

PMHNP Advanced Practicum II

NURS 5483/5493, Spring 2025
Midwestern State University Wilson School of Nursing
College of Health Sciences - Family PMH-NP Program

Faculty

Dr. Kimberly Mercer, DNP, APRN, PMHNP-BC, FNP-BC
E-mail: kim.mercer@msutexas.edu

Dr. Cesar Alvarado, DNP, APRN, PMHNP-BC
Email: cesar.alvarado@msutexas.edu

Preji Somar, APRN, MSN, PMHNP-BC
Email: preji.somar@msutexas.edu

Course Description

The focus of this course is on the diagnosis and management of serious and persistent psychiatric disorders and mental health problems in individuals. The student begins with an assessment of the relationship with self as a foundation for understanding therapeutic relationships. Diagnostic evaluation will include development of interview techniques, mental status examination, and use of tools unique to the evaluation of psychiatric mental health problems. Management of mental health problems in individuals will include both pharmacologic and non-pharmacologic interventions, including individual counseling in the clients with serious and persistent mental health problems.

Check the course calendar in this syllabus for assignment due dates.

Prerequisites are as follows:

- Advanced Pathology (NURS 5043)
- Advanced Pharmacology (NURS 5133)
- Advanced Health Assessment (NURS 5112/11)
- Nursing Theory (NURS 5103)
- PMH Roles (NURS 5303)
- PMH Diagnostics (NURS 5321)
- PMH Advanced Practicum I (NURS 5463/5473)

Learning Modalities

This is an online course that utilizes the Bright Space/D2L online learning system.

- Assigned readings
- Written Exam #1
- Mid-term Written exam (comprehensive)
- Final Written Examination (comprehensive)
- Discussion assignment (1)
- SOAP Notes (3)
- Midterm Oral Exam
- Final Oral Exam

- Completion of all Clinical Hours

Course Objectives

Upon successful completion of this course, the student will be able to:

- Practice planning, implementing, and evaluating care of one's own mental health.
- Assist individual clients to develop evidence-based approaches for the promotion and protection of mental health and prevention of illness.
- Support clients to develop a plan to avert relapse.
- Apply essential elements of physical, psychological, emotional, and spiritual care in the promotion of mental health in self and others.

Grading Scale

Letter Grade	Numerical Value
A	90-100
B	80-89
C	74-79
D	65-73
F	64 and below

Required Clinical Hour Information for the Family PMHNP Program

NURS 5321Diagnostics = 64 clinical hours – Summer 2023

NURS 5463/5473 Psychiatric Mental Health Advanced Practicum I – 192 clinical hours Fall 2024

NURS 5483/5493 Psychiatric Mental Health Advanced Practicum II – 192 clinical hours Spring 2025

NURS 5523/5533 Psychiatric Mental Health Advanced Practicum III – 192 clinical hours Summer 2025

In order to pass NURS 5483 and NURS 5493 Psychiatric Mental Health Advanced Practicum II you must pass both the didactic and clinical components of the course.

Student Responsibilities and Class Requirements

Students are accountable for policies regarding graduate nursing programs and completion of requirements for all graduate students as stated in the Graduate Catalog and Graduate Student Handbook. Students are responsible for making appointments with faculty concerning class assignments and clinical responsibilities as necessary and as requested by faculty.