

Midwestern State University Wilson School of Nursing
College of Health Sciences - Family PMH-NP Program

Psychiatric Mental Health Advanced Practicum I

NURS 5483/5493

Spring 2024

Note: This syllabus is for information purposes only and is subject to change without prior notice.

Faculty

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Course Description

The focus of this course is on the diagnosis and management of serious and persistent psychiatric disorders and mental health problems in individuals. The student begins with an assessment of the relationship with self as a foundation for understanding therapeutic relationships. Diagnostic evaluation will include development of interview techniques, mental status examination, and use of tools unique to the evaluation of psychiatric mental health problems. Management of mental health problems in individuals will include both pharmacologic and non-pharmacologic interventions, including individual counseling in the clients with serious and persistent mental health problems.

Prerequisites are as follows:

- NURS 5043 Advanced Pathology
- NURS 5133 Advanced Pharmacology
- NURS 5112/11 Advanced Health Assessment
- NURS 5103 Nursing Theory
- NURS 5303 Roles
- NURS 5322 Psychopharmacology/Therapy
- PMH Advanced Practicum I (NURS 5463/5473)

Learning Modalities

This is an online course that utilizes the Brightspace (D2L) online learning system. Students will need access to a computer and internet and must be able to scan paperwork electronically. There will be:

- Assigned readings.
- SOAP Notes
- Exams
- Discussion assignment utilizing Symptom Media software
- Oral Exams
- Therapeutic Moment Map assignment

Course Objectives:

Upon successful completion of this course, the student will be able to:

- Practice planning, implementing, and evaluating care of one's own mental health.
- Assist individual clients to develop evidence-based approaches for the promotion and protection of mental health and prevention of illness.
- Support clients to develop a plan to avert relapse.
- Apply essential elements of physical, psychological, emotional, and spiritual care in the promotion of mental health in self and others.

Upon successful completion of this course, the student will be able to:

Objectives	NONPF Core Competencies	NONPF Population Focused Competencies	ANCC APRN Essentials
1. Practice planning, implementing, and evaluating care of one's own mental health.	Scientific Foundation competencies 1,3 Quality competencies 1-5	Quality competencies 1	I 1.2i II 2.8f, II2.8g, II 2.8h, II 2.8i, II 2.8j X 10.1c

<p>2. Assist individual clients to develop evidence-based approaches for the promotion and protection of mental health and prevention of illness.</p>	<p>Leadership competencies 1-7</p> <p>Practice Inquiry competencies 1-6</p> <p>Independent practice competencies 1-4</p>	<p>Independent practice competencies 14-16</p>	<p>III 3.1j, III 3.1h, III 3.2g, III 3.3d, III 3.3f, III 3.5f</p> <p>VIII 8.2f, VIII 8.4e VIII 8.5j</p> <p>IX 9.2h, IX 9.2i</p>
<p>3. Support clients to develop a plan to avert relapse.</p>	<p>Leadership competencies 2,6</p> <p>Practice Inquiry competencies 1</p>	<p>Independent practice competencies 16, 20</p>	<p>II 2.2h, II 2.1i, II 2.5i, II 2.5j</p> <p>VI 6.2j</p> <p>VIII 8.3j</p> <p>IX 9.2i</p>
<p>4. Apply essential elements of physical, psychological, emotional, and spiritual care in the promotion of mental health in self and others.</p>	<p>Scientific foundations 2,4</p> <p>Quality competencies 1,5</p> <p>Practice Inquiry competencies 6</p>	<p>Independent practice competencies 24, 27, 29</p>	<p>I 1.3d</p> <p>II 2.1d, II 2.1e, II 2.2j, II 2.3h, II 2.4g, II 2.5k, II 2.6i</p> <p>III 3.1m, II 32.2d, III 3.5i</p> <p>V 5.2i</p> <p>IX 9.6h</p>

Upon successful completion of this course, the student will be able to:
Grading Scale

Letter Grade	Numerical Value
A	90-100
B	80-89
C	74-79

D	65-73
F	64 and below

Student Responsibilities and Class Requirements

Students are accountable for policies regarding graduate nursing programs and completion of requirements for all graduate students as stated in the Graduate Catalog and Graduate Student Handbook. Students are responsible for making appointments with faculty concerning class assignments and clinical responsibilities as necessary and as requested by faculty.

Assignment File Naming

All assignments will be submitted through Brightspace (D2L) assignment section (drop boxes). When uploading an assignment to the assignment section of D2L, please use the following guidelines for naming the files. Your last name, assignment name: Example: Smith-SoapNote3Revised.doc.

Late Assignments

Assignments submitted after the due date and time will receive a deduction of 10 points for each day the assignment is late. Assignments will be accepted, with a penalty as described, up to a maximum of three days late, after which point a zero will be recorded for the assignment.

Required Texts

Publication Manual of the American Psychological Association American Psychiatric Association. (2020). Publication Manual of the American Psychological Association. Seventh Edition.

Diagnostic and Statistical Manual of Mental Disorders DSM- 5 - TR

American Psychiatric Association. (2022). Diagnostic and Statistical Manual of Mental Disorders DSM- 5. Fifth Edition Text Revision released March 2022.

Kaplan and Sadock's Synopsis of Psychiatry

Boland, R., Verduin, M. and Ruiz, P. (2022). Twelfth Edition. **Same book as last semester although focus is different this semester.

Stahl's Essential Psychopharmacology. Prescriber's Guide (7th Edition).

Stahl, S. (2021) Stahl's Essential Psychopharmacology. Prescriber's Guide

Comprehensive textbook of Psychotherapy: Theory and Practice (2nd edition).

Consoli, Beutler, Bongar (2017). Comprehensive textbook of Psychotherapy: Theory and Practice (2nd edition).

Psychiatric Mental Health Nurse Practitioner Review Manual (4th edition).

Johnson, K. and Vanderhoef, D. (2016). Psychiatric Mental Health Nurse Practitioner Review Manual (4th edition).

A Manual of Laboratory and Diagnostic Tests (11th Edition).

Any lab Manual or Fishbach, F. (2022). A Manual of Laboratory and Diagnostic Tests 11th edition

