

BRANDY MOUNTS, PhD, LPC-S

Counselor ✱ Educator ✱ Business Owner ✱ Supervisor ✱ Speaker

Round Rock, Texas 78665

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Curriculum Vitae

PROFESSIONAL SUMMARY

Licensed Professional Counselor Supervisor, professor, and nonprofit leader with two decades of experience in clinical mental health counseling, counselor education, and organizational leadership, with a proven record of innovation and community impact. Founder and CEO of a multi-location group practice serving over 700 clients each month across more than 1,800 appointments. Passionate about culturally responsive care, attachment and adoption, and mentoring the next generation of counselors through supervision, education, and training.

EDUCATION AND CREDENTIALS

PhD of Counselor Education and Supervision, 2018 – Texas Tech University, Lubbock, Texas

Dissertation: *The Influence of Education Regarding the International Adoption Process in United States Adoptive Parents*

Master of Education in Counseling, 2005 – Tarleton State University, Killeen, Texas

BSIS of Elementary Education, 1993 – Lubbock Christian University, Lubbock, Texas

LICENSES AND CERTIFICATIONS

- Licensed Professional Counselor Supervisor (TX)
- Licensed Professional Counselor (CO)
- Texas School Counselor Certification (All Levels)
- Texas Teacher Certification (Grades 1–8)

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PROFESSIONAL EXPERIENCE

Alliance Counseling Works, LLP, Round Rock, TX

Co-Founder and CEO (6 Regional Locations) | June 2018 – Present

Lead operations and strategic growth for a large group private practice serving over 700 clients monthly.

- Oversaw practice expansion across six regional clinics
- Provided individual and group supervision to over 40 clinicians and interns
- Directed HR, performance reviews, hiring/training, and compliance processes
- Supervised assessment services and psychological testing
- Conducted case consultation and clinical training
- Provided counseling to adolescents, adults, and families

Mindful Bridges, Inc., Austin, TX

Co-Founder | 2023 – Present

Founded a nonprofit supporting marginalized communities through access to mentorship, mental health, and educational resources.

- Secured 501(c)(3) status and community partnerships
- Sought grant funding and organized outreach events
- Supervised interns in community-based settings

St. Edward's University (CACREP-Accredited), Austin, TX

Adjunct Professor | May 2022 – May 2023

Taught graduate counseling courses, including:

- **Professional Orientation** – Introduced students to the history, philosophy, and ethics of professional counseling, including roles and responsibilities, credentialing, and standards of practice.
- **Group Counseling** – Provided theoretical foundations and experiential training in group dynamics, facilitation strategies, and ethical considerations for group work.
- **Internship I & Practicum Supervision** – Supervised students in clinical placements with a focus on integrating classroom learning with field-based counseling skills, documentation, and professional identity.
- **Essentials of Private Practice** – Designed and delivered original curriculum to prepare students for private practice, covering ethics, Texas law, business development, and navigating insurance versus private pay models.

Midwestern State University (CACREP-Accredited), Wichita Falls, TX

Adjunct Professor | Jan 2022 – Present

Delivered fully online instruction in:

- **Counseling Children** – Explored developmental needs, theories, and techniques for working with children in clinical and school settings, including play-based and expressive modalities.
- **Crisis, Grief, and Trauma Counseling** – Provided theoretical and practical knowledge for supporting clients through acute crises, grief, and trauma using evidence-based models.
- **Substance Abuse Counseling** – Examined addiction etiology, assessment, and treatment approaches, including ethical considerations and working with diverse populations.
- **Human Relations** – Focused on interpersonal communication, diversity, and emotional intelligence in the workplace, with an emphasis on teamwork and problem solving.
- **Professional Orientation & Ethics** – Introduced ethical codes, legal responsibilities, and professional identity development in the counseling profession.
- **Group Counseling** – Delivered instruction on theories and practice of group counseling with experiential activities and case application.

Walden University, Remote

Adjunct Professor | Spring 2025 – Present

Taught graduate-level counseling labs and coursework including:

- **Pre-Practicum Intensive** – Focused on preparing students for clinical fieldwork through skill development in counseling techniques, ethical decision-making, and reflective practice.
- **Group Lab** – Facilitated hands-on training in small group facilitation, process observation, and group leadership skills.
- **Group Counseling** – Provided academic and experiential instruction in group counseling theory, types of groups, leadership styles, and application of techniques.

Texas Tech University (CACREP-Accredited), Lubbock, TX

Teaching Assistant | 2016 – 2017

Supported instruction in:

- Child & Adolescent Counseling
- Ethical and Legal Issues
- Orientation to the Counseling Profession

School Counselor Roles (2005–2019)

- Hutto ISD, Hutto, TX
- Highland Park ISD, Amarillo, TX
- Smithville ISD, Smithville, TX
- Leander ISD, Leander, TX
Provided individual and group counseling, implemented RTI and behavioral interventions, led crisis response, mentored interns, and collaborated with community partners.

Teaching Roles (1993–2005)

- Lampasas ISD, Faith Baptist Church (Germany), Waelder ISD, Pearsall ISD
Served as a classroom teacher across grades 2–7 with a focus on core subjects and student engagement.

PUBLICATIONS

Mounts, B., & Bradley, L. (2020). Issues involving international adoption. *The Family Journal*, 28(1), 33–39. <https://doi.org/10.1177/1066480719887494>

Mounts, B. (2018). *The influence of education regarding the international adoption process in United States adoptive parents* (Doctoral dissertation). <https://hdl.handle.net/2346/82718>

PROFESSIONAL PRESENTATIONS

Mounts, B., & Sendejo, L. (2024). *Counseling children: Techniques and strategies for therapy* [Continuing education course]. Alliance Counseling Works, TX.

Mounts, B., Brannan, S., & Osborne, A. (2024). *Dive deep into ethics* [Continuing education course]. Alliance Counseling Works, TX.

Mounts, B., & Caminos, D. (2024). *Uncorked conversations* [Presentation]. Austin Creatives, Austin, TX.

Mounts, B., Proctor, C., Caminos, D., & Garcia, M. (2023). *Where do I fit in? Navigating adolescent identity in intercultural adoption* [Conference presentation]. TSCA Conference, San Antonio, TX; Alliance Counseling Works, TX.

Mounts, B., Proctor, C., McGruder, T., & Caminos, D. (2023). *Culture on my couch: Counselors supporting intercultural adoptive families* [Conference presentation]. TCA Conference, Houston, TX.

Mounts, B., Mounts, C., & Losey, C. (2023). *6-hour learning institute: Take back your life: How to leave the grind and build a balanced private practice* [Conference presentation]. TCA Conference, Houston, TX.

Mounts, B., Proctor, C., Bradley, L., Hendricks, B., & Hollingsworth, L. (2023). *Between two worlds: Navigating and honoring intercultural adoption* [Conference presentation]. ACA Conference, Toronto, ON.

Mounts, B., Bradley, L., Hernandez, D., Donato, R., Giang, L., & Hollingsworth, L. (2022). *Salient issues in navigating successful intercultural adoptions* [Conference presentation]. TCA Conference, Dallas, TX.

Bradley, L., Parr, G., Marbley, A., & Mounts, B. (2017). *Ethical vs. unethical dilemmas: Discussion and decision* [Conference presentation]. TCA Conference, Galveston, TX.

Mounts, B., Rosen, E., Tanner, M., & Fox, T. (2018). *Mental health needs for Lubbock, TX, and surrounding rural communities: Research application experience in counseling* [Conference presentation]. NARMH Conference, San Diego, CA.

Mounts, B., Nash, B., Barnett, V., & Higgins, T. (2016). *A recap of student growth resulting from academic interventions in reading and math* [Presentation]. Presented to the Highland Park ISD Board of Trustees.

Mounts, B., & Barnett, V. (2015). *How to create and utilize student portfolios* [Conference presentation]. Amarillo Education i3 Conference.

Mounts, B., Aleksandr, K., Delony, J., Galica, M., Long, S., Clark, K., Onofre, A., Felderhof, K., Marden, E., Pearson, L., Rosen, E., Tanner, M., Fox, T., & Lavalley, B. (2015). *Leading a revolution in American mental health: Combating STIs, HIV/AIDS, teenage pregnancy, and addressing the cultural dimensions of sexual health* [Mini-conference presentation]. Texas Tech University.

Mounts, B. (2015). *The effects of domestic violence on children at school* [Presentation]. Amarillo College.

AWARDS

Professional of the Year, Hutto ISD (2018)

Best of Round Rock, Alliance Counseling Works (2024)

MEDIA CONTRIBUTIONS

Community Impact Awards. (2024). *Alliance Counseling Works named Best of Round Rock* [Community recognition]. Round Rock, TX.

KXAN. (2024, September 23). *Austin program fills empty downtown storefronts* [Television segment]. Austin, TX.

KCENTV. (2024, January 16). *Expert advice on seeking therapy* [Television interview]. Killeen, TX.

KCENTV. (2023, December 12). *Colleagues of double homicide victims speak out* [Television news story]. Killeen, TX.

SPECIALIZED EXPERIENCE AND TRAINING

School Counseling Certification
Restorative Justice Training
Trauma Focused CBT Training
Love & Logic Training
TBRI Training
Crisis Counseling
Psychological Testing and Assessment
Distance Counseling

PROFESSIONAL ASSOCIATIONS

American Counseling Association (2015-Present)
Texas Counseling Association (2006-Present)
Texas Association for Counselor Education and Supervision (2016-Present)
Texas Association for Multicultural Counseling and Development
Capital of Texas Counseling Association (2022-Present)
Texas School Counselor Association (2005-2015)
Texas Association for Adult Development and Aging (TAADA) –
Membership (2017-2019)