

# Global Health and Wellness Course Syllabus

Midwestern State University

Robert D. & Carol Gunn College of Health Sciences & Human Services

HSHS 1013

Summer 2026

*Updated: 03/2025*

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## Professor

**Mandy Sedden MSRS, RT(R)**

**Email:** [mandy.sedden@msutexas.edu](mailto:mandy.sedden@msutexas.edu)

Use this information in the subject line: 1013\_your last name\_topic of the message.

Email is the best way to reach me. If I have not responded within 72 hours, please email me again.

**Phone:** (940) 397-4664

**Office Location:** Midwestern State University

3410 Taft Blvd.

Centennial Hall 430M

Wichita Falls, TX 76308

**Office Hours:** Please make an appointment

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## Course Communication

Contact information for the instructor is listed at the beginning of this syllabus. Email is the instructor's preferred mode of communication. The instructor will respond or at least acknowledge email messages from students within a maximum of five (5) business days when MSU is in session. Beyond standard university holidays and breaks, the instructor will notify students of any extended periods of time when email contact is not practical (professional meetings, etc).

Please use the following format in the subject header for your email:

1013\_your last name\_topic of message

Example: 1013\_Smith\_Quiz 4

When emailing the instructor, please include your full name, course and section number, and a thorough explanation in your message. This will help expedite your request or needs.

When there is a need to contact students, the instructor will use the student's MWSU email account, students.mwsu.edu. The instructor is not responsible for sending emails to any other email account. Faculty members will not be responsible for keeping up with other email addresses for students. If you have not established this account, do so as soon as possible by going to the [Information Technology Email site](#).

The instructor will respond or at least acknowledge email messages from students within a maximum of five (5) business days when MSU is in session. MSU is open only 4 days a week in the summer, so be mindful that if you email the instructor on a Friday you might not get a response until Monday. Beyond standard university holidays and breaks, the instructor will notify students of any extended periods of time when email contact is not practical (professional meetings, etc.). I will meet face-to-face with any interested students by appointment only. This meeting is optional and must be confirmed by email ahead of time with me.

## Setting Up Notifications for News items and Forwarding E-mails

The News section of the course is where I will send messages to the entire class. It is best to set up your D2L account to receive an email notification (to the email of your choice) when News items are posted.

1. Click the down arrow in the News section on the 4123 course home page
2. Select Notifications
3. Check the box next to "News- new item available" and then check any other boxes you wish to receive an email notification from.
4. Check the email address you wish to send email notifications. If you need to change this, select "change your email settings" and enter the new email address. This email address should be an email address you frequently check.

### Steps to forward D2L email to another email address:

1. Click on the **\*Envelope Icon** in the top menu bar.
2. Click **\*Email**.
3. Click **\*Settings** in the top right corner of the inbox.
4. Scroll down to **\*Forwarding Options** and type in the new email or uncheck the box to turn forwarding off.
5. Click **\*Save**.

Remember to go to the new email and click to verify the email address.

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## Course Overview

This course is designed to introduce students to global health and give them an understanding of how the global community affects and is affected by changes in economic, political, and social factors. Influences such as education, income levels, governmental policies, regulation of health care provision, and transnational economic and political relations will be discussed. The importance of the globalization of disease and wellness and the importance of including all citizens in global health concerns will be deeply discussed.

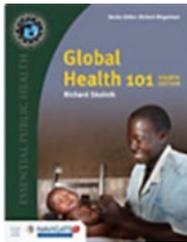
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## Course Objectives

Upon completion of this course, the student will:

- Describe various factors that contribute to approaches to health care.
  - Identify key terms and concepts in global health and wellness.
  - Discuss ecological foundations of global health.
  - Examine communicable diseases as transnational threats to human health and non-communicable disease burden on global health.
  - Explore inequities in global health.
  - Investigate issues related to global health and security and human rights issues.
  - Discuss issues related to the top-down and bottom-up promotion of global health.
  - Identify his/her role in the global health community.
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## Textbook



Global Health 101, 4th Edition, Richard Skolnik, Jones & Bartlett, 2021.

ISBN: 9781284145380

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## Teaching Strategies

Online delivery with asynchronous interactions between students and teacher, interactive discussions, quizzes, and a comprehensive final examination.

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## Attendance

This is an online course, and as such, there are no mandatory sessions. However, the students should be vigilant in checking their email and logging onto D2L. Regular checks will ensure messages from the instructor and fellow students are received in a timely manner. This course is on a schedule that will be strictly adhered to (see table below). The instructor will be available to meet face-to-face with any student who is interested. Please email the instructor to schedule an appointment.

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## Requesting a Withdrawal

**\*Last Day for “W”, Nov. 24 by 4:00 p.m. – Drops after this date will receive grades of “F.”**

Refer to the Undergraduate Bulletin for details about receiving a grade of “Incomplete” in a course. In an emergency or extenuating circumstance, a student may request a grade of “Incomplete” in a course before grades are submitted. If the instructor grants the “Incomplete,” the student has until thirty (30) days after the beginning of the next long semester to complete the course requirements. If the student does not complete the course requirements within the deadline, the grade of “Incomplete” will automatically convert into a grade of “F.”

## Grading/Evaluation

### Evaluation

- 15% Quizzes
- 10% Discussion Board
- 50% Assignments
- 25% Comprehensive Final Exam

### Grading Scale

- A = 90-100
- B = 80-89
- C = 70-79
- D = 60-69
- F = 59 and below

### Midterm Grades

In order to help students, keep track of their progress toward course objectives, the instructor for this class will provide a Midterm Progress Report through each student’s WebWorld account. **\*[only at-risk students will be reported]**. Midterm grades will not be reported on the students’ transcript; nor will they be calculated in the cumulative GPA. They simply give students an idea of where they stand at the midpoint of the semester. Students earning below a C at the midway point should schedule a meeting with the professor.

### Feedback

Feedback varies throughout the course.

### Viewing Feedback in Tests

1. Go to the place where you took the quiz,
2. Click on the down arrow next to the exam,
3. Select submissions,
4. Click on the attempt,
5. The feedback for the entire exam is displayed under Attempt Feedback
6. The feedback for each question is under the View Feedback button under each question

### Viewing feedback in Assignment Dropbox

Tip: You can also view assignment feedback from User Progress and Grades.

1. On the navbar, click Assignments.
2. From the Assignments page, locate your assignment, and click Unread in the Evaluation Status column.
3. From the View Feedback page, you can view your submission feedback, rubric assessment, and grade.
4. If your instructor added annotated feedback to the assignment, click View Inline Feedback. The annotation view opens in a new tab, displaying annotated feedback using highlighting, freehand drawing, shapes, and associated commenting.
5. To download the annotated assignment as a PDF, click Download.
6. When you are finished viewing feedback, navigate back to the View Feedback page and click Done.

If you are having technical difficulties accessing the course or any other technical issues please complete the [Online Problem Reporting System form](#) or contact [d2lhelp@msutexas.edu](mailto:d2lhelp@msutexas.edu).

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## Technical Difficulties

On occasion, you may experience problems with accessing D2L, accessing class files located within D2L, connecting with your internet service, or you may encounter other computer related problems. Make the professor aware of a technical problem as soon as possible. If a problem occurs on our end, such as D2L failure, then a due date extension will typically be granted. However, keep in mind it is your responsibility to have (or have access to) a working computer in this class. Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings. Dropbox assignments that can be attached in an email should be emailed to the professor as soon as a problem is encountered. Failure to do so may result in points being lost, regardless of connection issues.

For help options:

- For D2L issues go online go to the Distance Education Helpdesk
- By phone call the Distance Education office at 940-397-4868 between 8am and 5pm.
- Use the D2L help link in D2L.
- Contact your professor.
- For other computer access issues, go online to the MSU Information Technology Website.

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## Student Responsibilities

As a student enrolled in this course, you will be responsible for adhering to and meeting posted deadlines and due dates. Posted closing dates along with assignment due dates and deadlines found in the Course Calendar within D2L will be strictly enforced. If an assignment does not meet the posted deadline, a grade of zero (0) will be recorded for that assignment. Extenuating circumstances do occur and will be addressed on an individual basis. NOTE: waiting until the last minute to submit an assignment does not constitute an extenuating circumstance.

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## Concealed Handgun Carry

Senate Bill 11 passed by the 84<sup>th</sup> Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the [University's webpage regarding Campus Carry](#).

## Active Shooter

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit [Safety / Emergency Procedures](#). Students are encouraged to watch the video entitled "*Run. Hide. Fight.*" which may be electronically accessed via the University police department's webpage: "[Run. Hide. Fight.](#)"

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## Special Needs

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Midwestern State University endeavors to make reasonable adjustments in its policies, practices, services, and facilities to ensure equal opportunity for qualified persons with disabilities to participate in all educational programs and activities.

The Office of Disability Services (ODS) provides information and assistance, arranges accommodations, and serves as a liaison for students, instructors, and staff. The ODS has assistive devices such as books on tape, recorders, and adaptive software which can be loaned to qualified individuals. A student/employee who seeks accommodations on the basis of disability must register with the [Office of Disability Services](#) in the Student Wellness Center, (940)397-4140. Documentation of disability from a competent professional is required.

Individuals with grievances related to discrimination or lack of accommodation on the basis of a disability are encouraged to resolve the problem directly with the area involved. If the matter remains unresolved, advice and/or assistance will be provided by the Office of Disability Services for resolution. The grievance procedure may be found in the Student Handbook and Activities Calendar. The ADA Coordinator may be contacted at (940)397-4140, or 3410 Taft Blvd., Student Wellness Center.

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## Honor System

HSHS 1013 adheres to the MSU Code of Conduct. Academic dishonesty, however small, creates a breach in academic integrity. A student's participation in this course comes with the expectation that his or her work will be completed in full observance of the MSU Code of Student Conduct. A student should consult the current Student Handbook for answers to any questions about the code.

Many components of NURS/RADS/RESP/SOWK 4123 are designed to be highly interactive with students helping each other learn. Students are encouraged to take full advantage of many resources available including online D2L course resources, Internet sites, other textbooks and journals, faculty, and peers when answering objectives. This interactive collegial learning environment is conducive to lifelong learning.

Specific components of NURS/RADS/RESP/SOWK 4123 are designed to represent the efforts of each student individually and are not to be shared or copied (plagiarized) from other sources. These components include the discussion board, group activities, module quizzes, and the comprehensive final exam. When students submit their efforts for grading, they are attesting they abided by this rule.

Cheating includes, but is not limited to: (1) use of any unauthorized assistance in taking quizzes, tests, or examinations; (2) dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or completing other assignments; or (3) the acquisition of tests or other academic materials belonging to the university faculty or staff without permission.

Plagiarism includes, but is not limited to: the use of, by paraphrase or direct quotation without correct citation in the text and on the reference list, the published or unpublished works of another person. Students may not submit papers and assignments that they have previously submitted for this or other courses. The use of materials generated by agencies engaged in "selling" term papers is also plagiarism. Students are encouraged to review the tutorials and suggested websites for more information about plagiarism. Papers and other assignments may be submitted to an external agency for verification of originality and authenticity.

Academic dishonesty (cheating, plagiarism, etc.) will not be tolerated in this class. Whenever a student is unsure of whether a particular situation will be interpreted as academic dishonesty, the student should ask the instructor for clarification. If students are guilty of academic dishonesty, a grade of zero (0) may be given for the quiz, assignment, etc. Cases may also be referred to the Dean of Students for possible dismissal from the university.

***\*Note: By enrolling in this course, the student expressly grants MSU a "limited right" in all intellectual property created by the student for the purpose of this course. The "limited right" shall include, but not limited to: the right to reproduce the student's work product in order to verify originality and authenticity as well as for educational purposes. Specifically, faculty may submit student papers and assignments to an external agency to verify originality and authenticity to detect plagiarism.***

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## Administrative Process

Unresolved issues related to this course should be first addressed between the student and the course instructor. If there is no resolution, students must follow this sequence:

1. Director of Interdisciplinary Studies
  - a. Dr. Randy Case (940) 397-4652
2. Department Chair
  - a. BSRS, Dr. Lynette Watts (940) 397.4833

3. College Dean
  - a. Dr. Jeff Killion (940) 397.4594
4. Dean of Students
  - a. Matthew Park (940) 397.6273

## Global Health & Wellness Assignment Details

### Welcome (Students should start here!)

Students should begin the course by viewing the documents found in the Welcome module. There is an overview of the course and the textbook, as well as a document about discussion board etiquette. Finally, in this section, you will find the library use video along with a quiz about the video. **Complete the Introduction Discussion Board and the Library Quiz. Please note this quiz is for a grade and must be completed independently by the students.**

### Syllabus Agreement

The first step in starting this course is to read the syllabus in its entirety and complete the Syllabus Agreement quiz. By taking the Syllabus Agreement quiz you are stating that you have completely read, understand, and agree to the syllabus and its content. The unit 1 exam will **not** open until you have completed this step

### Assignments (50%)

Assignments are a significant portion of the grade and represent the application of the material studied. All assignments are to be submitted as instructed in each unit. Assignments must be received prior to the deadline. Late assignments are not accepted beyond the deadline. A zero will be recorded for assignments not submitted or meeting the final deadline. **\*All assignments must be written at the baccalaureate level and will be graded for accuracy, completeness, quality, spelling, grammar, punctuation, and integrity.**

### Independent Reading Assignments

- Module 1: Notes and Chapters 1 & 2
- Module 2: Notes and Chapters 3, 13, 14
- Module 3: Notes and Chapter 8 & 9
- Module 4: Notes and Chapters 4 & 5
- Module 5: Notes and Chapters 16 & 17
- Module 6: Notes and Chapter 6
- Module 7: Notes

### Discussion Board (10%)

The discussion board is a mandatory component in this course. \*Response posts are due by the due date listed for each unit. Assignments are made specifically for this board. Students are expected to write formally (no shorthand or text messaging abbreviations) and use APA format and referencing when appropriate. Thoughtful responses, constructive critique of fellow students, and meaningful participation are expected. Keep in mind the discussion board is a formal assignment and part of your final grade. **\*Late discussion board posts will not be accepted beyond the deadline.** All discussion boards must be written at the baccalaureate level and will be graded for accuracy, completeness, quality, spelling, grammar, punctuation, and integrity. Review the grading rubric for each discussion board assignment.

## Quizzes (15%)

In each of the units, a quiz will be administered within D2L. These quizzes are open book, open notebook, but you will have a limited time to complete them and must be prepared as there will not be enough time to research every answer. Quizzes must be completed prior to the expiration dates listed in this syllabus. Quiz grades and answers will be released after the deadline of each quiz. Specific questions regarding the quizzes may be addressed to the instructor. **\*Quizzes will not be made up if missed and zero (0) will be recorded. No extra credit activities are available.**

If students have technical difficulties during a quiz, they should use the “Report a Problem” link located on the top toolbar within D2L to contact the MSU distance education Support Staff and send an email to the course instructor explaining what happened.

If a student finds a faulty quiz test item or believes a quiz question has been scored incorrectly, he/she should send an email to the course instructor that includes the following:

- Module quiz number (1-5)
- Question stem
- Rationale supporting why the student’s answer is correct
- Include page numbers when referencing the textbook

For example, a student cannot send the message: “I think question number ten is wrong on quiz four” because each student gets a quiz of randomly generated test items. The instructor has to know the question stem to find the question in the database. After reviewing the situation, if the course instructor thinks a revision is justified, the students’ quiz score will be revised to reflect the additional points and the test bank will be updated.

## Final Project (25%)

The final project will be the completed Behavior Change project. This will include Phase 1, 2, and 3 of the Behavior Change Project with all questions answered and filled with DETAILED information.

## Tentative Course Schedule

**\*All assignments are due at 11:59 PM central standard time (CST)**

Date	Assignment
June 1	Course Opens All Quizzes Open
Wednesday, June 3	Syllabus Agreement Quiz Introduction Discussion Board
Friday, June 5	<b>Module 1</b> Quiz Discussion Board Behavior Change Project (1 <sup>st</sup> section)
Wednesday, June 10	<b>Module 2</b> Quiz Discussion Board Dropbox Assignment
Monday, June 15	<b>Module 3</b> Quiz Discussion Board Dropbox Assignment Behavior Change Project (2 <sup>nd</sup> section)
Saturday, June 20	<b>Module 4</b> Quiz Discussion Board Dropbox Assignment
Wednesday, June 24	<b>Module 5</b> Discussion Board Dropbox Assignment
Sunday, June 28	<b>Module 6</b> Discussion Board
Wednesday, July 1	<b>Module 7</b> Discussion Board Behavior Change Project (3 <sup>rd</sup> section to include all sections)