



### **Syllabus**

Internship I PSYC 6203  
Fall 2021

### **Contact Information**

Professor: Megan N. Bodine-Smith, Ph.D. Office: O'Donohoe 116  
Office Hours: W 1:00-3:00 or by appt Cell Phone: 734-652-8621  
Class Meets M 2:00-4:00 Location: OD 110  
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### **Goals:**

1. Increase professional service through:
  - a. the implementation of psychological services under the supervision of licensed professionals.
  - b. seeking peer consultations in group supervision.
  - c. providing peer consultations in group supervision.
  - d. apply ethical decision-making, theoretically grounded treatment goals, and assessing the appropriateness of diagnosis to individuals seeking psychological treatment.
  - e. expand client conceptualization through Chalkboard Case Conceptualization.
  
2. Increase professional development through:
  - a. preparation of an extensive case write-up.
  - b. becoming acquainted with secretarial duties associated with managing paperwork.
  - c. attending various meetings.

**Texts:** American Psychiatric Association. (2013) *Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> ed.). Washington, DC: Author.

*Publication Manual of the American Psychological Association* (7<sup>th</sup> Ed.). (2020). Washington D. C.: American Psychological Association.

## Prerequisites

1. Completed all hours for Clinical Internship PSYC 6152.
2. Students must have purchased Professional Liability Insurance from American Professional Agency, INC. You can apply for and pay for the insurance online at [American Professional Agency \(http://www.americanprofessional.com/profession-page/student/\)](http://www.americanprofessional.com/profession-page/student/). Please choose 1 million/3 million as the insurance limits. The cost for the insurance is \$35. Please email a copy of your insurance certificate to the Director of Clinical Training. Students will need to renew their insurance annually as long as they are providing clinical services as a student.
  - a. If your insurance expired prior to the end of the semester, you must still renew it. Even if only for a few weeks.
3. Students are co-enrolled in PSYC 5200 Foundations of Research Methods which will be completed independently through D2L online. Please see that syllabus for details.

## Course Requirements

1. Students will provide 15-20 hours of internship related services per week throughout the entire semester. Students will obtain a minimum of 225 service hours over the course of the semester. Ideally students will amass additional hours.
  - a. **Direct contact hours:** Students will obtain a minimum 95 hours of direct client contact. Direct contact hours include:
    - i. Individual, couple, family, or group psychological services
    - ii. Psychological assessment involving client contact
  - b. **Indirect professional service hours:** Students will obtain a minimum of 130 hours of indirect professional service hours. Professional service hours include:
    - i. Individual and group supervision
    - ii. Scoring and report writing for psychological assessment
    - iii. Office duties
    - iv. Shadowing a fellow clinician
    - v. Professional consultation and educational workshops which are clinical in nature
  - c. **Tracking Hours:** Hours should be logged in the internship hours tracking spreadsheet found on each student's assigned thumb drive. This first page (showing cumulative hours) should

be printed, signed by the individual supervisor and internship course instructor, and submitted to the director of clinical training at the semester midterm and at the end of the semester. At the end of the semester, the spread sheet with all hours is to be electronically submitted to the director of training.

**2. Evaluation of internship students:** Individual supervisors will evaluate the student at semester midterm and at the end of the semester. Students are responsible for providing the supervisor with the Internship Student Evaluation Form, which can be found on the thumb drive. These forms should be submitted to the director of clinical training. Students will receive an incomplete for the course if these evaluations are not submitted by the end of the semester.

**3. Group Supervision:** All students will come to group supervision prepared to discuss their cases. Attendance is mandatory and absences must be cleared with the instructor or a reduction in grade will occur.

a. The clinician is responsible for providing the following information. The Chalkboard Case Conceptualization should include:

- i. client's presenting issue(s), thoughts and behaviors; medical/medication/substances; developmental levels; support systems; family dynamics; strengths; cultural-diversity-contextual (see last page); career-vocational; metaphors; and layers of emotions.
- ii. Use RESPECTFUL/ADDRESSING for multicultural awareness (see end of syllabus).

Clinician's corner:

- i. treatment issues/goals; theoretical conceptualization from two different theories; and available psychological assessment data
- ii. clinician's questions or concerns

b. Participants are responsible for:

- i. asking questions that clarify missing information and deepen the understanding of the client.
- ii. providing ethical and theoretically based interpretations and recommendations.

**4. Individual Supervision:** Each student clinician will meet at least one hour weekly individually with a supervisor. Attendance is mandatory and absences must be cleared with the instructor or a

reduction in grade will occur. Clinical students need to bring find out from their on-site supervisor what is expected for individual supervision.

**5. Case conceptualization Papers:** (100 points) Every student shall prepare an extensive case conceptualization paper on one client (single spaced). Internship students should choose a different case and theory for midterm and final papers-do not reuse cases from previous semesters. The report shall contain the following areas:

- A. client's presenting issue(s), thoughts, and behaviors; medical/medication/substances; developmental levels; support systems; strengths; cultural-diversity-contextual; career-vocational; metaphors (optional); and layers of emotions.
- B. treatment issues/goals; theoretical conceptualization from one theory (background of theory and application to client; **cite sources**-minimum 3); and available psychological assessment data.

*\*the case must have been presented in group supervision. Please include the date of the class presentation on the first page.*

**Rewrites:** An initial grade will be given. Should a paper need a re-write, the student will be given the option of: (a) accept the current grade, or (b) re-write the paper. The second draft will receive a letter grade – ½ a grade level. Should a second re-write be needed, the student may: (a) accept the current grade, or (b) re-re-write the paper. The third draft will receive a letter grade –1 grade level, etc.

**Due: Monday Oct 3 (midterm) and Monday Nov 28 (final).**

**Grades:** No student can earn a higher grade than the evaluation of their clinical work (200 points); thus, a student may academically earn an "A," but clinical concerns by any supervisor may reduce that grade to a "B" or non-passing grade (i.e., C, F). In order for a student's grade to be lowered by a supervisor, the student will have: (a) received timely and appropriate feedback, and (b) the supervisor shall consult with the internship instructor, director of training, and may consult with other clinical faculty.

**Grades: 400-360 = A; 359-320 = B; 319-280 = C; 279 and lower = F**

The student must have turned in a midterm and final evaluation signed by the individual supervisor and meet the minimum hours (signed by the individual supervisor). Incompletes will be given to students who fail to earn the minimum hours (not uncommon in the summer).

**Attendance:** Attendance is required. Since we only meet once a week, a student is allowed **1** absence without penalty. The **2<sup>nd</sup>** absence results in 1 grade drop, the **3<sup>rd</sup>** absence results in a grade of 'F.' Being tardy three times will count as an absence. Afterwards, every additional tardy counts as an absence.

**Electronic Contact:** If an emergency occurs, ALWAYS contact me day or night. If I am unavailable, contact your individual supervisor or Dr. Guthrie (Director of Training). When dealing with a client concern: (a) call your individual supervisor first, (b) call the internship instructor second (my cell phone is listed above), (c) contact the Director of Training third, or (d) contact any available licensed faculty.

**Cell Phones and Pagers:** Cell phone use (including watches that Bluetooth to one's phone) is prohibited during class. Phones are to be turned off (this includes no vibration mode) and put away. Exceptions include expecting a communication from one's internship site (not part-time work), an emergency (e.g., family member is in the hospital), or being asked to Google class-related material. All exceptions must be shared with me prior to using one's phone, and I reserve the right to say no. If cell phone use occurs in class, I reserve the right to view said activity to verify it meets the exception criteria. Violation of this policy will result in a verbal warning and reduction in grade (0.25% per instance); second warnings will be made in writing and sent to the chair and graduate program coordinator to establish a record of problematic behavior; and finally, continued cell phone use will result in the student being removed from the class and receiving a grade of "F". Please note that I, as the instructor, may receive work-related communications and will only check my phone when I deem it necessary. As such, students should not expect the instructor to be held to the same policy.

**Note** Students living with disability must be registered with [Disability Support Services](#) before accommodations can be provided. Individuals requiring special accommodation should contact me and must provide documentation by Disability Support Services. The Director of Disability Support Services serves as the ADA Coordinator and may be

contacted at (940) 397-4140, TDD (940) 397-4515, or 3410 Taft Blvd., Clark Student Center 168.

### **Americans with Disabilities Act**

Midwestern State University does not discriminate on the basis of an individual's disability and complies with Section 504 and Public Law 101-336 (Americans with Disabilities Act) in its admissions, accessibility, treatment and employment of individuals in its programs and activities.

It is the responsibility of the student to inform the instructor of any disabling condition that will require modifications. Students who require special accommodations must register with Disability Support Services before these accommodations can be provided. An Accommodation Request Form can be obtained at [Disability Support Services](#).

### **College Policies and Procedures**

Can be found at the bottom of the MSU home page or at [Human Resources Policy](#).

#### Academic Misconduct Policy & Procedures

Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individual's to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct. Any evidence of cheating will result in a grade of "F" and being reported to the [Dean of Students](#).

## Midwestern State University Student Honor Creed

*"As an MSU Student, I pledge not to lie, cheat, steal, or help anyone else do so."*

As students at MSU, we recognize that any great society must be composed of empowered, responsible citizens. We also recognize universities play an important role in helping mold these responsible citizens. We believe students themselves play an important part in developing responsible citizenship by maintaining a community where integrity and honorable character are the norm, not the exception. Thus, We, the Students of Midwestern State University, resolve to uphold the honor of the University by affirming our commitment to complete academic honesty. We resolve not only to be honest but also to hold our peers accountable for complete honesty in all university matters.

We consider it dishonest to ask for, give, or receive help in examinations or quizzes, to use any unauthorized material in examinations, or to present, as one's own, work or ideas which are not entirely one's own. We recognize that any instructor has the right to expect that all student work is honest, original work. We accept and acknowledge that responsibility for lying, cheating, stealing, plagiarism, and other forms of academic dishonesty fundamentally rests within each individual student.

We expect of ourselves academic integrity, personal professionalism, and ethical character. We appreciate steps taken by University officials to protect the honor of the University against any who would disgrace the MSU student body by violating the spirit of this creed.

*Written and adopted by the 2002-2003 MSU Student Senate.*

**Travel Plans** Please do not make travel plans during finals week. The final will be given when the university has scheduled it as per the schedule of classes.

**Multicultural World (Ivey)**

All of us are multicultural: age, gender/sex, geography/region, SES, education, faith, marital status, children, etc.

Respectful Counseling and Psychotherapy

R: Religion/spirituality

E: Economic/class background

S: Sexual orientation and/or gender identity

P: Personal style and education

E: Ethnic/racial identity

C: Chronological/lifespan challenges

T: Trauma

F: Family background

U: Unique physical characteristics

L: Location of residence and language differences

**Client and Clinician Diversity (Seligman & Reichenberg)**

A = age

D = disability (acquired)

D = disability (developmental)

R = religion and spirituality

E = ethnicity

S = socioeconomic statuses

S = sexual orientation

I = indigenous heritage

N = national origin

G = gender/sex