

Midwestern State University

Gordon T. & Ellen West College of Education

Course & Contact Information Course Title: Practicum in School Counseling Course Number: COUN 5813 Semester Credits: 3 Semester: Spring 2025; 17 Weeks Class Format: Online Professor: Dr. Wendy Helmcamp, PhD, LPC-S, CSC Office: Bridwell Hall 327 E-mail: wendy.helmcamp@msutexas.edu Work phone: (940) 397-4983 Cell Phone: (940) 631-0808 (for emergencies) Office Hours: 8:30-10:30 am Tuesday-Thursday (aside from holidays) in office and via zoom

In this syllabus, you will find:

- Content areas
- Knowledge and skills outcomes
- Methods of instruction
- Required text or reading
- Student performance evaluation criteria and procedures
- A disability accommodation policy and procedure statement

Instructor Response Policy:

During the week (Monday – Friday), I will respond within 24 hours. I do not respond to email during holidays and weekends to encourage and promote self-care. I respond to my email wendy.helmcamp@msutexas.edu consistently. Please do not hesitate to contact me.

The MSU Clinical Mental Health and School Counseling programs require at least a B average. C's are unacceptable, and more than 2 C's will put you in danger of being removed from the program. Please consult the Student Handbook for more information.

I. COURSE DESCRIPTION

Designed as the culminating experience in the counseling program; provides 160 clock hours of school counseling experience under the supervision of experienced personnel. Required for the student seeking certification as a school counselor. School Counseling students will be required to enroll in three hours of Practicum. This course will require mandatory weekly zoom classes. Course must be repeated if a grade of B or better is not attained. Satisfactory evaluations are required from both the site supervisor and the university supervisor.

Prerequisites: Must have completed 39 hours, including COUN 5253, COUN 5273, and COUN 5283.

II. COURSE RATIONALE

Professional practice, which includes practicum and internship, provides for the application of theory and the development of counseling skills under supervision. These experiences will provide opportunities for students to counsel clients who represent the ethnic and demographic diversity of their community. In this class, students will obtain the required direct and indirect counseling hours in a supervised setting and will demonstrate knowledge and skills to prepare them for the field of counseling. This course meets the 160-hour practicum required by Texas Education Agency (TEA) for students seeking school counselor certification.

III. RECOMMENDED TEXTBOOKS

Liability Insurance: Students must retain their own liability insurance before the start of the semester. Students are required to obtain their liability insurance by becoming a member of American Counseling Association (ACA). Students will **NOT** be allowed to begin gaining hours without active liability insurance. Students must send their liability insurance documents to their university supervisor (teaching professor) and their site-supervisor before gaining hours.

Recommended Textbooks:

- American Psychiatric Association. (2022). Diagnostic and statistical manual of mental disorders (5th ed. TR) DSM V TR.
- American School Counseling Association. (2019). ASCA National Model: A Framework for School Counseling Programs, Fourth Edition. Alexandria, VA: Author.
- American School Counselor Association. (2019). The ASCA National Model Implementation Guide, Second Edition. Alexandria, VA: Author.
- Zambrano, E., Cox, E., Kessel, S., Lerman, E., Solmonson, L., Wines, L. (2018). The Texas model for comprehensive school counseling programs (5th ed). Texas Counseling Association.

IV. COURSE OBJECTIVES

Knowledge and Skill Learning Outcomes: CACREP Standards

- Section 3: A.2. the multiple professional roles and functions of counselors across specialized practice areas
- Section 3: A.3. counselors' roles, responsibilities, and relationships as members of specialized practice and interprofessional teams, including (a) collaboration and consultation, (b) community outreach, and (c) emergency response management
- Section 3: A.11. self-care, self-awareness, and self-evaluation strategies for ethical and effective practice
- Section 3: A.12. the purpose of and roles within counseling supervision in the profession
- Section 3: C.11. systemic, cultural, and environmental factors that affect lifespan development, functioning, behavior, resilience, and overall wellness KPI
- Section 3: E.1. theories and models of counseling, including relevance to clients from diverse cultural backgrounds KPI
- Section 3: E.4. consultation models and strategies
- Section 3: E.5. application of technology related to counseling
- Section 3: E.6. ethical and legal issues relevant to establishing and maintaining counseling relationships across service delivery modalities
- Section 3: E.8. counselor characteristics, behaviors, and strategies that facilitate effective counseling relationships
- Section 3: E.9. interviewing, attending, and listening skills in the counseling process
- Section 3: E.13. developmentally relevant and culturally sustaining counseling treatment or intervention plans
- Section 3: E.14. development of measurable outcomes for clients
- Section 3: E.15. evidence-based counseling strategies and techniques for prevention and intervention KPI
- Section 3: E.16. record-keeping and documentation skills
- Section 3: E.17. principles and strategies of caseload management and the referral process to promote independence, optimal wellness, empowerment, and engagement with community resources
- Section 3: E.19. suicide prevention and response models and strategies
- Section 3: E.20. crisis intervention, trauma-informed, community-based, and disaster mental health strategies
- Section 3: E.21. processes for developing a personal model of counseling grounded in theory and research
- Section 3: F.2. dynamics associated with group process and development
- Section 3: F.3. therapeutic factors of group work and how they contribute to group effectiveness
- Section 3: F.4. characteristics and functions of effective group leaders
- Section 3: F.5. approaches to group formation, including recruiting, screening, and selecting members

- Section 3: G.7. use of culturally sustaining and developmentally appropriate assessments for diagnostic and intervention planning purposes KPI
- Section 3: G.11. diagnostic processes, including differential diagnosis and the use of current diagnostic classification systems KPI
- Section 3: G.14. procedures for assessing clients' experience of trauma
- Section 3: G.15. procedures for identifying and reporting signs of abuse and neglect
- Section 5: C.1. etiology, nomenclature, diagnosis, treatment, referral, and prevention of mental, behavioral, and neurodevelopmental disorders
- Section 5: C.2. mental health service delivery modalities and networks within the continuum of care, such as primary care, outpatient, partial treatment, inpatient, integrated behavioral healthcare, and aftercare
- Section 5: C.3. legislation, government policy, and regulatory processes relevant to clinical mental health counseling
- Section 5: C.4. intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management
- Section 5: C.5. techniques and interventions for prevention and treatment of a broad range of mental health issues KPI
- Section 5: C.6. strategies for interfacing with the legal system regarding court-referred clients
- Section 5: C.7. strategies for interfacing with integrated behavioral healthcare professionals
- Section 5: C.8. strategies to advocate for people with mental, behavioral, and neurodevelopmental conditions
- Section 5: C.9. third-party reimbursement and other practice and management issues in clinical mental health counseling
- Section 4: A. The counselor education program provides ongoing support to help students find fieldwork sites that are sufficient to provide the quality, quantity, and variety of expected experiences to prepare students for their roles and responsibilities as professional counselors within their CACREP specialized practice areas.
- Section 4: B. Students are covered by individual professional counseling liability insurance while enrolled in practicum and internship.
- Section 4: C. Supervision of practicum and internship students includes secure audio or video recordings and/or live supervision of students' interactions with clients that are in compliance with applicable institutional, state, federal, and international privacy requirements for all program delivery types.
- Section 4: D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technology, as part of their practicum and internship.
- Section 4: E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducational group.

- Section 4: F. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship.
- Section 4: G. Programs provide a fieldwork handbook to all students and fieldwork site supervisors, for all program delivery types, detailing requirements, expectations, policies, and procedures, including:
 - 1. CACREP standards and definitions related to supervised practicum and internship;
 - 2. supervision agreement;
 - 3. evaluation procedures and requirements; and
 - 4. policy for student retention, remediation, and dismissal from the program.
- Section 4: H. Written supervision agreements:
 - 1. define the roles and responsibilities of the faculty supervisor, field experience site supervisor, and student during practicum and internship;
 - 2. include emergency procedures; and
 - 3. detail the format and frequency of consultation between the counselor education program and the site to monitor student learning.
- Section 4: I. The counselor education program provides orientation to fieldwork site supervisors regarding program requirements and expectations.
- Section 4: J. During entry-level professional practice experiences, the counselor education program engages in consultation with the fieldwork site supervisor to monitor student learning and performance in accordance with the supervision agreement.
- Section 4: K. The counselor education program provides professional development opportunities to fieldwork site supervisors for all program delivery types.
- Section 4: L. Students have opportunities to evaluate their experience with the practicum and internship placement process.
- Section 4: M. Students have regular, systematic opportunities to evaluate practicum and internship fieldwork sites and site supervisors.
- Section 4: Q. Students complete supervised counseling practicum experiences that total a minimum of 100 hours over a full academic term that is a minimum of eight weeks consistent with the institution's academic calendar.
- Section 4: R. Practicum students complete at least 40 hours of direct service with actual clients that contributes to the development of counseling skills.
- Section 4: S. Throughout the duration of the practicum, each student receives individual and/or triadic supervision on a regular schedule that averages one hour a week and is provided by at least one of the following:
 - 1. a counselor education program core or affiliate faculty member, or
 - 2. a doctoral student supervisor who is under the supervision of a qualified core or affiliate counselor education program faculty member, or
 - 3. a fieldwork site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.

- Section 4: T. Throughout the duration of the practicum, each student receives group supervision on a regular schedule that averages 1½ hours per week and is provided by at least one of the following:
 - 1. a counselor education program faculty member or
 - 2. a doctoral student supervisor who is under the supervision of a qualified core or affiliate counselor education program faculty member.
- Section 4: Y. When individual/triadic supervision is provided by the counselor education program faculty or a doctoral student under supervision, each practicum and internship course should not exceed a 1:6 faculty: student ratio. This is equivalent to the teaching of one 3-semester credit hour or equivalent quarter credit hour course of a faculty member's teaching load assignment.
- Section 4L Z. When individual/triadic supervision is provided solely by a fieldwork site supervisor, and the counselor education program faculty or doctoral student under supervision only provides group supervision, each practicum and internship course should not exceed a 1:12 faculty: student ratio. This is equivalent to the teaching of one 3-semester credit hour or equivalent quarter credit hour course of a faculty member's teaching load assignment.
- Section 4: AA. Practicum and internship students are not combined for group supervision.
- Section 4: BB. Group supervision for practicum or internship students should not exceed 12 students per group.

TExES Standards and Competencies Addressed:

Domain I: Knowledge of Learners

SC Competency 001 (Human Development and Learning):

- **001 A.** Demonstrate knowledge of developmental progressions in the social, emotional, physical, motor, language, and cognitive domains in children and adolescents; developmental challenges at different stages of development; and how to support students' development across domains.
- **001 B.** Demonstrate knowledge of developmental variation, the interrelatedness of developmental domains, and how this interrelatedness may affect students' performance and behavior.
- **001 C.** Demonstrate knowledge of learning theories; how students construct knowledge, acquire skills, and develop strategies for responding effectively to challenges; and how students' development in the various domains can influence learning.
- **001 D.** Apply knowledge of variables that may influence a student's development, learning, and behavior (e.g., environment, health, socioeconomic circumstances, disability, life experiences, language fluency, stress, trauma, individual learning style, culture, gender identity, ethnicity, race, geopolitical factors).

SC Competency 002 (Diversity and Cultural Competence):

- **002 A.** Demonstrate knowledge of ways in which diverse characteristics (e.g., race, culture, ethnicity, religion, gender identity, socioeconomic status, linguistic diversity, immigration status, exceptionality, learning styles, physical or cognitive abilities) may affect the manifestation of strengths and difficulties in the educational, career, personal, and social areas.
- **002 B.** Apply knowledge of strategies for promoting understanding of, sensitivity to, and interaction with students' diverse characteristics and for fostering awareness, appreciation, and respect for diversity. TEC 239.15.e.2
- **002 C.** Apply knowledge of strategies for helping all students feel welcome; using students' diverse characteristics and backgrounds to enrich learning experiences; and building a learning community characterized by respect for, affirmation of, and interaction with all students.
- **002 G.** Demonstrate knowledge of cultural competencies related to diversity, equity, and access and the importance of acknowledging personal biases, addressing personal prejudices, and promoting culturally responsive behaviors that affirm all students' humanity.

Domain II: The Comprehensive School Counseling Program SC Competency 003 (Guidance):

- **003 A.** Apply knowledge of how to analyze various types of data (i.e., process, perception, and outcome) and other information to identify students' strengths and needs in order to inform guidance curriculum development.
- **003 B.** Demonstrate knowledge of procedures for engaging in ongoing review of students' knowledge, skills, and abilities; strategies for providing appropriate and relevant feedback; and methods for evaluating student progress.
- **003** C. Demonstrate knowledge of curriculum design, lesson plan development, differentiated instruction, assessment of student competency attainment, and classroom management as applied to the developmental guidance curriculum.
- **003 D.** Demonstrate knowledge of the scope and sequence of student competencies in the strategic curricular areas of the guidance curriculum (i.e., intrapersonal effectiveness, interpersonal effectiveness, postsecondary and career readiness, and personal health and safety) and strategies for supporting students in setting and attaining challenging educational, career, personal, and social goals.
- **003 E.** Apply knowledge of instructional strategies, activities, and resources to promote students' acquisition of age-appropriate knowledge, skills, and abilities in the developmental guidance curriculum and strategies for working collaboratively to integrate guidance and academic curricula.
- **003 F.** Apply knowledge of the components of and techniques for promoting social skills and emotional wellness across grade levels.

SC Competency 004 (Responsive Services):

- 004 A. Distinguish between preventive, remedial, and crisis levels of responsive services.
- **004 B.** Apply knowledge of how to design and implement preventive services for fostering resiliency and facilitating students' development of strategies for coping with stress, anxiety, and challenging situations (e.g., peer pressure, social media, life events).

- **004 C.** Apply knowledge of how to design, implement, and evaluate intervention plans within a multi-tiered system of supports, linking interventions to assessment data and considering factors (e.g., cultural, socioeconomic, race, ethnicity, linguistic, experiential) related to the use of data.
- **004 D.** Apply knowledge of individual and group counseling theories and evidence-based practices, techniques, and skills associated with specific counseling approaches.
- **004 E.** Use appropriate methods and procedures for counseling individuals in given situations.
- **004 F.** Use appropriate methods and procedures for group counseling and demonstrate knowledge of group dynamics as well as productive group interaction.
- **004 G.** Use consultative theories and related strategies, techniques, and behavioral interventions to assist teachers with classroom management.
- **004 H.** Apply knowledge of strategies for helping students clarify problems, consider causes, and identify alternative solutions and possible consequences in order to take appropriate actions and cope with developmental or environmental challenges.
- **004 I.** Use consultative skills to support parents/guardians in clarifying identified student problems and underlying causes and in determining alternative solutions for problem resolution.
- **004 J.** Apply knowledge of techniques for helping students develop decision-making skills, recognize the relationship between decisions and outcomes, and understand the potential consequences of choices.
- **004 K.** Demonstrate knowledge of signs and symptoms of mental health and traumarelated issues in children and adolescents and a variety of intervention skills and traumainformed practices to respond effectively to the needs of individuals and groups experiencing crises or other traumatic events.

SC Competency 005 (Individual Planning):

- **005 C.** Apply knowledge of methods for helping students establish short- and long-term goals, monitor progress, and direct their own learning as appropriate.
- **005 D.** Apply knowledge of strategies for helping students fulfill graduation requirements, research and choose postsecondary programs, prepare for entrance examinations, and meet admission requirements
- **005 E.** Apply knowledge of strategies for supporting students in identifying and understanding their abilities, interests, and aptitudes and for assisting all students with programs of study to prepare effectively for secondary and postsecondary educational or employment opportunities.

SC Competency 006 (Systems Support):

- **006 A.** Demonstrate knowledge of systems support as a component of a comprehensive school counseling program (e.g., participation on campus-based improvement teams, formation of campus policies and programs to address identified school needs, development of schoolwide programs to promote positive outcomes for students) and the school counselor's role as a change agent in support of systemic improvement.
- **006 C.** Apply knowledge of procedures for planning, designing, and implementing schoolwide programs (e.g., drug education, bullying prevention, personal safety, mental

health and wellness, crisis response) to address students' identified personal, social, educational, and career needs.

- **006 D.** Apply knowledge of procedures for designing and presenting professional growth activities to support school staff and parents/guardians in promoting optimal educational, career, personal, and social development of all students.
- **006 E.** Demonstrate knowledge of strategies for facilitating effective teamwork within the school and the community and for building effective working teams of educators, families, and community members to support students' achievement and success.

SC Competency 007 (Program Management):

- **007 A.** Demonstrate knowledge of strategies for and factors to consider in developing a meaningful and purposeful mission statement for the comprehensive school counseling program.
- **007 B.** Demonstrate knowledge of the assumptions on which effective and comprehensive school counseling programs are based, including recommended programmatic conditions and resource allocations, and strategies for defining the program's rationale and parameters.
- **007 C.** Apply knowledge of processes and strategies for defining goals and priorities for a comprehensive school counseling program based on various needs assessment strategies and data sources.
- **007 D.** Demonstrate knowledge of the organizational structure and components of an effective and comprehensive school counseling program that is aligned with The Texas Model for Comprehensive School Counseling Programs.
- **007 F.** Apply knowledge of processes and techniques for engaging in ongoing data collection and analysis to assess, adapt, and improve the comprehensive school counseling program and demonstrate accountability; processes for defining criteria for the evaluation of the program; and methods for reporting results of program evaluations.
- **007 H.** Demonstrate knowledge of planning and managing tasks that support the activities of the comprehensive school counseling program and the appropriate allocation of time and resources.

Domain III: The Professional School Counselor

SC Competency 008 (Communication, Consultation, and Collaboration):

- **008 A.** Demonstrate knowledge of procedures and strategies for effective communication, consultation, and collaboration in the educational environment, including the use of face-to-face, written, and technology-based communication methods.
- **008 B.** Demonstrate knowledge of the components of culturally responsive, school-based consultation.
- **008 C.** Apply knowledge of strategies, procedures, and processes for collaborating with stakeholders and using data, resources, and technology to create learning environments that promote educational access, equity, and success for every student.
- **008 D.** Apply knowledge of methods for communicating with stakeholders for the purpose of promoting understanding of the professional school counselor's role and the comprehensive school counseling program's goals and services.

- **008 E.** Demonstrate knowledge of methods and processes for identifying, accessing, and coordinating school and community resources to make appropriate in-school and out-of-school referrals.
- **008 F.** Apply knowledge of strategies for facilitating parent/guardian involvement in the educational process in order to promote student achievement and success.
- **008 G.** Apply knowledge of strategies for communicating the purpose and results of assessment information accurately, legally, and ethically to students, parents/guardians, educational professionals, and others as appropriate.

SC Competency 009 (Professional Practice):

- **009 A.** Demonstrate knowledge of the history and philosophy of comprehensive school counseling programs.
- **009 C.** Identify elements of the professional school counselor orientation; the roles and responsibilities of the school counselor in various educational contexts; and strategies for articulating, modeling, and advocating for an appropriate school counselor identity.
- **009 D.** Demonstrate knowledge and interpretation of various formal and informal assessments to assist students and others in sound decision making and goal setting.
- **009 E.** Apply knowledge of leadership and advocacy strategies to promote a positive school culture and support educational access, equity, inclusiveness, and student success in the school and community.
- **009 F.** Demonstrate knowledge of various activities to facilitate ongoing professional growth and development at the personal and program level.
- **009 G.** Demonstrate knowledge of how to use self-assessment, professional relationships and consultation, and continuing education, including maintaining technological proficiency, to improve professional practice and outcomes for students.
- **009 H.** Demonstrate knowledge of federal, state, and local laws, regulations, rules, and policies related to the practice of school counseling and their application in various school counseling contexts.
- **009 I.** Apply knowledge of ethical standards for professional school counselors (e.g., Code of Ethics and Standard Practices for Texas Educators, American Counseling Association Code of Ethics, American School Counselor Association Ethical Standards for School Counselors) and their application in various school counseling contexts.
- **009 J.** Recognize emerging issues and trends in school counseling and the legal and ethical implications associated with these issues and trends.

Domain IV: Analysis and Response

SC Competency 010 (Analysis and Response):

- **010 A.** Analyze various forms of student data to identify and describe, with supporting evidence, a student's educational, career, personal, or social need.
- **010 B.** Integrate knowledge of effective counseling approaches and best practice to select a developmentally appropriate intervention for addressing an identified student need.
- **010 C.** Apply knowledge of techniques for collaboration to explain an appropriate method for involving others in the implementation of interventions to address an identified student need.
- **010 D.** Apply knowledge of assessment to select an appropriate method for evaluating the effectiveness of an intervention in addressing an identified student need.

Learning Objectives

- 1. Students will understand a variety of models and theories related to clinical mental health counseling, including the methods, models, and principles of clinical supervision.
- 2. Students will demonstrate the ability to apply and adhere to ethical and legal standards in clinical mental health counseling.
- 3. Students will understand professional issues relevant to the practice of clinical mental health counseling.
- 4. Students will use the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain, and terminate counseling.
- 5. Students will utilize best practices related to ethical counseling practices and multicultural counseling competencies.
- 6. Students will complete a minimum of 160 hours of counseling experience in a school setting, of which 60 hours will be direct contact with clients/students.
- 7. Students will apply a comprehensive developmental counseling program based on the Texas Model.
- 8. Students will be observed at least three times either live or through video during the semester in direct service to students.
- 9. Students will engage in group supervision, which may include case presentations, listening to/viewing recordings, consultation, feedback, course readings and discussions of counseling issues, or minilectures.

V. COURSE EXPECTATIONS

The Clinical Mental Health Counseling Program, its faculty, and its students adhere to the University Code of Conduct, State of Texas licensure laws and regulations, and the American Counseling Association's Code of Ethics (2014). The program has a professional responsibility to ensure that all students display ethical, professional, and personal behaviors that comply with these guidelines. Students are strongly encouraged to review, understand, and consult the <u>American Counseling Association website</u> for details related to these guidelines.

Department of Counseling students are expected to demonstrate appropriate classroom behavior, consistent with their counselor-in-training roles. Counselors-in-training are expected to convey attentiveness and respect in all professional and classroom settings.

Online Etiquette: It is expected that students use formal, professional language when corresponding online. It is expected that you use complete sentences, address one another with respect, follow the American Counseling Association Code of Ethics (2014), and treat all members of the class with respect.

Inclusivity: It is my intent to present material and activities that are respectful. It is also my intent that this course serves students from all perspectives and diverse backgrounds, addressing their learning needs both in and out of the classroom. I aim for students' unique experiences and viewpoints to be seen as valuable resources, strengths, and benefits to our collective learning.

Your suggestions about how to improve the value of inclusivity in this course are encouraged and appreciated.

Confidentiality: Upholding confidentiality is a major responsibility of the student. Anything discussed during supervision, online in this class, or shared by individual students about themselves is considered confidential. Please do not share any information shared to you by other students.

Academic Dishonesty: Students at Midwestern State University are an essential part of the academic community and enjoy substantial freedom within the framework of the educational objectives of the institution. The freedom necessary for learning in a community so rich in diversity and achieving success toward our educational objectives requires high standards of academic integrity. Academic dishonesty has no place in an institution of advanced learning. It is each student's responsibility to know what constitutes academic dishonesty and to seek clarification directly from the instructor if necessary. Examples of academic dishonesty include, but are not limited to:

- Submission of an assignment as the student's original work that is entirely or partly the work of another person.
- Failure to appropriately cite references from published or unpublished works or print/non-print materials, including work found on the World Wide Web.
- Observing or assisting another student's work.
- Multiple Submission Submitting a substantial portion or the entire same work (including oral presentations) for credit in different classes without permission or knowledge of the instructor.
- Usage of Artificial Intelligence (AI) software, this does not include editing tools of Word or Grammarly, i.e., spell check or rewriting suggestions for clarity.

Statement of Disability: Disability Support Services (DSS) provides services to students with disabilities to insure accessibility to university programs. DSS offers information about accommodations and disability, evaluation referral, adaptive technology training and equipment, and interpreter services for academically related purposes. If you suspect you have a disability that is impacting your academic performance or have been previously documented as a person with a disability, you will need to apply and provide documentation of that disability to the Disability Support Services. This documentation must be supplied by a qualified professional who is licensed or certified to diagnose the disability in question.

The Disability Support Services office is in Room 168 of the Clark Student Center. If you need assistance, you can also contact them at (940) 397-4140.

Attendance: You will be required to post at least three academic paragraphs on each week's discussion board. You are also required to reply to at least one other student's discussion board post. This is seen as your weekly attendance in class. Failing to post, reply, or both each week results in loss of points and would be the same as if you did not attend class that week. An academic paragraph needs to include at least five sentences. You are required to attend

mandatory weekly zoom meetings.

Late Work: All papers and assignments must be submitted the day they are due. <u>No exceptions</u>. If you have an emergency, please let me know in advance, and/or email me your assignment the same day it is due. Any late papers will be lowered <u>10%</u>. Please observe that your assignments are worth a considerable number of points and skipping even one assignment will significantly lower your grade. Please begin planning your semester schedule accordingly.

COVID: Scientific data shows that being fully vaccinated is the most effective way to prevent and slow the spread of COVID-19 and has the greatest probability of avoiding serious illness if infected in all age groups. Although MSU Texas is not mandating vaccinations in compliance with Governor Abbott's executive orders, we highly encourage eligible members of our community to get a vaccination. If you have questions or concerns about the vaccine, please contact your primary care physician or health care professional. Given the recent rise in cases, individuals are also strongly encouraged to wear facial coverings when indoors among groups of people, regardless of vaccination status. Although MSU Texas is not currently requiring facial coverings, they have been an effective strategy in slowing the spread.

Practicum: Students must register for a three-credit hour practicum. Placements must begin and end in one academic semester (Fall, Spring, Summer) for the duration of at least 10 weeks for summer, and 15/16 weeks for fall and spring. The practicum is the first experience during which students apply their counseling theory and demonstrate their counseling skills in a professional supervised setting. A minimum of 160 hours is required for practicum. To meet the 160 hours of field experience requirement, summer students must gain a minimum of four direct hours a week, and six indirect hours a week on site. For fall/spring semesters, students must gain a minimum of three direct hours per week, and four indirect hours per week. Students must get all placements approved by their professor of record. Additionally, private practice, and home or field settings are only approved for clinical courses by the instructor of record.

The students' practicum includes the following:

- 1. A **minimum** of 160 hours is required for practicum. Of the minimum 160 hours, at least 60 hours must be direct hours, and 100 hours must be indirect hours.
- 2. It is recommended in practicum that students participate in facilitating a counseling group at their practicum site as part of their 60 direct hours.
- 3. A minimum of **one hour per week** of individual on-site supervision from site supervisor each week students are present at the site.
- 4. An average of **one and one-half hours per week** of **group supervision** with other students in practicum with the university supervisor.
- 5. Formal evaluations of students' performance will be submitted at the end of the semester by all supervisors (site, university).

- 6. Students will conduct three 45-minute counseling sessions with a client. A pre-observation conference must be held with the professor at least 24 hours before the session. The professor will provide feedback to the student using the MSU Skills Rating form during a post-observation conference. Any skills' strengths and deficits will be addressed in individual supervision following the observed session, in addition to the rating form. Students will receive a copy of the rating form. A video of a counseling session is required. For students who are unable to record at their site, the university supervisor may observe counseling sessions live via telehealth.
- 7. Internship I to II Rollover Policy: Students are permitted to rollover a maximum of 50 hours. Hours can be transferred between COUN 6043 Graduate Internship I and COUN 6053 Graduate Internship II. These hours can include direct hours, indirect hours, or a combination of both. However, students are not allowed to accumulate hours between semesters, nor can any hours from the practicum be rolled over into internship semesters. Roll-over hours are strictly limited to COUN 6043 and COUN 6053. Failure to acquire 240 direct hours and 360 indirect hours over the course of COUN 6043 and COUN 6053 will result in the student having to retake COUN 6053.

| Class Dates | Class Topics | Assignments/Reading |
|---|---|--|
| Week of Tuesday, January 21 – Sunday, January 26, 2025 TEXES Competencies: 007: B., H.; 008: D.; 009: C., F., G. | Class Introductions Syllabus Review Class Instructions Liability Insurance | *Wednesday Zoom Class Supervision Meeting 6:30- 8:00 pm central due to holiday Do Discussion Board, Post, and Comment |
| 2. Week of Monday, January 27 – Sunday, February 2, 2025 | Informed Consent Reporting Child Abuse Reporting Sexual Contact Regarding Minors Resources | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central due to holiday Do Discussion Board, Post, and Comment |
| TExES Competencies: 004: B., C., D., K.; 009: H., I. | | |

VI. SEMESTER COURSE OUTLINE

| Class Dates | Class Topics | Assignments/Reading |
|---|--|--|
| 3. Week of Monday, February 3 – Sunday, February 9, 2025 TExES Competencies 004: A., B., C., K.; 008: E., 009: I., J. CACREP: KPI *3.E.15., *5.C.5. | Suicide Safety Plan Students in Crisis Confidentiality Poster and Resource Assignment Appendix B to D2L | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment Turn in Confidentiality Poster and Resource Assignment Appendix B to D2L |
| 4. Week of Monday, February 10 – Sunday, February 16, 2025 TExES Competencies 004: A., B., C., K.; 009: I. | Suicide Non-Suicidal Self- Injury (NSSI) | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment |
| 5. Week of Monday, February 17 – Sunday, February 23, 2025 TExES Competencies 004: A., B., C., K.; 009: I. | Suicide Non-Suicidal Self- Injury | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment |
| 6. Week of Monday, February 24 – Sunday, March 2, 2025 TExES Competencies: 003: C., D., E.; 004: D., E., F., G.; 008: D., E.; 009: C., D., E., F. CACREP: 3.A.11, 3.E.9, *3.E.1., *3.E.15., *5.C.5. | Switching Roles from Teacher to Counselor Counseling Skills: Prep for Video Counseling Activities Video #1 Due Appendix C Video Reflection Paper #1 Due Appendix D to D2L & Tk20 | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment Video #1 Due Appendix C Video Reflection Paper #1 Due Appendix D to D2L & Tk20 |

| Class Dates | Class Topics | Assignments/Reading |
|---|---|--|
| 7. Week of Monday, March 3 – Sunday, March 9, 2025 TExES Competencies 003: A., D.; 004: C., G., J., K.; 009: H., I.; 010: A. | TExES Exam School Counseling Notes Psychosocial HEADSSS Assessment | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment |
| 8. Week of Monday, March 10 – Sunday, March 16, 2025 SPRING BREAK! | • Indulge in self-care | No Zoom Class |
| 9. Week of Monday, March 17 – Sunday, March 23, 2025 TExES Competencies: 004: B., G., H., K.; 009: H., I. | Ethics Ethical Case Scenario Ethical Decision- Making Model | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment |
| 10. Week of Monday, March 24 – Sunday, March 30, 2025 TExES Competencies: 004: B., G., H., K.; 009: H., I. CACREP: 3.A.11, 3.E.9, *3.E.1., *3.E.15., *5.C.5. | Ethics Values Video #2 Due Appendix C Video Reflection Paper #2 Due Appendix D to D2L & Tk20 | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment Video #2 Due Appendix C Video Reflection Paper #2 Due Appendix D to D2L & Tk20 |
| 11. Week of Monday, March 31 – Sunday, April 6, 2025 TExES Competencies: 002: A., B., G.; 003: D; 007: A.; 009: C., E., G., I. | • Values | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment |

| Class Dates | Class Topics | Assignments/Reading |
|---|---|--|
| 12. Week of Monday, April 7 – Sunday, April 13, 2025 TExES Competencies: 002: C., 003: D., E., F.; 004: B., D., F., G., H., I.; 009: G. | Group Counseling Submit Informal Observations Appendix E | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment Submit Informal Observations Appendix E |
| 13. Week of Monday, April 14 – Sunday, April 20, 2025 TExES Competencies 003: E.; 004: D., F., H., K.; 009: C., I.; 010: B. CACREP: 3.A.11, 3.E.9, *3.E.1., *3.E.15., *5.C.5. | Reflection on Counseling Sessions Foundational Counseling Theory Imposter Syndrome Video #3 Due Appendix C Video Reflection Paper #3 Due Appendix D to D2L & Tk20 | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment Video #3 Due Appendix C Video Reflection Paper #3 Due Appendix D to D2L & Tk20 |
| 14. Week of Monday, April 21 – Sunday, April 27, 2025 TExES Competencies: 002: A., B., G.; 003: D., F.; 006: A., C.; 009: C., D., E. | Advocating for your School Counseling Role and Program Professional Identity Advocacy for Underserved Students Turn in TExES Constructed Response Appendix F to D2L | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment Turn in TEXES Constructed Response Appendix F to D2L |

| Class Dates | Class Topics | Assignments/Reading |
|--|--|--|
| 15. Week of Monday, April 28 – Sunday, May 4, 2025 TExES Competencies: 002: B.; 003: D., E., F.; 004: C., H.; 005: C.; 009: E. | Strengths Bombardment Submit Certify Teacher Requirements Remind Site Supervisor to complete your final evaluation | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Do Discussion Board, Post, and Comment Submit Certify Teacher Requirements Remind Site Supervisor to complete your final evaluation |
| 16. Week of Monday, May 5 – Sunday, May 11, 2025 TExES Competencies: 002: B.; 003: A., C., D., E., F.; 004: C., D., F., H.; 005: C, D; 006: D.; 007: F.; 009: D. CACREP: *3.C.11., *3.E.1., *3.E.15., *3.G.7., *5.C.5., 3.A.11. | Hours and Site Supervisor Final Evaluations Appendix G to D2L and Tk20 logs Finish Student Evals on Supervisors on Tk20 | Monday Zoom Class Supervision Meeting 6:30- 8:00 pm central Turn in Hours and Site Supervisor Final Evaluations Appendix G to D2L and Tk20 logs Finish Student Evals on Supervisors on Tk20 Turn in Final Site Supervisor Evaluation and Hours Appendix D |
| 17. Week of Monday, May 12 – Friday, May 16, 2025 | • Wrap up/Reflect | No Zoom Class |

VII. EVALUATION AND ASSIGNMENTS

** ALL WRITTEN ASSIGNMENTS MUST BE SUBMITTED VIA D2L AND ALL WORK MUST BE COMPLETED USING THE LATEST APA 7 EDITION STYLE.

Discussion Board and University Supervision: (15 pts.) Students are required to reflect on their practicum experience weekly. Every week students will be required to write about their successes, new knowledge, something that was interesting, something that was difficult or challenging, an innovative technique observed or used, or something in regard to the practicum class. Students are required to participate and comment on at least one other person's thread. The assignments and weekly comments are due by Sunday at 11:59 pm at the end of the week. Follow directions to get full points each week. Late work will not be accepted. Video Class Supervision Meetings are **non-negotiable** as they are a CACREP requirement for practicum and internship courses. These video group meetings will be 90 minutes in length. Please arrange your

schedule to participate in those meetings, otherwise you will not be able to obtain hours for the week (See Appendix A for Rubric). CACREP: 3.A.2., 3.A.3., 3.A.11., 3.A.12., *3.C.11, *3.E.1., 3.E.4., 3.E.5., 3.E.6., 3.E.8., 3.E.9., 3.E.13., 3.E.14, *3.E.15., 3.E.16, 3.E.17., 3.E.19., 3.E.20., 3.E.21., 3.F.2., 3.F.3., 3.F.4., 3.F.5., *3.G.7., *3.G.11, 3.G.14., 3.G.15., 5.C.1., 5.C.2., 5.C.3., 5.C.4., *5.C.5., 5.C.6., 5.C.7., 5.C.8., 5.C.9.; TEXES Competencies: 007: D., 008: A., C.; 009: A., E., G.; 010: B.

Confidentiality Poster & Resource Assignment: (**5 pts.**) Students will create a creative confidentiality poster they can hang in their office based on the school they are placed in for practicum. Students may seek out examples to create their confidentiality poster but must list all the limits of confidentiality pertaining to the age of the clients at the site. Students will create a document for resources local to them and their clients to utilize throughout practicum and the future. Examples of resources: local mental health resources (private practice and agency), crisis services, doctors' offices, lawyers, job-seeking resources, and benefits offices (Social Security, DMV, SNAP Benefits, Medicaid, Medicare, CPS, etc.) (See Appendix B for Rubric). CACREP: ***3.E.15., *5.C.5.; TExES Competencies 007: C.; 008: E., G.; 009: F., I., J.; 010: D**

Three Counseling Sessions & Three Video Reflection Papers: (20 pts. each for a total of 60 pts.) Students must turn in their Video Reflection Paper to Tk20 and D2L and submit their video to the professor. Students also have the option to have the teaching professor (university supervisor) observe their session via telehealth. Students will conduct three 45-minute counseling sessions with a client. The student must have a pre-observation conference with the professor at least 24 hours before the session. The instructor will provide feedback to the student using the MSU Skills Rating form in a post-observation conference. Any skills' strengths and deficits will be addressed in individual supervision following the observed session, in addition to the rating form. Students will receive a copy of the rating form. Videos of the counseling sessions are required and must be deleted after they have been graded. Students may email their video using google drive to the university supervisor due to file size. For students who are unable to video tape at their site, the teaching professor (university supervisor) may video into the session to observe via telehealth. Students are required to write a video reflection paper on their counseling session identifying their strengths and weaknesses. Please use the template to reflect on your performance. Address all areas listed on the Live Interview Evaluation. APA 7 style is required, and cover pages and references should be included. (See Appendix C & D for Rubric). Tk20 Link CACREP: 3.A.11, 3.E.9; KPI *3.E.1., *3.E.15., *5.C.5.; TEXES Competencies: 003: E.; 004: D., F., H.; 005: C., E.; 008: B., D.; 009: I.

Informal Observations (5 pts.): The university supervisor will conduct three informal observations throughout the semester. Students need to be prepared to address and reflect upon one of the school counselor professional standards in their post-conference. They will upload all three of their informal observation forms signed by the student, site supervisor, and university supervisor to D2L. (See Appendix E for Rubric). TEXES Competencies: 003: A., E.; 004: C., D.; 008: E.; 009: G.; 010: A., B.

TEXES Sample Constructed-Response (5 pts). Students will analyze information provided in exhibits, and citing specific evidence from the exhibits, write a response of 400-600 words in which they:

- identify one important need to address in individual school counseling for the student;
- describe one developmentally appropriate counseling strategy a school counselor could implement to address the need identified;
- explain why the strategy described would be effective in addressing the identified need;
- identify one step the counselor could take to involve others, as appropriate, in implementing the strategy described;
- explain one method the counselor could use to evaluate the effectiveness of the strategy described in addressing the identified need; and
- explain how the response is supported by relevant counseling theory.
- A cover sheet and reference page are not required (See Appendix F for Exhibits and Rubric). TEXES Competencies: 001: A., B.; 004: A., D., F., I.; 008: C., E., F.; 010: A.

Certify Teacher Requirements (5 pts.): Students will upload proof of their 10-hour study mode mandatory requirement in Certify Teacher and proof that they passed 80% on each domain in one attempt on the mandatory practice exam. ***Please note that if students do not complete both of these requirements, they will receive an incomplete in the course. TExES** Competencies: 001: A., B.; 002: A., G.; 003: A., C., D., E.; 004: A., D., F., K.; 008: C., E., F.; 009: H., I.; 010: A., B., C., D.

Completion of 160 Hours and Satisfactory Site Supervisor Evaluation (5 pts.): Students are required to complete 160 hours of practicum. 60 hours must be direct service hours, and 100 hours must be indirect. Satisfactory performance at the site is required for the entirety of the semester. A failure to perform satisfactorily throughout the semester, as reflected in the Site Supervisor Evaluation, will result in a PICS, and a possible failure of the class. Client welfare is extremely important, so any interpersonal, professional, or skill related issues will be addressed. If they cannot be remediated, the student will be asked to retake the class, or may be remediated in an alternative format. Use the logs and cover sheets provided in the practicum manual. (See Appendix G for Rubric). CACREP: *3.C.11., *3.E.1., *3.E.15., *3.G.7., *5.C.5., 3.A.11. TEXES Competencies: 001: A., B., C., D.; 003: A., B., C., E.; 004: A., C., D., F.; 006: E.; 009: C., D., F.

| As | signments | Points |
|----|---|--------|
| 1. | Online Assignments and Comments D2L | 15 |
| 2. | Confidentiality Poster and Resource Assignment D2L | 5 |
| 3. | Counseling Session #1 & Reflection Paper #1 D2L and Tk20 | 20 |
| 4. | Counseling Session #2 & Reflection Paper #2 D2L and Tk20 | 20 |
| 5. | Counseling Session #3 & Reflection Paper #3 D2L and Tk20 | 20 |
| 6. | Informal Observations D2L | 5 |
| 7. | TExES Constructed-Response D2L | 5 |
| 8. | Certify Teacher Requirements D2L | 5 |
| 9. | Completion of 160 Hours and Satisfactory Site Supervisor Evaluation D2L | 5 |

20

100

Grade Classifications:

- A = 90-100
- B = 80-89
- C = 70-79
- D = 60-69
- F = 59 or Below

VIII. DEPARTMENT OF COUNSELING STATEMENT OF EXPECTATIONS

The counselor education program is charged with the dual task of nurturing the development of counselors-in-training and ensuring quality client care. To fulfill these dual responsibilities, faculty must evaluate students based on their academic, professional, and personal qualities. A student's progress in the program may be interrupted for failure to comply with academic standards or if a student's interpersonal or emotional status interferes with training-related requirements. For example, to ensure proper training and client care, a counselor-in-training must abide by relevant ethical codes and demonstrate professional knowledge, technical and interpersonal skills, professional attitudes, and professional character. These factors are evaluated based on one's academic performance and one's ability to convey warmth, genuineness, respect, and empathy in interactions with clients, classmates, staff, and faculty. Students should demonstrate the ability to accept and integrate feedback, be aware of their impact on others, accept personal responsibility, and be able to express feelings effectively and appropriately. For further clarification on review and retention, refer to the handbook.

Classroom Behaviors: Department of Counseling students are expected to demonstrate appropriate classroom behavior, consistent with their counselor-in-training roles. Counselors-in-training are expected to convey attentiveness and respect in all professional and classroom settings. Specifically, these include:

- Avoiding tardiness and late arrival to class.
- Being attentive and participative in class and online.
- Not using cell phones and text messaging during class.
- Not surfing the web, emailing, tweeting, or using instant messaging (IM) during class.
- Minimizing eating and disruptive snacking during class.
- Avoiding personal conversations with students during class, which are disruptive to fellow students and the learning environment.

IX. STUDENT ETHICS AND OTHER POLICY INFORMATION

Ethics: For further information about Midwestern State University's policies regarding student ethics and conduct, please contact 940-397-4135 (Student Support Services).

Special Notice: Students whose names do not appear on the class list will not be permitted to participate (take exams or receive credit) without first showing proof of registration (Schedule of Classes and Statement of Account).

Campus Carry: Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University's webpage at: <u>Campus Carry</u>. As this is an online class, this policy should not apply, but please familiarize yourself with this and other campus policies.

Limited Right to Intellectual Property: By enrolling in this course, the student expressly grants MSU a "limited right" in all intellectual property created by the student for the purpose of this course. The "limited right" shall include but shall not be limited to the right to reproduce the student's work product to verify originality and authenticity, and for educational purposes.

Midwestern State University Mission Statement: MSU is a leading public liberal arts university committed to providing students with rigorous undergraduate and graduate education in the liberal arts and the professions. Through an emphasis upon teaching, augmented by the opportunity for students to engage in research and creative activities alongside faculty and to participate in co-curricular and service programs, Midwestern State prepares its graduates to embark upon their careers or pursue advanced study. The university's undergraduate education is based upon a comprehensive arts and sciences core curriculum. The understanding that students gain of themselves, others, and the social and natural world prepares them to contribute constructively to society through their work and through their private lives.

Midwestern State University Values:

- People-Centered Engage others with respect, empathy, and joy.
- Community Cultivate a diverse and inclusive campus environment.
- Integrity Always do the right thing.
- Visionary Adopt innovative ideas to pioneer new paths.
- Connections Value relationships with broader communities.

Midwestern State University Counseling Program Objectives:

- Reflect current knowledge and projected needs concerning counseling practice in a multicultural and pluralistic society
- Reflect input from all persons involved in the conduct of the program, including counselor education program faculty, current and former students, and personnel in cooperating agencies
- Address student learning
- Written so they can be evaluated

*Please refer to your Clinical Mental Health student handbook, and or your practicum and internship manual located within the D2L shell for review.

Desire-to-Learn (D2L):

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into D2L through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

Important Dates:

Last day for term schedule check date on <u>Academic Calendar</u>. Deadline to file for graduation check date on <u>Academic Calendar</u>. Last Day to drop with a grade of "W" check date on <u>Academic Calendar</u>. Refer to: <u>Drops</u>, <u>Withdrawals & Void</u>

Online Computer Requirements:

Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your responsibility to have (or have access to) a working computer in this class. *Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings. Computers are available on campus in various areas of the buildings as well as the Academic Success Center. *Your computer being down is not an excuse for missing a deadline!! There are many places to access your class! Our online classes can be accessed from any computer in the world that is connected to the internet. Contact your instructor immediately upon having computer trouble. If you have technical difficulties on the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations however they are able to help you get connected to our online services. For help, log into D2L.

Change of Schedule:

A student dropping a course (but not withdrawing from the University) within the first 12 class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the <u>Schedule of Classes</u> each semester.

Refund and Repayment Policy:

A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. However, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. As described below, two formulas (federal and state) exist in determining the amount of the refund. (Examples of each refund calculation will be made available upon request).

Smoking/Tobacco Policy:

College policy strictly prohibits the use of tobacco products in any building on campus. Adult students may smoke only in the outside designated-smoking areas at each location.

Alcohol and Drug Policy:

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at Universitysponsored activities.

Grade Appeal Process:

Update as needed. Students who wish to appeal a grade should consult the Midwestern State University <u>MSU Catalog</u>

Active Shooter:

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit Safety / Emergency Procedures. Students are encouraged to watch the video entitled "*Run. Hide. Fight.*" which may be electronically accessed via the University police department's webpage: "*Run. Hide. Fight.*"

Obligation to Report Sex Discrimination under State and Federal Law:

Midwestern State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. State and federal law require University employees to report sex discrimination and sexual misconduct to the University's Office of Title IX. As a faculty member, I am required to report to the Title IX Coordinator any allegations, personally observed behavior, or other direct or indirect knowledge of conduct that reasonably may constitute sex discrimination or sexual misconduct, which includes sexual assault, sexual harassment, dating violence, or stalking, involving a student or employee. After a report is made, the office of Title IX will reach out to the affected student or employee in an effort to connect such person(s) with resources and options in addressing the allegations made in the report. You are also encouraged to report any incidents to the office of Title IX. You may do so by contacting:

Laura Hetrick

Title IX Coordinator Sunwatcher Village Clubhouse 940-397-4213 laura.hetrick@msutexas.edu You may also file an online report 24/7 at online title IX reporting

Should you wish to visit with someone about your experience in confidence, you may contact the MSU Counseling Center at 940-397-4618. For more information on the University's policy on Title IX or sexual misconduct, please visit title IX website

*Notice Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

X. RESOURCES

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Author.

Academia (2021). About. Retrieved from Article

American Counseling Association (2021). About Retrieved from Article

American Psychological Association (2021). About. Retrieved from Article

Zambrano, E., Cox, E., Kessel, S., Lerman, E., Solmonson, L., Wines, L. (2018). The Texas model for comprehensive school counseling programs (5th ed.). Texas Counseling Association.

XI. SUGGESTED RESOURCES

Bambrick-Santoyo, P. (2019). Driven by Data 2.0. Hoboken, NJ: John Wiley and Sons, Inc.

- Curry, J. R., & Milsom, A. (2017). *Career and College Readiness Counseling in P–12 Schools* (2nd ed). New York, NY: Springer Publishing Company.
- Hays, D. G. (2017). *Assessment in Counseling: Procedures and Practices* (6th ed). Alexandria, VA: American Counseling Association.
- Hays, D. G., & Erford, B. T. (2017). *Developing Multicultural Counseling Competence: A Systems Approach* (3rd ed). New York, NY: Pearson Education, Inc.
- Lemov, D. (2015). *Teach Like a Champion 2.0* (2nd ed). Hoboken, NJ: John Wiley and Sons, Inc.
- McCormick, C. B., & Scherer, D. G. (2018). *Child and Adolescent Development for Educators* (2nd ed). New York, NY: The Guilford Press.
- Remley, T. P., Rock, W. D., & Reed, R. M. (2017). *Legal and Ethical Issues in School Counseling* (4th ed). Alexandria, VA: American School Counselor Association.

- Sklare, G. B. (2014). *Brief Counseling That Works* (3rd ed). Thousand Oaks, CA: Corwin Press, Inc.
- Stone, C. (2017). *School Counseling Principles: Ethics and Law*. Alexandria, VA: American School Counselor Association.
- Texas Counseling Association (2018). *The Texas Model for Comprehensive School Counseling Programs* (5th ed). Austin, TX: Texas Counseling Association.
- Texas Counseling Association (2020). *The Texas Evaluation Model for Professional School Counselors (TEMPSC)* (3rd ed). Austin, TX: Texas Counseling Association.
- Vernon, A., & Schimmel, C. J. (2018). *Counseling Children and Adolescents* (5th ed). San Diego, CA: Cognella Academic Publishing.
- Young, A., & Kaffenberger, C. (2018). *Making DATA Work* (4th ed.). Alexandria, VA: American School Counselor Association.
- Zyromski, B., & Mariani, M. A. (2016). *Facilitating Evidence-Based, Data-Driven School Counseling: A Manual for Practice*. Thousand Oaks, CA: Sage Publications, Inc.

XII. APPENDICES

Appendix A

Discussion Board and Class Supervision (15 pts.)

CACREP Standards Addressed:

CACREP: 3.A.2., 3.A.3., 3.A.11., 3.A.12., *3.C.11, *3.E.1., 3.E.4., 3.E.5., 3.E.6., 3.E.8., 3.E.9., 3.E.13., 3.E.14, *3.E.15., 3.E.16, 3.E.17., 3.E.19., 3.E.20., 3.E.21., 3.F.2., 3.F.3., 3.F.4., 3.F.5., *3.G.7., *3.G.11, 3.G.14., 3.G.15., 5.C.1., 5.C.2., 5.C.3., 5.C.4., *5.C.5., 5.C.6., 5.C.7., 5.C.8., 5.C.9.; TEXES Competencies: 007: D., 008: A., C.; 009: A., E., G.; 010: B.

Students will receive participation points each week that goes into their final grade.

Rubric of Discussion Board and Class Supervision (Possible 15 Pts.)

| Points Earned | Week | Comments |
|---------------|-----------------|----------|
| | Week 1 (1 pt.) | |
| | Week 2 (1 pt.) | |
| | Week 3 (1 pt.) | |
| | Week 4 (1 pt.) | |
| | Week 5 (1 pt.) | |
| | Week 6 (1 pt.) | |
| | Week 7 (1 pt.) | |
| | Week 9 (1 pt.) | |
| | Week 10 (1 pt.) | |
| | Week 11 (1 pt.) | |
| | Week 12 (1 pt.) | |
| | Week 13 (1 pt.) | |
| | Week 14 (1 pt.) | |
| | Week 15 (1 pt.) | |
| | Week 16 (1 pt.) | |

Total Points Earned ____ / 15 points

Appendix B

Confidentiality Poster & Resource Assignment: (5 pts.) CACREP: *3.E.15., *5.C.5.; TEXES Competencies 007: C.; 008: E., G.; 009: F., I., J.; 010: D

| Criterion | .25 | .5 | .75 | 1 | Points |
|--------------------------------|--|--|---|---|--------|
| | Improvement Needed | Developing | Proficient | Accomplished | |
| Limits of Confidentiality | Student did not address the limits of confidentiality. | Student partially addressed the limits of confidentiality. | Student adequately addressed the limits of confidentiality. | Student thoroughly and clearly addressed the limits of confidentiality. | |
| Developmentally Appropriate | Student did not consider the developmental level of the target audience. | Student partially considered the developmental level of the target audience. | Student adequately considered the developmental level of the target audience. | Student expertly tailored content to the developmental level of the target audience. | |
| Clarity and Organization | Information is unclear and poorly organized. | Information is somewhat clear but lacks full organization. | Information is clear and mostly well- organized. | Information is exceptionally clear, concise, and well- organized. | |
| Creativity and Engagement | Poster lacks creativity and does not engage the target audience. | Poster shows minimal creativity and somewhat engages the target audience. | Poster is creative and engages the target audience. | Poster is highly creative, visually appealing, and fully engages the target audience. | |
| Resource Document | Student did not provide a resource list or the list is incomplete. | Student provided a partial resource list with some relevant information. | Student provided a complete and relevant resource list. | Student provided a comprehensive, relevant, and well-organized resource list. | |
| Total Points Awarded | | | Out of | 5 | |

Rubric of Confidentiality Poster and Resource Assignment (Possible 5 Pts.)

Appendix C

Counseling Session (20 pts.)

CACREP: 3.A.11, 3.E.9, ***3.E.1.**, ***3.E.15.**, ***5.C.5**. TEXES Competencies: 003: E.; 004: D., F., H.; 005: C., E.; 008: B., D.; 009: I.

Turn this into D2L and Tk20.

Recorded Counseling Session Packet Faculty Evaluation of Student

Counselor Name: University Supervisor Name:

Date: Start Time: End Time:

| | Counseling Skills | # of Times Demonstrated | Comments |
|---|--|----------------------------|----------|
| 1 | Positive Regard/Genuine /Empathy And Validation. | | |
| 2 | Minimal Encouragers/Accents | | |
| 3 | Eye Contact/Body Posture/Active Listening | | |
| 4 | Appropriately uses Supportive Confrontation | | |
| 5 | Uses Silence Appropriately | | |
| 6 | Restatements | | |
| 7 | Verbal Following | | |
| 8 | Paraphrase | | |
| 9 | Summary | | |

| - | | | |
|----|--|--------------|----------|
| 10 | Reflection of Feeling | | |
| 11 | Reflection of Meaning and | | |
| | Interpretation | | |
| | | | |
| 12 | Uses Opened Ended Questions | | |
| | Appropriately and on a Minimal Basis | | |
| | | | |
| 13 | Sharing-Feedback/Here-and- | | |
| | Now | | |
| 14 | Focusing Statements | | |
| 15 | Uses Clarifying Statements | | |
| | | | |
| 16 | | | |
| | Observing Themes/Patterns | | |
| 17 | Acknowledge Nonverbal Bx | | |
| 10 | | | |
| 18 | Reframing Statements | | |
| 19 | Appropriate Pacing | | |
| 20 | | | |
| | Use of Ethics and Multicultural Competence | | |
| | 1 | | |
| | | | |
| | Theory | # of Times | Comments |
| | | Demonstrated | |
| 22 | Assessment Using Theory | | |
| 23 | Uses 2 Theoretically Based | | |
| | Techniques | | |
| 24 | What theory was used and how did it help manage the session? | | |
| | | | |
| | Inappropriate Items | # of Times | Comments |
| | | Demonstrated | |

| 25 | Sympathy/Reassuring | | |
|----|---|----------------------------|----------|
| 26 | Advising | | |
| 27 | Judging | | |
| 28 | Educating/Teaching | | |
| 29 | Going for the Solution | | |
| 30 | Interrogating | | |
| 31 | Lengthy Descriptive Statements | | |
| 32 | "Why" questions | | |
| 33 | Too many "How does that make you feel?" | | |
| 34 | Shifting Topics | | |
| 35 | Third Person Counseling - Someone not in session | | |
| 36 | Not giving yourself time to think | | |
| 37 | Getting ahead of client | | |
| 38 | Poor balance of reflections/ questions/ restatements | | |
| 39 | Uses Closed Questions | | |
| | Supervision | # of Times Demonstrated | Comments |
| 41 | Open, positive discussion | | |
| 42 | Emotionality in supervision | | |
| 43 | Receptivity to feedback | | |
| 44 | Participation in supervision (bring content) | | |
| 45 | Submission of all materials | | |
| 46 | Adheres to procedure and takes initiative | | |
| 47 | Fulfillment of supervision tasks | | |

Session Summary:

| Criteria | Needs Improvement .25 | Developing .5 | Proficient .75 | Accomplished 1 | Points |
|---|--|--|---|--|--------|
| Does an Introduction, Informed Consent, and Goes Over Confidentiality. | Fails to introduce self effectively. Does not provide a clear explanation of counseling theory, client rights, or confidentiality limits. Fails to obtain explicit consent or ensure client comprehension. | Somewhat introduces self. Somewhat provides a clear explanation of counseling theory, client rights, or confidentiality limits. Struggles to obtain explicit consent or ensure client comprehension. | Generally, introduces self. Generally, provides a clear explanation of counseling theory, client rights, or confidentiality limits. Is able to obtain explicit consent or ensure client comprehension. | Thoroughly introduces self. Thoroughly provides a clear explanation of counseling theory, client rights, or confidentiality limits. Obtains explicit consent or ensure client comprehension. | |
| Establishes Rapport with the Client. | Does not establish rapport effectively, neglects informed consent and confidentiality. | Somewhat establishes rapport, attempts informed consent and confidentiality discussion. | Generally, establishes rapport, obtains consent, and discusses confidentiality adequately. | Consistently establishes rapport, obtains informed consent, and discusses confidentiality effectively. | |
| Clinically Explores problem(s) | Fails to explore client's issues effectively, lacks appropriate questioning or listening. | Attempts to explore client's issues but lacks depth or thoroughness in questioning. | Adequately explores client's issues with appropriate questioning and listening skills. | Thoroughly explores client's issues with insightful questioning and active listening. | |
| Attends to Basic Needs of the Client | Fails to attend to client's basic needs adequately during the session. | Occasionally attends to client's basic needs but may be inconsistent. | Generally, attends to client's basic needs but may overlook some aspects. | Consistently attends to client's basic needs throughout the session. | |
| Congruent Verbal and Nonverbal behavior | Shows incongruent or inappropriate verbal and | Displays some congruent behavior but | Generally, displays congruent verbal and | Demonstrates congruent verbal and nonverbal | |

Recorded Counseling Session Grading Rubric

| | | 1 | 1 1 | |
|----------------|------------------|------------------------------|------------------|----------------------|
| | nonverbal | may be | nonverbal | behavior |
| | behavior. | inconsistent. | behavior. | consistently. |
| Uses Active | Demonstrates | Attempts active | Engages in | Actively listens |
| Listening | poor active | listening but | active listening | throughout the |
| | listening skills | may not sustain | for the majority | session, |
| | during the | it consistently | of the session. | demonstrating |
| | session. | | | understanding |
| | | | | and empathy. |
| Closed Ended | Frequently uses | Uses a | Sometimes | Rarely uses |
| Questions | closed-ended | moderate | uses closed- | closed-ended |
| | questions. | amount of | ended | questions. |
| | 1 | closed-ended | questions. | 1 |
| | | questions. | 1 | |
| Open-Ended | Overuses open- | Uses open- | Uses a suitable | Effectively |
| Questions | ended | ended questions | amount of | employs |
| Questions | questions and | occasionally but | open-ended | appropriate and |
| | lacks | relies more on | questions. | clinical open- |
| | appropriate use | closed-ended | questions. | ended |
| | of open-ended | questions. | | questions. |
| | questions. | questions. | | questions. |
| Shows Ability | Does not | Attempts to use | Shows ability | Demonstrates |
| to Use Higher | demonstrate | Attempts to use higher level | to use higher | advanced |
| Level | | skills but lacks | level | |
| | higher level | | | counseling skills |
| Counseling | counseling | consistency or | counseling | |
| Skills | skills during | effectiveness. | skills | consistently |
| Throughout the | the session. | | appropriately. | throughout the |
| Session. | <u> </u> | ** | | session. |
| Uses two (2) | Does not use | Uses one | Uses two | Skillfully uses |
| Well- | any | theoretically- | theoretically- | two or more |
| Developed | theoretically- | based technique | based | theoretically- |
| Theoretically- | based | within the | techniques but | based |
| Based | techniques | session. | lacks depth | techniques with |
| Techniques | within the | | within the | confidence |
| | session. | | session. | within the |
| | | | | session. |
| Has Empathic | Lacks empathy | Attempts to | Shows empathy | Displays |
| Attunement | or | demonstrate | and | empathic |
| | understanding | empathy but | understanding | understanding |
| | of client's | lacks depth or | of client's | and attunement |
| | emotions | understanding. | emotions | with the client's |
| | during the | | throughout the | emotions |
| | session. | | session. | effectively |
| Has Positive | Displays | Shows some | Displays | Maintains |
| Body Language | negative or | positive body | generally | positive body |
| and Posture | inappropriate | language but | positive body | language and |

| | | | | 1 1 |
|-----------------|------------------|------------------|-------------------|------------------|
| | body language | may be | language and | posture |
| | and posture. | inconsistent. | posture. | consistently. |
| Confronts the | Avoids | Attempts to | Effectively | Appropriately |
| Client When | necessary | confront client | confronts client | confronts client |
| Needed | confrontation | but lacks | when needed to | when |
| | or handles it | effectiveness or | promote | necessary, |
| | inappropriately. | appropriateness. | therapeutic | fostering |
| | | | goals. | insight and |
| | | | | progress. |
| Uses Self- | Uses self- | Attempts to use | Uses self- | Uses self- |
| Disclosure | disclosure | self-disclosure | disclosure in a | disclosure |
| Appropriately | inappropriately | but lacks | balanced | appropriately to |
| | or excessively | appropriateness | manner to | enhance |
| | during the | or | benefit | therapeutic |
| | session. | effectiveness. | therapeutic | rapport and |
| | | | relationship. | understanding |
| Uses | Does not apply | Attempts to | Integrates | Consistently |
| Evidenced | evidenced- | apply | evidenced- | applies |
| Based Theory | based theory or | evidenced- | based theory or | evidenced- |
| throughout the | theories | based theory or | theories into | based theory or |
| Session | appropriately | theories but | the counseling | theories |
| | during the | lacks | process. | appropriately |
| | session. | consistency or | 1 | throughout the |
| | | integration. | | session. |
| Times using | Inconsistently | Attempts to | Generally, | Times |
| Interventions | times | time | times | interventions |
| Appropriately | interventions, | interventions | interventions | appropriately, |
| | impacting | but may miss | effectively to | maximizing |
| | client | opportunities or | support client | their impact on |
| | engagement or | misjudge | needs. | client progress. |
| | progress. | timing. | | 1 2 |
| Shows | Demonstrates | Shows some | Displays | Demonstrates |
| Counselor | lack of | confidence but | confidence in | strong |
| Confidence | confidence in | may appear | counseling | confidence in |
| | counseling | hesitant or | abilities for the | counseling |
| | abilities during | unsure at times. | majority of the | abilities |
| | the session. | | session. | throughout the |
| | | | | session. |
| Adheres to | Lacks | Shows some | Demonstrates | Adheres to |
| Multicultural | awareness or | awareness of | awareness of | multicultural |
| Competencies | adherence to | multicultural | multicultural | competencies |
| and Ethical and | multicultural | issues but may | issues and | and ethical |
| Legal | competencies | not consistently | ethical | standards |
| Standards | and ethical | adhere to | standards. | consistently. |
| | standards. | standards. | | |
| | Standardo. | Sturiour up. | | 1 |

| Summarizes | Does not | Attempts to | Summarizes | Provides a |
|------------------|----------------|-------------------|-----------------|-----------------|
| Session Before | provide a | summarize | session content | clear and |
| Wrapping Up | session | session content | adequately to | effective |
| | summary or | but lacks clarity | review key | summary of the |
| | provides an | or | points with | session content |
| | ineffective | completeness. | client. | before |
| | summary. | | | concluding. |
| Maintains | Displays | Shows some | Generally, | Maintains high |
| Professionalism | unprofessional | aspects of | maintains | level of |
| throughout | behavior or | professionalism | professionalism | professionalism |
| Session | demeanor | but may be | in interactions | throughout the |
| | during the | inconsistent. | and demeanor. | session. |
| | session. | | | |
| Total Points out | | | | |
| of 20 | | | | |

Signature University Supervisor : _____

Signature Student Supervisee: _____

Signature of Student's Site Supervisor:

Appendix D

School Counseling Video Reflection Paper Outline

CACREP: 3.A.11, 3.E.9, ***3.E.1., *3.E.15., *5.C.5**. TEXES Competencies: 003: E.; 004: D., F., H.; 005: C., E.; 008: B., D.; 009: I.

Please turn in these assignments to Tk20 link as well as D2L.

Note there is not a page requirement for your paper, but make sure to address each of the items listed below, using the items as headings.

Typing Instructions: Use APA 7 format

- Include APA coversheet
- Use first-level APA heading to clearly identify each section; use italicized words in question for heading; second-level headings optional
- Double-space; use APA paragraph formatting and margins
- Use in-text citations and references as needed to support your answers

1. Briefly describe the *demographics* of your client and the background you have with the client. What session number with client? First session with client? Informed consent explained? What are the client's goals for himself/herself?

2. Evaluate how you developed a *counseling relationship* with client(s). How effective were you? How does this fit within your broader understanding of your professional identity? Include strengths and areas for improvement. *Cite professional literature as necessary to support your answer*.

3. Evaluate your *personal reactions* to the client(s) and counseling process and how they may have affected treatment dynamics. Include strengths and areas for improvement.

4. Describe and evaluate your *rationales* for (a) choice of theory, (b) assessment approach, and (c) interventions, including an analysis of how these choices fit with client needs. Include strengths and areas for improvement. *Cite professional literature as necessary to support your answer*.

5. Evaluate your handling of *legal, ethical, and crisis issues*. Include strengths and areas for improvement.

6. Evaluate the *treatment and session outcome of your observed session*. How effective was this session and why? Include strengths and areas for improvement.

7. Evaluate the *larger socio-cultural and equity issues*, including marginalization, racism, sexism, developmental issues, poverty, access to services, etc., that may be affecting your

client(s) at your site. How would you address these in future sessions and/or through advocacy efforts? *Cite professional literature as necessary to support your answer*.

8. Evaluate your overall *clinical skills*. Include strengths and areas for improvement.

9. Identify one *professional standard* you demonstrated in your counseling session. Describe how you addressed the professional standard. See professional standards below. Also, include how you addressed inclusive educational practices (i.e., provide flexibility in the ways information is presented; reduce barriers to instruction; provide appropriate accommodations; maintain high achievement expectations for all students).

Texas School Counselor Professional Standards

1. Learner-Centered Knowledge

- Counselors demonstrate knowledge of the developmental needs of students and apply counseling theories and techniques to foster student academic, career, social, and emotional development.
- They have a thorough understanding of child and adolescent development, individual and group counseling techniques, crisis intervention, and effective program implementation.

2. Learner-Centered Skills

- Counselors use effective communication, interpersonal, and counseling skills to develop strong relationships with students, parents, and staff.
- They implement strategies for individual and group counseling, assess student needs, and provide guidance in academic, career, and personal/social domains.
- Skills also include using data to inform and evaluate the impact of counseling programs and interventions.

3. Learner-Centered Process

- This domain focuses on implementing comprehensive, data-driven school counseling programs that are aligned with the Texas Model for Comprehensive School Counseling Programs.
- Counselors manage and deliver services that support students' academic, career, and personal/social growth, while also coordinating with other school staff and external resources.

4. Learner-Centered Equity and Excellence for All Learners

- Counselors advocate for and ensure equitable access to counseling services for all students.
- They promote inclusivity, diversity, and fairness, recognizing and addressing barriers that may impede students' academic and personal success, ensuring that all students receive the necessary support to achieve excellence.

5. Learner-Centered Communications

- Counselors demonstrate effective communication and collaboration with learners, parents/guardians, school staff, and community members through oral, written, nonverbal, and digital methods, while adhering to ethical and legal standards.
- They utilize group dynamics, partnerships, and community resources to promote student success, facilitate positive change, and enhance college and career readiness through responsive interventions and engagement with stakeholders.

6. Learner-Centered Professional Development

- Counselors commit to ongoing professional growth and development. They engage in continuous learning to improve their skills, stay informed of current counseling practices, and adapt to changes in education and counseling.
- This involves attending professional development opportunities, joining professional organizations, and reflecting on their practice to ensure high standards of ethical and professional conduct.

Appendix E

Informal Observations (5 pts.) **TEXES Competencies: 003: A., E.; 004: C., D.; 008: E.; 009: G.; 010: A., B.**

| Criteria | 1 - Needs Improvement | 2 - Developing | 3 - Satisfactory | 4 - Proficient | 5 - Exemplary |
|---|---|--|--|---|---|
| Preparedness | Unprepared; lacks materials and organization. | Somewhat prepared but missing key materials. | Adequately prepared with most necessary materials. | Well-prepared with all materials and resources. | Exceptionally prepared with thorough organization and attention to detail. |
| Educational Practice | No educational practice or theory is addressed. | Educational practice is vaguely or inappropriately related. | lacks clarity | Clearly addresses an educational practice related to a professional standard. | Thoroughly and insightfully addresses an educational practice related to a professional standard. |
| Connection to Professional Standards | No connection to professional standards. | Minimal connection to professional standards. | Some connection to professional standards but lacks depth. | connection to | Strong, comprehensive connection to professional standards, with insightful application. |
| Reflection | Reflection is absent or superficial. | Reflection is present but lacks depth or insight. | Reflection is present but basic and lacks critical analysis. | Reflects thoughtfully with good insight into practice and improvement. | Reflection is deeply thoughtful, showing critical analysis and a strong commitment to growth. |
| Engagement and Openness | Unengaged; closed off to feedback or discussion. | Minimally engaged; shows some openness but hesitant to feedback. | Engaged; somewhat open to feedback and discussion. | engaged and open; responsive to | Fully engaged, consistently open to feedback, highly responsive, and collaborative in discussion. |

Informal Observations Rubric

Appendix F

TExES Sample Constructed-Response Question (5 pts.)

TExES Competencies: 001: A., B.; 004: A., D., F., I.; 008: C., E., F.; 010: A.

General Directions

This question requires you to demonstrate your knowledge of the subject area by providing an in-depth written response. Read the question carefully before you begin to write your response to ensure that you address all components. Think about how you will organize what you plan to write.

The final version of your response should conform to the conventions of standard English. Your written response should be your original work, written in your own words, and not copied or paraphrased from some other work. You may, however, use citations when appropriate.

Exhibits for the constructed-response question will be presented in a tabbed format on the computer-administered test. You will have the ability to move between exhibits by clicking on the tab labels at the top of the screen.

An on-screen answer box will be provided on the computer-administered test. The answer box includes a white response area for typing your response, as well as tools along the top of the box for editing your response. A word counter that counts the number of words entered for the response is also provided in the lower left corner of the box. Note that the size, shape, and placement of the answer box will depend on the content of the assignment.

Sample Assignment

Use the information in the exhibits to complete the assignment that follows.

Analyze the information provided in the exhibits and, citing specific evidence from the exhibits, write a response of **400–600 words** in which you:

- identify one important need to address in individual school counseling for Jimmy;
- describe one developmentally appropriate counseling strategy a school counselor could implement to address the need you identified;
- explain why the strategy you described would be effective in addressing the identified need;
- identify one step the counselor could take to involve others, as appropriate, in implementing the strategy you described;
- explain one method the counselor could use to evaluate the effectiveness of the strategy you described in addressing the identified need; and
- explain how your response is supported by relevant counseling theory.

Description of Student

A school counselor receives a referral for Jimmy, a sixth-grade student who has been exhibiting increased behavioral issues at school. Concerns related to Jimmy's social skills and work habits have also been noted by school staff members. In preparation for individual counseling with Jimmy, the counselor reviews additional information.

Referral Form

| School Counseling Referral Form |
|--|
| Student Name: Jimmy T. |
| Grade: 6 |
| Referred by: S. Nickels, homeroom teacher |
| Reason for Referral |
| <u>x</u> Change in behavior |
| <u>x</u> Change in social skills |
| <u>x</u> Change in work habits |
| <u>x</u> Personal/family concern |
| Additional concerns or information related to this referral: |
| Jimmy has exhibited increasing difficulties at school. He has engaged in verbal and physical altercations with other students. He typically does not complete or hand in homework assignments or projects, which impacts his grades. Jimmy also does not participate in classroom discussions and often puts his head down on his desk or draws pictures. He has several friends in his classes but has issues getting along with some students. Jimmy scores very high on quizzes and tests in all classes. It should be noted that Jimmy enrolled as a new student this year after living in another state. |
| Steps taken to address concern (check all that apply) |
| <u>x</u> Student conference |
| <u>x</u> Parent/guardian conference |
| <u>x</u> Discipline referral |
| |

<u>x</u> Behavior contract

_ Academic support

Have these concerns been discussed with the student's parents/guardians?

Yes, these concerns have been discussed with Jimmy's parents.

Outcome of the discussion:

A conference was held with Jimmy's parents during the first month of school. Jimmy's parents stated that his father was relocated to the area several months ago due to a job opportunity. They reported changes in Jimmy's behavior and social skills at home. His parents mentioned that they have spoken with Jimmy about his behavior in school and he states, "I am fine." Jimmy has also stated that he misses his previous school and friends and wants to move back. Jimmy has not established any close friends in the neighborhood.

Please rate the severity of this referral on the scale below.

| Less S | erious | | Moderately Serious Ver | | Very S | Serious | | | |
|--------|--------|---|------------------------|---|--------|---------|---|---|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Student Interest Inventory Excerpt

| Excerpt from Student Interest Inventory |
|---|
| Name: Jimmy T. Grade: 6 |
| Date: September 26 |
| 1. What is your favorite class in school and why? |
| My favorite class is gym because I enjoy playing games and sports. |
| 2. What is your least favorite class in school and why? |
| My least favorite class is science because I do not really like some of my |
| classmates and I am usually really bored. My teacher also calls on me |
| sometimes to answer questions and I don't like being put on the spot to speak |
| out loud in front of all my classmates. |

3. If you could change anything about school what would it be? I wish I could pick out people I want to have class with. Some students in my classes are really annoying. I also wish my friends from my other school would go to school with me. I really miss them. I would also get rid of homework assignments.

4. What do you want to be when you grow up? I want to become an electrical engineer or a pharmacist.

5. What are your hobbies outside of school? I enjoy playing computer games and watching movies.

6. What is a past accomplishment that made you feel proud of yourself? I felt proud of myself when I won a computer game this week.

Excerpt from Classroom Incident Reports

Excerpts from Jimmy's Classroom Incident Reports (from the assistant principal's notes)

Wednesday, September 12

Jimmy had difficulty completing the English language arts assignment today. The assignment involved working in groups to brainstorm potential solutions to a problem described in an assigned homework article. Jimmy stated that he preferred to work alone. When Jimmy was asked to try working with his group he stated, "No" and walked out of the classroom. After I spoke with Jimmy, he apologized and said that he did not read the article for homework.

- English Language Arts Teacher

Tuesday, September 18

Jimmy demonstrated a strong understanding of math concepts being taught today. I asked him to assist several other students who were having difficulties with the math concepts after he finished the assignment and he agreed. Jimmy worked with the other students until almost the end of class. At the end of class, one student made an inappropriate comment to one of the students that Jimmy was assisting. I intervened and informed the student that his comment was extremely inappropriate, but Jimmy went up to the other student and verbally threatened harm. Both Jimmy and the other student were written up. They agreed not to speak to each other.

- Math Teacher

Friday, September 21

Jimmy received a 98 on today's science test. He was the first person in the class to complete the test and I was able to correct it before the end of class. I allowed Jimmy to read a book of his choice while other students finished their tests. Another student made a rude comment to Jimmy in passing. The student got out of his seat and verbally threatened to assault Jimmy. Jimmy lunged at the other student and a physical altercation ensued. The principal was called. Jimmy and the other student each received a three-day in-school suspension.

- Science Teacher

Tuesday, September 25

Jimmy was written up today for refusing to complete an assignment in Spanish class. He stated that he was tired, did not feel like completing the assignment, and put his head on his desk throughout the entire class.

- Spanish Teacher

Tuesday, October 2

Jimmy refused to work with another student during science class. He stated that he did not like the other student because the student was rude to other classmates. Jimmy walked out of class for several minutes without permission before returning.

- Science Teacher

Scoring Rubric

| Score Point | Score Point Description |
|-------------|--|
| 5 | The "5" response reflects a thorough |
| | understanding of the relevant content |
| | knowledge and skills. |
| | • The response fully addresses all parts |
| | of the assignment. |
| | • The response demonstrates an |
| | accurate, highly effective application |
| | of the relevant content knowledge and |
| | skills. |

| | • The response provides strong, relevant evidence, specific examples, and well-reasoned explanations. |
|---|---|
| 4 | The "4" response reflects a general understanding of the relevant content knowledge and skills. The response addresses most or all parts of the assignment. The response demonstrates a generally accurate, effective application of the relevant content knowledge and skills. The response provides sufficient evidence, some examples, and generally sound explanations. |
| 3 | The "3" response reflects a limited understanding of the relevant content knowledge and skills. The response addresses at least some of the parts of the assignment. The response demonstrates a partially accurate, partially effective application of the relevant content knowledge and skills. The response provides limited evidence, and examples or explanations, when provided, may be only partially appropriate. |
| 2 | The "2" response reflects little understanding of the relevant content knowledge and skills. The response addresses, few, if any, parts of the assignment. The response demonstrates a largely inaccurate, ineffective application of the relevant content knowledge and skills. The response provides little to no evidence, and if provided, examples or explanations are weak or inappropriate. |
| 1 | The "1" response reflects no understanding of the relevant content knowledge and skills. |

| • The response minimally addresses |
|--|
| parts of the assignment. |
| • The response demonstrates a largely |
| inaccurate, ineffective application of |
| the relevant content knowledge and |
| skills. |
| • The response provides no evidence. |

Texas Education Agency. (2021). Preparation Manual. http://www.tx.nesinc.com/Content/StudyGuide/TX_SG_CRI_252.htm

Appendix G

Completion of 160 Hours and Satisfactory Site Supervisor Evaluation (5 Pts.) Please have your site supervisors turn in their final evaluation to Tk20. Students are required to complete 160 hours of practicum. 60 hours must be direct service hours, and 100 hours must be indirect. Satisfactory performance at the site is required for the entirety of the semester. A failure to perform satisfactorily throughout the semester, as reflected in the Site Supervisor Evaluation, will result in a PICS, and a possible failure of the class. Client welfare is extremely important, so any interpersonal, professional, or skill related issues will be addressed. If they cannot be remediated, the student will be asked to retake the class or may be remediated in an alternative format. CACREP: *3.C.11., *3.E.1., *3.E.15., *3.G.7., *5.C.5., 3.A.11. TEXES Competencies: 001: A., B., C., D.; 003: A., B., C., E.; 004: A., C., D., F.; 006: E.; 009: C., D., F.

| Criterion | 0 | .5 | .75 | 1 | Points |
|---|-----------------------|------------------------|------------|--------------------------------|--------|
| | Improvement Needed | Developing | Proficient | Accomplished | |
| At least 60 direct hours | Not Completed | Partially Completed | Completed | Completed, with good attitude. | |
| At least 100 indirect hours | Not Completed | Partially Completed | Completed | Completed, with good attitude. | |
| Completed Site and University Supervision | Not Completed | Partially Completed | Completed | Completed, with good attitude. | |
| Student's Supervisors (site and university) evaluations are completed | Not Completed | Partially Completed | Completed | Completed, with good attitude. | |
| Student maintained appropriate codes of ethics, and professionalism within the class, and on site. | Not Completed | Partially Completed | Completed | Completed, with good attitude. | |

Completion of 160 Hours and Satisfactory Site Supervisor Evaluations (Possible 5 Pts.)

| | Out of 5 |
|------------|----------|
| Awarded pe | points |

I have abided by the Midwestern State University Code of Academic Integrity on the above assignments.