

SARAH M. OLSON
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618-201-0501

EDUCATION

Southern Illinois University, Carbondale, Illinois
Master of Social Work (MSW), School Track Emphasis, May 2005, **GPA 4.00**

Southern Illinois University School of Law, Carbondale, Illinois
Juris Doctorate (JD), May 2001

Vanderbilt University, Nashville, Tennessee
Bachelor of Arts (BA), May 1997
Major Fine Arts, with emphasis in Art History, Minors in English and Psychology

CERTIFICATIONS

Licensed Clinical Social Worker (LCSW) Issued in Illinois in 2010. Number 149.014183.

Licensed Clinical Social Worker (LCSW) Issued in Texas in 2023. Number 109608.

Licensed Clinical Social Worker (LCSW) Issued in Virginia in 2023. Number 0904015391.

Licensed Clinical Social Worker (LCSW) Issued in the District of Columbia in 2024. Number LC20000308.

Licensed Clinical Social Worker (LCSW-C) Issued in Maryland in 2024. Number 32477.

EXPERIENCE

Ellie Mental Health 8/26-present
Owings Mills, Maryland
Virtual Therapist
Providing Outpatient Therapy for Clients in Maryland and surrounding states. Practice focused on anxiety, depression, chronic illness, fertility and adoption.

Compass Health Center 10/25-6/26
Chicago Illinois
Senior Primary Therapist
• Provided mental health therapy to individual patients who attend Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) Virtually, focusing on Dialectical Behavior Therapy (DBT) skills and their treatment while in program.

Compass Health Center 04/25-10/25
Chicago, Illinois
Assistant Director of Evening Virtual Over 18 Program
• Supervised Group Therapists who are leading groups, which are based on Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy. Helped organize groups and team meetings.

Compass Health Center

02/22/-04/25

Chicago, Illinois

Adult Virtual Senior Family Therapist

- Provided mental health therapy services to families of adult and adolescent patients virtually in Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP) for patients who reside in Illinois, Virginia, DC and Maryland. Patients attended programming 3-5 days a week due to higher level of care.
- Works with patients in Mood, Anxiety, and Trauma programs.
- Supervises some newer clinicians who are seeking Clinical Licensure.

Midwestern State University Texas

01/23-present

Wichita Falls, Texas

Adjunct Professor

- Teaches Social Welfare Policy class and Practice II (focused on Group Therapy) to undergraduate Bachelor of Social Work Students as a requisite part of their curriculum as determined by the CSWE.

University of Illinois, Urbana Champaign

07/19-01/22

Champaign, Illinois

Field Training Specialist

- Provided training for mental health providers for an assessment tool, Illinois Medicaid, Comprehensive Assessment of Needs and Strengths and other trainings. Conducted co-trainings in person and webinar forum for providers to become certified to administer this tool. Wrote curriculum in work groups for training material for other initiatives.

Southern Illinois Healthcare

12/18-07/19

Herrin, Illinois

Emergency Room Crisis Worker/Licensed Clinical Social Worker

- Provided crisis assessment for Patients at Emergency Departments in Hospitals. Hospitalized patients in psychiatric facilities as necessary. Facilitated appointment making with outpatient providers. Help provide resources for patients as deemed appropriate. Trained Aggression Management and Workplace Violence Trainings for entire corporation.

Health Care Service Corporation, Blue Cross Blue Shield

12/17-12/18

Marion, Illinois

Behavioral Health Care Coordinator

- Provided care coordination for Members in the Community Healthcare Plan for Managed Care Plans for Government Programs. Contacted Members to help them find providers under plan coverage and resources. Conducts Health Risk Assessments and Plan of Care for Members to best accommodate them.

Wexford Health Source

07/16-12/17

Southern Illinois Correctional Facilities

Qualified Mental Health Professional and PRN Qualified Mental Health Professional

- Worked with offenders who need mental health services at Southern Illinois area correctional facilities. Completed assessments, evaluations, suicide potential, and needs for services. Worked as needed PRN from July 2016 to December 2016, then July 2017 through August 2017 from 20-30 hours per week depending on various facility needs. Full time at Pinckneyville Correctional Facility from August to November 2017.

