



Course Syllabus: Concepts of Mental Health Care
College of Gunn Health Sciences and Human Services
NURS 3873 101 Fall 2021

Contact Information

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Course Description

Individuals with psychosocial and/or psychiatric needs are considered a vulnerable population in today's health care settings. Concepts and principles emphasized in this course pertain to communication, inner personal relationships, and utilization of the nursing process in planning the nursing care for clients manifesting psychosocial and or psychiatric needs. Individualized and supplemental materials as well as classroom discussions provides students with opportunities to develop a greater understanding of self and to increase their ability in relating to individuals, families, group and communities (IFGC) along the mental health continuum in structured and non-structured settings.

Credit hours: 3 Credit Hours

PRE-REQUISITES:

Introduction into Health Care Systems; Health Assessment Competencies;
Pharmacology; Medical Terminology

CO-REQUISITES: Concepts in caring for the adult client; Concepts in caring for the pediatric client; Evidence-based nursing care; Data analysis

STUDENT LEARNING OUTCOMES: Each student will pass a Therapeutic Communication quiz with a score of 80% or better.

Course Objectives

AACN Essentials: For further information regarding the AACN Essentials identified for each course objective, refer to

<http://www.aacnnursing.org/Portals/42/Publications/BaccEssentials08.pdf>

DEC Competencies: In the DEC Competencies below, the following designations apply: I: Provider of Patient-centered Care, II: Coordinator of Care, III: Patient Safety Advocate, and IV: Member of the Health Care Team. For further information regarding the competencies identified for each course objective, refer to

http://www.bon.texas.gov/pdfs/publication_pdfs/delc-2010.pdf

Upon completion of this course, the student should be able to:	AACN	DEC
1. Utilize the nursing process to plan nursing care for individuals and families with psychosocial and /or mental health needs within the context of IFGC.	I-A, B, D; II-B1, B2, B3 III-A2, A3, A5, A6, B5, B6, B7, B8, C1, C5, C6, C7; IV-A4, ,B3,B5, B7, F1, F2; V-A1, A2, A8, A9, A10, B7	IB IIA, IIC,IID
2. Differentiate between therapeutic and non-therapeutic communication techniques as well as cultural differences that exist among patients and their families from various ethno-cultural backgrounds.	VI-2, 3 VII 2, 4, 7, 8 IX 1, 4, 5, 7, 21, 22	IIB, IID, IIE IIH IIIC, IVD
3. Demonstrate accountability for legal/ethical aspects in planning nursing care for clients with psychosocial and/or mental health needs	I-J, K II-D1, D2, D3, D4, E1, E2, E3 IV-D1, D2,D3, D4, D5, D6, D7 E1, E2,E3, E4, E5, G1,G2, G5 V-C2, C3	IA,IB IIE, IIH IIIA, IIIB, IIIC
4. Demonstrate knowledge of growth and development in planning nursing care.	III-B5, B7, B8, B10, C1, C2, C3, C4, C5, C7, D8, D15, D17 IV-A1,B4,B1, B4, B5, B7, C5,6,C7, E1, E5; V-A1, A9, 10,A11, B2, B3	IIA, IIB, IID, IIE, IIF
5. Be able to identify relevant evidence based research findings related to mental health nursing.	III-A2, B9 VI-C7 V-A5	IB IIA, IIC, IID, IIE, IIF, IIH IIIA, IIIB, IIIC
6. Be able to differentiate among a group of specific psychopathology as referenced in the DSM-IV.	I-B, D, I III-A1, A2, B9, B10 IV-A6, A7, B1, B6, E1, E5 V-A1, A2, A3, A13, B3	IB, IIB, IIC, IIE,IIF IIIC IVA

****Notice**

Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

Required Textbook and Resources

Townsend, M.C. & Morgan, K.I. (2018). *Psychiatric mental health nursing (10th ed.)*. Philadelphia, PA: F.A. Davis

Townsend, M.C. & Morgan, I. I. (2018). *Pocket guide to psychiatric nursing (10th ed.)* Philadelphia, PA: F.A. Davis (Optional, but is very informative)

ExamSoft with Exemplify application testing software

Laptop computer that meets Technology Requirements

Nursing Central (Unbound Medicine) application

Learning Experiences

Classroom Lecture, Group Participation, Structured Activities

Desire 2 Learn (D2L) supplement: Students are expected to check their D2L course for course announcements every 24 hours

Midwestern State University BSN Handbook: Is available from the MSU homepage. Refer to: [BSN Student Handbook](#)

MSUTexas Student Handbook

Refer to: [Student Handbook 2019 - 2020](#)

GRADING

EXAMS 4	Percentage
Exam I	21.25
Exam II	21.25
Exam III	21.25
Exam IV	21.25

EXAMS 4	Percentage
Total	85%
vSIMS Mental Health Simulations	10
Therapeutic Communication Quiz [must score 80%]	5
OVERALL TOTAL	100%

Table 2: Course Grade Calculation

The final course grade will be calculated in the following manner:
There will be no rounding of grades
**Students must score at least a 74% average, using the percentages posted in table 1, on the four objective exams in the course to successfully complete the course. Once the student scores at least 74% on module exam then the required score of the Therapeutic Communication quiz and completion of 10 vSIMS Mental health simulations will be averaged into the student grade.

Table 3: Grading Scale

Grade	Points
A	90-100
B	80-89
C	74-79
D	65-73
F	Less than 65

Exams

- Exam Soft requires loading Examplify application for taking course exams. Exam Soft is purchased online each semester.
- Students are responsible for having a compatible computer or tablet on which to take the exams.
- Each unit exam and final exam will be comprised of 50 multiple-choice questions. The testing period is the 80 minutes of assigned class time.
- The Therapeutic Communication quiz will be composed of 20 questions and the testing period is 35 minutes.
- Exam Soft will provide students with user identity codes, initial passwords, and instructions on how to load Examplify. Students must maintain ready access to user identity codes and passwords on exam days. If these access codes are not available for use, the student runs the risk of not taking an exam and earning a grade of zero.

Missed Exams

Should the student be absent from an exam, it is the student's responsibility to notify the course coordinator at least two hours prior to the exam or as soon as possible if an emergency is the cause of missing the exam. Students may make-up exams as specified by the course instructor.

Failure to comply with this policy will result in a zero for the exam(s) missed. Any make-up exam may be different from the original exam and may include multiple choice, essay, short answer, true and false, and/or matching questions.

NURSING PROGRAM FAILURE POLICY

1. Students must meet all course requirements or a grade of F will be assigned.
2. A student who withdraws/drops or receives a D or an F in two nursing courses must seek reentry to the nursing program to be eligible to continue in the program.
3. The faculty reserves the right to recommend to the School of Nursing Chair and College of Human Services and Health Sciences withdrawal of a student from the nursing program for health, legal, or academic reasons, particularly if client care is jeopardized. In addition, the student must perform within the ANA Standards of Practice and Code of Ethics.

University Policies

Services for Students with Disabilities

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Midwestern State University endeavors to make reasonable accommodations to ensure equal opportunity for qualified persons with disabilities to participate in all educational, social, and recreational programs and activities. After notification of acceptance, students requiring accommodations should make application for such assistance through Disability Support Services, located in the Clark Student Center, Room 168, (940) 397-4140. Current documentation of a disability will be required in order to provide appropriate services, and each request will be individually reviewed. For more details, please go to <http://www.mwsu.edu/student-life/disability>.

Academic Misconduct Policy & Procedures

Wilson School of Nursing adheres to the MSU Code of Conduct. In particular, academic dishonesty, however small, creates a breach in academic integrity. A student's participation in this course comes with the expectation that his or her work will be completed in full observance of the MSU Code of Student Conduct. A student should consult the current Student Handbook for answers to any questions about the code.

Students are encouraged to take full advantage of many resources available including online Desire 2 Learn course resources, Internet sites, other textbooks and journals, faculty, and peers when accomplishing objectives. This interactive collegial learning environment is conducive for life-long learning.

However, all components of the course are designed to represent the efforts of each student individually and are not to be shared, copied, or plagiarized from other sources. When students submit their efforts for grading, they are attesting they abided by this rule.

Academic dishonesty includes cheating, collusion, plagiarism or the acquisition of tests or test questions and other academic materials such as test banks without the permission of the faculty. Cheating, collusion, or plagiarism is defined as: (1) cheating - intentionally using or attempting to use unauthorized materials, information, equipment, or study aids in any academic exercise; (2) collusion - the unauthorized collaboration with another person in preparing work offered for credit; (3) plagiarism - intentionally representing the words or ideas of another as one's own in any academic exercise.

Academic dishonesty (cheating, collusion, plagiarism, etc.) will not be tolerated in this class. Whenever a student is unsure of whether a particular situation will be interpreted as academic dishonesty, he or she should ask the instructor for clarification.

Any student found to be academically dishonest as defined above and under each assignment will automatically receive a grade of "0" on the assignment.

Instructor Drop

An instructor may drop a student at any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude, or for disruptive conduct. The instructor must give the students a verbal or written warning prior to being dropped from the class. An instructor's drop of a student takes precedence over the student-initiated course drop of a later date. The instructor will assign a grade of either WF or F through the 8th week of a long 45 hours semester, the 6th week of a 10 week summer term, or the 11th class day of a 4 or 5 week summer term consisting of 20 days. After these periods, the grade will be an F. The date the instructor drop form is received in the Office of the Registrar is the official drop date. Refer to page 28 at

<https://mwsu.edu/Assets/documents/student-life/student-handbook-2017-18.pdf>.

Campus Carry Rules/Policies

Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to: [Campus Carry Rules and Policies](#)

Smoking/Tobacco Policy

College policy strictly prohibits the use of tobacco products in any building owned or operated by WATC. Adult students may smoke only in the outside designated-smoking areas at each location.

Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place, which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

Grade Appeal Process

Students who wish to appeal a grade should consult the Midwestern State University [Undergraduate Catalog](#)

COVID-19 GUIDELINES:

1. Students are responsible to frequently check the MSU Covid-19 site for updates.
2. If a student tests positive or has a close exposure to someone who has tested positive, that student needs to complete the form at this link: <https://msutexas.edu/return-to-campus/students/health.php> and notify your instructor and Dr. Lockhart.
3. This form is also available within the MSU Safety App: you must download the MSU Safety App and complete the self-assessment daily. If you do not get the green check mark at the end of the self-assessment, contact your instructor and complete the form. Your instructor will contact Dr. Lockhart.
4. MSU nursing department will follow the COVID rules set forth by the university and public health department regulations.