

Course Syllabus: Population Focused Community Nursing College of Robert D. & Carol Gunn College of Health Sciences & Human Services

NURS 4733

Spring 2025

Contact Information

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Course Description

Course Description

- 1. This course introduces the concept of the community of persons, patients, families, and populations as the patient in the healthcare system and roles of the nurse in community services.
- 2. The course provides an opportunity to understand nurse roles that include public policy, provision of primary care, prevention of disease or health risk, education and health promotion, and restoration.
- 3. The course is designed to integrate knowledge from nursing theory and public health services in assessing the health care needs of aggregates, communities, and society
- 4. The course has an emphasis on the community assessment process and the development of nursing strategies to assist families with consideration of health on a continuum throughout the lifespan.
- 5. AACN Essentials: For further information regarding the AACN Essentials identified for each course objective, refer to: <u>The Essentials of</u> <u>Baccalaureate Education for Professional Nursing Practice</u>

Course Objectives

Upon completion of this course, the student will be able to:

- 1. Analyze local, state, and national public health system components, policies, missions, goals, and programs.
- Compare and contrast community populations with differing needs and resources and match with available services or identify needed services and resources.

- 3. Differentiate the roles of nurses in community-based practice for persons, patients, families and populations with culturally diverse communities.
- 4. Explain epidemiologic, social, political, economic, and cultural trends that affect the health status of individuals, families, populations, and communities.
- 5. Analyze and propose culturally sensitive and developmentally appropriate health services and education programs to maintain or restore health status.
- 6. Use introspection and conscious examination of personal beliefs and value systems to increase sensitivity, respect, and caring for diverse populations.

Clinical Objectives

- 1. Analyze local, state and national public health system components, policies, missions, goals, and programs. (AACN IV).
- 2. Compare and contrast community populations with differing needs and resources and match with available services or identify needed services and resources. (AACN IV).
- Differentiate the roles of nurses in community-based practice for persons, patients, families and populations within culturally diverse communities. (AACN IV).
- 4. Explain epidemiologic, social, political, economic, and cultural trends that affect the health status of individuals, families, populations, and communities. (AACN IV).
- 5. Analyze and propose culturally sensitive and developmentally appropriate health services and education programs to maintain or restore health status. (AACN IV).
- 6. Use introspection and conscious examination of personal beliefs and value systems to increase sensitivity, respect, and caring for diverse populations. (AACN IV).
- 7. Identify population health determinants by assessing protective and predictive factors including culturally appropriate health promotion and disease prevention strategies. (AACN VII).
- 8. Discuss the role of the baccalaureate prepared nurse in promoting professional healthcare to diverse groups and populations. (AACN IX).
- Describe the effects of effective collaboration and communication on improvement of healthcare outcomes for groups and populations. (AACN VI).

Textbook & Instructional Materials

Required textbook

Stanhope, M. & Lancaster, J. (2012). Foundations of Nursing in the Community, Community Oriented Practice (5th ed.). St. Louis, MO: Mosby Elsevier. American Psychological Association (2010). Publication Manual of the American Psychological Association (7th ed.). Washington D.C.

References

Centers for Disease Control and Prevention (CDC) website.

Centers for Disease Control and Prevention

Department of Health and Human Resources website.

Department of Health and Human Resources

Cumulative Index to Nursing and Allied Health Literature database (CINAHL Plus)

Dreher, M. & Skemp, L. (2011). Healthy people healthy places (2nd ed.). Indianoplis, IN: Sigma Theta International.

Ebersole, P., Hess, P., Touhy, T., Jett, K., 7 Luggen, A. (2008). Toward a healthy aging: Human needs and nursing response. (7th ed.). St. Louis, MO: Mosby-Elsevier.

Institute of Medicine. (2004). Health literacy. National Academies Press.(Executive Summary). <u>Institute of Medicine Health Literacy</u>

Institute of Medicine. (2010). The future of nursing. National Academies Press. <u>Institute of Medicine The Future of Nursing</u>

Institute of Medicine. (2001). Crossing the quality chasm: A new health system for the 21st century. National Academies Press. <u>Crossing the quality chasm</u> Healthy People 2030.<u>Healthy People 2030</u>

Medicare Preventive Services Quick Reference Guide. <u>Medicare Preventive</u> <u>Services</u>

American Association of Occupational Health Nurses (AAOHN). About AAOHN. <u>American Association of Occupational Health Nurses</u>

Student Handbook

Refer to: Student handbook 2023-2024

Academic Misconduct Policy & Procedures

Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individuals to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct.

Grading

Table 1: Points allocated to each assignment -

Assignments	Points
Discussions	10
Evidence based practice Assignments	30
Family Assessment (Friedman) with	20
Genogram (Individual)	
Community Assessment presentation and	40
paper	
Total Points	100

Grade	Points
А	90 to 100
В	80 to 89
С	79 to 74
D	65 to 73
F	64 and below

Table 2: Total points for final grade. There will be no rounding of grades.

Projects Required

Assignments vary in each module and each assignment has its own rubric for completion and grading. Written work is to be completed and submitted electronically in the appropriate assignment (drop box) on D2L and submitted by assigned due date and time. An overall average of at least 74% is required to pass this course. Faculty reserves the right to make changes at any time to this syllabus. Students are to be accountable for all communications sent by faculty on Desire 2 Learn; therefore, you **must** check the site for announcements, assignments, and messages. Faculty prefers students use email as a means to make a specific request or to ask for content clarification. Virtual and phone appointments are available upon request. All assignments are run through Turn-it-In for a similarity plagiarism score. Scores above 20% similarity will receive a 30-point deduction. Students may revise and resubmit as many times as needed before the due date and time. Only the last submission will be graded.

Discussion Board

You must post a substantive response to each of the required questions. A substantive response is constructive and adds value to the weekly discussions. Substantive responses should be at least 150 words in length. Rarely should each require more than 250 words. Your responses need to reflect critical thought and demonstrate an understanding of the relevant concepts. All factual knowledge must be supported with appropriate citation of source. Response to the discussion board questions must be posted by 10:59 PM CST of the due date on the Discussion Board section in the appropriate Discussion Question thread as stated in the course outline. Initial discussion responses posted more than 2 days late and or in the wrong thread will not be accepted. Initial postings will receive a 10 percent deduction for each day late and will not be accepted if posted more than 2 days late. It is the responsibility of the student to post the assignment on the correct thread by 10:59 PM CST on or prior to the due date. Participation in the classroom discussion is required. In addition to posting your Initial response to the discussion questions you must post a substantive comment to at least two of your classmate's posts. Peer post may be made anytime during the week but

must be made prior to the close of the week before the due date and time. Peer Posts made after the due date and close of the week will not be accepted for credit.

Late Work

Assignments more than two days late will not be accepted. Assignments submitted late which is within two days of the due date will receive a ten point deduction for each day they are late.

Important Dates

Last Day to drop with a grade of "W:" is March 5th, 2025 Refer to: <u>Drops, Withdrawals & Void</u>

Desire-to-Learn (D2L)

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into D2L through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

Online Computer Requirements

Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your responsibility to have (or have access to) a working computer in this class. Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings. Computers are available on campus in various areas of the buildings as well as the Academic Success Center. **Your computer** being down is not an excuse for missing a deadline!! There are many places to access your class! Our online classes can be accessed from any computer in the world which is connected to the internet. Contact your instructor immediately upon having computer trouble If you have technical difficulties in the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations however they are able to help you get connected to our online services. For help, log into D2L.

Instructor Class Policies

Instructor Drop. An instructor may drop a student any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude or for lack of engagement in the online learning environment. For example, failure to participate in online

discussions as schedule and on time is considered being absent. Prior to dropping a student from the class, the instructor must give the student a verbal or written warning. An instructor's drop of a student takes precedence over the student-initiated course drop at a later date. The instructor will assign a grade of WF or F the 6th week of a 10 week summer term. After this time, the grade will be an F. The date the Office of the Registrar receives the instructor drop form is the official drop date.

Change of Schedule

A student dropping a course (but not withdrawing from the University) within the first twelve class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the **Schedule of Classes** each semester.

Refund and Repayment Policy

A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. HOWEVER, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. As described below, two formulas (federal and state) exists in determining the amount of the refund. (Examples of each refund calculation will be made available upon request).

Disability Support Services

Midwestern State University is committed to providing equal access for qualified students with disabilities to all university courses and programs, and by law all students with disabilities are guaranteed a learning environment that provides reasonable accommodation of their disability. This guarantee is provided through Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. The ADA reads: "No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of a public entity, or be subject to discrimination by any such entity." The Director of Disability Support Services serves as the ADA Coordinator and may be contacted at (940) 397-4140, TDD (940) 397-4515, or 3410 Taft Blvd., Clark Student Center 168.

College Policies

Campus Carry Rules/Policies Refer to: Campus Carry Rules and Policies

Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

Grade Appeal Process

Students who wish to appeal a final course grade should consult the Midwestern State University <u>Undergraduate Catalog</u>

Notice

Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

Course Schedule		
Week	Weekly Objectives	Due Date
	(To be completed as independent study,	
	building upon prior knowledge. Self-	
	determined competence)	
Week 1	Perspectives in health care delivery and nursing	Discussions for Week 1:
	1. What is public health?	
Course	2. Public health core functions?	Introduction and
Orientation,	3. Population-focused nursing practice	Initial discussion post
Perspectives	4. Practice focusing on individuals, families, and	due by Friday
in health care	groups	10:59PM CST.
delivery and nursing,	5. Challenges for the future	
influences on		The 2 peer response
health care	History of Public health and public and community	posts are due by Sunday
delivery and	health nursing	10:59PM CST.
nursing, and	1. Early public health	
conceptual	2. Public health during America's Colonial	
frameworks	period and the New Republic	
applied to	3. Nightingale and origins of trained nursing	
nursing	4. Continued growth in public health nursing	
practice in the	5. Public health nursing during the early	
community.	twentieth century public health nursing	
	6. Economic Depression and the impact on	
	public health	
	7. From World War II until the 1970s	

Course Schedule

building upon prior knowledge. Self- determined competence)	
8. Public health nursing from the 1970s to the present	
 Force stimulating change in demand for healthcare 1. Demographic trends 2. Social and economic trends 3. Health workforce trends 4. Technological trends 	
	determined competence) 8. Public health nursing from the 1970s to the present Force stimulating change in demand for healthcare 1. Demographic trends 2. Social and economic trends 3. Health workforce trends

Week	Activities	Due Date
Week 1	Current health care system in the United States	
	1. Cost, Access, Quality	
Continued		
	Organization of the Health Care System	
	1. Primary health care	
	2. Public health system	
	3. The federal system	
	4. The state system	
	5. The local system	
	Readings	
	• Institute of Medicine. (2004). Health literacy.	
	National Academies Press. (Executive	
	Summary). Institute of Medicine Health	
	<u>Literacy</u>	
	• Institute of Medicine. (2010). The future of	
	nursing. National Academies Press. Institute of	
	Medicine The Future of Nursing	
	• Institute of Medicine. (2001). Crossing the	
	quality chasm: A new health system for the	
	21 st century. National Academies	
	Press. Crossing the quality chasm	
	• Healthy People 2030. <u>Healthy People 2030</u>	
	Medicare Preventive Services Quick Reference	
	Guide. Medicare Preventive Services	
	• Stanhope Chapter 1 pages 1 to 13.	
	• Stanhope Chapter 2 pages 14 to 32.	

Week	Activities	Due Date
	• Stanhope Chapter 3 pages 33 to 50.	

Week	Weekly Objectives (To be completed as independent study, building upon prior knowledge. Self- determined competence)	Due Date
Week 2 Health risks across the life span, vulnerability and vulnerable populations, and infectious disease prevention and control.	 Health risks across the life span Status of children Children's health and major public health issues Target areas for prevention with children Health policy, legislation, ethics related to adult health Chronic disease management of adults Health disparities: special groups Family care giving Community-based models for care of Vulnerability and vulnerable populations: An overview Definition and influencing factors Social determinants of health and health status Outcomes of vulnerability Public policies affecting vulnerable populations Infectious disease prevention and control Historical and current perspectives Transmission of communicable diseases Surveillance of communicable diseases Surveillance of communicable diseases Vaccine-preventable disease Vaccine-preventable disease Vector-borne disease and zoonoses Parasitic diseases Universal precautions Readings Stanhope Chapter 20 pages 347 to 373 Stanhope Chapter 20 pages 347 to 388 Healthy people 2030 regarding children and adolescents. Healthy People 2030 Review Immunization Information. CDC 	Week 2 discussion post due by Friday 10:59 PM. CST. 2 peer response posts are due by Sunday 10:59PM CST.

Week	Weekly Objectives	Due Date
	(To be completed as independent study,	
	building upon prior knowledge. Self-	
	determined competence)	
Week 3	Family development and family nursing	Evidence Based
F	assessment	Practice Written
Family development and	1. Family nursing in the community	Assignment Due Sunday by 10:59
development and family nursing	2. Family demographics	PM CST
assessment,	3. Definition of the family	
poverty,	4. Family functions	
homelessness,	5. Family structure	
mental illness, teen	6. Family health	
pregnancy, alcohol,	7. Four approaches to family nursing	
tobacco, other drug	8. Theoretical frameworks for family nursing	
problems in the	9. Working with families for healthy outcomes	
community, and violence and human	10. Family nursing assessment	
abuse.	11. Social and family policy challenges	
	Health People 2020 and family implications Family health risks	
	1. Early approaches to family health risks	
	2. Concepts in family health risk	
	3. Major family health risks and nursing	
	interventions	
	4. Nursing approaches to family health risk	
	reduction	
	5. Community resources	
	Poverty, homelessness, mental illness, and teen	
	pregnancy	
	1. Attitudes, beliefs, and media communication	
	about vulnerable groups	
	2. Poverty: Definition and description	
	3. Homelessness: Understanding the concept	
	4. Trends in adolescent sexual behavior and pregnancy	
	5. Mental illness in the United States	
	 Levels of prevention and the nurse 	
	7. Role of the nurse	
	7. Role of the nurse	

Week	Weekly Objectives	Due Date
	(To be completed as independent	
	study, building upon prior knowledge.	
	Self-determined competence)	
Week 3	Alcohol, tobacco, and other drug problems in the	
~	community	
Cont	1. Scope of the problem	
	2. Psychoactive drugs	
	3. Illicit drug use	
	4. Predisposing and contributing factors	
	5. Primary prevention and the role of the nurse	
	6. Secondary prevention and the role of the nurse	
	7. Tertiary prevention and the role of the nurse	
	8. The nurse role	
	Violence and human abuse	
	1. Social and community factors influencing violence	
	2. Violence against individuals or oneself	
	 Family violence and abuse 	
	 Yanny violence and abuse Nursing interventions 	
	Readings	
	Stanhope:	
	• Chapter 18 pages 306-323	
	• Chapter 19 pages 324-346	
	• Chapter 23 pages 408-432	
	• Chapter 24 pages 433 to 453	
	• Chapter 25 pages 453 to 475	

Week	Weekly Objectives (To be completed as independent study, building upon prior knowledge. Self- determined competence)	Due Date
Week 4 Cultural influences in nursing in community health, rural health, migrant health, migrant health, migrant health, infectious disease prevention and control, HIV infection, hepatitis, tuberculosis, sexually transmitted disease, heath care needs of women and men.	 Cultural influences in nursing in community health Immigrant health issues Culture, race, and ethnicity Cultural competence Inhibitors to developing cultural competence Cultural nursing assessment Cultural groups' differences Culture and nutrition Culture and socioeconomic factors Rural health and migrant health Differences in rural versus urban Population characteristics and cultural considerations Health status of rural residents Occupational and environmental health problems in rural areas Occupational and environmental health problems in rural areas Occupational and environmental health problems in rural areas Cultural considerations in migrant health care Nursing care in rural environments Health y people 2020: Related to rural health HIV Infection, hepatitis, tuberculosis, and sexually transmitted diseases Hepatitis Tuberculosis Nurse's role in providing preventive care for communicable diseases Readings Stanhope Chapter 5 pages 68 to 88. Stanhope Chapter 26 pages 476 to 501. Stanhope Chapter 27 pages 502 to 522. 	The initial discussion Post is due by Friday, 10:59PM CST. The 2 peer posts are due by Sunday, 10:59PM CST.

Week	Weekly Objectives	Due Date
	(To be completed as independent study,	
	building upon prior knowledge. Self- determined competence)	
Week 5	Rural health and migrant health	Family
	1. Differences in rural versus urban	Assessment and
Rural health	2. Population characteristics and cultural	Genogram due
and migrant health	considerations	Sunday 10:59 PM CST in
nearth	3. Health status of rural residents	Assignments.
	4. Occupational and environmental health problems in rural areas	
	5. Occupational and environmental health problems in rural areas	
	6. Rural health care delivery issues and barriers to care	
	7. Health of minorities, particularly migrant farmworkers	
	8. Cultural considerations in migrant health care	
	 9. Nursing care in rural environments 	
	10. Healthy people 2020: Related to rural health	
	Federal farmworker housing standards and regulations, their promise and limitations for farmworker health	
	 Types of housing Endered regulatory framework Gaps in the 	
	2. Federal regulatory framework Gaps in the protections afforded by OSHA temporary labor	
	camp standards	
	 Omissions from OSHA standards Next steps 	
	Readings	
	StanhopeChapter 22 pages 389 to 407	
	 Joyner et al., (2015). Federal farmworker housing 	
	standards and regulations, their promise and	
	limitations, and implications for farmworker	
	health. A Journal of Environmental and	
	Occupational Health Policy. 25(3), 334-352. doi: 10.177/104891115604390.	
	http://www.genopro.com/genogram/emotional-	
	relationships/	
	http://www.genopro.com/genogram/rules/	

Week	Weekly Objectives	Due Date
	(To be completed as independent study,	
	building upon prior knowledge. Self-	
	determined competence)	
Week 6	The Nurse in Occupational Health 1. Definition and scope of occupational health	Initial discussion post due by
The nurse in occupational	2. History and evolution of occupational health nursing	Friday, 10:59PM CST.
health	3. Roles and professionalism in occupational health nursing	2 peer posts are
	4. Workers as a population aggregate	due by Sunday, by 10:59PM CST.
	5. Application of the epidemiologic model	by 10.571 WI CO1.
	 6. Organizational and public efforts to promote worker health and safety 	
	7. Nursing care of the working populations	
	8. Healthy people 2020 related to occupational health	
	9. Legislation related to occupational health	
	 Disaster Management 1.Disasters 2. The Disease management cycle and the nursing role 3. Future of disaster management 4. Disaster planning and management. 	
	 Readings Stanhope Chapter 32 pages 585 to 604. Stanhope Chapter 14 pages 248 to 265. Occupational Safety and Health Administration (OSHA). About OSHA. <u>OSHA About OSHA</u> American Association of Occupational Health Nurses (AAOHN). About AAOHN. <u>American Association of Occupational Health Nurses</u> American Board for Occupational Health Nurses INC (ABOHN). Practice Analysis. <u>/content/enforced/55879-D2L_201820_XLIST_NURS_NURS-4733-2NX-NURS-4_2NX_MSU/ABOHN 2011</u> <u>Practice Analysis Report.pdf</u> 	

Week	Weekly Objectives	Due Date
	(To be completed as independent study,	
	building upon prior knowledge. Self-	
	determined competence)	
Week 7 Community Assessment and Evaluation	Family development and family nursing assessment	Community
	1. Family nursing in the community	Assessment due
	2. Family demographics	Sunday by 10:59 PM CST in Assignments, and
	3. Definition of the family	
	4. Family functions	PPT posted in the
	5. Family structure	forums by Friday 10:59pm.
	6. Family health	
	7. Four approaches to family nursing	
	8. Theoretical frameworks for family nursing	
	9. Working with families for healthy outcomes	
	10. Family nursing assessment	
	11. Social and family policy challenges	
	12. Health People 2020 and family implications	
	 Poverty, homelessness, mental illness, and teen pregnancy 1. Attitudes, beliefs, and media communication about vulnerable groups 2. Poverty: Definition and description 3. Homelessness: Understanding the concept 4. Trends in adolescent sexual behavior and pregnancy 5. Mental illness in the United States Levels of 	
	prevention and the nurse	
	6. Role of the nurse	
	 Alcohol, tobacco, and other drug problems in the community 1. Scope of the problem 2. Psychoactive drugs 3. Illicit drug use 4. Predisposing and contributing factors 5. Primary prevention and the role of the nurse 6. Secondary prevention and the role of the nurse 7. Tertiary prevention and the role of the nurse 	

Week	Weekly Objectives (To be completed as independent study, building upon prior knowledge. Self- determined competence)	Due Date
Week 7	Violence and human abuse	
Continued	1. Social and community factors influencing violence	
	2. Violence against individuals or oneself	
	3. Family violence and abuse	
	Readings	
	• Stanhope Chapter 12 pages 210 to 231	
	• Stanhope Appendix B pages 612-613.	
	• Stanhope page 220, Table 12-3	
	• Stanhope page 229,	
	• Checklist for a Community Assessment	

Week	Weekly Objectives	Due Date
	(To be completed as independent study,	
	building upon prior knowledge. Self-	
	determined competence)	
Week 8 Nursing practice at the local, state, and national levels in public health, nurse in home health and hospice, and the nurse in the schools	determined competence) Nursing practice at the local, state, and national levels in public health 1. Roles of local, state, and federal public health agencies. 2. History and trends of public health 3. Scope standards, and roles of nursing in public health 4. Issues and trends in public health 5. Education and knowledge requirements for public health nurses 6. National health objectives 7. Functions of public health nurses 8. Stanhope Chapter 28 pages 523 to 534 • Stanhope Chapter 30 pages 549 to 565 • Stanhope Chapter 31 pages 566 to 584School nurses	Week 8 discussion post due by Friday 10:59PM CST.