

Syllabus  
Clinical Psychology  
Fall 2024

Professor:	David Carlston, Ph.D.	Course #:	PSYC 4103, sec. 101
Office:	113 O'Donohoe	Time:	MWF 10:00-10:50am
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Plante, T. G. (2022). Contemporary Clinical Psychology (4<sup>th</sup> ed.). Hoboken, New Jersey: Wiley.

Course Objectives:

1. Acquire an understanding of historical and current perspectives on mental health and mental health treatment germane to clinical psychology.
2. Apply theories, perspectives, and ethical considerations to clinical research and practice.
3. Articulate an academic and professional pathway to clinical service provision.

Course Requirements:

1. Examinations: Students will complete five exams. Exams will be comprised of multiple-choice questions and short answer questions. Material on the exam will include both information presented in lecture and contained in the textbook. It will not be sufficient to simply attend lecture to be successful in this course. Each exam will be worth 100 points.
2. Assignments: Students will complete six assignments throughout the course. These assignments are designed to help students engage more deeply with course material. Students should be prepared to discuss/present information from each assignment in class. Thus, in addition to submitting assignments through D2L, students should bring a physical copy of their assignment to class. Each assignment will be worth 25 points.

Grades: Grades will be based on a 650-point scale.

- A 585-650
- B 520-584
- C 455-519
- D 390-454
- F 0-389

Attendance:

Attendance is required for the course. Each student will be allowed three absences without penalty. Each additional absence will result in a 5% reduction of the student's final grade. Students will be responsible for the information presented during the class periods for which they were absent. This information includes but is not limited to course content, syllabus changes, and information regarding the research requirement.

The only absences that will not be counted are absences for a mandatory, university-sponsored event or religious holidays. Mandatory university-sponsored events must be verified by the Dean of Students, Provost, or Athletic Director. Written notification for mandatory university-sponsored events must be provided to the professor at least two days prior to the day of the event. Absences for religious holidays must also be cleared through the Dean of Students. Students must inform the instructor of religious holiday absences by the 15<sup>th</sup> day of class.

### Cheating Policy:

Although cheating does occur on campus, any evidence of cheating (e.g., looking on another's paper, allowing someone to look on your own paper, using an unauthorized memory aide) will result in automatic dismissal from the course with a letter grade of "F" and a referral to the Dean of Students, as cheating is a violation of the university honor code.

### Disability Services:

Any student who, because of a disability, may require special arrangements in order to meet the course requirements should contact the instructor as soon as possible to make necessary arrangements. Students must present appropriate verification from the University's Disability Support Services (DSS) during the instructor's office hours. Please note that instructors are not allowed to provide classroom accommodation to a student until appropriate verification from the DSS has been provided.

### Mandated Reporting:

This information is to inform the student of the limits of confidentiality while enrolled at MSU Texas or any other Texas state school. Due to federal and state law, MSU Texas faculty and staff are required to report key information regarding student welfare. For example, I am required to complete a report for any student who indicates experiencing sexual abuse/misconduct, physical/emotional abuse, domestic violence, stalking, suicidal/homicidal ideation, or related experience. These reports will be sent to the MUS Texas Title IX Department and/or the Dean of Student's office (<https://cm.maxient.com/reporting.php?MSUTexas>).

*Student disclosure may occur via a face-to-face meeting, in-class self-disclosure, email, statement made in a written assignment, etc.* If a student asks a faculty or staff person not to share the information, please note that by law, we have to report and I will report. Please note that as students, you may be aware of classmates/dormmates struggling and can make an incident report at: (<https://cm.maxient.com/reporting.php?MSUTexas>).

### Missed Exams/assignments:

Students who are unable to complete an exam during the scheduled exam time will be provided an opportunity to either complete the exam early or complete a make-up exam. Make-up exams must be completed within two class days of the scheduled exam. All off-schedule exams will be essay format. (Note: There are no make-up exams for the final; however, students should be aware of the policies regarding the assignment and removal of a grade of "incomplete.")

No late work will be accepted.

### Concealed Carry:

Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Signs demarcate areas excluded from concealed carry. Please refer to the Midwestern State University Policy and Procedure manual for policies regarding concealed and carry on campus.

### Syllabus Change Policy:

This syllabus is a guide for the course—not a "contract"—and is subject to change. Syllabus changes are communicated via D2L and/or in class. I'll provide a minimum of 48 hours' notice before the relevant change takes place if at all possible.

Class Schedule:

	Class Week	Readings	Important Dates
1	8/26-8/31	What is Contemporary Clinical Psychology?	
2	9/2-9/7	Foundations and Early History of Clinical Psychology	9/4 – Assignment #1
3	9/9-9/14	Recent History of Clinical Psychology	
4	9/16-9/21	Research: Design and Outcome	9/16 – Exam #1
5	9/23-9/28	Major Theoretical Models	9/23 – Assignment #2
6	9/30-10/5	Integrative and Biopsychosocial Approaches	9/30 – Assignment #3
7	10/7-10/12	Contemporary Psychological Assessment I	10/7 – Exam #2
8	10/14-10/19	Contemporary Psychological Assessment II	
9	10/21-10/26	Psychotherapeutic Interventions	10/21 – Exam #3
10	10/28-11/2	Psychotherapeutic Issues	4/1 – Assignment #5
11	11/4-11/9	Ethical Standards	
12	11/11-11/16	Areas of Specialization	11/11 – Assignment #5
13	11/18-11/23	Consultative, Teaching, and Administrative Roles	11/18 – Exam #4
14	11/25-11/30	Current and Future Trends and Challenges	
15	12/2-12/7	Becoming a Clinical Psychologist: A Roadmap	12/2 – Assignment #6
16			12/11 – Exam #5 10:30-12:30