Midwestern State University Gordon T. & Ellen West College of Education

COUN 6013 Human Relations Summer I 2021 Dr. Pam Midgett

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Office: MSU Counseling Center Office hours: Call me Monday-Friday 10 – 4 or

email me requesting a Zoom

meeting if my office hours do not

work for your schedule.

Required Text:

- 1.) BECOMING AWARE, VELMA-WALKER and Lunn Brokow, 12th or 13th Edition, Kendall/Hunt Publishing, 2013 and 2017
- 2.) A FRAMEWORK FOR UNDERSTANDING POVERTY, $5^{\rm th}$ Edition Ruby Payne. 2013
- 3.) Multicultural Counseling and Psychotherapy: A Lifespan Approach, 6th Edition, Prentice Hall, 2016

Course/Catalog Description:

Developing interpersonal and intrapersonal skills with particular attention to communication with diverse populations.

Objectives:

Diversity and Awareness of Culture in Education, Training, Development and Counseling

- 1. To identify basic concepts or terms such as acculturation, ethnic-class, economic exploitation, prejudice, etc.
- 2. Identify current biases in standardized test uses, teaching strategies, employment and promotion practices.
- 3. Demonstrate a basic knowledge of minority group contributions to American society.
- 4. Demonstrate an awareness of the cultural experience (life style, customs, institutions, and barriers) of at least three ethnic groups other than his/her own.
- 5. Evidence awareness of national studies relative to ethnic achievement, abilities, and grouping in public schools.
- 6. Identify current biases and deficiencies in curriculum, learning materials, and teaching strategies perpetuating sexism.
- 7. Demonstrate awareness of strategies for parental involvement.
- 8. Evidence awareness of different child rearing practices among ethnic groups.
- 9. Evidence awareness of the need and value of multicultural and bilingual education and significant professional reports.
- 10. Explain the concept of access as it relates to ethnic groups benefiting from the various social institutions (schools, government, business, etc.)
- 11. Recognize similarities and differences among majority and minority cultures.
- 12. Considerations are given to the impact of extended families and the over diagnosing of multicultural clients.
- 13. Demonstrate an awareness of the cultural experience (life style, customs, institutions) of at least three ethnic groups other than his/her own.

Self-Awareness, Communication and Development of Self Identity

- 1. To develop skills in communicating interpersonally on cognitive and feeling levels.
- 2. To recognize communication patterns in self and others that enhances or inhibits the communication process.
- 3. To understand the communication patterns of diverse populations and how their verbal and non-verbal behaviors can be interpreted in the context of counseling, teaching, training or development venues.
- 4. Understand what is involved in developing wholesome self-identities.

Dispositions

- 1. The professional maintains a multicultural and specific population's perspective of counseling and teaching and is able to apply theoretical concepts to multicultural and specific populations.
- 2. The professional understands potential barriers to effective counseling with multicultural and specific populations
- 3 The professional is flexible in his/her ability to apply appropriate strategies to fit the needs of individuals.
- 4. The professional is able to demonstrate respect for each child, adolescent, and adult.
- 5. The professional actively seeks understanding of persons from diverse populations and of how this diversity impacts functioning and learning.
- 6. The professional is able to recognize factors in a person's life that affect learning and overall functioning. The professional has knowledge of resources in the school and community that may be utilized to help children, adolescents, adults, and families.
- 7. Apply skills and strategies to counsel and teach multicultural and specific populations.
- 8. The professional follows established and professional ethical and legal guidelines regarding the counseling and teaching of multicultural and specific populations.

Method of Instruction:

The course will be based on discussion postings, experiential activities, and projects, using D2L as the method of delivery. There will be optional Zoom classes which the student may choose to attend. Please note that everything you will need to be successful in the course will be available for you through the D2L format but the optional Zoom classes are a way for us to get to know each other and ask questions about assignments.

Attendance Policy:

Active participation for this class is required. Lack of participation will impact your grade significantly. Active participation as evidenced by timely posts of discussion and assignments. NO LATE WORK WILL BE ACCEPTED. Due to the short semester, no extra credit will be available.

Plagiarism Statement:

"By enrolling in this course, the student expressly grants MSU a 'limited right' in all intellectual property created by the student for the purpose of this course. The 'limited right shall include but shall not be limited to the right to reproduce the student's work product in order to verify originality, authenticity, and educational purposes."

From Student Handbook

Disability Statement

As the faculty of the West College of Education, we are dedicated to helping meet the needs of our students with disabilities and are eager to provide the accommodations to which such students are entitled. If you have a documented disability and are registered with the Disability Support Services office, please let your instructor know to expect a letter from that office describing the accommodations to which you are entitled. If you have a documented disability but are not registered with Disability Support Services, please contact that office immediately to register.

Additional information:

I work as the Director of the MSU Counseling Center. It is considered unethical for a licensed professional counselor to have a dual relationship with another person. A dual relationship as related to this class would be that I am your faculty member giving you a grade and also working as your counselor.

Therefore, during the time that you are enrolled in this course, I cannot work as your counselor in the Counseling Center. We have other licensed professional counselors employed in the center so there would be another counselor who could help you should you want counseling.

Course Requirements:

In this course the student will

- 1. Read and report on a culturally diverse book with human relations issues.
- 2. View and report on a culturally diverse film with human relations issues.
- 3. Interview someone representing a culture that you want to know more about and provide a write-up.
- 4. Create a webliography a culturally diverse topic in which you need to become aware. Someday you may have a student, client, or employee with a diverse issue that needs information about something and after this assignment, you can give them a list of websites to explore their issue. Five sites will be required. The student will provide Dr. Midgett with the URL for each site and a paragraph for each site stating what the site was about.
- 5. Complete Chapter Assignments class discussions or other chapter assignments given by Dr. Midgett (see each chapter assignment for chapter discussion topic from the Becoming Aware book).
- 6. Write and analyze a case study that speaks to a cultural issue about which you need to be more aware. You will solve the case study as if you were the person in control of the situation and from the perspective of your future career (counselor, administrator, teacher, human resource specialist, etc.). The solution must be based on a review of literature about that topic.
- 7. Complete a mid-term and a final exam.

Note: Each assignment may be a different culture so that at the end of this semester, you will be more aware in at least 7 different cultures. The cultures to be addressed in the assignments are the following: Black, Hispanic, Asian, Native American, European American, Elderly, Gender, Individuals with Disabilities and Poverty, to name just a few.

Assessment:

A student's mastery of the objectives of the course will be determined by their performance on exams, participation in online discussions, and completion of projects.

Grading Procedures:	Assignments	50%
	Discussions	20%
	Midterm	15%
	Final	15%

If you are enrolled in COUN 4013, please email me ASAP and there will be several alternatives to this list of assignments.