

COURSE INFORMATION & SYLLABUS
PSYC 5273 - Addictions
Spring 2020

M/W 1:00 – 2:20 Room: PY 102 Office: OD 117 MW 2:30 – 3:00

INSTRUCTOR: Dr. Don Knox

Email: don.knox@mwsu.edu

TEXTBOOKS:

Substance Use Disorders and Addictions: Morgen (Sage)

Theory and Practice of Addictions Counseling: Lassiter and Culbreth (Sage)

Recommended: *The Complete Adult Psychotherapy Treatment Planner: Jongsma (Wiley)*

PSYC 5273 – Addictions: Research and Practice

Course Description: This course covers the psychological side of addictions. Addictions to substances; gambling, eating, Internet and gaming and other related topics. Socio-cultural, historical, legal, and clinical issues related to addictions; theories and an overview of therapeutic approaches for treatment and prevention.

Prerequisites for this course – Graduate standing

Course Outline: This course is designed to familiarize students with addictions counseling field including basic pharmacology, conceptualization and assessment of substance abuse, conceptualization and assessment of sex addiction, conceptualization and assessment of gambling addiction, conceptualization and assessment of eating disorders conceptualization and assessment of Internet and gaming addictions. Models of treatment and prevention and the family dynamics that result from addictions.

Course Outcome Competencies: By the conclusion of the course, the student will understand and will be able to:

- Recognize all major concepts regarding substance abuse issues, assessment and treatment
- Recognize all major concepts regarding sex addiction including pornography addiction.
- Recognize all major concepts regarding gambling addiction.
- Recognize all major concepts regarding eating addiction.
- Recognize all major concepts regarding Internet and gaming addiction.
- Recognize the major classes of drugs and their effects.
- Use knowledge gained in class to discuss the models of addiction.
- Be familiar with and understand assessment and treatment approaches of addictions counseling.
- Become familiar with various resources on the internet related to abuse/addictions issues.
- This course requires privacy of the students and the people you may observe.

Exams: midterm and final 200 points each = 400 total

These are m/c and essay type exams. You are required to know the definition section of the Texas SAC Code

Midterm: approximately week 7/8; Final: Week 15/16

Writing Assignment: Choice 1 = 250 points Choice 2 = 100 points

Your choice of a writing assignment:

First writing option is and to be eligible for a grade of “A” – a research based paper will be required. 10 page minimum, not including reference page, abstract or title page. These items are required but not part of the minimum requirement. One page = 350 words – I will check words and not pages. (250 points)

The other writing option: 5 case studies – each case is at a minimum of two pages (see page/word count definition above). These reviews will include a professional critique of the research and findings and application of the material. (100 points). These Case Studies are in addition to the Case studies below.

Case Studies – 200 points case studies using different schools of counseling. You will use the treatment planner (Jongsma) as your guide. I will provide case studies and you will set up the treatment plan based upon a particular school of counseling. Each case study is worth 50 points.

Observations: 150 points

Going to two 12-step meetings (Recovery Center has several) (both 75 points each)

AA/NA

Point totals:

Each test is worth 200 points (400 points for 2 tests)

2 12-steps (150 points)

One paper – 250 points (really 11~%)

Case Studies 200 points (50 points each)

The University has a standard grade scale:

A = 90-100, B = 80-89, C = 70-79, D = 60-69, F= below 60, W = Withdrawal, WP = withdrew passing, WF = withdrew failing, I = incomplete.

Instructor's policy on Academic Dishonesty:

Academic Integrity: - Students are expected to abide by the rules for academic integrity. Any violations of these rules will be reported to the proper authorities for disciplinary action (please consult your student catalog – page 71). Students caught cheating in the class will be given a grade of “F” for the course. Cheating includes plagiarism—taking credit for someone else’s work (e.g., cutting and pasting text from someone else’s work from the internet or some other electronic form or directly quoting or paraphrasing someone’s work and not properly referencing the source).

Service for the Disabled: It is University policy that no otherwise qualified disabled person be excluded from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity in the University. Students should inform the instructor of existing disabilities at the first class meeting.

Websites of interest:

<http://www.family.samhsa.gov/main/facts.aspx>

https://ncadistore.samhsa.gov/catalog/SC_Itemlist.aspx?

http://www.theantidrug.com/drug_info/http://www.samhsa.gov/index.aspx