

Cecily Batiste, PhD, LPC-S

EDUCATION AND PROFESSIONAL CERTIFICATION

CAPELLA UNIVERSITY

MINNEAPOLIS, MINNESOTA

PhD in Counselor Education and Supervision

LAMAR UNIVERSITY

BEAUMONT, TEXAS

Master of Education, Clinical Mental Health

SAM HOUSTON STATE UNIVERSITY

HUNTSVILLE, TEXAS

Bachelor of Arts in Political Science

Minor, Spanish

Minor, Psychology

PROFESSIONAL LICENSURE AND CERTIFICATIONS

Licensed Professional Counselor Supervisor, Texas (License # 78775)

EMDR Certified Therapist

EMDR Approved Consultant

EMDRIA Approved Basic Trainer

Trauma Based Relational Intervention Practitioner

CLINICAL AND PROFESSIONAL EXPERIENCE

LAMAR UNIVERSITY

BEAUMONT, TEXAS

MAY 2026-PRESENT

Adjunct Instructor, Department of Counseling

- Teaches graduate-level Counseling Residency course within a CACREP-accredited Counselor Education program, facilitating the integration of foundational counseling knowledge, professional identity, and clinical skill development.
- Designs and delivers instructional content that prepares counseling students for practicum and internship experiences through experiential learning activities, professional discussions, case conceptualization, and skills application exercises.
- Assess students' demonstration of core counseling competencies, including communication skills, professionalism, advocacy, ethical practice, and culturally responsive counseling approaches.

EXPERIENCE LIFE COUNSELING SERVICES

HUMBLE, TEXAS

SEPTEMBER 2019-PRESENT

Clinical Director

- Leads clinical operations for a trauma focused private practice that integrates evidence based treatment, multicultural responsiveness, and clinical training for emerging and advanced practitioners.
- Designs and facilitates EMDR consultation for clinicians at the basic, advanced, and consultant in training levels, using andragogical principles that support reflective practice, case conceptualization, and competency based skill development.

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TEXAS JUVENILE JUSTICE DEPARTMENT

WILLIS, TEXAS

JUNE 2020 TO JULY 2021

Mental Health Professional

- Delivered structured training for residential and direct care staff on trauma informed practices, clinical interventions, regulation strategies, and safety planning. Developed and facilitated curriculum that enhanced staff competencies, improved trauma responsiveness, and strengthened the therapeutic milieu across the facility.
- Developed individualized, evidence based treatment plans for justice involved youth with complex trauma histories, supporting emotional stabilization, behavioral regulation, and decreased recidivism. Integrated EMDR principles, cognitive and somatic strategies, and culturally responsive approaches tailored to developmental needs.

KINGWOOD PINES HOSPITAL

KINGWOOD, TEXAS

DECEMBER 2018 TO JUNE 2020

Utilization Review Coordinator

- Conducted comprehensive clinical reviews of inpatient and residential cases to determine medical necessity, ensure appropriate level of care placement, and support continuity of treatment across multidisciplinary teams.
- Applied diagnostic criteria, trauma informed frameworks, and evidence based treatment principles to justify admissions, continued stays, and discharge planning.

ARROW CHILD & FAMILY MINISTRIES

SPRING, TEXAS

APRIL 2018 TO JANUARY 2019

Lead Therapist

- Provided trauma informed clinical services to youth and families within a residential treatment setting, integrating evidence based interventions, EMDR principles, regulation strategies, and culturally responsive approaches. Conducted individual, family, and group sessions tailored to complex trauma histories, attachment disruptions, and behavioral challenges.
- Developed individualized treatment plans using trauma assessments, diagnostic formulations, and functional behavior analyses. Collaborated with interdisciplinary team members, case managers, medical providers, and external agencies to ensure alignment of services, continuity of care, and progress toward established treatment goals.

KINGWOOD PINES HOSPITAL

KINGWOOD, TEXAS

MARCH 2017 TO APRIL 2018

Therapist and Discharge Planner

- Delivered individual, family, and group therapy within an acute psychiatric hospital, providing trauma informed, culturally responsive treatment to diverse patient populations across adolescent, adult, and geriatric units. Integrated evidence based interventions to support stabilization, emotional regulation, safety planning, and improved treatment engagement.
- Developed comprehensive treatment plans grounded in diagnostic assessment, behavioral observations, and collaborative goal setting. Ensured treatment plans aligned with interdisciplinary recommendations, trauma histories, and measurable clinical outcomes required for inpatient settings.

LEADERSHIP, PROFESSIONAL SERVICE, AND MEMBERSHIPS

EMDR INTERNATIONAL ASSOCIATION (EMDRIA)

Elected Board Member- Present

HOUSTON COUNSELING ASSOCIATION

President | July 2026 – Present

President-Elect & Membership Chair | July 2025 – June 2026

Board of Directors, Non-School Representative | January 2024 – June 2025

TEXAS COUNSELING ASSOCIATION

- Ethics Committee Member - July 2026- Present
- Diversity, Equity, and Inclusion Committee Member - January 2024 to June 2026

AMERICAN COUNSELING ASSOCIATION

- Member - Present

PROFESSIONAL PRESENTATIONS

National Association for Black Counselors, April 2026

From Lived Experience to Clinical Competence: How Black Counselors Navigate Race Based Trauma in the Therapy Room

Black Mental Health Conference, February 2026

What They Don't Teach Us: Navigating Race Based Trauma and Taking Care of Ourselves

Texas Counseling Association, Professional Growth Conference, November 2025

They Didn't Teach Us This: Training & Supervision Gaps in Addressing Race Based Trauma in the South

Black Mental Wellness Conference, October 2025

What They Do Not Teach Us: Navigating Race Based Trauma and Taking Care of Ourselves

American Counseling Association, Supervision in Counseling Virtual Summit, September 2025

Holding Space and Power: Culturally Responsive Supervision for Racial Equity in Counseling

ClinicianFest, May 2025

From Awareness to Action: Preparing Counselors to Address Race Based Trauma

International Association for Resilience and Trauma Counseling, February 2025

LPCs Competency and Preparedness Treating Race Based Incidents for Black Americans

Texas School Counselor Association, February 2025

Enhancing Counselor Competencies in Addressing Race Based Trauma

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NAMI Texas, November 2024

Mental Health Professionals Preparedness in Treating Race Based Trauma

Texas Counseling Association Conference, November 2024

LPC Competencies and Preparedness in Treating Race Based Trauma

Texas A&M University, November 2024

Addressing Dating Violence Among College Students

ACADEMIC PUBLICATIONS

Encyclopedia Entries (Invited; In Preparation)

Batiste, C. *African Americans*. *Encyclopedia of Counseling* (2nd ed.).

Batiste, C. *Broaching*. *Encyclopedia of Counseling* (2nd ed.).

Batiste, C. *Cross-Cultural Supervision*. *Encyclopedia of Counseling* (2nd ed.).

Book Chapters (Invited; In Preparation)

Batiste, C. *Practice Tools for Inclusive Work in Diagnosis*. *The Inclusive Practice Series*,
Volume 2: Cultural Considerations in Clinical Diagnosis: A Decolonizing Perspective.

RESEARCH EXPERIENCE

Doctoral Dissertation

*Licensed Professional Counselors Competency and Preparedness Treating Race Based Incidents
for Black Americans in the Southern United States*