

# **BRANDY MOUNTS, PhD, LPC-S**

Counselor ✨ Educator ✨ Business Owner ✨ Supervisor ✨ Speaker

Round Rock, Texas 78665

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## **Curriculum Vitae**

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### **EDUCATION AND CREDENTIALS**

**PhD of Counselor Education and Supervision**, 2018 – Texas Tech University, Lubbock, Texas

Dissertation: *The Influence of Education Regarding the International Adoption Process in United States Adoptive Parents*

**Master of Education in Counseling**, 2005 – Tarleton State University, Killeen, Texas

**BSIS of Elementary Education**, 1993 – Lubbock Christian University, Lubbock, Texas

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### **LICENSES AND CERTIFICATIONS**

**Licensed Professional Counselor with Supervisor Designation, Texas**

**Licensed Professional Counselor, Colorado**

**School Counselor Certification, All Levels, Texas**

**Teacher Certification, Grades 1-8, Texas**

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### **PROFESSIONAL EXPERIENCE**

ALLIANCE COUNSELING WORKS, LLP, Round Rock, Texas

**Co-Founder and CEO** (5 Regional Locations), June 2018 to Present

**Clinical Director and Supervisor** : (of 40+ Mental Health Clinicians and Student Interns)

Oversee all aspects of the operations of *Alliance Counseling Works, LLP* :

- Scaling and Growth of 5 Regional Clinics
- Emphasizing diversity, social justice, and multicultural counseling
- Practice development, training, supervising
- Human resources, liability, client relations
- Organization, record keeping, employee retention

*Continued...*

- Leading individual and group supervision
- Networking events, marketing, publicity, advertising
- Recruit, Hire, Train new employees/therapists and administrative staff
- Supervision of Mental Health Clinicians serving clients across multiple locations, serving over 1500 clients monthly
- Provide Group and Individual Case Consultation and Management to therapists across multiple locations
- Conduct Employee Performance Reviews and Implement Performance Improvement Plans
- Supervise counseling interns and associates, focusing on various treatment modalities, client relationships, and assessment tools.
- Psychological Testing and Assessment

**Practicing Clinician:**

- Provide counseling for adolescents, teens, and adults in the areas of: adoption & attachment, anxiety & depression, career, ADHD, trauma, self-esteem, relationships, parenting, academics and more.

**Supervisor:**

- Supervisor of LPC Associates, Practicum and Internship students

MINDFUL BRIDGES, INC., Austin, Texas  
Nonprofit, 501(c)(3)  
**Co-Founder**, 2023-Present

Focuses on supporting marginalized groups by providing tailored resources in mentorship, education, and mental health services. We aim to address the unique challenges these individuals face, including mental health disparities and lack of representation in leadership and entrepreneurship. Our mission is to break down barriers and create accessible, culturally sensitive support to help individuals from marginalized backgrounds thrive and contribute to a more equitable society.

**Duties:**

- Establish 501(c)(3) status
- Seek and acquire grant funding
- Seek and establish community partnerships to support the mission
- Organize community engagements
- Present at community engagements
- Supervise and support student interns and associates participating in these community engagements

ST. EDWARDS UNIVERSITY (CACREP ACCREDITED), Austin, Texas  
**Adjunct Professor**, May 2022 to May 2023

In person instruction of graduate students in the subjects of:

- **Professional Orientation:** Introduction to the profession of professional counseling, designed to familiarize graduate students with a basic knowledge of the counseling field. Topics include an overview of the profession's historical and philosophical foundations, current trends, ethics codes, laws, HIPAA, and documentation.
- **Internship I University Supervisor:** Field-based experience, primarily in direct counseling services for students in their first semester of internship. Emphasis is on the transition from student to professional counselor, obtaining hours in direct and indirect counseling service.
- **Practicum Site Supervisor:** Field-based experience, primarily in direct counseling services for students in their practicum semester. Emphasis is on the transition from student to professional counselor, obtaining hours in direct and indirect counseling service.
- **Group Counseling:** An introduction to group psychotherapy with an overview of group dynamics and group processes. Exploration of group counseling models, group leadership and techniques, including planning and facilitating group.
- **Essentials of Private Practice:** Course personally designed from experience for students with interest in pursuing private practice. Components include: ethics and Texas law, creating and streamlining business strategy, navigating the insurance world vs private pay.

MIDWESTERN STATE UNIVERSITY (CACREP ACCREDITED), Wichita Falls, Texas  
**Adjunct Professor**, January 2022 to August 2023

Instruct and motivate online graduate students in:

- **Counseling Individuals through Crisis, Grief and Trauma:** Crisis services, grief experiences, and exposure to trauma are three of the most common areas that counselors address with clients. Focused on providing students an overview of resources, tools, theories, and techniques to assist clients in dealing with crisis situations, grief experiences, and exposure to trauma.
- **Substance Abuse Counseling:** Focused on ethical and legal issues, the effect of substances on the brain and body, assessment and diagnosis, treatment planning, counseling modalities, and working with diverse cultures.
- **Counseling Children:** Explored counseling from the perspective of a child. Emphasis on various theoretical approaches to children's counseling and special populations, play therapy and other creative approaches to working with children.
- **Professional Orientation and Ethics:** Introduction to the profession of professional counseling, designed to familiarize graduate students with a basic knowledge of the counseling field. Topics include an overview of the profession's

historical and philosophical foundations, current trends, ethics codes, laws, HIPAA, and documentation.

- **Human Relations:** Introduced the basics of individual difference in interpersonal communication, and facilitated a better understanding of the importance of developing positive relationships with others in the work setting. The problem solving skills, decision making skills, teamwork skills, motivating skills, and other management skills were also introduced to prepare the students for a successful career in the contemporary organization environment with particular attention to diverse populations.

TEXAS TECH UNIVERSITY (CACREP ACCREDITED), Lubbock, Texas  
**Teaching Assistant**, 2016 to 2017

Instructed and motivated graduate students in three major courses:

- **Child & Adolescent Counseling:** Emphasized youth developmental approaches via various effective counseling techniques, including crisis prevention and intervention, along with constructive relationship-building to incur youths' overall future success.
- **Orientation to the Counseling Profession:** Encouraged understanding of the mental health profession, counseling theories, systems, professional development, and social and cultural foundations of counseling.
- **Ethical and Legal Issues:** Concentrated on ethics principles, professional identity, and ethical decision-making. Applied advanced knowledge to design graduate level content and elicit in-depth discussions.

HUTTO ISD, Hutto, Texas  
**School Counselor**, August 2017 to June 2019

Classroom guidance, individual and small group counseling with a focus on behavior intervention and social skills instruction. Established and maintained relationships with parents, teachers and administration. Collaborated with local mental health providers and school leadership to enhance individual student plans and interventions.

- Supervised school counselor interns
- Implemented research-driven counseling modalities to successfully address and reduce maladaptive student behaviors.
- Recruited and trained community members to create the largest school mentor program in the district.
- Supervised and aided colleagues in implementing highly successful RTI (Response to Intervention) process, and effectively pinpoint and prevent behavioral issues.
- Awarded Professional of the Year for the campus and district.

HIGHLAND PARK ISD, Amarillo, Texas

**School Counselor**, January 2014 to June 2017

Identified students' needs through direct and indirect counseling, as well as Crisis Intervention, while establishing and maintaining relationships with parents, teachers and administration. Provided classroom guidance and reinforce Behavior Intervention Team with colleagues to minimize and prevent behaviors. Collaborated with local mental health entities for enhanced student care, as well as managing students' 504 and ESL records. Trained other educators and new counselors in student behavior, RTI, teaching strategies, child abuse procedures, etc. Facilitated state mandated testing.

- Developed awareness of educational needs in the community, leading to high school students tutoring elementary schoolers in a structured, hands-on mentorship program.
- Conducted research and raised funds to aid in creation of Read and Ride room for students, leading to noticeably greater physical participation and achievement.
- Supervised and aided colleagues in implementing highly successful RTI (Response to Intervention) process, and effective pinpoint and prevent behavioral issues.
- Created and managed Ambassador program for student leaders, which involved managing tours and assemblies, and establishing solid connections with families.

SMITHVILLE ISD, Smithville, Texas

**School Counselor**, August 2009 to June 2011

Regularly provided counseling services to students, successfully implemented Crisis Intervention techniques, conducted behavioral interventions in a team, and maintained communication with parents, teachers and school administration. Initiated clear communication with mental health facilities to ensure efficient, accurate care for students' while maintaining students' 504 records.

- Identified students' academic needs and operated Peer Mediation Program, training students to enable peer growth.
- Promoted environment conducive to student growth and independence by creating behavioral intervention plans, establishing peer mediation and aiding in academic achievement.

LEANDER ISD, Leander, Texas

**School Counselor**, August 2005 to June 2009

Built relationships with students, parents and staff through counseling and regular consultations. Created an engaging, safe environment with staff on the Behavior Intervention Team. Consistently tracked students' 504 records and maintained up-to-date contact with local mental health organizations to enhance student care. Effectively utilized Crisis Intervention methods. Facilitated state mandated testing as Testing Coordinator.

LAMPASAS ISD, Lampasas, Texas

**5<sup>th</sup> Grade Math & Science Teacher**, 2002 to 2005

Educated high-needs students, drastically improving their academic performance, and achieving notable state test scores.

FAITH BAPTIST CHURCH, Kaiserslautern, Germany

**2<sup>nd</sup> Grade Teacher**, 1999 to 2000

WAELDER ISD, Waelder, Texas

**4<sup>th</sup> and 5<sup>th</sup> Grade Language Arts Teacher**, 1995 to 1997

**K-5 Science Teacher**, 1994 to 1995

PEARSALL ISD, Pearsall, Texas

**7<sup>th</sup> Grade Language Arts Teacher**, 1993 to 1994

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#### **PUBLICATIONS**

**Mounts, B., & Bradley, L.** (2020). Issues involving international adoption. *The Family Journal*, 28(1), 33–39. <https://doi.org/10.1177/1066480719887494>

**Mounts, B.** (2018). *The influence of education regarding the international adoption process in United States adoptive parents* (Doctoral dissertation). <https://hdl.handle.net/2346/82718>

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#### **PROFESSIONAL PRESENTATIONS**

**Mounts, B., & Sendejo, L.** (2024). *Counseling children: Techniques and strategies for therapy* [Continuing education course]. Alliance Counseling Works, TX.

**Mounts, B., Brannan, S., & Osborne, A.** (2024). *Dive deep into ethics* [Continuing

education course]. Alliance Counseling Works, TX.

**Mounts, B., & Caminos, D.** (2024). *Uncorked conversations* [Presentation]. Austin Creatives, Austin, TX.

**Mounts, B., Proctor, C., Caminos, D., & Garcia, M.** (2023). *Where do I fit in? Navigating adolescent identity in intercultural adoption* [Conference presentation]. TSCA Conference, San Antonio, TX; Alliance Counseling Works, TX.

**Mounts, B., Proctor, C., McGruder, T., & Caminos, D.** (2023). *Culture on my couch: Counselors supporting intercultural adoptive families* [Conference presentation]. TCA Conference, Houston, TX.

**Mounts, B., Mounts, C., & Losey, C.** (2023). *6-hour learning institute: Take back your life: How to leave the grind and build a balanced private practice* [Conference presentation]. TCA Conference, Houston, TX.

**Mounts, B., Proctor, C., Bradley, L., Hendricks, B., & Hollingsworth, L.** (2023). *Between two worlds: Navigating and honoring intercultural adoption* [Conference presentation]. ACA Conference, Toronto, ON.

**Mounts, B., Bradley, L., Hernandez, D., Donato, R., Giang, L., & Hollingsworth, L.** (2022). *Salient issues in navigating successful intercultural adoptions* [Conference presentation]. TCA Conference, Dallas, TX.

**Bradley, L., Parr, G., Marbley, A., & Mounts, B.** (2017). *Ethical vs. unethical dilemmas: Discussion and decision* [Conference presentation]. TCA Conference, Galveston, TX.

**Mounts, B., Rosen, E., Tanner, M., & Fox, T.** (2018). *Mental health needs for Lubbock, TX, and surrounding rural communities: Research application experience in counseling* [Conference presentation]. NARMH Conference, San Diego, CA.

**Mounts, B., Nash, B., Barnett, V., & Higgins, T.** (2016). *A recap of student growth resulting from academic interventions in reading and math* [Presentation]. Presented to the Highland Park ISD Board of Trustees.

**Mounts, B., & Barnett, V.** (2015). *How to create and utilize student portfolios* [Conference presentation]. Amarillo Education i3 Conference.

**Mounts, B., Aleksandr, K., Delony, J., Galica, M., Long, S., Clark, K., Onofre, A., Felderhof, K., Marden, E., Pearson, L., Rosen, E., Tanner, M., Fox, T., & Lavalley, B.** (2015). *Leading a revolution in American mental health: Combating STIs, HIV/AIDS, teenage pregnancy, and addressing the cultural dimensions of sexual*

*health* [Mini-conference presentation]. Texas Tech University.

**Mounts, B.** (2015). *The effects of domestic violence on children at school* [Presentation]. Amarillo College.

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#### **AWARDS**

Professional of the Year, Hutto ISD (2018)

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#### **MEDIA CONTRIBUTIONS**

September 23, 2024. KXAN News, Austin, Texas.  
“Austin Program Fills Empty Downtown Storefronts.”

January 16, 2024. KCENTV, Killeen, Texas.  
“Expert Advice on Seeking Therapy.”

December 12, 2023. KCENTV, Killeen, Texas.  
“Colleagues of Double Homicide Victims Speak Out.”

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#### **SPECIALIZED EXPERIENCE AND TRAINING**

School Counseling Certification  
Restorative Justice Training  
Trauma Focused CBT Training  
Love & Logic Training  
TBRI Training  
Crisis Counseling  
Psychological Testing and Assessment  
Distance Counseling

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#### **PROFESSIONAL ASSOCIATIONS**

American Counseling Association (2015-Present)  
Texas Counseling Association (2006-Present)  
Texas Association for Counselor Education and Supervision (2016-Present)



Texas Association for Multicultural Counseling and Development  
Capital of Texas Counseling Association (2022-Present)  
Texas School Counselor Association (2005-2015)  
Texas Association for Adult Development and Aging (TAADA) –  
Membership (2017-2019)