

Midwestern State University

Gordon T. & Ellen West College of Education

Course Title: Graduate Internship II Course Number: COUN 6053 Semester Credits: 3

Professor: Dr. Wendy Helmcamp Semester: Spring 2023 17 Weeks

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In this syllabus, you will find:

- Content areas
- Knowledge and skills outcomes
- Methods of instruction
- Required text or reading
- Student performance evaluation criteria and procedures
- A disability accommodation policy and procedure statement

Instructor Response Policy:

During the week (Monday – Friday), I will respond within 24 hours. Do not expect a response from me on holidays and weekends. As professionals, it's important that we implement boundaries around home and work. Please try to ask your questions before the weekend.

The MSU Clinical Mental Health and School Counseling programs require at least a B average. Cs are unacceptable, and more than 2 C's will put you in danger of being removed from the program. Please consult the Student Handbook for more information.

COVID-19: Scientific data shows that being fully vaccinated is the most effective way to prevent and slow the spread of COVID-19 and has the greatest probability of avoiding serious illness if infected in all age groups. Although MSU Texas is not mandating vaccinations in compliance with Governor Abbott's executive orders, we highly encourage eligible members of

our community to get a vaccination. If you have questions or concerns about the vaccine, please contact your primary care physician or health care professional. Given the recent rise in cases, individuals are also strongly encouraged to wear facial coverings when indoors among groups of people, regardless of vaccination status. Although MSU Texas is not currently requiring facial coverings, they have been an effective strategy in slowing the spread.

I. COURSE DESCRIPTION

Prerequisite(s): COUN 6043 with a grade of B or better.

The second semester of Graduate Internship features 300 supervised clock-hours which breaks down into 120 direct and 180 indirect hours. This "capstone" clinical experience assists students in building on the skills cultivated during COUN 6043 – Graduate Internship I and prepares them for independent practice. During this semester, students are preparing to take the Comprehensive Examination and the National Counselor Examination (NCE). Students must make a B or better in order to graduate.

II. COURSE RATIONALE

The focus of this course is to help students apply learning from their counseling courses with real clients at the counseling site of their choice. Students will learn about the role of the counselor through work with actual clients, collaboration with other co-workers and interns, and supervision with their site supervisor and university supervisor. The aim of this course is to help students grow into the role of an ethical, culturally competent counselor in order to best help the clients the serve meet their counseling and mental health goals.

III. REQUIRED TEXTBOOK

Liability Insurance: Students must retain their own liability insurance before the start of the semester. Students may use organizations like HPSO or CPH who offer student discounts. Students will **NOT** be allowed to begin gaining hours without active liability insurance. Students must send their liability insurance documents to their university supervisor (teaching professor) and their site-supervisor before gaining hours.

Required Texts:

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed. TR) DSM V TR.

Rosenthal, H. (2017). Encyclopedia of Counseling: Master Review and Tutorial for the National Counselor Examination, State Counseling Exam, and the Counselor Preparation Comprehensive Examination. 4th ed. New York: Routledge.

Suggested Resources: Up to date APA 7 resources, and Jongsma Treatment Planning resources.

IV. COURSE OBJECTIVES

Knowledge and Skill Learning Outcomes: CACREP Standards

Section 2: 1.b. the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation

Section 2: 1.c. counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams

Section 2: 1.g. professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues

Section 2: 1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling KPI

Section 2: 1.j. technology's impact on the counseling profession

Section 2: 1.k. strategies for personal and professional self-evaluation and implications for practice KPI

Section 2: 1.1. self-care strategies appropriate to the counselor role

Section 2: 1.m. the role of counseling supervision in the profession

Section 2: 2.a. multicultural and pluralistic characteristics within and among diverse groups nationally and internationally KPI

Section 2: 2.b. theories and models of multicultural counseling, cultural identity development, and social justice and advocacy

Section 2: 2.c. multicultural counseling competencies KPI

Section 2: 3.f. systemic and environmental factors that affect human development, functioning, and behavior KPI

Section 2: 3.i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan

Section 2: 4.a. theories and models of career development, counseling, and decision making KPI

Section 2: 5.a. theories and models of counseling KPI

Section 2: 5.c. theories, models, and strategies for understanding and practicing consultation

Section 2: 5.d. ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships

Section 2: 5.e. the impact of technology on the counseling process

Section 2: 5.f. counselor characteristics and behaviors that influence the counseling process

Section 2: 5.g. essential interviewing, counseling, and case conceptualization skills

Section 2: 5.j. evidence-based counseling strategies and techniques for prevention and intervention KPI

Section 2: 5.k. strategies to promote client understanding of and access to a variety of community-based resources

Section 2: 5.m. crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid

Section 2: 5.n. processes for aiding students in developing a personal model of counseling

Section 2: 6.b. dynamics associated with group process and development KPI

Section 2: 6.d. characteristics and functions of effective group leaders KPI

Section 2: 7.e. use of assessments for diagnostic and intervention planning purposes KPI

Section 3: B. Supervision of practicum and internship students includes program-appropriate audio/video recordings and/or live supervision of students' interactions with clients

Section 3: J. After successful completion of the practicum, students complete 600 clock hours of supervised counseling internship in roles and settings with clients relevant to their specialty area.

Section 3: K Internship students complete at least 240 clock hours of direct service.

Section 3: L Internship students have weekly interaction with supervisors that averages one hour per week of individual and/or triadic supervision throughout the internship, provided by the site supervisor.

Section 3: M. Internship students participate in an average of 1½ hours per week of group supervision on a regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member.

Section 5C: 1.b. theories and models related to clinical mental health counseling KPI

Section 5C: 1.e. psychological tests and assessments specific to clinical mental health counseling

Section 5C: 2.a. roles and settings of clinical mental health counselors

Section 5C: 2.b. etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders

Section 5C: 2.c. mental health service delivery modalities within the continuum of care such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling services networks

Section 5C: 2.d. diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD)

Section 5C: 2.f. impact of crisis and trauma n individuals with mental health diagnosis

Section 5C: 2.j. cultural factors relevant to clinical mental health counseling

Section 5C: 2.k. professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling

Section 5C: 2.1. legal and ethical considerations specific to clinical mental health counseling

Section 5C: 2.m. record keeping, third party reimbursement, and other practice and management issues in clinical mental health counseling

Section 5C: 3.a. intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management

Section 5C: 3.b. techniques and interventions for prevention and treatment of a broad range of mental health issues

Section 5C: 3.c. strategies for interfacing with the legal system regarding court-referred clients

Section 5C: 3.d. strategies for interfacing with integrated behavioral health care professionals

Section 5C: 3.e. strategies to advocate for persons with mental health issues

Learning Objectives

- 1. Students will demonstrate characteristics and skills of an effective counselor with clients in clinical counseling settings including essential interviewing, counseling, and case conceptualization skills.
- 2. Students will provide ethical, multicultural counseling services to clients at the internship site.
- 3. Students will learn about the role of the counselor in an agency setting including roles and responsibilities, collaboration with colleagues in treatment planning, self -evaluation, and supervision.
- 4. Students will develop a personal model of counseling which includes a theoretical orientation, and advanced techniques for change.
- 5. Students will demonstrate effective management of crisis and emergency management as well as agency and community wide management of crisis and emergency situations.

V. COURSE EXPECTATIONS

The Clinical Mental Health Counseling Program, its faculty, and its students adhere to the University Code of Conduct, State of Texas licensure laws and regulations, and the American Counseling Association's Code of Ethics (2014). The program has a professional responsibility to ensure that all students display ethical, professional, and personal behaviors that comply with these guidelines. Students are strongly encouraged to review, understand, and consult the Mental-American Counseling Association website for details related to these guidelines.

Department of Counseling students are expected to demonstrate appropriate classroom behavior, consistent with their counselor-in-training roles. Counselors-in-training are expected to convey attentiveness and respect in all professional and classroom settings.

Online Etiquette: It is expected that students use formal, professional language when corresponding online. It is expected that you use complete sentences, address one another with respect, follow the American Counseling Association Code of Ethics (2014), and treat all members of the class with respect.

Diversity: It is my intent to present material and activities that are respectful of diversity. It is also my intent that students from all perspectives and diverse backgrounds be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that students bring to this class be viewed as a resource, strength, and benefit. Your suggestions about how to improve the value of diversity in this course are encouraged and appreciated.

Confidentiality: Upholding confidentiality is a major responsibility of the student. Anything discussed during supervision, online in this class, or shared by individual students about themselves is considered confidential. Please do not share any information shared to you by other students.

Academic Dishonesty: Students at Midwestern State University are an essential part of the academic community and enjoy substantial freedom within the framework of the educational objectives of the institution. The freedom necessary for learning in a community so rich in diversity and achieving success toward our educational objectives requires high standards of academic integrity. Academic dishonesty has no place in an institution of advanced learning. It is each student's responsibility to know what constitutes academic dishonesty and to seek clarification directly from the instructor if necessary. Examples of academic dishonesty include, but are not limited to:

- Submission of an assignment as the student's original work that is entirely or partly the work of another person.
- Failure to appropriately cite references from published or unpublished works or print/non-print materials, including work found on the World Wide Web.
- Observing or assisting another student's work.
- Multiple Submission Submitting a substantial portion or the entire same work (including oral presentations) for credit in different classes without permission or knowledge of the instructor.

Statement of Disability: Disability Support Services (DSS) provides services to students with disabilities to insure accessibility to university programs. DSS offers information about accommodations and disability, evaluation referral, adaptive technology training and equipment, and interpreter services for academically related purposes. If you suspect you have a disability that is impacting your academic performance or have been previously documented as a person with a disability, you will need to apply and provide documentation of that disability to the Disability Support Services. This documentation must be supplied by a qualified professional who is licensed or certified to diagnose the disability in question.

The Disability Support Services office is located in Room 168 of the Clark Student Center. If you need assistance, you can also contact them at (940) 397-4140.

Attendance: You will be required to post at least three academic paragraphs on each week's discussion board. You are also required to reply to at least one other student's discussion board post. This is seen as your weekly attendance in class. Failing to post, reply, or both each week results in loss of points and would be the same as if you did not attend class that week. Discussion board posts are not allowed to be turned in late. An academic paragraph needs at least five sentences in it.

Late Work: All papers and assignments must be turned in the day they are due. <u>No exceptions</u>. If you have an emergency, please let me know in advance, and/or email me your assignment the same day it is due. Any late papers will be lowered <u>10%</u>. Late papers can only be turned in before the deadline for the following assignments. Please observe that your assignments are worth a considerable number of points and skipping even one assignment will most likely significantly lower your grade. Please begin planning your semester schedule accordingly.

Graduate Internship II: Students must register for a 3-credit hour graduate internship II. Placements must begin and end in one academic semester (Fall, Spring, Summer) for the duration of at least 10 weeks for summer, and 16 weeks for fall and spring. Graduate Internship II is the third experience during which students apply their counseling theory and demonstrate their counseling skills in a professional supervised setting. A minimum of 300 hours is required for graduate internship II. In order to meet the 300 hours of field experience requirement, summer students must gain a minimum of 12 direct hours a week, and 18 indirect hours a week on site for a 10-week semester. For fall/spring semesters, students must gain a minimum of eight direct hours per week, and 12 indirect hours per week for a 16-week semester. Students must get all placements approved by their professor of record. Additionally, private practice, and home or field settings are only approved for P/I by the instructor of record.

The students' Graduate Internship II includes the following:

- 1. A **minimum** of 300 hours is required for internship II. Of the minimum 300 hours, at least 120 hours must be direct hours and 180 hours must be indirect hours.
- 2. A minimum of **one hour per week** of on-site supervision from the site supervisor on record each week that the students are present at the site.
- 3. An average of one and one-half hours per week of group supervision with other students in internship II with university supervisor. Students must attend EVERY group supervision meeting as it is mandatory. These meetings will take place every week. This is an interactive, "hands on" class that will require your energy, focus, and respectful participation. It is imperative that students receive supervision throughout the semester, and it is a CACREP requirement. Students will present on cases weekly. Please consider that it is a learning experience for all class members to learn from one another, therefore students are required to give feedback to others. Students are expected to act in the role of a

professional consultant at this stage of development in the program. Students will bring a case or even two to each class meeting and be prepared to discuss this case, maintaining client confidentiality. Students will be prepared to participate in group sessions during class meetings. These sessions will be of a personal growth nature. Participation in the group process will be noted on the final grade.

- 4. Formal evaluations of students' performance will be submitted at mid-term and at the end of the semester by all supervisors (Site, University).
- 5. Students will conduct one **minimum** of 45-minute counseling session with a client for each semester of Practicum and Internship. The instructor will provide feedback to the student using the MSU Skills Rating form. Any skills strengths and deficits will be addressed in the post-observation session following the observed session, in addition to the rating form. Students will receive a copy of the rating form. A video of a counseling session is required. For students who are unable to video tape at their site, the university supervisor (teaching profession) may video into the session to observe. Students will be required to meet with their university supervisor for a pre-conference meeting to review expectations, as well as a post-conference meeting for feedback on strengths and growth areas.
- 6. Please note that meeting the minimal requirements does not guarantee that you will move on to graduation. Professionalism, dedication, crisis management, ethical behavior, receiving feedback appropriately, and adequate growth as a counselor are extremely important in this class. If you are not ready to move on to graduation based on skills, site dissatisfaction, or lack of professionalism and interpersonal characteristics, a PICS will be completed. If the skills are addressed by the end of the semester, then the student may move on to graduation. If the student does not pass the class due to the aforementioned reasons, the student will repeat the course to address deficiencies in performance or interpersonal characteristics.

VI. SEMESTER COURSE OUTLINE

Week	CACREP	Topics	Activities/
	Standards		Assignments
1		•Informed Consent	Discussion: Introductions, Syllabus,
January 17-22	1.g.	•Paperwork	Applying for LPC-Associate
	1.m.	•Supervision	License Process
	9.2.a.	•Professionalism	
		•Assignments will	Paperwork: Discuss required
		be discussed	paperwork for Internship, i.e.,
			Malpractice Insurance, Logs
			All zoom meetings will be on
			Thursdays from 6-7:30 pm. All
			discussion board posts are due on
			Sunday by 11:59 pm.

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2 January 23-29	3.f. KPI	Chapter 3 -Human Growth & Development	Presentation by Student: Chapter 3
3 January 30-February 5	2.a. KPI 2.b. 2.c. KPI 5.d.	Chapter 4 – Social & Cultural Diversity	Presentation by Student: Chapter 4
4 February 6-12	5.a. KPI 9.1.b. KPI 5.f. 5.g. 5.n.	Chapter 5 — Counseling & Helping Relationships	Presentation by Student: Chapter 5
5 February 13-19	6.d. KPI 6.b. KPI	Chapter 6 – Group Counseling & Group Work	Presentation by Student: Chapter 6
6 February 20-26	4.a. KPI	Chapter 7 – Career Development	Presentation by Student: Chapter 7 Deadline to file for graduation
7 February 27-March 5	7.e. KPI	Chapter 8 – Assessment & Testing	Presentation by Student: Chapter 8
8 March 6-12	7.e. KPI	Chapter 9 – Research & Program Evaluation	Presentation by Student: Chapter 9
9 March 13-19 Spring Break	1.k. KPI	Study purple book during break	Study for COMPS We will not meet for class this week due to Spring Break.
10 March 20-26	1.b. 1.c. 1.i. KPI 1.j. 9.2.l. 1.l. 3.i. 5.e. 9.2.k.	Chapter 10 – Professional Orientation & Ethical Practice	Presentation by Student: Chapter 10
11 March 27-April 2	5.j. KPI 5.c.	Chapter 11 – Counseling Families, Diagnosis, Neurocounseling,	Presentation by Student: Chapter 11

		& Advanced Concepts	
12 April 3-9	5.j. KPI 5.c.	NCE Bootcamp Review	We will not meet for class this week due to holiday break.
13 April 10-16	5.j. KPI 5.c.	NCE Bootcamp Review	Presentation by Student: NCE Bootcamp Review Video Session Due: April 16
14 April 17-23	1.k. KPI 5.c. 3.B.	Review for COMPS	Reflection Paper Due: April 23
15 April 24-30	3.I.J. 3.I.K. 3.I.L. 3.M.	Semester Reflection	COMPS Due: April 30
16 May 1-7	3.I.J. 3.I.K. 3.I.L. 3.M.	Closure	Evaluations Due: May 7
17 May 8-12	3.I.J. 3.I.K. 3.I.L. 3.M.	Wrap-Up	Hour Logs Due: May 12 We will not meet for class this week.

VII. EVALUATION AND ASSIGNMENTS

 $\ast\ast$ ALL WRITTEN ASSIGNMENTS MUST BE SUBMITTED VIA D2L AND ALL WORK MUST BE COMPLETED USING THE LATEST APA EDITION STYLE.

Discussion Board, and University Supervision: (20 pts.) Students are required to answer questions or complete assignments regularly related to the weekly reading. Almost every week students will be required to answer questions about the reading or be asked to reflect on a particular topic for that week. Students may also be required to engage in short creative projects instead of questions about the readings. If there is a discussion, students are required to participate and comment on at least one other person's thread. The assignments and weekly comments are due by Sunday at 11:59 pm at the end of the week. Follow directions to get full points each week. Late work will not be accepted. Zoom Class Supervision Meetings are nonnegotiable as they are a CACREP requirement for practicum and internship courses. These video group meetings will be 90 minutes in length. If you miss a meeting with your university group supervision or your site supervisor, you cannot count the hours for that week.

3.I.J, 3.I.K, 3.I.L, 3.M, 3.B, 1b, 1c, 1g, 1i, 1j, 1k, 1l, 1m, 2a, 2b, 2c, 3f, 3i, 4a, 5a, 5c, 5d, 5e, 5f, 5g, 5j, 5k, 5m, 5n, 6b, 6d, 7e, 5C.1b, 5C. 2b, 5C.2k, and 5C.2l.

Comprehensive Exam (COMPS): (25 pts.) Students are required to pass a comprehensive examination as a program completion requirement. Students must make at least a 70 on the exam

to graduate. The exam will help students prepare for the National Counselor Exam (NCE). The 100 questions will come from the textbook, the *Encyclopedia of Counseling*.

Session Video and Skills Evaluation Form: (20 pts.) Students will turn in their packet with their portion filled out and with signatures to D2L and Tk20. Students will conduct one 45minute minimum counseling session with a client for each semester of Practicum and Internship. Students must fill out and sign the clinical video or observation consent form for themselves and their client. This form must be turned in to D2L. Students must fill out the skills evaluation form on themselves. This is a packet and needs to be turned in as a packet. Please fill out digitally aside from the signature. The instructor will provide feedback to the student using the Session Video and Skills Evaluation Form and the grading rubric. Students must schedule a preobservation and post-observation meeting with their teaching professor before and after their recorded/observed counseling session. Any skills strengths and deficits will be addressed in individual supervision following the observed session, in addition to the rating form. If local, students can opt to have their teaching professor come in person to observe, however this must align with teaching professor's schedule. A recorded video of the counseling session is another option, as well as a live telehealth observation. If a video is recorded, it can be emailed to the teaching professor via google drive. Once you have utilized the video to complete your part of the paperwork, please delete the counseling video. Once the teaching professor is done with, we ask to see a variety of skills during clinical semesters, for example, if students were observed or recorded doing a group in one semester, the teaching professor may ask to see an individual session instead of another group. This assignment will be uploaded to Tk20 and D2L (See Appendix B for Rubric). KPI: 2.1k, 2.5g, 2.5j, 5C.1b, and 5C.3b.

Chapter Presentation (10 pts.): Students are required to present a chapter to the class from the *Encyclopedia of Counseling* textbook. The presentation must be at least 20 minutes and must cover the important information from the chapter. The student must also include an activity to help the class review the information, such as a creative game or quiz. (**See Appendix A for Rubric**).

Completion of 300 Hours and Satisfactory Site Supervisor Evaluations (10 pts.): Students are required to complete 300 hours of internship. 120 hours must be direct service hours, and 180 hours must be indirect. Satisfactory performance at the site is required for the entirety of the semester. Failure to perform satisfactorily throughout the semester, as reflected in the Midterm Evaluation, and Site Supervisor Evaluation, will result in a PICS, and a possible failure of the class. Client welfare is extremely important, so any interpersonal, professional, or skill related issues will be addressed. If they cannot be remediated, the student will be asked to retake the class, or may be remediated in an alternative format. Use the logs and cover sheets provided in the practicum manual. Students will receive weekly supervision on-site, and an average of 1.5 hours of group supervision in class. Logs will be turned in at the end of each semester. Please note that students cannot graduate until all hours have been earned, documented, and approved. Failure to complete the required hours will result in having to retake the course. Mid Term and Final evaluations are also required. These evaluations will be completed by your site supervisor at midterm and the end of the semester. Students are responsible for making sure evaluations are turned in on time. The instructor will consult with the site supervisor(s) on a consistent basis, to include the counseling student in the consultation whenever possible. Also taken into

consideration is the student's conduct at his/her site(s) (i.e., absences, tardiness, professional demeanor and dress, ability and willingness to receive criticism and feedback). Make sure your tk20 logs are all approved by both supervisors (site and university), make sure logs are correct. Confirm that your site supervisor has completed their midterm and final evaluations on you. Make sure that you fill out evaluations on your site and university supervisor on tk20. Make sure that you turn in your hours document to D2L. Keep that document for your records with signatures. (See Appendix C). 2.3f. 2.5j. 2.7e. 3B, 3J, 3K, 3L, 3M, 5C.1b, and 5C.3b.

Reflection Paper and Evaluation (10 pts.): Students will turn in their reflection paper and self-evaluation to D2L and Tk20. Students will use the template within D2L to reflect on their semester. Students will introduce the assignment, discuss the counseling relationship, explore personal reactions, discuss rational, highlight ethics, legality, and crisis issues, reflect on their counseling session, explore multicultural and diversity issues, reflect on counseling skills, develop a professional development plan, and provide a summary of their semester. This assignment will be uploaded to Tk20 and D2L (See Appendix D). KPI 2.1i, and 5C.1b.

1.	COMPS D2L	25
2.	Discussion Board Posts D2L	20
3.	Session Video and Skills Evaluation D2L and Tk20	20
4.	Completion of 300 Hours and Satisfactory Site Supervisor Evaluations D2L	15
5.	Reflection Paper and Evaluation D2L and Tk20	10
6.	Chapter Presentation D2L	10
То	tal Points	100

Grade Classifications:

A = 90-100

B = 80-89

C = 70-79

D = 60-69

F = 59 or Below

VIII. DEPARTMENT OF COUNSELING STATEMENT OF EXPECTATIONS

The counselor education program is charged with the dual task of nurturing the development of counselors-in-training and ensuring quality client care. In order to fulfill these dual responsibilities, faculty must evaluate students based on their academic, professional, and personal qualities. A student's progress in the program may be interrupted for failure to comply with academic standards or if a student's interpersonal or emotional status interferes with training-related requirements. For example, in order to ensure proper training and client care, a counselor-in-training must abide by relevant ethical codes and demonstrate professional knowledge, technical and interpersonal skills, professional attitudes, and professional character. These factors are evaluated based on one's academic performance and one's ability to convey warmth, genuineness, respect, and empathy in interactions with clients, classmates, staff, and faculty. Students should demonstrate the ability to accept and integrate feedback, be aware of

their impact on others, accept personal responsibility, and be able to express feelings effectively and appropriately. For further clarification on review and retention refer to the handbook.

Classroom Behaviors: Department of Counseling students are expected to demonstrate appropriate classroom behavior, consistent with their counselor-in-training roles. Counselors-in-training are expected to convey attentiveness and respect in all professional and classroom settings. Specifically, these include:

- Avoiding tardiness and late arrival to class.
- Being attentive and participative in class and online.
- Not using cell phones and text messaging during class.
- Not surfing the web, emailing, tweeting, or using instant messaging (IM) during class.
- Minimizing eating and disruptive snacking during class.
- Avoiding personal conversations with students during class, which are disruptive to fellow students and the learning environment.

IX. STUDENT ETHICS AND OTHER POLICY INFORMATION

Ethics: For further information about Midwestern State University's policies regarding student ethics and conduct, please contact 940-397-4135 (Student Support Services).

Special Notice: Students whose names do not appear on the class list will not be permitted to participate (take exams or receive credit) without first showing proof of registration (Schedule of Classes and Statement of Account).

Campus Carry: Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University's webpage at: Campus Carry. As this is an online class, this policy should not apply, but please familiarize yourself with this and other campus policies. Please note, open carry of handguns, whether licensed or not, and the carrying of all other firearms, whether open or concealed, are prohibited on campus.

Limited Right to Intellectual Property: By enrolling in this course, the student expressly grants MSU a "limited right" in all intellectual property created by the student for the purpose of this course. The "limited right" shall include but shall not be limited to the right to reproduce the student's work product in order to verify originality and authenticity, and for educational purposes.

Midwestern State University Mission Statement: MSU is a leading public liberal arts university committed to providing students with rigorous undergraduate and graduate education in the liberal arts and the professions. Through an emphasis upon teaching, augmented by the opportunity for students to engage in research and creative activities alongside faculty and to participate in co-curricular and service programs, Midwestern State prepares its graduates to embark upon their careers or pursue advanced study. The university's undergraduate education is based upon a comprehensive arts and sciences core curriculum. The understanding that students

gain of themselves, others, and the social and natural world prepares them to contribute constructively to society through their work and through their private lives.

Midwestern State University Values:

- People-Centered Engage others with respect, empathy, and joy.
- Community Cultivate a diverse and inclusive campus environment.
- Integrity Always do the right thing.
- Visionary Adopt innovative ideas to pioneer new paths.
- Connections Value relationships with broader communities.

Midwestern State University Counseling Program Objectives:

- Reflect current knowledge and projected needs concerning counseling practice in a multicultural and pluralistic society
- Reflect input from all persons involved in the conduct of the program, including counselor education program faculty, current and former students, and personnel in cooperating agencies
- Address student learning
- Written so they can be evaluated

Please refer to your Clinical Mental Health student handbook, and or your practicum and internship manual located within the D2L shell for review.

Desire-to-Learn (D2L): Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into D2L through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

Important Dates:

Last day for term schedule check date on <u>Academic Calendar</u>.

Deadline to file for graduation check date on <u>Academic Calendar</u>.

Last Day to drop with a grade of "W" check date on <u>Academic Calendar</u>. Refer to: <u>Drops</u>, <u>Withdrawals & Void</u>

Online Computer Requirements: Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your responsibility to have (or have access to) a working computer in this class. Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings. Computers are available on campus in various areas of the buildings as well as the Academic Success Center. Your computer being down is not an excuse for missing a deadline!! There are many places to access your class! Our online classes can be accessed from any computer in the world that is connected to the internet. Contact your instructor immediately upon having computer trouble. If you have technical difficulties in the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations however they are able to help you get connected to our online services. For help, log into D2L.

Change of Schedule: A student dropping a course (but not withdrawing from the University) within the first 12 class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the Schedule of Classes each semester.

Refund and Repayment Policy: A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. However, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. As described below, two formulas (federal and state) exist in determining the amount of the refund. (Examples of each refund calculation will be made available upon request).

Smoking/Tobacco Policy: College policy strictly prohibits the use of tobacco products in any building on campus. Adult students may smoke only in the outside designated-smoking areas at each location.

Alcohol and Drug Policy: To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on university property or at university-sponsored activities.

Grade Appeal Process: Update as needed. Students who wish to appeal a grade should consult the Midwestern State University MSU Catalog

Notice: Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

X. RESOURCES

American Counseling Association. (2014). 2014 ACA Code of Ethics. Retrieved from

https://www.counseling.org/resources/aca-code-of-ethics.pdf

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders (5th ed. TR)*. Author.

American Psychological Association. (2020). 2020 APA Publication Manual. Retrieved from

https://apastyle.apa.org/products/publication-manual-7th-edition-spiral

Council for Accreditation of Counseling and Related Educational Programs. (2016). 2016

CACREP Standards. Retrieved from https://www.cacrep.org/for-programs/2016-cacrep-standards/

United States National Library of Medicine, & National Institutes of Health. (n.d.). *National**Center for Biotechnology Information. Retrieved from

https://www.ncbi.nlm.nih.gov/pmc/

Appendix A

Appendix A	D 111 D 1	D ' . D 1
Chapter	Possible Points	Points Earned
Presentation		
Rubric		
1.Covered	4	
important		
information		
from chapter		
2.Presented	2	
professionally		
for at least		
20-minutes		
3.Presentation	2	
included		
professional		
slides		
4.Included a	2	
creative		
activity to		
review the		
information,		
such as a		
game or quiz		
Total Points	10	

Appendix B

Session Video and Skills Evaluation Form: (20 pts.)

Turn in to Tk 20 and D2L.

CACREP Standards to be addressed include:

KPI: 2.1k, 2.5g, 2.5j, 5C.1b, and 5C.3b.

Session Video and Skills Evaluation Form (Form for the Professor)

	Counseling Skills	# of Times Demonstrated	Comments
1	Positive Regard/Genuine /Empathy		
2	Minimal Encouragers/Accents		
3	Eye Contact/Body Posture/Listening		
4	Active Listening		
5	Silence		
6	Restatements		
7	Verbal Following		
8	Validation		
9	Reflection of Feeling		
10	Reflection of Content		
11	Closed Questions		
12	Open-ended Questions		
13	Sharing-Feedback/Here-and-Now		
14	Requests for Clarification		
15	Paraphrase		
16	Summarization		

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17	Acknowledge Nonverbal Bx		
18	Selective Attention		
19	Culturally Appropriate Behavior		
20	Pacing		
21	Considering Alternatives		
22	Observing Themes/Patterns		
	Theory	# of Times Demonstrated	Comments
23	Assessment Using Theory		
24	Use of Techniques w/ Theory		
25	Managing Session Using Theory		
	Inappropriate Items	# of Times Demonstrated	Comments
26	Sympathy/Reassuring		
27	Advising		
28	Judging		
29	Educating/Teaching		
30	Going for the Solution		
31	Interrogating		
33	Lengthy Descriptive Statements		
34	"Why" questions		
35	Too many "How does that make you feel?"		
36	Shifting Topics		
37	Third Person Counseling - Someone not in session		
38	Not giving yourself time to think		
39	Getting ahead of client		
40	Poor balance of reflections/ questions/ restatements		

Session Video and Skills Evaluation Form

(Form for the Student)

Please self-evaluate yourself as to how you did during your counseling session.

Counseling Skills	Comments
Positive Regard/Genuine /Empathy	
Minimal Encouragers/Accents	
Eye Contact/Body Posture/Listening	
Active Listening	
Silence	
Restatements	
Verbal Following	
Validation	
Reflection of Feeling	
Reflection of Content	
Closed Questions	
Open-ended Questions	
Sharing-Feedback/Here-and-Now	
Requests for Clarification	
Paraphrase	
Summarization	
Acknowledge Nonverbal Body language	
Selective Attention	
Culturally Appropriate Behavior	
Pacing	
Considering Alternatives	
Observing Themes/Patterns	

Theory	Comments
Assessment Using Theory	
Use of Techniques w/ Theory	
Managing Session Using Theory	
Inappropriate Items	Comments
Sympathy/Reassuring	
Advising	
Judging	
Educating/Teaching	
Going for the Solution	
Interrogating	
Lengthy Descriptive Statements	
"Why" questions	
Too many "How does that make you feel?"	
Shifting Topics	
Third Person Counseling - Someone not in session	
Not giving yourself time to think	
Getting ahead of client	
Poor balance of reflections/ questions/ restatements	
Supervision	Comments
Open, positive discussion	
Emotionality in supervision	
Receptivity to feedback	
Participation in supervision (bring content)	
Submission of all materials	
Adherence to procedures	
Fulfillment of supervision tasks	

Grading Rubric for Session Video (Possible 20 Pts.) (Form for the Professor)

Skill	0	1	Pts
Goes over informed consent			
Establishes rapport with the client			
Explores problem(s)			
Attends to basic needs of the client			
Congruent verbal and nonverbal behavior			
Uses active listening			
Uses closed-ended questions			
Uses open-ended questions			
Is able to summarize what the client is saying			
Introduces reframing skills			
Has empathic attunement			
Has positive body language and posture			
Confronts the client when needed			
Uses self-disclosure appropriately			
Times using interventions appropriately			
Shows counselor confidence			
Shows multicultural understanding			
Adheres to ethical and legal standards			
Summarizes session before wrapping up			
Maintains professionalism throughout session			
Total points out of 20			

Appendix C

Completion of 300 Hours and Satisfactory Site Supervisor Evaluations (15 Pts.)

Make sure your tk20 logs are all approved by both supervisors (site and university), make sure logs are correct. Confirm that your site supervisor has completed their midterm and final evaluations on you. Make sure that you fill out evaluations on your site and university supervisor on tk20. Make sure that you turn in your hours document to D2L. Keep that document for your records with signatures.

CACREP Standards Addressed:

2.3f. 2.5j. 2.7e. 3B, 3J, 3K, 3L, 3M, 5C.1b, and 5C.3b.

Completion of 300 Hours and Satisfactory Site Supervisor Evaluations (Possible 15 Pts.)

Criterion	.5	1	2	3	Points
	Improvement Needed	Developing	Proficient	Accomplished	
At least 120 direct hours	Not Completed	Partially Completed	Completed	Completed, with good attitude.	
At least 180 indirect hours	Not Completed	Partially Completed	Completed	Completed, with good attitude.	
Completed Site and University Supervision	Not Completed	Partially Completed	Completed	Completed, with good attitude.	
Student's Supervisors (site and university) evaluations are completed midterm, and final.	Not Completed	Partially Completed	Completed	Completed, with good attitude.	
Student maintained appropriate codes of ethics, and professionalism within the class, and on site.	Not Completed	Partially Completed	Completed	Completed, with good attitude.	
Total Points Awarded			Out of 15 points		

Appendix D

Reflection Paper and Evaluation (10 pts.)

Turn in to TK 20 and D2L.

CACREP Standards for the assignment.

KPI 2.1i, and **5C.1b**.

Use template in D2L.

Rubric for how you will evaluate yourself.

Live Interview Evaluation Rubric Clinical Mental Health Counseling, Version 1.2

Date:	
Counselor:	
Evaluator/Instructor:	
Level of Clinical Training: Pre-clinical training; coursework only	y
□ 0-12 months □ 12-24 months □ 2+ ve	

Rating Scale

- **1=Outstanding:** Strong mastery of skills and thorough understanding of concepts
- .75=<u>Mastered Basic Skills at Developmental Level</u>: Understanding of concepts/skills evident
- .5=<u>Developing</u>: Minor conceptual and skill errors; in process of developing
- .25=Deficits: Significant remediation needed; deficits in knowledge/skills
- **NA=Not Applicable:** Unable to measure with given data (do not use to indicate deficit)

Student Self-Evaluation Rubric

Criterion	1	.75	.50	.25	NA	Points
	Outstanding	Mastered Basic	Developing	Deficits		Awarded
		Skills				
Counseling	Able to develop	Able to develop	Minor	Significant		
Relationship	strong counseling	working	problems	problems with		
	relationship with	counseling	developing	forming		
	client, able to	relationship; able	counseling	counseling		
	successfully	to engage	relationships	relationships.		
	engage	participant in	and connecting	Unable to		
	participant in	majority of	with client.	identify and/or		
	treatment	treatment	Struggles with	navigate		
	process. Conveys	process. Conveys	communicating	significant		
	a clear sense of	respect for all	with clients	diversity issues.		
	respect for all	perspectives.	different from	Weakness of		
	perspectives.		self, including	relationship		

Attention to Client Needs and Diversity	Thoughtful matching of treatment to client needs; thoughtful ability to adapt treatment to most areas of diversity and need, including education, age, culture, religion, SES, sexual orientation, ability, larger system.	Able to match treatment to client needs; adapts treatment to one or more areas of diversity and need, including education, age, culture, religion, SES, sexual orientation, ability, larger system.	culture, age, SES, education, etc. Minor problems attending to client needs and/or diversity issues.	makes progress unlikely. Significant problems attending to client needs and/or diversity issues; counseling progress not likely due to problems in these areas.	
Explain Practice Policies	Skillful explanation of practice setting rules, fees, rights, confidentiality and its limits; uses opportunity to establish working relationship; good use of self; clearly understands practice policies.	Explains basic practice setting rules, fees, rights, confidentiality and its limits; uses opportunity to build basic rapport; understands major practice policies.	Minor problems explaining practice setting rules, fees, rights, confidentiality; nervousness may deter from forming relationship; understands most practice policies.	Significant problems explaining practice setting rules, fees, rights, and confidentiality; significant problems connecting with client; misunderstands numerous practice policies.	
Consent to Treatment	Skillful job explaining counseling process in words client can understand in order to obtain consent to treat; uses opportunity to enhance counseling relationship.	Explains basic counseling process in words client can understand in order to obtain consent to treat.	Minor problem explaining counseling process in order to obtain consent to treat. Vague word choice or misses minor information.	Significant problems with obtaining consent. May not use words client understands and/or misses significant information that is necessary for client to be fully informed.	
Client Assessment	Thoughtful assessment of client and	Clear assessment of client and system, including	Minor problems with assessment of	Significant problems with assessment of	

	system, including biopsychosocial history, mental health history, family history; thoughtful adaptation to development level; obtains problem description from each involved party.	biopsychosocial history, mental health history, family history; adapts to development level; obtains problem description from each involved party in room.	client and system, missing 1-2 areas: biopsychosocial history, mental health history, family history; does not adapt to development level; obtains problem description only from certain parties.	client and system, missing one or more areas: biopsychosocial history, mental health history, family history; ignores developmental level; obtains only one view of problem.	
Content VS Process	Thoughtful ability to distinguish content from process; able to track process while attending to content and developing at least one intervention that attends to process.	Able to distinguish content from process; able to track process while attending to content; does not begin to intervene on content when it is a process issue.	Sidetracked one or more times with content but at some point, able to return focus to process	Mistakes content for significant process issue. Unable to track process and session loses impact due to focus on content.	
Time Management	Outstanding use of time management from beginning to end of session; no sense of rush.	Good use of time management from beginning to end of session; ends on time.	Minor problems with timing management; no more than 5 minutes over; may have minor feeling of rush.	Significant problems with time management; session more than 5 minutes over; feels rushed.	
Psychoeducatio n and Recovery Services	Outstanding delivery of psychoeducation al information for client diagnosed with mental health and/or substance abuse disorder; provides appropriate knowledge of recovery services.	Able to provide basic psychoeducation al information for client diagnosed with mental health and/or substance abuse disorder; knowledge of recovery services.	Minor problems with delivering psychoeducatio n and recovery information and/or insufficient information imparted.	Significant problems with delivering psychoeducation and recovery information; does not provide any information or provides incorrect information.	
Participation in Class Discussions	Consistently, actively supports, engages, listens and responds to	Makes an effort to interact with peers daily but does not take a	Some effort to interact with peers but does not take a	Limited interaction with peers and rarely participates in	

	peers. Takes a leading role. Participates in a meaningful way in class discussions. Stays on task.	leading role. Some active participation in class discussions. Sometimes deviates from	leading role. Minimal participation in class discussions. Sometimes deviates from task	class discussions and/or does not stay on task.	
Writing Ability and APA	Demonstrates strong knowledge, well throughout ideas, succinct, cohesive, and in APA formatting.	Cohesive paper in mostly APA formatting	Student jumps around in formatting and content	Shows no knowledge of APA formatting	
Total Points Out of 10					

Rubric for How I will Evaluate You

Live Interview Evaluation Rubric Clinical Mental Health Counseling, Version 1.2

Date:
Counselor:
Evaluator/Instructor:
Level of Clinical Training: ☐ Pre-clinical training; coursework only ☐ 0-12 months ☐ 12-24 months ☐ 2+ years

Rating Scale

1=Outstanding: Strong mastery of skills and thorough understanding of concepts

- .75=Mastered Basic Skills at Developmental Level: Understanding of concepts/skills evident
- .5=Developing: Minor conceptual and skill errors; in process of developing
- .25=Deficits: Significant remediation needed; deficits in knowledge/skills

NA=Not Applicable: Unable to measure with given data (do not use to indicate deficit)

Criterion	1 Outstanding	.75 Mastered Basic Skills	.50 Developing	.25 Deficits	NA	Points Awarde d
Evaluation of Counseling	Outstanding evaluation of	Clear evaluation of counseling	Minor problems with evaluation	Significant problems with		5

Relationship and Role	counseling relationship, counselor role, client responsiveness; attention to diversity issues and client acceptance of goals.	relationship, counselor role, client responsiveness; attention to key diversity issues and client acceptance of goals.	of relationship, client responsiveness; misses minor issues.	evaluation of relationship, client responsiveness; misses critical issues.	
Evaluation of Personal Reactions	Outstanding rationales for choice of intervention, theory, assessment approach. Thoughtful analysis of intervention consistency with model, congruency with client's cultural context.	Clear rationales for choice of intervention, theory, assessment approach. Clear analysis of intervention consistency with model, congruency with client's cultural context.	Vague or unclear rationales for choice of intervention, theory, assessment approach. Vague analysis of intervention consistency with model, congruency with client's cultural context.	Problematic or unsupportable rationales for choice of intervention, theory, assessment approach. Poor analysis of intervention consistency with model, congruency with client's cultural context.	
Evaluation of Legal & Ethical Issues	Outstanding analysis of attention to legal, ethical issues; able to identify points that could have been better dealt with; able to provide thoughtful rationales for ethical decisions.	Clear analysis of attention to legal, ethical issues; able to identify any major issues and how to manage better in future; able to provide rationales for ethical decisions.	Minor problems with analysis of attention to legal, ethical issues; unable to identify one or more problem areas; unclear rationales for ethical decisions.	Significant problems with analysis of attention to legal, ethical issues; unable to identify a critical problem area; poor rationales for ethical decisions.	
Evaluation of Socio-cultural and Equity Issues	Thoughtful understanding of diversity, equity and advocacy issues. Includes some proposed advocacy effort.	Clear understanding of diversity and equity and advocacy issues.	Minor problems or missed 1-2 issues related to diversity, equity, and/or advocacy.	One or more significant issues not addressed.	
Evaluation of Clinical Skill	Outstanding insight into own strengths, weaknesses, effectiveness in session, without over- or understating.	Clear insight into major strengths, weaknesses, effectiveness in session.	Vague or unclear description of strengths, weaknesses, effectiveness in session. Minor problems over- or understating.	Significant problems assessing own clinical ability or effectiveness. Unable to identify key issues.	
Plan and Priorities	Outstanding plan for improvement that is detailed; prioritizing of areas of improvement reveals clear insight into self and counseling process.	Clear plan for improvement that is sufficiently detailed; prioritizing of areas of improvement reveals useful insight into self and counseling process.	Minor problems with plan for improvement; prioritizing reveals some lack of insight into self and counseling process.	Significant problems with plan for improvement; prioritizing reveals significant lack of insight into self and	

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				counseling process.	
Quality of Writing	Engaging professional writing style that is clear, concise, and smooth; maintains professional voice; minor and few grammatical errors.	Clear, concise professional writing; maintains professional voice; minor and few grammatical errors.	Minor problems with writing style and/or grammar; vague or wordy; does not maintain professional voice.	Significant problems with writing; ideas not clearly communicated due to writing ability; numerous grammatical errors.	
Participation in Class Discussions	Consistently, actively supports, engages, listens and responds to peers. Takes a leading role. Participates in a meaningful way in class discussions. Stays on task.	Makes an effort to interact with peers daily but does not take a leading role. Some active participation in class discussions. Sometimes deviates from	Some effort to interact with peers but does not take a leading role. Minimal participation in class discussions. Sometimes deviates from task	Limited interaction with peers and rarely participates in class discussions and/or does not stay on task.	
Professional Identity	Demonstrates vast understanding of self within professional identity and the complexities of boundaries.	Demonstrates basic understanding of self within professional identity and the complexities of boundaries.	Minor problems navigating professional identity, boundaries, and the self.	Limited ability to process professional identity, boundary issues, or self-awareness issues present.	
APA Format	No more than one or two minor APA errors; overall, follows general format.	Few and minor APA errors; overall, follows general format.	Numerous APA errors that are distracting; numerous inconsistencies.	Significant problem following APA style; numerous problems in several areas.	
Total Out of 10					

I have abided by the Midwestern State University Code of Academic Integrity on the above assignments.