



Course Syllabus: Mental Health Nursing  
College of Gunn Health Sciences and Human Services  
NURS 3413/3412  
Spring 2019

Contact Information

All correspondence with the faculty concerning the class should be sent through D2L unless otherwise specified by your instructor. Please allow the professors 48 hours to respond to you e-mails. Private issues can and should be sent to the faculty specific e-mail at the msutexas.edu addresses listed.

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Course Description

Concepts and principles emphasized in this course pertain to communication, interpersonal relationships, and utilization of the nursing process in providing nursing care for clients manifesting psychosocial and/or psychiatric needs. Clinical and classroom discussions provide students with opportunities to develop a greater understanding of self, and to increase their ability in relating to individuals, families, groups, and communities (IFGC) in structured and non-structured settings.

Credit hours: Five (5) credit hours – three (3) hours lecture and an average of six (6 hours) of clinical per week

Pre-requisites: Basic Nursing Care and Clinical; Pharmacology

## Course Objectives

AACN Essentials: For further information regarding the AACN Essentials identified for each course objective, refer to <http://www.aacnnursing.org/Portals/42/Publications/BaccEssentials08.pdf>

DEC Competencies: In the DEC Competencies below, the following designations apply: I: Provider of Patient-centered Care, II: Coordinator of Care, III: Patient Safety Advocate, and IV: Member of the Health Care Team. For further information regarding the competencies identified for each course objective, refer to [http://www.bon.texas.gov/pdfs/publication\\_pdfs/delc-2010.pdf](http://www.bon.texas.gov/pdfs/publication_pdfs/delc-2010.pdf)

Upon completion of this course, the student should be able to:	AACN	DEC
1. Discuss the evolution of major social, cultural, and historical factors and their influence on psychiatric nursing practice.	I, V, VII, VIII	I-A
2. Utilize the nursing process to provide nursing care to individuals and families with psychosocial and/or mental health needs within the context of IFGC.	II, III, VI, VII, VIII, IX	I-B II-A, C, D
3. Differentiate between therapeutic and non-therapeutic communication techniques, identify components of nonverbal expression, and describe boundary issues associated with touch and proxemics while taking into account the cultural differences that exist among patients and their families from various ethno-cultural backgrounds.	II, VI, VII, VIII	II-B, D, E, H III-C
4. Demonstrate accountability for legal/ethical aspects in providing nursing care to individuals and their families with psychosocial and/or mental health needs with the context of their IFGC.	I, II, IV, V, VI, VII, VIII	I-A, B II-E, H III-A, B, C IV-D
5. Utilize knowledge of growth and development in providing nursing care to individuals and their families with psychosocial needs and/or mental health needs.	VII	II-A, B, D, E, F
6. Identify relevant research findings related to mental health nursing.	III, V, VII, VIII	I-B II-A, C, D, E, F, H III-A, B, C
7. Discuss the theoretical knowledge regarding the etiology and symptomatology of current psychiatric/mental health diagnostic categories.	III, VI, XI	I-B II-B, C, E, F III-C IV-A

Upon completion of this course, the student should be able to:	AACN	DEC
8. Evaluate major concepts and theories related to adaptive/maladaptive behaviors individuals with psychosocial and/or mental health needs.	I, III, V, VI, VII, VIII, XI	I-B II-A, B, C, D, E, F III-C IV-A
9. Relate services available to individuals and their families with psychosocial and/or mental health needs, with consideration for cultural background within the scope of their aggregates, community and society.	II, III, IV, V, VI, VII	II-B, C, D, E, F, H III-B IV-A

### Course Content

1. Role relationships among and with persons with mental health or psychosocial needs.
2. Coping and stress tolerance among and with persons with mental health or psychosocial needs.
3. Life principles among and with persons with mental health or psychosocial needs.
4. Safety and protection among and with persons with mental health or psychosocial needs.
5. Comfort among and with persons with mental health or psychosocial needs.
6. Growth and development among and with persons with mental health or psychosocial needs.
7. Health promotion among and with persons with mental health or psychosocial needs.
8. Nutrition among and with persons with mental health or psychosocial needs.
9. Elimination and exchange among and with persons with mental health or psychosocial needs.
10. Activity and rest among and with persons with mental health or psychosocial needs.

### Required Textbook and Resources

Townsend, M.C. & Morgan, K.I. (2018). *Psychiatric mental health nursing (9<sup>th</sup> ed.)*. Philadelphia, PA: F.A. Davis

Wolters Kluwer vSim for Mental Health Nursing (Course Code EAE1CA65)  
Purchase website is <https://lippincottdirect.lww.com/NursingEducation-MidwesternStateUniversityWichitaFalls-Spring2019> (Costs \$74.96 from this site)

ExamSoft with Exemplify application testing software

Laptop computer that meets Technology Requirements

Nursing Central (Unbound Medicine) application

#### Learning Experiences

Classroom and clinical activities

#### Readings

Desire 2 Learn (D2L) supplement: Students are expected to check their D2L course for course announcements each 24 hours

Midwestern State University BSN Handbook: Is available from the MSU homepage. Refer to: [BSN Student Handbook](#)

#### MSUTexas Student Handbook

Refer to: [Student Handbook 2017-18](#)

## Grading

Table 1: Course Grade

Assignments	Percentage
**Exams (three exams at 25% each)	75
**Final Exam (optional and may replace lowest exam grade)	
***Clinical Assignments	25
Total	100
****Competency Evaluations (IPR assignment)	Pass/Fail

Table 2: Course Grade Calculation

*The final course grade will be calculated in the following manner:
*There will be no rounding of grades except as necessary to accommodate the electronic testing and grade book limitations. No final grade will exceed a 100.
**Students must score at least a 74% average, using the percentages posted in table 1, on the three objective exams in the course to successfully complete the course. If a student scores less than a 74% average on the three objective exams, the average of the three objective exams will be the grade recorded for both the classroom and clinical sections of the course.
***Students who score at least a 74% average on the three objective exams, the averages of the clinical assignments will be added to the student's grade.
****Students must receive at least a grade of 74% on the IPR Assignment to successfully complete the course. Students who do not meet these requirements will receive a "F" as the course and clinical grade for the semester.

Table 3: Grading Scale

Grade	Points
A	90-100
B	89-80
C	74-79
D	65-73
F	Less than 65

## Exams

1. No student will be admitted after 1330 on exam days. No exceptions.
2. Exam Soft requires loading Exemplify application for taking course exams. Exam Soft is purchased online each semester.
3. Each desk has an electrical outlet for use by the student during exam administration.
4. Students are responsible for having a compatible computer or tablet on which to take the exams.
5. The final exam is optional and may replace the lowest exam grade.
6. Presence of a device capable of texting or making calls during examination administration will result in an automatic zero on the exam.
7. Exam Soft will provide students with user identity codes, initial passwords, and instructions on how to load Exemplify. Students must maintain ready access to user identity codes and passwords on exam days. If these access codes are not available for use, the student runs the risk of not taking an exam and earning a grade of zero.
8. Bonus points: Any earned credit points (maximum of three points) will be added to the final exam score if the student has an overall exam average of at least 74% before the addition of the extra credit points.

## Missed Exams

Should the student be absent from an exam, it is the student's responsibility to notify the course coordinator at least two hours prior to the exam or as soon as possible if an emergency is the cause of missing the exam. Students may make-up exams on the two make-up exam sessions as documented on the course calendar.

Failure to comply with this policy will result in a zero for the exam(s) missed.

Any make-up exam may be different from the original exam and may include multiple choice, essay, short answer, true and false, and/or matching questions.

If a student is making up more than one exam, the exams will be written as one fifty-item exam with the same grade recorded for both exams.

## Attendance

1. Classroom attendance and participation are expected. Students are responsible for lecture/discussion content, announcements, and other information presented in class and on D2L.

2. Students must receive permission from individual lecturers to tape any content.
3. Students are expected to read and complete other required assignments in advance of class.
4. Computers will be used only for exams. They will not be open in the classroom during lecture.
5. Cell phones must be silenced and left in the book bag during lecture class. Cell phone use in lecture class may result in phones being collected and not returned until the end of class.
6. If you leave the classroom to talk on your cell phone, please do not return to class; it is disrespectful and disruptive to the learning environment.
6. Attendance in lecture is important in learning the concepts necessary to be successful in this course. Attendance will be recorded. Excess absence may result in a course failure if the student has greater than two absences with a course average less than 74%. When a student has two absences, he/she will be required to meet with the instructor for strategies to attend class and maintain a passing average of 74%. Excessive absences will be evaluated on an individual basis.

#### Success Strategies

1. What your professors will do to help you achieve an optimal outcome in this class:
  - Start and end classes on time
  - Offer substantial and well-organized material in all class sessions
  - Ensure that opportunities to participate are enjoyed equally by all students
  - Return graded assignments as quickly as possible
  - Treat all students with courtesy and respect
2. What the student can do to achieve the optimal outcome in this class:
  - Attend class regularly and on time
  - Take notes attentively and keep distractions to a minimum
  - Respond productively in discussions, raise your hand to be recognized
  - Come to class and clinicals prepared and with assignments on time
  - Treat yourself, your classmates, our guest speakers, your professors and the clinical staff and patients with respect

#### Nursing Program Failure Policy

1. Students must meet all course requirements or a grade of F will be assigned.

2. Students are expected to pass both clinical and classroom components of the course. Failure in either clinical or classroom will result in failure in both. Clinical failure results in a course and clinical grade of F. Classroom failure results in the grade earned in the classroom for both course and clinical.
3. A student who withdraws/drops or receives a D or an F in two nursing courses must seek reentry to the nursing program to be eligible to continue in the program.
4. The faculty reserves the right to recommend to the School of Nursing Chair and College of Human Services and Health Sciences withdrawal of a student from the nursing program for health, legal, or academic reasons, particularly if client care is jeopardized. In addition, the student must perform within the ANA Standards of Practice and Code of Ethics.

## University Policies

### Services for Students with Disabilities

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Midwestern State University endeavors to make reasonable accommodations to ensure equal opportunity for qualified persons with disabilities to participate in all educational, social, and recreational programs and activities. After notification of acceptance, students requiring accommodations should make application for such assistance through Disability Support Services, located in the Clark Student Center, Room 168, (940) 397-4140. Current documentation of a disability will be required in order to provide appropriate services, and each request will be individually reviewed. For more details, please go to <http://www.mwsu.edu/student-life/disability>.

### Academic Misconduct Policy & Procedures

Wilson School of Nursing adheres to the MSU Code of Conduct. In particular, academic dishonesty, however small, creates a breach in academic integrity. A student's participation in this course comes with the expectation that his or her work will be completed in full observance of the MSU Code of Student Conduct. A student should consult the current Student Handbook for answers to any questions about the code.

Students are encouraged to take full advantage of many resources available including online Desire 2 Learn course resources, Internet sites, other textbooks and journals, faculty, and peers when accomplishing objectives. This interactive collegial learning environment is conducive for life-long learning.

However, all components of the course are designed to represent the efforts of each student individually and are not to be shared, copied, or plagiarized from



other sources. When students submit their efforts for grading, they are attesting they abided by this rule.

Academic dishonesty includes cheating, collusion, plagiarism or the acquisition of tests or test questions and other academic materials such as test banks without the permission of the faculty. Cheating, collusion, or plagiarism is defined as: (1) cheating - intentionally using or attempting to use unauthorized materials, information, equipment, or study aids in any academic exercise; (2) collusion - the unauthorized collaboration with another person in preparing work offered for credit; (3) plagiarism - intentionally representing the words or ideas of another as one's own in any academic exercise.

Academic dishonesty (cheating, collusion, plagiarism, etc.) will not be tolerated in this class. Whenever a student is unsure of whether a particular situation will be interpreted as academic dishonesty, he or she should ask the instructor for clarification.

Any student found to be academically dishonest as defined above and under each assignment will automatically receive a grade of "0" on the assignment.

#### Instructor Drop

An instructor may drop a student at any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude, or for disruptive conduct. The instructor must give the students a verbal or written warning prior to being dropped from the class. An instructor's drop of a student takes precedence over the student-initiated course drop of a later date. The instructor will assign a grade of either WF or F through the 8th week of a long 45 hours semester, the 6th week of a 10 week summer term, or the 11th class day of a 4 or 5 week summer term consisting of 20 days. After these periods, the grade will be an F. The date the instructor drop form is received in the Office of the Registrar is the official drop date. Refer to page 28 at <https://mwsu.edu/Assets/documents/student-life/student-handbook-2017-18.pdf>.

#### Campus Carry Rules/Policies

Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to: [Campus Carry Rules and Policies](#)

#### Smoking/Tobacco Policy

College policy strictly prohibits the use of tobacco products in any building owned or operated by WATC. Adult students may smoke only in the outside designated-smoking areas at each location.

## Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place, which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

## Grade Appeal Process

Students who wish to appeal a grade should consult the Midwestern State University [Undergraduate Catalog](#)

## Notice

Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

## Clinical Requirements

### Clinical Hours Breakdown

Red River Hospital Patient Care – 55 hours

    Patient care hours – five 8-hour shifts – 40 hours

    Reflective journal - five 1 hour entries – 5 hours

    IPR documentation – 10 hours

vSims – 20 hours

    10 cases – pre-test, vSim, and post-test (vSim grade only one recorded) – 2 hours per case

Sims – 6 hours

    IPR – 2 hours and 1 hour prep

    Disturbing voices – 2 hours and 1 hour prep

Movie assignment – 9 hours

    3 movies – 3 hours each

### Clinical Compliance Requirements

Students are required to be compliant with immunizations, health insurance, liability insurance, and CPR via Castlebranch for the entire semester. Failure to maintain compliance will result in academic withdrawal from the course.

### Infractions Constituting Clinical Failure

Failure of the clinical component of the course occurs when the student receives an unsatisfactory rating in any area of the evaluation tool or does not complete 90 hours of clinical. Absences will be rescheduled at the discretion of the clinical instructor.

Certain behaviors result in an unsatisfactory rating in the professional behavior section of the evaluation rubric.

Three incidents of infractions to the standard of professional behavior to include but not limited to:

- Arriving to a clinical experience without completing the pre-clinical assignment even if allowed to stay in the clinical
- Not conforming to the dress code even if allowed to stay in the clinical
- Not bringing appropriate supplies to the clinical experience even if allowed to stay in the clinical
- Unprofessional/inappropriate language or gestures
- Unprofessional/inappropriate behavior such as disrespectful behavior, chewing gum, using tobacco products in non-smoking areas, disruptive behavior, or failure to comply with a written or verbal instruction including reminds to update immunizations and other clinical requirements
- Arriving late to any clinical site even if allowed to stay in the clinical
- Non-compliance with the policy to notify the instructor and the agency of a clinical absence prior to the absence or as soon as possible if immediate notification is not possible
- Non-compliance with the policy to receive written prior approval before attending the clinical and/or the policy to notify the clinical instructor of absences prior to missing the clinical or as soon as the student realizes he/she must leave the clinical experience
- Leaving the premises without permission from the clinical instructor
- Failure to complete assignments by the due dates
- Failure to return from meals or breaks at the assigned time
- Use of a cell phone for calling, texting, e-mailing, or receiving calls, texts, or e-mails in the clinical area unless given permission by the clinical instructor

Two incidents of infractions to the standard of professional behavior to include but not limited to:

- Disregarding patient confidentiality without malice or intent to disclose
- Patient negligence that does not result in patient injury
- An error in care that does not result in patient injury
- Cheating, collusion, plagiarism, or stealing. Cheating/collusion/plagiarism - cheating means intentionally using or attempting to use unauthorized materials, information, or study aids in any academic exercise; collusion means the unauthorized collaboration with another person in preparing work offered for credit; plagiarism means intentionally representing the words or ideas of another as one's own in any academic exercise
- Committing two infractions from the list above as well as one in this list

Infractions to the standard of professional behavior that results in immediate failure of the clinical component of the course to include but not limited to:

- Administering medications or implementing sterile or invasive procedures without the direct supervision of a faculty member or preceptor
- Failing to check two patient identifiers prior to administering medications or implementing sterile or invasive procedures
- Testing positive for illicit drugs or alcohol
- An error in care or patient negligence that harms a patient
- Falsification, omissions or lying
- Intentionally revealing confidential information
- Placing self, staff, or patient at risk of harm due to abandonment of duties and/or sleeping during clinical experiences
- Failure to report a patient care error or incident
- Physical or verbal abuse of patients, patient's family members, faculty or staff