

Syllabus
PSYC 5153, Theories of Personality
Spring, 2021

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Texts: Ewen, R. B. (2010). An introduction to theories of personality (6th ed.). New York: Psychology Press

John, O. P., Robins, R. W., & Pervin, L. A. (2008). Handbook of personality; Theory and research (3rd ed.). New York: The Guilford Press

Course Description: This course will consist of two components, each addressed on a different day of the week. On Tuesdays, we will go over the typical personality theorists, but in an atypical manner. You will be provided a template with questions to answer as you read each chapter. The discussion will take the form of my asking students, in random order, to provide a ranking for the theorist of the day on one of 12 dimensions, then defending your ranking. The class will then discuss, and possibly amend, the ranking. In doing this, the class will be able to compare theorists and theoretical orientations. It is strongly recommended that students come to class prepared to answer any question they might be asked; failure to do so will negatively affect the participation portion of the grade.

Thursdays will consist of a student presentation and discussion of the reading(s) assigned for that date. Again, it is imperative that student be prepared to engage in informed discussion of the reading(s).

Grades: Grades will be based on class preparation/participation and two exams.

Exams:	(40% each)	80%
Class participation:	(20%)	20%

Attendance Policy: Graduate students are expected to make every effort to attend all classes. Failure to do so reflects on your commitment and professionalism, and will be taken into account in your evaluations.

Tentative Lecture, Reading and Exam Schedule

Week 1

1/12 Ewen: Chapter 1: Introduction to the class and theories of personality

1/14 Handbook: Chapter 1: History of Modern Personality Theory and Research
Chapter 2: Human Nature and Individual Differences:
Evolution of Human Personality

Week 2

1/19 Ewen: Chapter 2: Sigmund Freud (Psychoanalysis)
1/21 Handbook: Chapter 3: Psychoanalytic Approaches to Personality

Week

1/26 Ewen: Chapter 3: Carl Gustav Jung (Analytical Psychology)
1/28: Handbook: Chapter 23: The Psychological Unconscious
Chapter 25: Personality and the Capacity for Religious and
Spiritual Experience

Week 4

2/2 Ewen: Chapter 4: Alfred Adler (Individual Psychology)
2/4 Handbook: Chapter 13: Parents' Role in Children's Personality Development:
'The Psychological Resource Principle'
Chapter 21: Culture and Personality

Week 5

2/9 Ewen: Chapter 5: Karen Horney (Neurosis and Human Growth)
2/11 Handbook: Chapter 16: Naturalizing the Self
Chapter 17: Identity Negotiation: A Theory of Self and Social
Interaction

Week 6

2/16 Ewen: Chapter 6: Erich Fromm (The Escape from Freedom)
2/18 Handbook: Chapter 18: Self-Regulation
Chapter 19: Self-Presentation of Personality: An Agency-
Communion Framework

Week 7

2/23 Ewen: Chapter 8: Erik Erikson (Ego psychology)
2/25 Handbook: Chapter 14: The Development of Personality Traits in Adulthood
Chapter 15: Challenges and Opportunities at the Interface of
Aging, Personality and Well-Being

Week 8

3/2 Cashdan: Chapters 1-3: Object Relations Theory (I will send these chapters
to you)
3/4 **Exam I**

Week 9

- 3/9 Ewen: Chapters 12 and 13 The Trait Perspective (Allport, Cattell, Eysenck, 5-Factor Model)
- 3/11 Handbook: Chapter 4: Paradigm Shift to the Integrative Big Five Trait Taxonomy: History, Measurement and Conceptual Issues
Chapter 5: The Five-Factor Theory of Personality

Week 10

- 3/16 Ewen: Chapter 9: Carl R. Rogers (Self-Actualization Theory I)
- 3/18 Handbook: Chapter 31: Personality and Health: A Lifespan Perspective

Week 11

- 3/23 Ewen: Chapter 10: Abraham H. Maslow (Self-Actualization Theory II)
- 3/25 Handbook: Chapter 32: Personality and Subjective Well-Being

Week 12

- 3/30 Ewen: Chapter 11: Rollo May (Existential Psychology)
- 4/1 No Class Holiday Break

Week 13

- 4/6 Ewen: Chapter 15: George A. Kelly (The Psychology of Personal Constructs)
- 4/8 Handbook: Chapter 28: Emotion and Emotion Regulation: Personality Processes and Individual Differences
Chapter 29: Self-Regulatory Processes, Stress and Coping

Week 14

- 4/13 Ewen: Chapter 14: B.F. Skinner (Radical Behaviorism)
- 4/15 Handbook: Chapter 22: Persons, Situations and Person-Situation Interactions

Week 15

- 4/20 Ewen: Chapter 16: Albert Bandura (Social-Cognitive Theory)
- 4/22 Handbook: Chapter 10: Behavioral Genetics and Personality: A New Look at the Integration of Nature and Nurture

5/14:

Final Exam (10:30-12:30)