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## **CURRICULUM VITAE**

### **EDUCATION**

#### **Doctorate of Philosophy in Psychology, May 2019**

Christian Psychology  
B.H. Carroll Theological Institute

Completed Doctoral seminars and comprehensive exams  
Southwestern Baptist Theological Seminary

Completed Doctoral Minor in Higher Education  
University of North Texas

#### **Masters of Arts, December 2005**

Marriage & Family Therapy  
Southwestern Baptist Theological Seminary

#### **Masters of Arts, December 2005**

Christian Education  
Southwestern Baptist Theological Seminary

#### **Bachelor of Science, May 2002**

Major: Religion; Concentration: Biblical Studies  
Major: Psychology; Concentration: Human Resources and Counseling  
Liberty University

### **PROFESSIONAL EXPERIENCE**

#### **Adjunct Faculty**

2025-present, Midwestern State University  
Wichita Falls, Texas  
Taught counseling courses to Master's level students.

**Adjunct Faculty**

2011-present, Dallas Baptist University

Dallas, Texas

Taught psychology and counseling courses to Undergraduate and Master's level students. Responsibilities include curriculum development, creation of syllabi, text selection, and lesson plan construction.

**Adjunct Faculty**

2010-2014, B. H. Carroll Theological Institute

Arlington, Texas

Taught psychology and counseling courses to Master's level students.

Responsibilities include curriculum development, creation of syllabi, text selection, and lesson plan construction.

**Adjunct Faculty**

2008-2010, Southwestern Baptist Theological Seminary

Fort Worth, Texas

Taught psychology and counseling courses to Master's level students.

Responsibilities included curriculum development, creation of syllabi, text selection, and lesson plan construction.

**Graduate Assistant**

2006-2008, Southwestern Baptist Theological Seminary

Fort Worth, Texas

Assisted Dr. Ian Jones in instructing Master's level students, managed on-line grade books using Blackboard, substitute taught, administered exams, and graded Master's level assignments.

**Therapist**

2014 - Present,

Own and operate my own counseling practice. Provide counseling services to outpatient clients, including individual, marital, pre-marital, pediatric and family services. Maintain case notes, treatment plans, and work in cooperation with insurance companies. Business administration of the center including policy writing, maintenance of book keeping, and advertisement.

**Therapist**

2005-2014, Promises Counseling Center

First Baptist Church

Burleson, Texas

Provide counseling services to outpatient clients, including individual, marital, pre-marital, pediatric, and family services. Maintain case notes, treatment plans, and worked in cooperation with insurance companies.

Worked in coordination with the director of the center accomplishing administrative responsibilities of the counseling staff including serving as the Intake Coordinator, development of forms for both the counseling services, as well as the benevolence ministry, and have written a technical policy and procedural manual for the center as a whole.

### **Therapist**

2006-2007, Millwood Hospital  
Arlington, Texas

Provided counseling for inpatients, adult, substance abuse, geriatric, faith based, and adolescent units, and their families. Led process, psychoeducational skills, and family therapy groups. Maintained case notes and created treatment plans. Worked in conjunction with psychiatrists and social workers.

### **Therapist**

2006-2007, Walsh Counseling Center  
Fort Worth, Texas

Completed Clinical Rotation

Provided counseling services to outpatient clients, including individual, marital, pre-marital, pediatric, and family services. Maintained case notes and treatment plans. Participated in group supervision with supervising professor.

## **HONORS RECEIVED**

Dean's List, Southwestern Baptist Theological Seminary, 2003-2005

Charles B. Keesee Educational Fund, 2003-2005

Grant received for students pursuing full-time Baptist ministry.

## **LICENSURE**

Licensed Professional Counselor, State of Texas, 2009-Present

Licensed Professional Counselor Supervisor, State of Texas, 2010-Present

## **CERTIFICATIONS**

Critical Incident Stress Management: Individual Crisis Intervention and Peer Support, 2010

Critical Incident Stress Management: Group Crisis Intervention, 2010

Critical Incident Stress Management: Advanced Group Crisis Intervention, 2010

## **PROFESSIONAL ORGANIZATIONS**

2002-2014 Student Association of Christian Counselors, member

2004-2005 Student Association of Christian Counselors, President

2004-2015 American Association of Christian Counselors

2010-2019 Committee member for Southwest Metroplex Baptist Association Counseling Committee. Responsible for hiring and overseeing the association's counselor

## **UNDERGRADUATE LEVEL COURSES TAUGHT**

### **Drug and Alcohol (Soci 3312/CRJS 3312/Psyc 3303)**

Developed syllabus, course context, and methods of assessment. Provided instruction regarding the affects of street drugs and alcohol on the physiological and psychological in the body.

### **Human Growth and Development (Psyc 3312/Soci 4313)**

Developed syllabus, course content, and methods of assessment. Provided instruction regarding the life span development of both normal and abnormal development.

### **Integrating Psychology and Christianity (Psych 4311)**

Developed syllabus, course content, and methods of assessment. Provided instruction regarding the major approaches to and issues in relating psychology to Christianity.

### **General Psychology (Psyc 1301)**

Developed syllabus, course content and methods of assessment. Provided instruction regarding an overview of major psychological findings, including major theories, neuropsychology, emotions, intelligence, and psychological disorders. Taught in Hybrid and Online format.

### **Marriage and Family (Psyc 2304/Soci 2304)**

Developed syllabus, course content and methods of assessment. Provided instruction regarding the psychology of the life cycle of marriage and common areas of conflict within marriage. This

course provides a historical development of and principal conceptualizations of marital and family systems theory. A review of major theories, therapeutic processes, and techniques involved in treating marriage, family, and relationships. Focus on specific issues pertinent to marriage, family, and relationship counseling (e.g., gender, sexual orientation, ethnicity, and culture).

### **Psychology of Personality (Psyc 4315)**

Developed syllabus, course content, and methods of assessment. Provided instruction regarding the investigation of the interacting biological, psychological, and sociological factors which contribute to formation of behavior in personality structure. A survey of the major theories of personality is included.

### **Counseling Theories and Techniques (Psyc 4314)**

Developed syllabus, course content, and methods of assessment. Provided instruction regarding the fundamentals of counseling as they relate to human behavior. A survey of the major theories of counseling and psychotherapy is included.

## **UNDERGRADUATE COURSES DEVELOPED**

### **Dynamics of Therapeutic Play (Psych 4321)**

Created syllabus, curriculum, and methods of assessment. Selected text materials. Provided instruction to undergraduate level students. This course provides an overview of the interaction between human play and development and introduces the concept and principles of therapeutic play. The content emphasizes play within the context of medical and non-clinical settings, and culture. Students learn appropriate skills and strategies for engaging children in a variety of playful activities and approaches to assist the child and family members to cope with stressful events.

## **MASTERS LEVEL COURSES TAUGHT**

### **Practicum I (Psych 4413)**

Provided instruction to advanced Masters level students regarding performing counseling intakes and group therapy. Provided direct supervision to students conducting counseling intakes as well as provided instruction regarding implementing psychological instruments. Conducted group therapy for counselors in training.

### **Practicum II and III (Psych 4423,4433)**

Provided direct supervision for counselors-in-training conducting group therapy. Instructed students in basic and advanced counseling skills in actual counseling situations.

### **Premarital and Marriage Counseling (Psych 4343)**

Developed syllabus, curriculum, and methods of assessment. Provided instruction to Master's level students. This course introduced and focused on various theories and methods of premarital and marriage counseling. Students consider biblical foundations for marriage, common problems faced by couples in marriage, and techniques for premarital and marriage counseling.

**Addictive and Compulsive Disorders (Coun 6381)**

Developed syllabus, curriculum, and methods of assessment. Provided instruction to Master's level students regarding addictive and compulsive disorders outlined by the DSM. Students examined different street drugs and the affects on brain development, as well as, compulsive disorders such as eating disorders.

**MASTERS LEVEL COURSES DEVELOPED**

**Therapy with Children and Adolescents (MFTSY 5534)**

Created syllabus, curriculum, and assessment methods. Selected text materials. Provided instruction to Master's level students regarding childhood development, major theories of counseling children, psychopharmacology, and ethical and legal responsibilities for working with this population.

**Cross-Cultural Counseling (MFTSY 5532)**

Created syllabus, curriculum, and assessment methods. Provided instruction to Master's level students regarding the impact of ethnic differences on counseling in the church setting. Major ethnic groups were studied to determine where and how traditional approaches to counseling must be adapted for effective ministry to persons of other cultures.

**Master's Level Courses Lectured In As Graduate Assistant:**

**Abnormal Psychology (PSYCH 4353)**

Students study the etiology and methods of the diagnosis of abnormal behavior as outlined by the DSM with special attention given to a Christian approach to treatment and prevention.

**Counselor as a Professional (PSYCH 4473)**

Includes professional socialization and the role of professional organizations, licensure and certification legislation, legal responsibilities and liabilities, ethics and family law, confidentiality, and inter-professional cooperation, and the relevance of these areas for developing a professional attitude and identity as a Christian counselor.

**Cross Cultural Counseling (PSYCH 4533)**

An investigation into the impact of ethnic differences on counseling. Major ethnic groups are studied to determine where and how traditional therapies must be adapted for effective ministry to persons of their culture.

**Counseling Theory and Personality (PSYCH 4333)**

A survey of classical and contemporary counseling theories and the major theories of personality with particular reference to biblical principles and the counselor in a Christian setting.

**CONFERENCE PRESENTATIONS**

“Walking With Others Through Grief” Southwestern Baptist Theological Seminary, 2008

“Mental Health In Our Churches” Pastor’s Conference, Happy Hill Baptist Church, 2009

“Safety in the Church” Church Association Conference, Cleburne, Texas, 2012

“Attachment Style and Developing Safe Relationships” Pregnancy Aid Center, Burleson, Texas, 2013

“Dealing with Loss: Understanding Disenfranchised Grief” Christian Counselors of Texas, 2019

“Coping Well!” West Foundation Elementary, Wichita Falls, Texas 2021

**COMMUNITY INVOLVEMENT**

Work in conjunction with the Johnson County Christian Women’s Job Corp. Created and implemented and taught two new courses to the program. 2011-2014.

“Building and Maintaining Relationships” Christian Women’s Job Corp, First Baptist Church, Burleson, Texas, 2011 to 2014

“Counseling and Recovery” Christian Women’s Job Corp, First Baptist Church, Burleson, Texas, 2011 to 2014

Member of Crisis Response Team that served North Texas, 2010-2015

**CHURCH INVOLVEMENT****Preschool Ministry Associate**

2003-2006, First Baptist Church,  
Burleson, Texas

Worked as the associate preschool minister and was responsible for curriculum development, implemented Project Safe Child, and oversaw childcare staff and volunteers.

**Women's Ministry Director**

2012-2020, Happy Hill Baptist Church

Alvarado, Texas

Lead the women's ministry in service projects, missions projects, outreach, and Bible study.

**VBS Director**

2012-2020, Happy Hill Baptist Church

Alvarado, Texas

Lead the church in vision and implementation of Vacation Bible School.