

Course Syllabus: Introduction to Evidence-Based Practice
College of Robert D. & Carol Gunn College of Health Sciences & Human Services
NURS 3743 DX1

Spring 2023 Contact Information

Instructor: Stefanie Hoffmann, MSN, RN

Office: Remote

Office hours: Tuesdays and Fridays 8am-11am and by appointment on other days

Cell number: 903-280-0957

E-mail: Stefanie.hoffmann@msutexas.edu

## **Course Description**

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- 1. This course focuses on qualitative, quantitative and mixed method research which serves to compare and evaluate evidence-based practice and healthcare in clinical practice.
- 2. The course will demonstrate appropriate utilization of research findings to monitor patient-centered care, quality improvement, safety, and leadership outcomes.
- 3. The course is designed to identify critical appraisal skills that assist nurses to become competent research consumers.
- 4. AACN Essentials: For further information regarding the AACN Essentials identified for each course objective, refer to: The Essentials of Baccalaureate Education for Professional Nursing Practice

### Course Objectives

Upon completion of this course, the student will be able to:

- 1. Describe the role of healthcare and, specifically, nursing research for nursing and evidence-based practice (AACN II, III).
- 2. Discuss ethics and legal precepts related to research, scholarship, research subjects, and processes (AACN II, III).
- 3. Compare and contrast characteristics, usage and contributions of qualitative, quantitative, and multiple design research methods (AACN III).
- 4. Demonstrate beginning critical reasoning and analysis of research appraisal as a consumer of research to promote safety in nursing and health care services (AACN III).

- 5. Identify systems for determining validity and reliability of research, and cause and effect relationships (AACN III).
- 6. Identify evidence-based research protocols to monitor nurse-sensitive client care indicators and outcomes (AACN II, III).
- 7. Discuss future directions significant to and for nursing research as a component of professionalism (AACN II, III).
- 8. Acknowledge role in protection of human subjects in the conduct of (AACN III, IX).
- 9. Demonstrate an understanding of the basic elements of the research process (AACN III, IX).
- 10. Identify principles and models of evidence-based practice (AACN III, IX).
- 11. Explain the interrelationship among theory, practice, and research (AACN I, III, IX).
- 12. Identify practice discrepancies between identified standards and practice that may adversely impact patient (AACN II, III, IX).

#### **Textbook & Instructional Materials**

Required textbook

Schmidt, N.A.& Brown, J.M. *Evidence-based practice for nurses: Appraisal and application of research*. 4<sup>th</sup> edition. Burlington, M.A.: Jones & Bartlett Learning. ISBN: 978-1-284-05330-2.

American Psychological Association (2020). Publication Manual of the American Psychological Association (7<sup>th</sup> ed.). Washington D.C.

#### Student Handbook

Refer to: Student Handbook 2021-22

Academic Misconduct Policy & Procedures

Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individual's to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct.

## **Grading**

Table 1: Points allocated to each assignment –

Assignments	Points
EBP Essay	10%
Searching assignment	10%
Interview paper	25%
Discussion questions (4 Message Board 20	
assignments)	
Evidence Review Presentation	30%
Peer review of EBP	5%
Total Points	100%

Table 2: Total points for final grade. There will be no rounding of grades.

Grade	Points	
Α	90 to 100	
В	80 to 89	
С	79 to 74	
D	65 to 73	
F	64 and below	

# **Projects Required**

Assignments vary in each module and each assignment has its own rubric for completion and grading. Written work is to be completed and submitted electronically in the appropriate assignment (drop box) on D2L and submitted by assigned due date and time. An overall average of at least 74% is required to pass this course. Faculty reserves the right to make changes at any time to this syllabus. Students are to be accountable for all communications sent by faculty on Desire 2 Learn; therefore, you **must** check the site for announcements, assignments, and messages. Faculty prefers students use email as a means to make a specific request or to ask for content clarification. Virtual and phone appointments are available upon request.

#### **Discussion Board**

You must post a substantive response to each of the required questions. A substantive response is constructive and adds value to the weekly discussions. Substantive responses should be at least 150 words in length. Rarely should each require more than 250 words. Your responses need to reflect critical thought and demonstrate an understanding of the relevant concepts. All factual knowledge must be supported with appropriate citation of source. Response to the discussion board questions must be posted by 10:59 PM CST of the due date on the Discussion Board section in the appropriate Discussion Question thread as stated in the course outline. Discussion posts

will not be accepted late. It is the responsibility of the student to post the assignment on the correct thread by 10:59 PM CST on or prior to the due date. Participation in the classroom discussion is required. In addition to posting your Initial response to the discussion questions, you must post a substantive comment to at least two of your classmate's posts. Peer post may be made anytime during the week but must be made prior to the close of the week before the due date and time. Peer Posts made after the due date and close of the week will not be accepted for credit.

#### **Late Work**

Assignments more than two days late will not be accepted. Assignments submitted late which is within two days of the due date will receive a ten point deduction for each day they are late.

### **Important Dates**

Last Day to drop with a grade of "W:" is April 19, 2023.

Refer to: <u>Drops, Withdrawals & Void</u>

## **Desire-to-Learn (D2L)**

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into D2L through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

# **Online Computer Requirements**

Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your responsibility to have (or have access to) a working computer in this class. Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings. Computers are available on campus in various areas of the buildings as well as the Academic Success Center. Your computer being down is not an excuse for missing a deadline!! There are many places to access your class! Our online classes can be accessed from any computer in the world which is connected to the internet. Contact your instructor immediately upon having computer trouble If you have technical difficulties in the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations however they are able to help you get connected to our online services. For help, log into D2L.

#### **Instructor Class Policies**

Instructor Drop. An instructor may drop a student any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude or for lack of engagement in the online learning environment. For example, failure to participate in online discussions as schedule and on time is considered being absent. Prior to dropping a student from the class, the instructor must give the student a verbal or written warning. An instructor's drop of a student takes precedence over the student-initiated course drop at a later date. The instructor will assign a grade of WF or F the 6<sup>th</sup> week of a 10-week summer term. After this time, the grade will be an F. The date the Office of the Registrar receives the instructor drop form is the official drop date. RN Transition students must complete all nursing courses within a two-year period of time beginning with the first nursing course. RN Transition students must maintain enrollment in at least two courses per semester. If a student does not maintain enrollment for one semester they will be placed on inactive status. If a student were to withdraw for a second time from the same and or any nursing course and or received a second D or F in the same and or any nursing course, even if the student has repeated a course and received a grade of C or above the student will be dismissed from the program.

## **Change of Schedule**

A student dropping a course (but not withdrawing from the University) within the first twelve class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the **Schedule of Classes** each semester.

## **Refund and Repayment Policy**

A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. HOWEVER, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. As described below, two formulas (federal and state) exists in determining the amount of the refund. (Examples of each refund calculation will be made available upon request).

# **Disability Support Services**

Midwestern State University is committed to providing equal access for qualified students with disabilities to all university courses and programs, and by law all students with disabilities are guaranteed a learning environment that provides reasonable accommodation of their disability. This guarantee is provided through Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. The ADA reads: "No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of a public entity, or be subject to discrimination by any such entity." The Director of Disability Support Services serves as the ADA Coordinator and may be contacted at (940) 397-4140, TDD (940) 397-4515, or 3410 Taft Blvd., Clark Student Center 168.

### **College Policies**

Campus Carry Rules/Policies

Refer to: Campus Carry Rules and Policies

Smoking/Tobacco Policy

College policy strictly prohibits the use of tobacco products in any building owned or operated by WATC. Adult students may smoke only in the outside designated-smoking areas at each location.

Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

### **Grade Appeal Process**

Students who wish to appeal a grade should consult the Midwestern State University <u>Undergraduate Catalog</u>

#### **Notice**

Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor. Course Schedule

Week	Weekly Objectives	Assignment
WCCK	(To be completed as independent study,	Due Date
	building upon prior knowledge. Self-	(Graded
	determined competence)	submissions)
Week 1	Evidence-based nursing practice	Evidence-
Course	Legal and ethical issues	based Nursing
Orientation and	Overview of various types of research	<b>Practice Essay</b>
Building an	1. What is evidence based practice?	due
evidence-based		By Sunday
nursing practices,	2. What is nursing research?	10:59PM
legal and ethical	2. Have been normalized as a	Central
issues, and	3. How has nursing evolved as a	Standard
overview of	science?	Time.
various types of research.	4. Keeping it ethical.	
	5. Challenges for the future	
	Readings	
	Schmidt & Brown Chapter 1 pages 1 to	
	41.	
	PDF documents outlined below found in	
	Resources Week One in D2L.	
	Ethical Principles PDF.	
	Ethics and EBP PDF.	
	The history of evidence-based practice in	
	nursing education and practice PDF.	
	Selecting a research method PDF.	
	Understanding EBP PDF.	
	Human Subjects PDF.	
	Research Designs PDF.	
	Igniting a spirit of inquiry: An essential	
	foundation for evidence-based practice PDF.	
	EBP framework PDF.	
	LDI Hamework (D)	

Week	Weekly Objectives (To be completed as independent study, building upon prior knowledge. Self-determined competence)	Assignment Due Date (Graded submissions)
Week 2 Clinical issues and questions (PICOT) And searching for the evidence.	<ol> <li>Identifying research questions         <ol> <li>How clinical problems guide research questions.</li> <li>Developing hypotheses</li> <li>Formulating EBP questions</li> </ol> </li> <li>Keeping it ethical Readings Schmidt &amp; Brown Chapter 3 pages 71 to 93. PICOT word document. Constructing clinical questions PDF. PICOT Templates PDF. Engaging nurses in EBP PDF. Asking the clinical question PDF.</li> </ol>	Discussion for week 2 Initial discussion post due by Friday 10:59PM Central Standard Time. The 2 peer posts are due by Sunday 10:59PM Central Standard Time.  PICOT Assignment Worksheet Due in Assignments By Friday 10:59 pm Central Standard Time.
Week 3 Reading, interpreting and clinically appraising the evidence	Readings Searching for the Evidence PDF Levels of Evidence PDF How to read and interpret evidence PDF	Searching Assignment Due in Assignments Sunday by 10:59 PM Central Standard Time.

Week	Weekly Objectives (To be completed as independent study, building upon prior knowledge. Self-determined competence)	Assignment Due Date (Graded submissions)
Week 4 Critical appraisal of evidence, Quantitative designs, Qualitative design	Key principles of quantitative designs  1. Chart the course 2. What is validity? 3. Categorizing designs according to time 4. Keeping it ethical Quantitative designs: Using numbers to provide evidence 1. Experimental designs  2. Quasi-experimental designs  3. Non-experimental designs  4. Specific uses for quantitative designs  5. Keeping it ethical Readings Critical appraisal of quantitative studies PDF How to critically appraise the evidence PDF Step by step PDF CA part 1 PDF Critical appraisal of qualitative	Discussion for week 4. Initial discussion post due by Friday 10:59PM Central Standard Time. The 2 peer posts are due by Sunday 10:59PM Central Standard Time.
	studies PDF. Schmidt & Brown Chapter 6 and Chapter 7.	
Week 5 Outcomes and EBP, Evaluation and Essential Steps, and Pulling it all together.	Readings Outcomes and EBP PDF How to read and understand the evidence PDF Outcomes PDF Evaluation and essential steps PDF Pulling it all together PDF	Interview Paper due Sunday 10:59 PM Central Standard Time in Assignments.

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Week	Weekly Objectives	Assignment
	(To be completed as independent	Due Date
	study, building upon prior	(Graded
	knowledge. Self-determined	submissions)
	competence)	
Week 6	Weighing in on the Evidence	<b>Discussion for</b>
Drawing conclusions	Deciding what to do	week 6
from an evidence	Appraising the evidence	Initial discussion
review and	Clinical practice guidelines:	post due by Friday
implementation of a	Moving ratings and	10:59PM Central
practice change	recommendations into practice	Standard Time.
	Transitioning evidence to practice	The 2 peer posts are
	Evidence-based practice models	due by Sunday
	to overcome barriers	10:59PM Central
	Creating change	Standard Time.
	Keeping it ethical	
	Readings	
	Schmidt & Brown 15 and Chapter	
	16.	
	EBP habits PDF	
	Rolling out PDF	

Week	Wookly Chiestiyes	Accianment
Week	Weekly Objectives	Assignment
	(To be completed as independent study,	Due Date
	building upon prior knowledge. Self-	(Graded
–	determined competence)	submissions)
Week 7	Sharing the insight with others	Presentation to the
Creating an	1. Dissemination	Message Board and
environment for	2. The 2 De of discouring tion	upload your abstract
EBP	2. The 3 Ps of dissemination	and references to the
	2 Using technology to	assignment section
	3. Using technology to	Due Friday by
	disseminate knowledge	10:59 PM
	4 M I : II I C C	Central
	4. Making the most of conference	Standard
	5 Kooping it othical	Time.
	5. Keeping it ethical	D 1 (4 (2)
	Readings	Reply to three (3) peers letting them know you
	Schmidt & Brown Chapter 19	will be evaluating their
	Evaluation and dissemination PDF	presentation.
	Sustaining a practice change	<b>Due Friday</b>
		by 10:59 PM
		Upload the
		PRESENTATION
		GRADING
		CRITERIA sheet into
		the Message Board
		thread of the three (3)
		students you have
		chosen to grade and
		submit the Student
		Presentations
		Reviewed sheet into
		the assignment
		section.
		<b>Due Sunday</b>
		by 10:59 PM

Week	Weekly Objectives	Assignment Due Date
Week 8	Readings	<b>Discussion Post</b>
Challenges of EBP	Review reading materials	must be complete by
and current	presented during course	Friday at 10:59 p.m.
issues		of the course week.
		You are not required to
		respond to your peers.