

SARAH M. OLSON

EDUCATION

Southern Illinois University, Carbondale, Illinois
Master of Social Work (MSW), School Track Emphasis, May 2005, **GPA 4.00**

Southern Illinois University School of Law, Carbondale, Illinois
Juris Doctorate (JD), May 2001

Vanderbilt University, Nashville, Tennessee
Bachelor of Arts (BA), May 1997
Major Fine Arts, with emphasis in Art History, Minors in English and Psychology

CERTIFICATIONS

Licensed Clinical Social Worker (LCSW) Issued in Illinois in 2010. Number 149.014183.

Licensed Clinical Social Worker (LCSW) Issued in Texas in 2023. Number 109608.

Licensed Clinical Social Worker (LCSW) Issued in Virginia in 2023. Number 0904015391.

Licensed Clinical Social Worker (LCSW) Issued in the District of Columbia in 2024. Number LC20000308.

Licensed Clinical Social Worker (LCSW) Issued in Maryland in 2024. Number 32477.

EXPERIENCE

Compass Health Center 04/25-present
Chicago, Illinois

•Assistant Director of Evening Virtual Over 18 Program

Supervises Group Therapists who are leading groups, which are based on Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy. Help organize groups and team meetings.

Compass Health Center 02/22-04/25
Chicago, Illinois

Adult Virtual Senior Family Therapist

•Provides mental health therapy services to families of adult and adolescent patients virtually in Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP) for patients who reside in Illinois, Virginia, DC and Maryland.

•Works with patients in Mood, Anxiety, and Trauma programs.

•Supervises four people (in total) who are seeking Clinical Licensure.

Midwestern State University Texas 01/23-present
Wichita Falls, Texas

Adjunct Professor

•Teaches Social Welfare Policy class and Practice II (focused on group therapy) to undergraduate Bachelor of Social Work Students as a requisite part of their curriculum as determined by the CSWE.

University of Illinois, Urbana Champaign

07/19-01/22

Champaign, Illinois

Field Training Specialist

- Provided training for mental health providers for an assessment tool, Illinois Medicaid, Comprehensive Assessment of Needs and Strengths and other trainings. Conducted co-trainings in person and webinar forum for providers to become certified to administer this tool. Wrote curriculum in work groups for training material for other initiatives.

Southern Illinois Healthcare

12/18-07/19

Marion, Illinois

Emergency Room Crisis Worker/Licensed Clinical Social Worker

- Provided crisis assessment for Patients at Emergency Departments in Hospitals. Hospitalized patients in psychiatric facilities as necessary. Facilitated appointment making with outpatient providers. Help provide resources for patients as deemed appropriate. Trained Aggression Management and Workplace Violence Trainings for entire corporation.

Health Care Service Corporation, Blue Cross Blue Shield

12/17-12/18

Marion, Illinois

Behavioral Health Care Coordinator

- Provided care coordination for Members in the Community Healthcare Plan for Managed Care Plans for Government Programs. Contacted Members to help them find providers under plan coverage and resources. Conducts Health Risk Assessments and Plan of Care for Members to best accommodate them.

Wexford Health Source

07/16-12/17

Southern Illinois Correctional Facilities

Qualified Mental Health Professional and PRN Qualified Mental Health Professional

- Worked with offenders who need mental health services at Southern Illinois area correctional facilities. Completed assessments, evaluations, suicide potential, and needs for services. Worked as needed PRN from July 2016 to December 2016, then July 2017 through August 2017 from 20-30 hours per week depending on various facility needs. Full time at Pinckneyville Correctional Facility from August to November 2017.

Southern Illinois Healthcare

12/16-07/17

Carbondale, Illinois

Licensed Clinical Social Worker, Family Practice

- Provided mental health therapy to individuals and families providers throughout SIH referral system. Also made referrals to other providers in the community for needs for families and individuals.

Chicago State University

02/12- 03/16

Chicago, Illinois

Implementation Support Training Facilitator

- Co-facilitated trainings for employees of Department of Children and Family Services and its Purchase of Service Agencies.
- Performed curriculum writing to assist programs or initiatives within DCFS and then collaborate with others to create trainings for staff.
- Trained Windows and SACWIS to new and veteran child welfare specialists.

Midcontinent University

08/12- 04/14

Mayfield, Kentucky

Adjunct Professor

- Taught Undergraduate Cohort classes of Business Law at John A. Logan College (Carterville, IL). Each class was five weeks long.

Associated Psychotherapists

08/12-12/14

Herrin, Illinois

Therapist

- Part-time therapist for children, adults, couples, and families with medical insurance and some sliding fee basis.

Matthews and Associates

05/10-02/12

Herrin, Illinois

Therapist

- Part-time therapist for children and adults with medical insurance and some sliding fee basis.

Southern Illinois University, Carbondale

07/09-02/12

Carbondale, Illinois

Academic Advisor, College of Engineering

- Advised and assess Mechanical Engineering and Electrical Technology students for pre-requisite classes.
- Met with all students prior to registration for each semester.
- Ensured students will graduate per University, College, and accreditation requirements.
- Worked with students who are having difficulties with classes or on academic probation.

Department of Children and Family Services

09/06-07/09

Marion, Illinois

Child Welfare Specialist

- Case Managed children who are placed in foster care and are wards of the state of Illinois.
- Attended all court proceedings regarding juvenile cases and prepare documents for proceedings.
- Managed children's medical, scholastic, and educational needs in partnership with families.
- Worked closely with biological families to problem-solve and make referrals for services.

Big Muddy River Correctional Center

01/06-05/06

Ina, Illinois

Sex Offender Treatment Counselor

- Counseled Sexually Dangerous Persons in group therapy and maintained case files.
- Prepared documents for court proceedings.
- Assessed inmates for crisis intervention.

Tri-County Special Education

08/04-05/05

Murphysboro, Illinois

School Social Work Masters Intern

- Completed adaptive and behavioral assessment tools with students and parents, such as BASC and ICAP.
- Counseled children and adolescents in group classrooms and individual settings and crisis.
- Evaluated children for referrals for special education services, especially IEP meetings.

Family Counseling Center

08-03-05-04

Vienna, Illinois

Masters Student Intern

- Conducted initial evaluations and assessments for adults for community programs and counseling services.
- Counseled children in specialized foster care.
- Co-lead clients in Dialectical Behavior Therapy Group on a weekly basis.
- Assessed clients for crisis intervention and suicidal ideations.

SERVICE

•Chairperson (June 2014-June 2016) of the Illinois Statewide Foster Care Advisory Council. Member from 2013-2017. The Council advises policy recommendations to Director of the Illinois Department of Children and Family Services. The Council also implemented the Illinois Foster Parent Law 20 years ago. The Council monitors how Purchase of Service Agencies carry out those laws in the Implementation Plans they submit. (March 2013-June 2017).

•AP (Administrative and Professional) Council Committee for Staff Benefits and Election Committee, Southern Illinois University Carbondale. (July 2010 through May 2011).

PUBLICATIONS

•*The Carrot or the Stick? Towards Effective Practice with Involuntary Clients in Safeguarding Children Work.* Chapter by Mark Carich, Sarah Williamson (Olson) and Gerry Dobkowski. Edited by Martin C. Calder, 2008.

•“Domestic Violence Clinic: a Challenging and Rewarding Experience.” *The Catalyst*, Illinois State Bar Association. Standing Committee on Women and the Law, March 2001.