

Midwestern State University
Robert D. & Carol Gunn College of Health Sciences & Human Services

Global Health and Wellness Course Syllabus

HSHS 1013

Fall 2026

Updated: 08/2026

Professor

Mandy Sedden MSRS, RT(R)

Email: mandy.sedden@msutexas.edu

Use this information in the subject line: 1013_your last name_topic of the message.

Email is the best way to reach me. If I have not responded within 72 hours, please email me again.

Phone: (940) 397-4664

Office Location: Midwestern State University

3410 Taft Blvd.

Centennial Hall 430M

Wichita Falls, TX 76308

Office Hours: Please make an appointment

Course Communication

Contact information for the instructor is listed at the beginning of this syllabus. Email is the instructor's preferred mode of communication. The instructor will respond or at least acknowledge email messages from students within a maximum of five (5) business days when MSU is in session. Beyond standard university holidays and breaks, the instructor will notify students of any extended periods of time when email contact is not practical (professional meetings, etc).

Please use the following format in the subject header for your email:

1013_your last name_topic of message

Example: 1013_Smith_Quiz 4

When emailing the instructor, please include your full name, course and section number, and a thorough explanation in your message. This will help expedite your request or needs.

When there is a need to contact students, the instructor will use the student's MWSU email account, students.mwsu.edu. The instructor is not responsible for sending emails to any other email account. Faculty members will not be responsible for keeping up with other email

addresses for students. If you have not established this account, do so as soon as possible by going to: 1013<http://infosys.msutexas.edu/email.asp>

The instructor will respond or at least acknowledge email messages from students within a maximum of five (5) business days when MSU is in session. Beyond standard university holidays and breaks, the instructor will notify students of any extended periods of time when email contact is not practical (professional meetings, etc.). I will meet face-to-face with any interested students by appointment only. This meeting is optional and must be confirmed by email ahead of time with me.

Setting Up Notifications for News items and Forwarding E-mails

The News section of the course is where I will send messages to the entire class. It is best to set up your D2L account to receive an email notification (to the email of your choice) when News items are posted.

1. Click the down arrow in the News section on the 1013 course home page
2. Select Notifications
3. Check the box next to "News- new item available" and then check any other boxes you wish to receive an email notification from.
4. Check the email address you wish to send email notifications. If you need to change this, select "change your email settings" and enter the new email address. This email address should be an email address you frequently check.

Steps to forward D2L email to another email address:

1. Click on the **Envelope Icon** in the top menu bar.
2. Click **Email**.
3. Click **Settings** in the top right corner of the inbox.
4. Scroll down to **Forwarding Options** and type in the new email or uncheck the box to turn forwarding off.
5. Click **Save**.

Remember to go to the new email and click to verify the email address.

Course Overview

This course is designed to introduce students to global health and give them an understanding of how the global community affects and is affected by changes in economic, political, and social factors. Influences such as education, income levels, governmental policies, regulation of health care provision, and transnational economic and political relations will be discussed. The importance of the globalization of disease and wellness and the importance of including all citizens in global health concerns will be deeply discussed.

Course Objectives

Upon completion of this course, the student will:

- Describe various factors that contribute to approaches to health care.
 - Identify key terms and concepts in global health and wellness.
 - Discuss ecological foundations of global health.
 - Examine communicable diseases as transnational threats to human health and non-communicable disease burden on global health.
 - Explore inequities in global health.
 - Investigate issues related to global health and security and human rights issues.
 - Discuss issues related to the top-down and bottom-up promotion of global health.
 - Identify his/her role in the global health community.
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Textbook



Global Health 101, 4th Edition, Richard Skolnik, Jones & Bartlett, 2021.
ISBN: 9781284145380

Teaching Strategies

- Online delivery with asynchronous interactions between students and teacher, interactive discussions, quizzes, and a semester-long Behavior Change project.
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Attendance

This is an online course, and as such, there are no mandatory sessions. However, the students should be vigilant in checking their email and logging onto D2L. Regular checks will ensure messages from the instructor and fellow students are received in a timely manner. This course is on a schedule that will be strictly adhered to (see table below). The instructor will be available to meet face-to-face with any student who is interested. Please email the instructor to schedule an appointment.

Requesting a Withdrawal

Last Day for “W”, Nov. 23 by 4:00 p.m. – Drops after this date will receive grades of “F.” Refer to the Undergraduate Bulletin for details about receiving a grade of “Incomplete” in a course. In an emergency or extenuating circumstance, a student may request a grade of “Incomplete” in a course before grades are submitted. If the instructor grants the “Incomplete,” the student has until thirty (30) days after the beginning of the next long semester to complete the course requirements. If the student does not complete the course requirements within the deadline, the grade of “Incomplete” will automatically convert into a grade of “F.”

Grading/Evaluation

Evaluation

- 20% Quizzes
- 20% Discussion Board
- 40% Assignments
- 20% Final Project

Grading Scale

- A = 90-100
- B = 80-89
- C = 70-79
- D = 60-69
- F = 59 and below

Midterm Grades

In order to help students keep track of their progress toward course objectives, the instructor for this class will provide a Midterm Progress Report through each student's WebWorld account. **[only at-risk students will be reported]**. Midterm grades will not be reported on the students' transcript; nor will they be calculated in the cumulative GPA. They simply give students an idea of where they stand at the midpoint of the semester. Students earning below a C at the midway point should schedule a meeting with the professor.

Feedback

Feedback varies throughout the course.

Viewing Feedback in Tests

1. Go to the place where you took the quiz,
2. Click on the down arrow next to the exam,
3. Select submissions,
4. Click on the attempt,
5. The feedback for the entire exam is displayed under Attempt Feedback
6. The feedback for each question is under the View Feedback button under each question

Viewing feedback in Assignment dropbox

Tip: You can also view assignment feedback from User Progress and Grades.

1. On the navbar, click Assignments.
2. From the Assignments page, locate your assignment, and click Unread in the Evaluation Status column.
3. From the View Feedback page, you can view your submission feedback, rubric assessment, and grade.
4. If your instructor added annotated feedback to the assignment, click View Inline Feedback. The annotation view opens in a new tab, displaying annotated feedback using highlighting, freehand drawing, shapes, and associated commenting.
5. To download the annotated assignment as a PDF, click Download.

6. When you are finished viewing feedback, navigate back to the View Feedback page and click Done.

If you are having technical difficulties accessing the course or any other technical issues please contact distance.learning@msutexas.edu.

Technical Difficulties

On occasion, you may experience problems with accessing D2L, accessing class files located within D2L, connecting with your internet service, or you may encounter other computer related problems. Make the professor aware of a technical problem as soon as possible. If a problem occurs on our end, such as D2L failure, then a due date extension will typically be granted. However, keep in mind it is your responsibility to have (or have access to) a working computer in this class. Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings. Dropbox assignments that can be attached in an email should be emailed to the professor as soon as a problem is encountered. Failure to do so may result in points being lost, regardless of connection issues.

For help options:

- For D2L issues go online go to the Distance Education Helpdesk
- By phone call the Distance Education office at 940-397-4868 between 8am and 5pm.
- Use the D2L help link in D2L.
- Contact your professor.
- For other computer access issues, go online to the MSU Information Technology Website.

Student Responsibilities

As a student enrolled in this course, you will be responsible for adhering to and meeting posted deadlines and due dates. Posted closing dates along with assignment due dates and deadlines found in the Course Calendar within D2L will be strictly enforced. If an assignment does not meet the posted deadline, a grade of zero (0) will be recorded for that assignment. Extenuating circumstances do occur and will be addressed on an individual basis. NOTE: waiting until the last minute to submit an assignment does not constitute an extenuating circumstance.

Emergency Aid Resources for Basic Needs

Unexpected life circumstances can affect anyone. If you are experiencing challenges meeting basic needs—such as housing, utilities, food, transportation, healthcare, technology, textbooks or other life necessities, resources may be available to help. Visit the Student Emergency Support and Resources webpage to learn more, and explore emergency support opportunities through MSU and how to access them. For additional information, please contact the Office of Student Affairs: Clark Student Center #108, (940) 397-7500, student.affairs@mstutexas.edu.

Concealed Handgun Carry

Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University's webpage at <https://msutexas.edu/campus-carry/index.php>.

Active Shooter

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit [Safety / Emergency Procedures](#). Students are encouraged to watch the video entitled "Run. Hide. Fight." which may be electronically accessed via the University police department's webpage: ["Run. Hide. Fight."](#)

Services for Students with Disabilities

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Midwestern State University endeavors to make reasonable accommodations to ensure equal opportunity for qualified persons with disabilities to participate in all educational, social, and recreational programs and activities. After notification of acceptance, students requiring accommodations should make application for such assistance through Disability Support Services, located in the Student Wellness Center, (940) 397-4140. Current documentation of a disability will be required in order to provide appropriate services, and each request will be individually reviewed. For more details, please go to [Disability Support Services](#).

Academic Misconduct Policy & Procedures

Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individual's to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct.

[Office of Student Conduct](#)

***Note:** *By enrolling in this course, the student expressly grants MSU a "limited right" in all intellectual property created by the student for the purpose of this course. The "limited right" shall include, but not limited to: the right to reproduce the student's work product in order to verify originality and authenticity as well as for educational purposes. Specifically, faculty may submit student papers and assignments to an external agency to verify originality and authenticity to detect plagiarism.*

Administrative Process

Unresolved issues related to this course should be first addressed between the student and the course instructor. If there is no resolution, students must follow this sequence:

1. Director of Interdisciplinary Studies
 - a. Dr. Randy Case (940) 397-4652
2. Department Chair
 - a. BSRS, Dr. Lynette Watts (940) 397.4833
3. College Dean
 - a. Dr. Jeff Killion (940) 397.4594
4. Dean of Students
 - a. Matthew Park (940) 397.6273

Global Health & Wellness Assignment Details

Welcome (Students should start here!)

Students should begin the course by viewing the documents found in the Welcome module. There is an overview of the course and the textbook, as well as a document about discussion board etiquette. Finally, in this section, you will find the library use video along with a quiz about the video. **Complete the Introduction Discussion Board and the Library Quiz. Please note this quiz is for a grade and must be completed independently by the students.**

Syllabus Agreement

The first step in starting this course is to read the syllabus in its entirety and complete the Syllabus Agreement quiz. By taking the Syllabus Agreement quiz you are stating that you have completely read, understand, and agree to the syllabus and its content. The unit 1 exam will **not** open until you have completed this step

Assignments

Assignments are a significant portion of the grade and represent the application of the material studied. All assignments are to be submitted as instructed in each unit. Assignments must be received prior to the deadline. Late assignments are not accepted beyond the deadline. A zero will be recorded for assignments not submitted or meeting the final deadline. **All assignments must be written at the baccalaureate level and will be graded for accuracy, completeness, quality, spelling, grammar, punctuation, and integrity.**

Independent Reading Assignments

- Module 1: Notes and Chapters 1 & 2
- Module 2: Notes and Chapters 3, 13, 14
- Module 3: Notes and Chapter 8 & 9
- Module 4: Notes and Chapters 4 & 5
- Module 5: Notes and Chapters 16 & 17
- Module 6: Notes and Chapter 6
- Module 7: Notes

Discussion Board

The discussion board is a mandatory component in this course. Assignments are made specifically for this board. Students are expected to write formally (no shorthand or text messaging abbreviations) and use APA format and referencing when appropriate. Thoughtful responses, constructive critique of fellow students, and meaningful participation are expected. Keep in mind the discussion board is a formal assignment and part of your final grade. ***Late discussion board posts will not be accepted beyond the deadline.** All discussion boards must be written at the baccalaureate level and will be graded for accuracy, completeness, quality, spelling, grammar, punctuation, and integrity. Review the grading rubric for each discussion board assignment.

Quizzes

In each of the units, a quiz will be administered within D2L. These quizzes are open book, open notebook, but you will have a limited time to complete them and must be prepared as there will not be enough time to research every answer. Quizzes must be completed prior to the expiration dates listed in this syllabus. Quiz grades and answers will be released after the deadline of each quiz. Specific questions regarding the quizzes may be addressed to the instructor. **Quizzes will not be made up if missed and zero (0) will be recorded. No extra credit activities are available.**

If students have technical difficulties during a quiz, they should use the “Report a Problem” link located on the top toolbar within D2L to contact the MSU distance education Support Staff and send an email to the course instructor explaining what happened.

Final Project

The final project will be the completed Behavior Change project. This will include Phase 1, 2, and 3 of the Behavior Change Project with all questions answered and filled with DETAILED information.

Course Schedule

(All assignments are due at 11:59 PM central standard time (CST))

Date	Assignment
Monday, Aug. 24	Course opens
Monday, Aug. 31	Syllabus Agreement Quiz Library Quiz Introduction Discussion Board
Tuesday, Sept. 8	Module 1 Quiz Discussion Board Behavior Change Project (1 st section)
Monday, Sept. 21	Module 2 Quiz Discussion Board Dropbox Assignment
Monday, Oct. 12	Module 3 Quiz Discussion Board Dropbox Assignment Behavior Change Project (2 nd section)
Monday, Oct. 26	Module 4 Quiz Discussion Board Dropbox Assignment
Monday, Nov. 9	Module 5 Discussion Board Dropbox Assignment
Monday, Nov. 23	Module 6 Discussion Board
Monday, Dec. 7	Module 7 Discussion Board Behavior Change Project (3 rd section to include all sections)