

# Midwestern State University

Robert D. & Carol Gunn College of Health Sciences & Human Services

*Revised August 2022*

## Course Syllabus: Global Health and Wellness

### Course Information

**Name: HSHS 1013 X12 Global Health and Wellness**

**Credit: 3 hours**

**Term: Fall 2022**

**Prerequisite: None**

---

### Professor

Mandy Sedden MSRS, RT(R) Assistant Professor

Email: [mandy.sedden@msutexas.edu](mailto:mandy.sedden@msutexas.edu)

Use this information in the subject line: HSHS 1013\_your last name\_topic of the message.

Email is the best way to reach me. If I have not responded within 72 hours, please email me again.

Phone: (940) 397-4664

Office Location: Midwestern State University

3410 Taft Blvd.

Bridwell Hall 226

Wichita Falls, TX 76308

Office Hours: Please make an appointment.

---

## Course Communication

Contact information for the instructor is listed at the beginning of this syllabus. Email is the instructor's preferred mode of communication. When emailing the instructor, please include your full name, course and section number, and a thorough explanation in your message. This will help expedite your request or needs. Please use the following format in the subject header for your email:

1013\_your last name\_topic of message  
Example: 1013x12\_Smith\_Quiz 4

When there is a need to contact students, the instructor will use the student's MWSU email account, students.mwsu.edu. The instructor is not responsible for sending emails to any other email account. Faculty members will not be responsible for keeping up with other email addresses for students. If you have not established this account, do so as soon as possible by going to: <http://infosys.mwsu.edu/email.asp>

The instructor will respond or at least acknowledge email messages from students within a maximum of five (5) business days when MSU is in session. MSU is open only 4 days a week in the summer, so be mindful that if you email the instructor on a Friday you might not get a response until Monday. Beyond standard university holidays and breaks, the instructor will notify students of any extended periods when email contact is not practical (professional meetings, etc.).

## Feedback

Feedback varies throughout the course. The News section of the course is where I will send messages to the entire class. It is best to set up your D2L account to receive an email notification (to the email of your choice) when News items are posted.

1. Click the down arrow in the News section on the 4123 course home page
2. Select Notifications
3. Check the box next to "News- new item available" and then check any other boxes you wish to receive an email notification from.
4. Check the email address you wish to send email notifications. If you need to change this, select "change your email settings" and enter the new email address. This email address should be an email address you frequently check.

If you are having technical difficulties accessing the course or any other technical issues please contact [distance.learning@msutexas.edu](mailto:distance.learning@msutexas.edu) .

---

## Course Overview

This course is designed to introduce students to global health and give them an understanding of how the global community affects and is affected by changes in economic, political, and social factors. Influences such as education, income levels, governmental policies, regulation of health

care provision, and transnational economic and political relations will be discussed. The importance of the globalization of disease and wellness and the importance of including all citizens in global health concerns will be deeply discussed.

---

## Course Objectives

Upon completion of this course, students will:

1. Describe various factors that contribute to approaches to health care.
  2. Identify key terms and concepts in global health and wellness.
  3. Discuss ecological foundations of global health.
  4. Examine communicable diseases as transnational threats to human health and non-communicable disease burden on global health.
  5. Explore inequities in global health.
  6. Investigate issues related to global health and security and human rights issues.
  7. Discuss issues related to the top-down and bottom-up promotion of global health.
  8. Identify his/her role in the global health community.
- 

## Textbooks

Global Health 101, 4th Edition, Richard Skolnik, Jones & Bartlett, 2021.

ISBN: 9781284145380

**IMPORTANT:** To access your digital copy of Global Health 101 by Richard Skolnik, simply sign in to your “my.msutexas.edu” email address (not D2L email) and you should have a very recent email from Brytewave/Redshelf. Follow the instructions for accessing your account. If you need assistance with your my.msutexas.edu email address, you may contact the MSU IT Help Desk at 940. 397. 4278 and Shauna will assist you.

Once you log into Brytewave and enter your password, you will see your copy of Global Health 101

## How to access your textbook(digital)

1. Log into MSU portal and click on the GMAIL app.
2. Find the email from BRYTEWAVE/RED SHELF date of 08-14/22 and follow the instructions.

**NOTE\*\*\* Your book is only associated with your my.msutexas.edu email.**

---

### Teaching Strategies

Independent reading assignments, D2L open book module quizzes, dropbox assignments, and a final exam.

---

### Evaluation

Discussion Boards	10%
Quizzes	15%
Assignments	50%
Final Project	25%

### Grade Scale:

A = 100 – 90
B = 89 – 80
C = 79 – 70
D = 69 – 60
F = 59 and below

Refer to the Undergraduate Bulletin for details about receiving a grade of “Incomplete” in a course. In an emergency or extenuating circumstance, a student may request a grade of “Incomplete” in a course before grades are submitted. If the instructor grants the “Incomplete,” the student has until thirty (30) days after the beginning of the next long semester to complete the course requirements. If the student does not complete the course requirements within the deadline, the grade of “Incomplete” will automatically convert into a grade of “F.”

---

## Attendance

This is an online course. **You must be vigilant in logging onto D2L. Regular checks will ensure that messages from the instructor are received in a timely manner.** This course is on a schedule that will be strictly adhered to. See the Course Schedule for specific information about activities and due dates.

---

---

## COURSE MODULES (Activities and Assignments)

Students can proceed through the course content at their own pace within the boundaries set by the Course Schedule and the MSU Academic Calendar. See the Course Schedule at the end of this syllabus for specific information about activities and due dates.

If students have technical difficulties, they should use the “Help” link on D2L, contact the MSU Information Systems Support Staff, and send an email to the professor explaining what happened.

- **All work submitted to the instructor will be considered complete and final and will be graded as such.**
- **All reading assignments are mandatory and the student's comprehension of the content will either be graded in the form of a quiz or applied in an assignment.**
- **All assignments must be written at the baccalaureate level and will be graded for accuracy, completeness, quality, spelling, grammar, and integrity.**
- **Because of the nature of the assignments, late submissions will not be accepted.**

### Welcome (Students should start here!)

Students should begin the course by viewing the documents found in the Welcome module. There is an overview of the course and the textbook, as well as a document about discussion board etiquette. Finally in this section, you will find the library use video along with a quiz about the video. **Complete the Introduction Discussion Board and the Library Quiz. Please note this quiz is for a grade and must be completed independently by the students.**

### Module 1 – Introduction and Key Concepts in Global Health

Students should begin by reading the course notes for an overview of the module and Chapters 1 & 2 in the text. There are assigned reading materials found in this module that the student must complete, as well as a dropbox assignment for the Behavior Change Project. **Complete the discussion board (Where do I fit in?) and the quiz for this module.**

## **Module 2 – Burden of Disease, Communicable and Non-communicable Disease**

Students should begin by reading the course notes for an overview of the module and Chapters 3, 13 & 14 in the text. **There is also a discussion board question for this module. Complete the dropbox assignment for the foreign country disease burden assessment. Complete the discussion board (Surprising facts about disease burden) and the quiz for this module.**

## **Module 3 – The Ecological and Nutritional Impact on Health**

Students should begin by reading the course notes for an overview of the module and Chapters 8 & 9 in the text. **Complete 2 dropbox assignments (Update to Behavior Project & WHO Challenges Essay). Complete the discussion board (Personal Ways to Prevent Disease Physically or Attitude Adoption), and the quiz for this module.**

## **Module 4 – Inequities and Human Rights in Global Health**

Students should begin by reading the course notes for an overview of the module and Chapters 4 & 5 in the text. **Complete the discussion board (Pick one of four vignettes at the beginning of Chapter 5 and explain the ethical or human rights issue in essay form), and the quiz for this module. Complete the dropbox assignment for foreign country health statistics comparison.**

## **Module 5 – Natural Disasters and Complex Humanitarian Emergencies**

Students should begin by reading the course notes for an overview of the module and Chapters 16 & 17 in the text. **Complete the discussion board (Find a global health organization and describe its mission and global objectives relating to SDGs). Complete the dropbox assignment about environmental and natural disasters.**

## **Module 6– Global Health and Health Systems**

Students should begin by reading the course notes for an overview of the module and Chapter 6 in the text. **Complete the discussion board (Choose from discussion questions # 4, 6 7, 8, 9, or 10 on page 159 in Chapter 6 and compose a response). Complete the dropbox assignment on developing a new health care system.**

## **Module 7 - Course Completion**

Students should review the Module 7 notes. **Complete the discussion board (Your vision of healthcare). Submit your completed Behavior Change Project in dropbox.**

**(Requirements for each activity can be found in the appropriate module instructions; all activities are due by 11:59 p.m., CST.)**

<b>Date</b>	<b>Activity Due</b>
<b>August 17</b>	<i>Classes Open</i>
<b>August 30</b>	<ol style="list-style-type: none"> <li>1. Library Quiz Due</li> <li>2. Discussion Board Introduction</li> </ol>
<b>September 4</b>	<p><b>Module 1</b></p> <ol style="list-style-type: none"> <li>1. Behavior Change Project Form (1st section)</li> <li>2. Discussion Board</li> <li>3. Quiz</li> </ol>
<b>September 18</b>	<p><b>Module 2</b></p> <ol style="list-style-type: none"> <li>1. Dropbox Assignment</li> <li>2. Discussion Board</li> <li>3. Quiz</li> </ol>
<b>October 2</b>	<p><b>Module 3</b></p> <ol style="list-style-type: none"> <li>1. Behavior change project (2nd section)</li> <li>2. Dropbox Assignment</li> <li>3. Discussion Board</li> <li>4. Quiz</li> </ol>
<b>October 16</b>	<p><b>Module 4</b></p> <ol style="list-style-type: none"> <li>1. Dropbox Assignment</li> <li>2. Discussion Board</li> <li>3. Quiz</li> </ol>
<b>October 30</b>	<p><b>Module 5</b></p> <ol style="list-style-type: none"> <li>1. Dropbox Assignment</li> <li>2. Discussion Board</li> </ol>
<b>November 20</b>	<p><b>Module 6</b></p> <ol style="list-style-type: none"> <li>1. Island Project Dropbox Assignment</li> </ol>

	2. Discussion Board
<b>December 4</b>	<b>Module 7</b> 1. Behavior change project (all sections) 2. Discussion Board

### Campus Concealed Handgun Carry Policy

**Senate Bill 11 passed by the 84<sup>th</sup> Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University's webpage at <https://mwsu.edu/campus-carry/rules-policies>.**

If you have questions or concerns, please contact MSU Chief of Police Patrick Coggins at [patrick.coggins@msutexas.edu](mailto:patrick.coggins@msutexas.edu).

### Special Needs

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Midwestern State University endeavors to make reasonable adjustments in its policies, practices, services, and facilities to ensure equal opportunity for qualified persons with disabilities to participate in all educational programs and activities.

The Office of Disability Services (ODS) provides information and assistance, arranges accommodations, and serves as a liaison for students, instructors, and staff. The ODS has assistive devices such as books on tape, recorders, and adaptive software which can be loaned to qualified individuals. A student/employee who seeks accommodations based on disability must register with the Office of Disability Services in the Counseling Center, Clark Student Center Room 108. Documentation of a disability from a competent professional is required.

Individuals with grievances related to discrimination or lack of accommodation based on a disability are encouraged to resolve the problem directly with the area involved. If the matter remains unresolved, advice and/or assistance will be provided by the Office of Disability Services for resolution. The grievance procedure may be found in the Student Handbook and Activities Calendar.

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that

provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disability Support Services in Room 168 of the Clark Student Center, (940) 397-4140.

---

### **Administrative Process**

Unresolved issues related to this course should be first addressed between the student and the course instructor. If there is no resolution, students must follow this sequence:

College Dean – Dr. Jeff Killion (940-397-4594)  
Dean of Students – Matthew Parks (940-397-7500)

---

### **Honor System**

HSHS 1013 adheres to the MSU Code of Conduct. In particular, academic dishonesty, however small, creates a breach in academic integrity. A student's participation in this course comes with the expectation that his or her work will be completed in full observance of the MSU Code of Student Conduct. A student should consult the current Student Handbook for answers to any questions about the code.

Many components of HSHS 1013 are designed to be highly interactive with students helping each other learn. Students are encouraged to take full advantage of many resources available including online D2L course resources, Internet sites, other textbooks and journals, faculty, and peers when answering objectives. This interactive collegial learning environment is conducive to lifelong learning.

Specific components of HSHS1013 are designed to represent the efforts of each student INDIVIDUALLY and are NOT to be shared or copied (plagiarized) from other sources. These components include the module activities, Blackboard Open Book Module Quizzes, and the Blackboard Comprehensive Final Exam. When students submit their efforts for grading, they are attesting they abided by this rule.

Cheating includes, but is not limited to, (1) use of any unauthorized assistance in taking quizzes, tests, or examinations; (2) dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or completing other assignments; or (3) the acquisition of tests or other academic materials belonging to the university faculty or staff without permission.

Plagiarism includes, but is not limited to, the use of, by paraphrase or direct quotation without correct citation in the text and on the reference list, the published or unpublished works of another person. Students may NOT submit papers and assignments that they have previously submitted for this or other courses. The use of materials generated by agencies engaged in

"selling" term papers is also plagiarism. Students are encouraged to review the tutorials and suggested websites for more information about plagiarism. Papers and other assignments may be submitted to an external agency for verification of originality and authenticity.

Academic dishonesty (cheating, plagiarism, etc.) will not be tolerated in this class. Whenever a student is unsure of whether a particular situation will be interpreted as academic dishonesty, he/she should ask the instructor for clarification. If students are guilty of academic dishonesty, a grade of zero (0) may be given for the quiz, assignment, etc. Cases may also be referred to the Dean of Students for possible dismissal from the university.

***PLEASE NOTE***

***By enrolling in this course, the student expressly grants MSU a “limited right” in all intellectual property created by the student for the purpose of this course. The “limited right” shall include but shall not be limited to the right to reproduce the student’s work product in order to verify originality and authenticity, and for educational purposes. Specifically, faculty may submit student papers and assignments to an external agency to verify originality and authenticity and to detect plagiarism.***