



**Tentative Course Syllabus: Foundations of Recreation & Leisure**  
**Gordon T. & Ellen West College of Education**  
**KNES 2003 Sections x10 & DX1**  
**Fall 2023**

Contact Information

Instructor: Dr. Sandra Shawver

Office: 321 Bridwell Hall

Office hours: Mon. 1:30 PM-3:00 PM; Tue. 10:30 PM-12:00PM; Wed. 3:00 PM-4:30 PM.

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Class Meeting Information

This course is a fully online course using MSUTexas Desire to Learn (D2L) platform. Students are expected to check in a minimum of three (3) days each week to be able to stay up to date on presentations, available material and assignments. Additionally YouTube, ZOOM and/or Flipgrid will be used in this course as well for some presentations/lectures/assignments.

There are four (4) scheduled virtual class meetings via ZOOM that students are highly encouraged to attend. Dates for these ZOOM meetings are (links will be provided prior to the scheduled meeting on the news link in D2L) Wednesday, August 30 @ 9:00 PM, Wednesday, September 13 @ 10:30 AM, Wednesday, October 18 @ 7:00 PM, Wednesday, November @ 9:00 AM.

Instructor Response Policy

During the week, I will typically respond to your emails within 36 - 48 hours. Do not expect a response during the evening hours or over the weekend. Any emails received over the weekend or after a holiday will receive a response no later than the following Tuesday by 12:00 noon.

Required Course Materials

Textbook: Tapps, T., & Wells. M. S. (2019) Introduction to recreation and leisure (3<sup>rd</sup> Ed). Chicago, IL., Human Kinetics.

APA Publication Manual, 7<sup>th</sup> Edition [Purdue Owl](https://owl.purdue.edu/owl/resource/560/8/) : APA Formatting and Style Guide

<https://owl.english.purdue.edu/owl/resource/560/8/>

Course Materials: Access to a personal computer with Microsoft Software, high speed Internet and the ability to access D2L (the MSUTexas Online Learning System, and Smart phone, I Pad or similar technology for Flipgrid assignments.

Technology: All students must have internet access and be able to: send and receive e-mail, create, send and receive Microsoft Word, Excel, Publisher or PowerPoint documents; use Google documents, sites & slides, use Desire 2 Learn portal through MSUTexas portal, download/use Flipgrid and ZOOM meeting platform for class assignments/meetings & presentations, post to discussion boards, appropriately use internet links and online websites such as Google Docs, Sites, Slides, etc.

### Course Description

This course introduces students to the general principles and practices in the recreation and leisure segment of the sport industry. Students will gain a general understanding and appreciation of career options that they will be prepared for as they complete the Sport and Leisure Studies major. The course will examine history, philosophy, theory, professional standards, basic management principles and concepts, industry trends and best practices.

### Course Objectives/Learning Outcomes/Course Competencies

Satisfactory completion of the course will document that students have demonstrated the ability to:

1. Gain knowledge of the history of sport & leisure.
2. Gain knowledge of professional standards within the sport and leisure industry.
3. Gain knowledge of career and professional opportunities through the sport and leisure service field.
4. Develop a professional philosophy for working in the field of sport and leisure studies.
5. Gain knowledge about trends and best practices used in the field of sport and leisure studies.

### Student Handbook

Refer to [Student Handbook-2022-23](#)

### Academic Misconduct Policy & Procedures

Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individual's to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct.

[Office of Student Conduct](#)

## Services for Students with Disabilities

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, MSUTexas endeavors to make reasonable accommodations to ensure equal opportunity for qualified persons with disabilities to participate in all educational, social and recreational programs and activities. After notification of acceptance, students requiring accommodations should make application for such assistance through Disability Support Services, located in the Clark Student Center, Room 168, (940) 397-4140. Current documentation of a disability will be required in order to provide appropriate services, and each request will be individually reviewed. For more details, please go to [Disability Support Services](#).

### Grading/Assessment

#### Assignment Overview and Grading Criteria

Due dates will be shared in D2L or in class. All assignments unless otherwise stated in the individual instructions are required to be submitted as a Word document. Any submissions in a different format will be returned to the student and not graded until it is submitted in the correct format. This could cause the student to incur the 5 point deduction per day for late submissions. Any assignment can be submitted before the due date. Late assignments will have a minimum automatic 5 point deduction for each day late. Do not wait until the last minute on any of your work!!

Grammar will be graded as a part of any course work. All work should be in your own words! Format – FOR ALL PAPERS: 12 point Times New Roman font, one (1) inch margins, and doubled spaced. The heading should have your names, the class and section number, and be right-justified on the page. Papers that do not follow this format will not be accepted or graded.

I will give feedback on assignments when appropriate, including, comments through “news items”, comments directly in the discussion board, and comments to the feedback box associated with each assignment submitted to drop box. Please take the time to read these comments as I am taking the time to make them.

Grades for each assignment will be posted in the D2L course grade book.

#### LATE ASSIGNMENTS

Students are expected to submit classroom assignments by the posted due date and to complete the course according to the published class schedule. As adults, students, and working professionals I understand you must manage competing

demands on your time. Should you need additional time to complete an assignment please contact me a minimum of 72 hours before the due date so we can discuss the situation and determine an acceptable resolution. Routine submission of late assignments is unacceptable and may result in points deducted from your final course grade.

## Course Grade

Table 1: Points allocated to each area

<b>Assignments</b>	<b>Points</b>
Quizzes (5 @ 15 pts)	75
Discussions/Flip Grids (9 @10 pts)	90
Chapter Analysis (5 @ 20 points)	100
Resume	30
Facility tours	20
Interview	15
Recreation Comparison	15
Program Leadership	10
State Park Outline	10
Rec Sport Program Design	30
Volunteering (6 hours)	30
Final Exam	50
<b>Total Points</b>	<b>475</b>

Table 2: Total points for final grade.

Grade	Points
A = 90%	428 +
B = 80 %	380 - 427
C = 70%	333 - 379
D = 60%	285 - 332
F = 59%	Less than 285

### Homework

A tentative course schedule has been posted on D2L. All course content, assignments, and due dates have been outlined.

### Quizzes/Exams

These assignments are to check students understanding of knowledge on each of the chapters and information covered. The exams will be done online through the

D2L platform, each quiz will be timed. These will appear on the Course Schedule in more detail.

#### Projects Required

Chapter Assessments: Students will complete each required assessment as assigned on D2L using correct APA 7<sup>th</sup> Ed. formatting throughout.

Field Interview: Each student will select professionally appropriate interview questions from those provided that will then be used to interview an individual within leisure/recreation profession. Preferably with someone who does programming for a recreation/leisure organization now.

Risk Assessment: Students will physically assess and report on risks and how, as an organization leader address the risks by either accepting, modifying or removing them with appropriate reasoning.

Professional Resume': Students will develop their professional resume' for review by the MSU career center and the instructor.

Volunteer Hours: Each student is required to volunteer with a non-profit organization for 6 hours and submit an overview of the experience and a supervisors verification of hours worked. Students must have the organization approved by the professor prior to starting their hours.

#### Final Exam

Final exam will be over all chapters and information from the semester. It will be a timed test and is scheduled for December 8. The exam will be available from 6:00 AM – 11:00 PM on that day only.

#### Extra Credit

An individual introduction flipgrid submitted by the due date will be worth an additional 5 points. If there is a special event put on by the university that the professor deems as valuable to the students, she reserves the right to add attendance of the event as extra credit to the course.

#### Make Up Work/Tests

Unless contacted by the student a minimum of 1 week prior to an assignment or quiz due date no make-up work or test will be allowed. In the case of an unexpected emergency that incident will be evaluated and decided upon on a case by case situation by the instructor.

#### Important Dates

Last day for term schedule changes: August 31: Check date on [Academic Calendar](#).

Deadline to file for graduation: December graduation is September 25; May graduation is October 2: Check date on [Academic Calendar](#).

Last Day to drop with a grade of "W:" 4:00 PM on October 30: Check date on [Academic Calendar](#).

Refer to: [Drops, Withdrawals & Void](#)

### Desire-to-Learn (D2L)

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into [D2L](#) through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

### Online Computer Requirements

Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your responsibility to have (or have access to) a working computer in this class. ***Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings.*** Computers are available on campus in various areas of the buildings as well as the Academic Success Center. **Your computer being down is not an excuse for missing a deadline!!** There are many places to access your class! Our online classes can be accessed from any computer in the world that is connected to the internet. Contact your instructor immediately upon having computer trouble. If you have technical difficulties in the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations however they are able to help you get connected to our online services. For help, log into [D2L](#).

### Instructor Class Policies

#### CITATION AND REFERENCE STYLE

Students will follow the APA Style Manual, 7th Edition as the sole citation and reference style used in written work submitted as part of coursework to the University. Assignments completed in a narrative essay or composition format must follow the citation used in the APA Style Manual, 7th Edition.

#### THREE THEN ME RULE

Before contacting me, make sure to follow the "Three then Me" rule. The "Three then Me" rule says that you search for your answer regarding the course in at least three other places before you contact me. For example, if you have a question about an assignment, you should consult your syllabus, your grading scale or rubric, or the assignment description on D2L, you can also reach out to a

peer in the course for needed information. Remember, check three sources before emailing me your question. It is very likely you'll find the answer and not need to email me. If you don't find the answer, and need clarification, feel free to email me.

Please note: By enrolling in this course, the student expressly grants MSU a "limited right" in all intellectual property created by the student for the purpose of this course. The "limited right" shall include but shall not be limited to the right to reproduce the student's work product in order to verify originality and authenticity, and for educational purposes.

### Plagiarism Statement

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### Change of Schedule

A student dropping a course (but not withdrawing from the University) within the first 12 class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the [Schedule of Classes](#) each semester.

### Refund and Repayment Policy

A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. HOWEVER, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. As described below, two formulas (federal and state) exists in determining the amount of the refund. (Examples of each refund calculation will be made available upon request).

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## College Policies

### Campus Carry Rules/Policies

Refer to: [Campus Carry Rules and Policies](#)

### Smoking/Tobacco Policy

College policy strictly prohibits the use of tobacco products in any building owned or operated by WATC. Adult students may smoke only in the outside designated-smoking areas at each location.

### Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

### Active Shooter

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit [Safety / Emergency Procedures](#). Students are encouraged to watch the video entitled "Run. Hide. Fight." which may be electronically accessed via the University police department's webpage: ["Run. Hide. Fight."](#)

### Grade Appeal Process

Update as needed. Students who wish to appeal a grade should consult the Midwestern State University [MSU Catalog](#)

### Notice

Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

### Tentative Course Schedule

Week	Activities/Assignments/Exams	Due Date
Week 1 8/28-9/3	Power, Promise, Potential & possibilities  History of Recreation ZOOM Meeting 8/28 @ 9:00 PM	- Read Chapter 1 & 2 - Introductory FlipGrid <b>Due 9/1</b> - Online Discussion (PR & L Role) <b>Due 9/7</b> - Chapter Analysis Paper <b>Due 9/5</b>
Week 2	Philosophy of Leisure	- Read Chapter 3 & 4



Week	Activities/Assignments/Exams	Due Date
9/4-9/10	Leisure & Recreation in Our Society	- Online Discussion (Censoring and Suppressing Leisure) 9/4- 9/ - <b>Quiz #1 (Info from weeks 1 &amp; 2) Due 9/8</b>
Week 3 9/11-9/17	Leisure Service Delivery Systems Parks & Protected areas in Canada & the U.S.	- Read Chapters 5 & 6 - Chapter 5 Analysis Paper <b>Due 9/14</b> - State Park Assignment (Drop box & FG) <b>Due 9/16 &amp; 9/17</b>
Week 4 9/18-9/24	Public Recreation 9/15: ZOOM Mtg 10:30 AM	- Read Chapter 7 - <b>Online Discussion (ADA) 9/19 – 9/23</b> - Facility Tour Assignment <b>9/20</b> - <b>Quiz #2 (Info from weeks 3-4) Due 9/22</b>
Week 5 9/25-10/1	Nonprofit Sector	- Read Chapter 8 - Nonprofit Discussion Board - Field Interview <b>Due 9/28</b>
Week 6 10/2 -10/8	For-profit Sector Therapeutic Recreation	- Read Chapters 9 & 10 - Online Discussion (RET Job descriptions) - <b>Quiz #3 (Info from weeks 5 -6) Due 10/6</b>
Week 7 10/9-10/15	Unique Groups	- Read Chapter 11 - Recreation Comparisons (assigned) <b>Due 10/12</b>
Week 8 10/16-10/22	Leisure & Recreation across the Life Span	- Read Chapter 12 - Analysis Paper Due 10/18 - Life Stages Flipgrid Due <b>10/19</b> - <b>Quiz 4 (Info from weeks 7-8) 10/20</b>
Week 9 10/23-10/29	Program Delivery System	- Read Chapter 13 - Trends Discussion Board - Program Leadership Assignment <b>Due 10/24</b>
Week 10 10/30-11/5	Recreational Sport Management	- Read Chapter 14 - Chapter Analysis <b>Due 11</b> - Community Service Hours Reminder
Week 11 11/6-11/12	Health, Wellness & Quality of Life	- Read Chapter 15 - <b>Quiz 5 (Info from weeks 9-10) 11/3</b> - Quality of life Tenets <b>Due 11/7</b>
Week 12 11/13-11/19	Outdoor & Adventure Recreation	- Read Chapter 16 - Chapter Analysis <b>Due 11/13</b>
Week 13 11/20-11/26	Arts & Culture	- Read Chapter 17 - Online Discussion (Careers) 11/16-20 - <b>Quiz 6 (Info from weeks 11- 12) 11/20</b> -
Week 14 11/27-12/3	Nature of Rec & Leisure as a profession - Professional Development	- Read Chapter 18

Week	Activities/Assignments/Exams	Due Date
	- Careers in Recreational Sport	- Resume <b>Due 11/22</b>  **Happy Thanksgiving**
Week 15 12/3 – 12/10	International Perspectives on Rec & leisure	- Read Chapter 19 - <b>Volunteer Hours Due 11/30</b>
Week 16 12/10 – 12/16	Final Exam	- <b>Final Exam due 12/7 (Comprehensive)</b>