Syllabus Personal Relationships and Interactions Spring 2021

Professor: David Carlston, Ph.D. Course #: PSYC 3913, sec 101
Office: 120 O'donohoe Time: 11-11:50 MWF

Phone: 397-4718 Location: PY 101

e-mail: david.carlston@msutexas.edu Office Hours: TR 9-10:30am, WF, 1-2pm

Text:

Walker, V. (2017). Becoming Aware (13th ed.). Dubuque, Iowa: Kendall/Hunt.

Learning Objectives:

- Increase understanding of self and others
- Improve interpersonal relationships
- Apply psychological theory to interpersonal relationships
- Acquire practical knowledge regarding the development and maintenance interpersonal relationships

Course Requirements:

- 1. Attendance is required for the course. Each student will be allowed <u>three</u> absences without penalty. All absences will be treated equally. Each additional absence will result in a 5% reduction in the students' final grade. Attendance will be taken each day. Students arriving following the taking of attendance will be considered absent.
- 2. Students will complete six assignments during the semester. Assignments will be worth a total of 125 points.
- 3. Students will complete a review and personal response to <u>one</u> additional related sources. An annotated copy of the text will be turned in as part of this project. The response will be worth 75 points. Optional sources include:

Frankl, V. E. (1984). A Man's Search for Meaning. Boston: MA: Washington Square Press.

Covey, S. (2020). The 7 habits of highly people. New York, N.Y.: Simon & Schuster.

Carnegie, D. (2009). *How to win friends and influence people*. New York, N.Y.: Simon & Schuster.

4. In addition, students will complete three exams. Students will respond to both multiple choice and short answer/essay questions. Each exam is worth 100 points. Questions will focus on both information contained in the text as well as information presented in the lecture. Therefore, it is important to keep current with reading as not all information will be covered in detail in class lecture.

Grade Scale:

450-500	A
400-449	В
350-399	C
300-349	D
0-299	F

Cheating Policy:

Cheating will not be tolerated. Any evidence of cheating on exams will result in dismissal from this class with a grade of "F."

Preventive Requirements:

- MSU Safety App. Students will show the faculty member the final page of their COVID Self-assessment on the MSU Safety App upon entering class.
- Wear a mask. Students will comply with MSU Texas Facial Covering Requirement while in class.
- Sanitize. Students will be required to sanitize their hands upon entering class.
- Assigned seats. Students will be required to sit in assigned seating.
- Clean their desk/work station. Students will be required to clean their desks with MSU provided cleaning supplies at the start of each class period.

Course Schedule:

Class Week	Readings	Important Dates
Jan. 11 – Jan. 16	Pgs. 1-68	
Jan. 18 – Jan. 23		Jan. 18 - No Class
		Jan. 23 – Self-Change #1 Due
Jan. 25 – Jan. 30	Pgs. 69-136	Jan. 25 – Big Five Assignment Due
Feb. 1 – Feb. 6		Feb. 1 – Self-Change #2 Due
Feb. 8 – Feb. 13	Pgs. 137-190	
Feb. 15 – Feb. 20		Feb. 15 – Last day to file for May graduation
		Feb. 19-20 - Exam #1
Feb. 22 – Feb. 27	Pgs. 191-256	
Mar. 1 – Mar. 6	Pgs. 257-320	Mar. 1 – Rate-a-Mate Assignment Due
Mar. 8 – Mar. 13		
Mar. 15 – Mar. 20	Pgs. 321-390	
Mar. 22 – Mar. 27		Mar. 26-27 – Exam #2
Mar. 29 – Apr. 3	Pgs. 441-498	Apr. 1 & 2 – No class
Apr. 5 – Apr. 10		Apr. 5 – Self-Change #3 Due
Apr. 12 – Apr. 17	Pgs. 499-548	Apr. 12 – Values Assignment Due
Apr. 19 – Apr. 24	Pgs. 549-587	Apr. 23 – Last day to drop with a "W"
		Apr. 23-24 Exam #3
Apr. 26 – May 1		Apr. 26-28 Final Project Due

Disability: Students who require special accommodations must register with Disability Support Services before these accommodations can be provided.