and for maintaining e-mail communication and identifying at-risk students. Also acts as a liaison between the lead instructor and a group of approximately 20 to 30 students at a time.

09/2023 to 04/2024 **University of Mary Hardin Baylor**
Belton, Texas
Adjunct Faculty, Clinical Instructor
Responsible for facilitating teaching of clinical, medical-surgical concepts for rotating clinical student groups throughout their weekly clinicals at Baylor Scott & White Hospital-Hillcrest (Waco, TX). Assisted students in learning and performing skills at the clinical bedside while providing guidance during pre-, midday-, and post-conferences. Also responsible for grading clinical paperwork assignments weekly.

09/2023 to 12/2023 **Chamberlain University**
Irving, Texas
Visiting Professor
Facilitated learning of critical care-based concepts for third semester undergraduate nursing students in the critical care clinical setting and via high-fidelity simulation.

07/2015 to 06/2018 **University of Texas Southwestern Medical Center**
Dallas, Texas
Registered Nurse II
Provided compassionate care for 1-3 patients on a primarily adult Neurosurgical Intensive Care Unit, along with other ICUs upon floating experience. Care included assessing patients and reporting changes to midlevel and upper-level providers, maintaining hemodynamic stability for patients with the use of critical medications and drainage systems and lines, and appropriately advocating for and educating patients and their families.

06/2014 to 11/2014 **Parkland Hospital**
Dallas, Texas
Student Nurse/Patient Care Assistant/Tech
Held responsibility for 6-12 patients on a Neurology Med-Surg Unit. Took vital signs, checked blood-glucose levels, helped patients perform activities of

daily living including bathing, toileting and ambulating. Practiced nursing skills with RN supervision.

HONORS AND AWARDS

2023 Novice Writer Award (American Association of Neuroscience Nursing and Journal of Neuroscience Nursing)

2023, 2015 Sigma Theta Tau (Delta Theta Chapter, Xi Iota Chapter)

2017 PACT Recognition Certificate Recipient (University of Texas Southwestern Medical Center)

2015 Honors College Graduate (University of Texas at Arlington Honors College)

2015 Magna Cum Laude (University of Texas at Arlington)

2014 Undergraduate Nursing Scholarship (National Association of Indian Nurses of America)

2014 to 2015 Mary Francis Baker Butler CRNA Scholarship (University of Texas at Arlington College of Nursing and Health Innovation)

2014 Clinical Excellence in Nursing of Adults with Complex Needs/Critical Care (University of Texas at Arlington College of Nursing and Health Innovation)

2013 Clinical Excellence in Nursing Clinical Foundations (University of Texas at Arlington College of Nursing and Health Innovation)

2012 Honors Distinction Award (University of Texas at Arlington Honors College)

COURSES

2025-present Online Pathophysiology
Online Research

2024-2025 Clinical Decision Making
Online Research
Basic Nursing Principles Lab and Clinicals
Family Health Assessment Lab

2023-2024 Clinical Decision Making
Online Research
Medical Surgical Clinicals (Adjunct Faculty)

2022-2023 Clinical Decision Making
Medical Surgical Clinicals (Adjunct Faculty)

PROFESSIONAL DEVELOPMENT

2023	Presentation and Defense for PhD Dissertation: Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients (University of Texas Southwestern Medical Center College of Nursing and Health Innovation)
2017	Completion of Clinical Ladder Program (University of Texas Southwestern Medical Center)
2017	Resource for Time Out Documentation in the Neurosurgical Intensive Care Unit (University of Texas Southwestern Medical Center)
2011	Undergraduate Thesis Defense on the Perceptions of Weight and Body Image Among Preschool Children (University of Texas at Arlington Honors College and College of Nursing)

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

2022 to present	American Association of Neuroscience Nursing
2017 to 2018	Falls Committee, <i>Service Line Representative</i> (University of Texas Southwestern Medical Center)
2016 to present	American Association of Critical Care Nurses
2016 to 2023	Phi Kappa Phi Honors Society (University of Texas at Arlington Chapter)
2015 to present	Sigma Theta Tau Nursing Honors Society (Delta Theta and Xi Iota Chapters)
2015 to 2018	Unit Based Council (University of Texas Southwestern Medical Center Neuroscience Intensive Care Unit)
2013 to present	Indian American Association of North Texas
2013 to 2015	Pinning Committee, <i>Secretary</i> (University of Texas at Arlington College of Nursing Class of 2015)
2014 to present	Golden Key Society (University of Texas at Arlington Chapter)
2014 to present	National Society of Leadership and Success
2011 to 2015	Honors College, <i>Graduate and Member</i> (University of Texas at Arlington)

PROFESSIONAL SERVICE

Journal Reviewer

2022 to present Reviewer for the Journal of Neuroscience Nursing

Publications

2023 Vinar, Adrianna; Cipher, Daisha; Ormand, Molly; Carlisle, Byron; Behan, Deborah. Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients. *Journal of Neuroscience Nursing*. August 2023. | DOI: 10.1097/JNN.0000000000000726

2022 Lall, Adrianna; Behan, Deborah. Mobilizing Ventilated Neurosurgery Patients: An Integrative Literature Review. *Journal of Neuroscience Nursing* 54(1):p 13-18, February 2022. | DOI: 10.1097/JNN.0000000000000624

Podium Presentations

2024 **Midwestern State University Faculty Forum**
“Using Quantitative Methods to Explore Multidisciplinary Teamwork Perceptions”

2023 **Sigma Theta Tau, Delta Theta Chapter Research Symposium**
“Multidisciplinary Teamwork Perceptions When Mobilizing Ventilated Neurosurgery Patients”

Poster Presentations

2022 Acceptance of Perceptions of Weight and Body Image Among Indian Preschool Children: A Replication Study (Sigma Theta Tau Delta Theta Chapter Symposium)

2022 Acceptance of Early Ambulation in Ventilated Intensive Care Unit Patients: A Systematic Integrative Literature Review (Sigma Theta Tau Delta Theta Chapter Symposium)

MENTORSHIP

2024 to present Mentored DNP student in writing conducting research study at Midwestern State University.

2022 Guided novice research RN (co-investigator) through research study process from start to finish including how to write IRB protocol, conduct study, collect data, and publication process.

2020 Reviewed and provided feedback for undergraduate nursing Honors College student thesis.