



**Midwestern State University  
Gordon T. & Ellen West College of Education**

**Course & Contact Information:**

Course Title: Introduction to School Counseling

Course Number: COUN 5403

Semester Credits: 3

Instructor: Dr. Wendy Helmcamp, PhD, LPC-S, CSC

Semester: Spring 2025 - Part of Term A (9 weeks)

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Classroom/Class Times: Online

Office Hours: Tuesday through Thursday 8:30-10:30 am

*\* I am also available for scheduled appointments through Zoom.*

**Instructor Response Policy:**

During the week (Monday – Friday), I will respond within 24 hours. Please do not expect a response from me on holidays and weekends. As professionals, it is important that we implement boundaries around home and work. Please ask your questions before the weekend.

**Course Goals**

- This course is designed to prepare school counseling students to understand the role and function of the contemporary school counselor and how the school counselor functions within an elementary, middle, and high school.
- Students will understand and learn how to implement the ASCA National Model.
- Students will be introduced to the ethical standards of ASCA and ACA and will learn about common ethical issues that emerge in school counseling settings.

- Students will develop a basic understanding of social justice and oppression issues, as they apply to education, and strategies for advocating on behalf of students to help them achieve success.

### **Course Rationale**

School counselors occupy a unique professional role in a school setting. The implementation of a Comprehensive School Counseling Program based on the ASCA National Model benefits students in schools in a variety of ways. Counseling helps youth face emotional, social, and academic challenges. Consulting and collaboration with other professionals and family members provides the support network young people need to be successful. Prevention programming builds students' coping abilities. Counselor leadership helps create a healthy environment where youth can succeed both while in school and in the future.

### **Required Text:**

Davis, T. E. (2015). *Exploring school counseling, Second Edition*. Stamford, CN. Cengage Learning.

### **Suggested Texts:**

American Psychological Association. (2020). *Publication manual of the American Psychological Association, Seventh Edition*. Washington, D.C.: American Psychological Association.

American School Counselor Association. (2019). *ASCA national model: A framework for school counseling programs, Fourth Edition*. American School Counselor Association.

### **Course Objectives:**

#### **Students will be able to:**

1. Describe the components of school counseling programs that align with ASCA and the Texas Comprehensive Model and understand professional standards and credentials relevant to school counseling.
2. Articulate the counselor's role in collaboration and consultation with families, school personnel, and community agencies, and in advocating for students' well-being.
3. Demonstrate an understanding of the school counselor's role as a leader, advocate, and change agent within the school system.
4. Facilitate students' college and career readiness and collaborate with postsecondary personnel to support student transitions.
5. Identify characteristics, risk factors, and warning signs of students at risk for mental health and behavioral disorders and determine appropriate referral and community resources.
6. Understand and contribute to the development of emergency management plans for addressing student needs during crises, disasters, and traumatic events.

### **TAC Objectives:**

- Identify the skills that educators are required to possess, the responsibilities that educators are required to accept, and the high expectations for students in this state **19 TAC §228.30(c)(4)**.
- Understand appropriate relationships, boundaries, and communications between educators and students **19 TAC §228.30(c)(7)**.
- Understand the importance of building strong classroom management skills **19 TAC §228.30(c)(5)**.
- Discuss the importance of addressing mental health issues, substance abuse, and suicide in classroom guidance lessons **19 TAC §228.30(c)(3)**.

### **CACREP Standards Addressed:**

- Section 3: A.1. history and philosophy of the counseling profession and its specialized practice areas
- Section 3: A.2. the multiple professional roles and functions of counselors across specialized practice areas
- Section 3: A.3. counselors' roles, responsibilities, and relationships as members of specialized practice and interprofessional teams, including (a) collaboration and consultation, (b) community outreach, and (c) emergency response management
- Section 3: A.4. the role and process of the professional counselor advocating on behalf of and with individuals receiving counseling services to address systemic, institutional, architectural, attitudinal, disability, and social barriers that impede access, equity, and success
- Section 3: A.5. the role and process of the professional counselor advocating on behalf of the profession
- Section 3: A.7. professional counseling credentialing across service delivery modalities, including certification, licensure, and accreditation practices and standards for all specialized practice areas
- Section 3: A.10. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling across service delivery modalities and specialized practice areas
- Section 3: A.11. self-care, self-awareness, and self-evaluation strategies for ethical and effective practice
- Section 3: B.2. the influence of heritage, cultural identities, attitudes, values, beliefs, understandings, within-group differences, and acculturative experiences on individuals' worldviews
- Section 3: C.1. theories of individual and family development across the lifespan
- Section 3: C.11. systemic, cultural, and environmental factors that affect lifespan development, functioning, behavior, resilience, and overall wellness
- Section 3: C.13. effects of crises, disasters, stress, grief, and trauma across the lifespan
- Section 3: D.1. theories and models of career development, counseling, and decision-making

- Section 3: E.1. theories and models of counseling, including relevance to clients from diverse cultural backgrounds
- Section 3: E.3. case conceptualization skills using a variety of models and approaches
- Section 3: E.8. counselor characteristics, behaviors, and strategies that facilitate effective counseling relationships
- Section 3: E.11. strategies for adapting and accommodating the counseling process to client culture, context, abilities, and preferences
- Section 3: E.20. crisis intervention, trauma-informed, community-based, and disaster mental health strategies
- Section 5: C.2. mental health service delivery modalities and networks within the continuum of care, such as primary care, outpatient, partial treatment, inpatient, integrated behavioral healthcare, and aftercare
- Section 5: C.8. strategies to advocate for people with mental, behavioral, and neurodevelopmental conditions

### **TEXES Standards Addressed in this Course:**

#### **Domain I – Knowledge of Learners**

##### **Competency 001:**

- **001 A.** Demonstrate knowledge of developmental progressions in the social, emotional, physical, motor, language, and cognitive domains in children and adolescents; developmental challenges at different stages of development; and how to support students' development across domains.
- **001 B.** Demonstrate knowledge of developmental variation, the interrelatedness of developmental domains, and how this interrelatedness may affect students' performance and behavior.
- **001 D.** Apply knowledge of variables that may influence a student's development, learning, and behavior (e.g., environment, health, socioeconomic circumstances, disability, life experiences, language fluency, stress, trauma, individual learning style, culture, gender identity, ethnicity, race, geopolitical factors).
- **001 E.** Apply knowledge of the characteristics and needs of students within special populations (e.g., gifted and talented, homeless, migrant, special education, English learners, immigrants, refugees, students who meet at-risk criteria).
- **001 F.** Apply knowledge of developmentally appropriate strategies that are based on research for building on students' strengths and helping students acquire effective learning strategies.
- **001 G.** Apply knowledge of how to plan and implement developmentally appropriate activities, experiences, and interventions that are responsive to students' needs and facilitate optimal development across the life span.

##### **Competency 002:**

- **002 A.** Demonstrate knowledge of ways in which diverse characteristics (e.g., race, culture, ethnicity, religion, gender identity, socioeconomic status, linguistic diversity,

immigration status, exceptionality, learning styles, physical or cognitive abilities) may affect the manifestation of strengths and difficulties in the educational, career, personal, and social areas.

- **002 B.** Apply knowledge of strategies for promoting understanding of, sensitivity to, and interaction with students' diverse characteristics and for fostering awareness, appreciation, and respect for diversity. TEC 239.15.e.2
- **002 C.** Apply knowledge of strategies for helping all students feel welcome; using students' diverse characteristics and backgrounds to enrich learning experiences; and building a learning community characterized by respect for, affirmation of, and interaction with all students.
- **002 D.** Demonstrate knowledge of ways to encourage the development of an inclusive learning community where students assume responsibility, participate in decision making, and work independently as well as collaboratively in learning activities.
- **002 E.** Demonstrate knowledge of strategies for teaching about bias, stereotyping, prejudice, discrimination, and oppression and how these issues may affect students, including strategies for intervening with students who demonstrate inappropriate behaviors.
- **002 F.** Recognize changing societal trends (e.g., demographic, economic, technological) and cultural, economic, and political issues surrounding diversity, equity, and access. TEC 239.15.b.6
- **002 G.** Demonstrate knowledge of cultural competencies related to diversity, equity, and access and the importance of acknowledging personal biases, addressing personal prejudices, and promoting culturally responsive behaviors that affirm all students' humanity.
- **002 H.** Demonstrate knowledge of restorative practices, mediation, and conflict resolution strategies, and ways to support the development of these programs within the school environment.

## **Domain II – The Comprehensive School Counseling Program**

### **Competency 003:**

- **003 C.** Demonstrate knowledge of curriculum design, lesson plan development, differentiated instruction, assessment of student competency attainment, and classroom management as applied to the developmental guidance curriculum.
- **003 D.** Demonstrate knowledge of the scope and sequence of student competencies in the strategic curricular areas of the guidance curriculum (i.e., intrapersonal effectiveness, interpersonal effectiveness, postsecondary and career readiness, and personal health and safety) and strategies for supporting students in setting and attaining challenging educational, career, personal, and social goals.
- **003 E.** Apply knowledge of instructional strategies, activities, and resources to promote students' acquisition of age-appropriate knowledge, skills, and abilities in the developmental guidance curriculum and strategies for working collaboratively to integrate guidance and academic curricula.
- **003 F.** Apply knowledge of the components of and techniques for promoting social skills and emotional wellness across grade levels.

### **Competency 004:**

- **004 A.** Distinguish between preventive, remedial, and crisis levels of responsive services.

- **004 B.** Apply knowledge of how to design and implement preventive services for fostering resiliency and facilitating students' development of strategies for coping with stress, anxiety, and challenging situations (e.g., peer pressure, social media, life events).
- **004 C.** Apply knowledge of how to design, implement, and evaluate intervention plans within a multi-tiered system of supports, linking interventions to assessment data and considering factors (e.g., cultural, socioeconomic, race, ethnicity, linguistic, experiential) related to the use of data.
- **004 F.** Use appropriate methods and procedures for group counseling and demonstrate knowledge of group dynamics as well as productive group interaction.
- **004 G.** Use consultative theories and related strategies, techniques, and behavioral interventions to assist teachers with classroom management.
- **004 H.** Apply knowledge of strategies for helping students clarify problems, consider causes, and identify alternative solutions and possible consequences in order to take appropriate actions and cope with developmental or environmental challenges.
- **004 I.** Use consultative skills to support parents/guardians in clarifying identified student problems and underlying causes and in determining alternative solutions for problem resolution.

**Competency 005:**

- **005 C.** Apply knowledge of methods for helping students establish short- and long-term goals, monitor progress, and direct their own learning as appropriate.
- **005 F.** Apply knowledge of theories, models, and principles of career development and methods for helping students meet the Texas College, Career, and Military Readiness Standards.

**Competency 006:**

- **006 A.** Demonstrate knowledge of systems support as a component of a comprehensive school counseling program (e.g., participation on campus-based improvement teams, formation of campus policies and programs to address identified school needs, development of schoolwide programs to promote positive outcomes for students) and the school counselor's role as a change agent in support of systemic improvement.
- **006 B.** Demonstrate knowledge of the school counselor's role as a participant on decision-making teams (e.g., advisory boards, school improvement committees, student support teams, curriculum committees).
- **006 D.** Apply knowledge of procedures for designing and presenting professional growth activities to support school staff and parents/guardians in promoting optimal educational, career, personal, and social development of all students.
- **006 E.** Demonstrate knowledge of strategies for facilitating effective teamwork within the school and the community and for building effective working teams of educators, families, and community members to support students' achievement and success.

**Competency 007:**

- **007 A.** Demonstrate knowledge of strategies for and factors to consider in developing a meaningful and purposeful mission statement for the comprehensive school counseling program.
- **007 B.** Demonstrate knowledge of the assumptions on which effective and comprehensive school counseling programs are based, including recommended programmatic conditions and resource allocations, and strategies for defining the program's rationale and parameters.

- **007 C.** Apply knowledge of processes and strategies for defining goals and priorities for a comprehensive school counseling program based on various needs assessment strategies and data sources.
- **007 D.** Demonstrate knowledge of the organizational structure and components of an effective and comprehensive school counseling program that is aligned with The Texas Model for Comprehensive School Counseling Programs.
- **007 E.** Apply knowledge of strategies for communicating information about the comprehensive school counseling program to stakeholders, including teachers, parents/guardians, administrators, district personnel, and community partners.
- **007 F.** Apply knowledge of processes and techniques for engaging in ongoing data collection and analysis to assess, adapt, and improve the comprehensive school counseling program and demonstrate accountability; processes for defining criteria for the evaluation of the program; and methods for reporting results of program evaluations.
- **007 G.** Demonstrate knowledge of how to select appropriate and nondiscriminatory instruments, measures, methods, and materials for gathering information and the importance of collecting data and other information across environments (e.g., home, school, community).
- **007 H.** Demonstrate knowledge of planning and managing tasks that support the activities of the comprehensive school counseling program and the appropriate allocation of time and resources.

### **Domain III – The Professional School Counselor**

#### **Competency 008:**

- **008 A.** Demonstrate knowledge of procedures and strategies for effective communication, consultation, and collaboration in the educational environment, including the use of face-to-face, written, and technology-based communication methods.
- **008 B.** Demonstrate knowledge of the components of culturally responsive, school-based consultation.
- **008 C.** Apply knowledge of strategies, procedures, and processes for collaborating with stakeholders and using data, resources, and technology to create learning environments that promote educational access, equity, and success for every student.
- **008 D.** Apply knowledge of methods for communicating with stakeholders for the purpose of promoting understanding of the professional school counselor's role and the comprehensive school counseling program's goals and services.
- **008 E.** Demonstrate knowledge of methods and processes for identifying, accessing, and coordinating school and community resources to make appropriate in-school and out-of-school referrals.
- **008 F.** Apply knowledge of strategies for facilitating parent/guardian involvement in the educational process in order to promote student achievement and success.

#### **Competency 009:**

- **009 C.** Identify elements of the professional school counselor orientation; the roles and responsibilities of the school counselor in various educational contexts; and strategies for articulating, modeling, and advocating for an appropriate school counselor identity.
- **009 D.** Demonstrate knowledge and interpretation of various formal and informal assessments to assist students and others in sound decision making and goal setting.

- **009 E.** Apply knowledge of leadership and advocacy strategies to promote a positive school culture and support educational access, equity, inclusiveness, and student success in the school and community.
- **009 F.** Demonstrate knowledge of various activities to facilitate ongoing professional growth and development at the personal and program level.
- **009 G.** Demonstrate knowledge of how to use self-assessment, professional relationships and consultation, and continuing education, including maintaining technological proficiency, to improve professional practice and outcomes for students.
- **009 H.** Demonstrate knowledge of federal, state, and local laws, regulations, rules, and policies related to the practice of school counseling and their application in various school counseling contexts.
- **009 I.** Apply knowledge of ethical standards for professional school counselors (e.g., Code of Ethics and Standard Practices for Texas Educators, American Counseling Association Code of Ethics, American School Counselor Association Ethical Standards for School Counselors) and their application in various school counseling contexts.
- **009 J.** Recognize emerging issues and trends in school counseling and the legal and ethical implications associated with these issues and trends.

#### **Domain IV – Analysis and Response**

##### **Competency 010:**

- **010 C.** Apply knowledge of techniques for collaboration to explain an appropriate method for involving others in the implementation of interventions to address an identified student need.

#### **CAEP Standard A.1.1**

Candidates for advanced preparation demonstrate their proficiencies to understand and apply knowledge and skills appropriate to their professional field of specialization so that learning and development opportunities for P-12 are enhanced, through:

- Applications of data literacy

#### **19 Texas Administrative Code § 239.15 Standards Addressed in this Course:**

##### **Section 239.15 - Standards Required for the School Counselor Certificate**

- (a) School Counselor Certificate Standards. The knowledge and skills identified in this section must be used by an educator preparation program in the development of curricula and coursework and by the State Board for Educator Certification as the basis for developing the examination required to obtain the School Counselor Certificate. The standards also serve as the foundation for the professional growth plan and continuing professional education activities required by § 239.25 of this title (relating to Requirements to Renew the Standard School Counselor Certificate).
- (b) **Standard I. Learner-Centered Knowledge:** The certified school counselor has a broad knowledge base. The certified school counselor must know and understand:
- (1) the history and philosophy of counseling;
  - (4) the roles and responsibilities of a comprehensive school counseling program that emphasizes college and career readiness and postsecondary options for all students,



- including college admissions, college financial aid resources, application procedures, and workforce and career opportunities;
- (5) assessment principles and procedures, including the appropriate use of tests, test interpretation, and test results;
  - (6) changing societal trends, including demographic, economic, and technological tendencies, and their relevance to school counseling;
  - (7) environmental, social, and cultural factors that affect learners' development and the relevance of those factors to educational, career, personal, and social development, along with comprehensive school counseling programs;
  - (8) learners' developmental characteristics and needs and their relevance to educational and career choices;
  - (9) legal and ethical standards, practices, and issues and the importance of commitment to and implementation of ethical principles;
  - (10) the characteristics and educational needs of special populations;
  - (13) the roles and responsibilities of a comprehensive school counseling program that is responsive to all students;
  - (15) developing and teaching best practices on leadership skills;
  - (16) how cultural factors and group membership impact individual students;
  - (17) the comprehensive school counseling program model;
- (c) **Standard II. Learner-Centered Skills:** The certified school counselor applies the knowledge base to promote the educational, personal, social, and career development of the learner as outlined in The Texas Model for Comprehensive School Counseling Programs. The certified school counselor must:
- (3) counsel individuals and small groups using appropriate counseling theories and techniques in response to students' needs;
  - (4) consult with parents/guardians, teachers, administrators, and other individuals as appropriate to enhance his or her work with students;
  - (5) coordinate resources, referrals, and follow-up procedures for students within the school and community;
  - (6) demonstrate proficiency in teaching small and large groups by actively engaging students in the learning process;
  - (7) participate in the selection, use, and interpretation of assessments and assessment results;
  - (8) use multiple sets of information and data to make decisions about students, programs, and services;
  - (9) use counseling-related research techniques and evidence-based practices to address student needs;
  - (10) advocate for a comprehensive school counseling program that is responsive to all students;
  - (11) facilitate learners' ability to achieve their potential by helping them set and attain challenging educational, career, personal, and social goals based on various types of information;
  - (13) use varied sources of information, resources, and practices to counsel students about postsecondary opportunities and college and career readiness.
- (d) **Standard III. Learner-Centered Process:** The certified school counselor participates in the development, monitoring, revision, and evaluation of a campus based on The Texas Model

for Comprehensive School Counseling Programs that promotes learners' knowledge, skills, motivation, and personal growth. The certified school counselor must:

- (1) collaborate with others in the school and community to implement a guidance curriculum that promotes learners' development in all domains, including cognitive, social, and emotional areas;
  - (2) facilitate learners' ability to achieve their potential by helping them set and attain challenging educational, career, personal, and social goals based on various types of information;
  - (3) use both preventive and intervening strategies to address the concerns of learners and to help them clarify problems and situations, set goals, explore options, and implement change;
  - (4) implement effective referral procedures to facilitate the use of special programs and services;
  - (5) act as a consultant to help learners achieve success inside and outside of school;
  - (6) advocate for a comprehensive school counseling program and recognize the required time commitment to fully apply the program implementation cycle;
  - (8) create and disseminate literature or newsletters to all stakeholders that describe the comprehensive school counseling program and reduce negative stigmas associated with receiving counseling services in a school-based program;
  - (10) increase public relations and awareness through community outreach, such as fundraising, grant writing, donations, volunteerism, local businesses, and use of public or guest speakers;
  - (11) provide school-wide professional development and parent workshops throughout the school year;
  - (12) support participation in fair-share responsibilities versus non-counseling related duties;
  - (13) know district, state, and federal initiatives that are to be reflected in a comprehensive school counseling program; and
  - (14) develop practices to promote learners' knowledge about college and career readiness processes necessary to pursue postsecondary opportunities.
- (e) **Standard IV. Learner-Centered Equity and Excellence for All Learners:** The certified school counselor promotes academic success for all learners by acknowledging, respecting, and responding to diversity while building on similarities that bond all people. The certified school counselor must:
- (1) understand learner differences, including those related to cultural background, gender, race, ethnicity, socio-economic levels, academic ability, and learning styles, and know ways to create and maintain a positive school environment that is responsive to all learners;
  - (2) advocate for a school environment in which diversity is acknowledged and respected, resulting in positive interactions across all cultures, genders, ethnicities, and learning styles;
  - (3) facilitate learning and achievement for all students to ensure services that cover an array of exceptionalities, including special populations, by promoting a cooperative, inclusive, purposeful learning environment;
  - (4) take a positive, strength-based approach that builds on commonalities versus differences in all learners;

- (5) understand how environment and behavior may impact or influence individual learners;
  - (6) ensure equitable access to programs and services for all students;
  - (7) understand how family values, group membership, and culture intersect;
  - (8) acknowledge learners' gifts, strengths, and extracurricular talents when considering programs and services;
  - (9) increase students' awareness and include their voices regarding educational and individualized plans; and
  - (10) ensure equitable access and exposure to postsecondary opportunities and college and career readiness information and resources for students and parents/guardians.
- (f) **Standard V. Learner-Centered Communications:** The certified school counselor, an advocate for all students and the school, demonstrates effective professional and interpersonal communication skills. The certified school counselor must:
- (1) demonstrate effective communication through oral, written, and nonverbal expression;
  - (2) use knowledge of group dynamics and productive group interaction;
  - (3) support responsive interventions by effectively communicating with parents/guardians, teachers, administrators, and community members;
  - (4) facilitate learners' access to community resources;
  - (5) develop and implement strategies for effective internal and external communications;
  - (6) facilitate parent/guardian involvement in their children's education;
  - (7) develop partnerships with parents/guardians, businesses, and other groups in the community to facilitate learning;
  - (8) work effectively as a team member to promote positive change for individuals, groups, and the school community;
  - (9) take a positive, strength-based approach that verbalizes commonalities versus differences in all learners;
  - (10) effectively communicate his or her role and responsibility and counselor identity to all stakeholders to reduce confusion about the duties of a school counselor;
  - (11) adhere to best practices connected to ethical and legal considerations around appropriate use of technology and email, documentation, record keeping, privileged communication, and informed consent process; and
  - (12) facilitate access to and use of school and community information and resources related to postsecondary opportunities and college and career readiness by learners, parents/guardians, teachers, administrators, and community members.
- (g) **Standard VI. Learner-Centered Professional Development:** The certified school counselor continues professional development, demonstrating a commitment to learn, to improve the profession, and to model professional ethics and personal integrity. The certified school counselor must:
- (1) use reflection, self-assessment, and interactions with colleagues to promote personal professional development;
  - (2) use counseling-related research techniques and practices as well as technology and other resources to facilitate continued professional growth;
  - (3) strive toward the highest level of professionalism by adhering to and modeling professional, ethical, and legal standards;
  - (4) apply research-based practice to improve the school guidance and counseling program;
  - (5) engage in ongoing professional development to improve the school guidance and counseling program; and

- (6) engage in continued professional development experiences to learn and apply concepts, skills, and practices related to increasing college and career readiness and promoting postsecondary opportunities and preparation for all learners.

## **Student Assessment Evaluation**

### **1. Discussion Board Posts (8 pts.)**

Students must answer the weekly Discussion Board Questions in at least three paragraphs (15 sentences) and comment on one other person's response. The discussion board posts are due by Sunday at 11:59 pm at the end of each week. Note that the last week ends on Friday.

### **2. Weekly Quizzes (35 pts.)**

Students will take a five-question quiz each week over the reading of the chapters.

### **3. Paper: Why I want to be a School Counselor (15 pts.)**

Students will write a paper describing why they want to be a school counselor. Students will tell their story and why they think this career is right for them. Please use APA 7 format. No references required. Students are encouraged to use the template provided in the D2L shell.

### **4. Midterm Examination (12 pts.)**

During Week 4, students will answer 18 True/False questions regarding chapters in their textbook.

### **5. School Counseling Interview and Evaluation (20 pts.)**

Students will interview a school counselor and conduct an external evaluation of the extent to which the described school counseling program aligns with the Texas Model for Comprehensive School Counseling Program and the ASCA Model for Comprehensive School Counseling Program. Analysis will include a description of the school counselor role, how that varies based on an interview with a school counselor, in addition to the ASCA and Texas Models of counseling and guidance. Students will be required to describe their vision of the role of the counselor, based on what they have learned about the role from the interview, text, the ASCA Model for Comprehensive School Counseling Program, and the Texas Model for Comprehensive School Counseling Program. The paper can be in first person, with the goal being that students have a clear understanding of how they might manage their role as a school counselor. During the interview, remain aware of the sensitivity of the evaluation. This is not a judgement; it is for the candidate to gain a better understanding of the role of school counselors. Please review the rubric in the appendix. The paper should be in APA 7 format. Students must cite at least five sources. Students are encouraged to use the template provided. The paper is **\*required to include these headings for the school counselor competencies:**

1. Human Development and Learning
2. Diversity and Cultural Competence
3. Guidance
4. Responsive Services
5. Individual Planning
6. Systems Support
7. Program Management

- 8. Communication, Consultation, and Collaboration
- 9. Professional Practice
- 10. Analysis and Response

**6. Final Examination (10 pts.)**

During Week 9, students will answer 10 True/False questions regarding chapters in their textbook. The final exam will be cumulative.

**Grading Policy**

Final grades will be based on the following:

- Discussion Board Posts - 8 pts.
- Weekly Quizzes - 35 pts.
- Paper: Why I want to be a School Counselor - 15 pts.
- Midterm Examination - 12 pts.
- Final Examination - 10 pts.
- Paper: Interview a School Counselor **Tk20** - 20 pts.
- Total Points - 100 pts.

**Grade Classifications:**

- 1. 100-90 = A
- 2. 89-80 = B
- 3. 79-70= C (C's are unacceptable; after 2 C's, placed on academic probation)
- 4. 69-60 = D (D's are unacceptable in the program)
- 5. 59 and Below = F (F's are unacceptable in the program)

**Semester Course Outline**

Week	Topic & Standards	Assignments
<p><b>Week 1</b> 1/21-1/26</p>	<ul style="list-style-type: none"> <li>• Introduction/Syllabus Review</li> <li>• What is School Counseling?               <ul style="list-style-type: none"> <li>○ Unique characteristics of School Counseling</li> <li>○ History, Models, Standards</li> </ul> </li> <li>• TExES:               <ul style="list-style-type: none"> <li>○ 006 A, B</li> <li>○ 007 A, B, C, D, E, F, G, H</li> <li>○ TAC 239.15 III</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>Read Syllabus</b></li> <li>• <b>Read Chapters 1 &amp; 2</b></li> <li>• Week 1 Quiz &amp; Discussion board due by Sunday at 11:59 pm</li> </ul>

Week	Topic & Standards	Assignments
<p><b>Week 2</b> 1/27-2/2</p>	<ul style="list-style-type: none"> <li>• Ethics of School Counselors <ul style="list-style-type: none"> <li>○ Appropriate Boundaries</li> <li>○ <b>19 TAC §228.30(c)(7)</b></li> <li>○ Educator &amp; Student Expectations</li> <li>○ <b>19 TAC §228.30(c)(4)</b></li> </ul> </li> <li>• ASCA Model for Comprehensive School Counseling Program: <ul style="list-style-type: none"> <li>○ Student Competencies</li> <li>○ Academic Development</li> <li>○ Personal/Social Development</li> <li>○ Career Development</li> </ul> </li> <li>• Texas School Counseling Model</li> <li>• TExES: <ul style="list-style-type: none"> <li>○ 001 F</li> <li>○ 003 C, F</li> <li>○ 004 C, I</li> <li>○ 005 A, F</li> <li>○ 006 A, B, E</li> <li>○ 007 A, B, C, D, E, F, G, H</li> <li>○ 008 C, E</li> <li>○ 009 E, G, H, I</li> <li>○ 010 C</li> <li>○ TAC 239.15 I, II, III, V, VI</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>Read Chapters 3 &amp; 4</b></li> <li>• Week 2 Quiz &amp; Discussion board due by Sunday at 11:59 pm</li> </ul>

Week	Topic & Standards	Assignments
<p><b>Week 3</b></p> <p>2/3-2/9</p>	<ul style="list-style-type: none"> <li>● Implementing Counseling Services <ul style="list-style-type: none"> <li>○ Direct Services: Core Curriculum; Student Counseling; Classroom Management Skills <b>19 TAC §228.30(c)(5)</b></li> </ul> </li> <li>● Instruction in mental health, substance abuse, &amp; suicide <b>19 TAC 228.30(c)(3)</b> <ul style="list-style-type: none"> <li>○ Indirect Services: Coordination; Consultation</li> <li>○ Non-Counseling Service: Testing Coordination</li> </ul> </li> <li>● TExES: <ul style="list-style-type: none"> <li>○ 001 D, G</li> <li>○ 002 A, F</li> <li>○ 004 A, D, E, F</li> <li>○ 006 A, B</li> <li>○ 007 A, B, C, D, F, G, H</li> <li>○ 008 A, B</li> <li>○ 009 C, E, F, J</li> <li>○ 010 B</li> <li>○ TAC 239.15 I, II, III, IV, V, VI</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● <b>Read Chapters 5 &amp; 6</b></li> <li>● Week 3 Quiz &amp; Discussion board due by Sunday at 11:59 pm</li> <li>● <b>*Paper Due Sunday: Why I want to Be a School Counselor</b></li> </ul>
<p><b>Week 4</b></p> <p>2/10-2/16</p>	<ul style="list-style-type: none"> <li>● Cultural Competency and School Counseling</li> <li>● Collaboration: School Personnel, Parents, Families, Community</li> <li>● TExES: <ul style="list-style-type: none"> <li>○ 001 D</li> <li>○ 002 A, C, D, E, F, G</li> <li>○ 004 G, H</li> <li>○ 006 D, E</li> <li>○ 007 E</li> <li>○ 008 A, B, C, D, E, F</li> <li>○ 009 C, J</li> <li>○ 010 C</li> <li>○ TAC 239.15 I, II, III, IV, V, VI</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● <b>Read Chapters 7 &amp; 8</b></li> <li>● Week 4 Quiz &amp; Discussion board due by Sunday at 11:59 pm</li> <li>● <b>*Midterm Examination Due Sunday</b></li> </ul>

Week	Topic & Standards	Assignments
<p><b>Week 5</b></p> <p>2/17-2/23</p>	<ul style="list-style-type: none"> <li>● Collaboration: School Personnel, Parents, Families, Community</li> <li>● Accountability: Use of School Data, Program Evaluation, Action Research</li> <li>● TExES: <ul style="list-style-type: none"> <li>○ 002 D</li> <li>○ 004 G</li> <li>○ 006 A, B, D, E</li> <li>○ 007 A, B, C, D, E, F, G, H</li> <li>○ 008 A, B, C, D, E, F</li> <li>○ 009 C</li> <li>○ 010 C</li> <li>○ TAC 239.15 II, III, IV, V, VI</li> <li>○ CAEP A.1.1.1.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● <b>Read Chapters 9 &amp; 10</b></li> <li>● Week 5 Quiz &amp; Discussion board due by Sunday at 11:59 pm</li> </ul>
<p><b>Week 6</b></p> <p>2/24-3/2</p>	<ul style="list-style-type: none"> <li>● The School Counselor as Advocate: Taking a Stand</li> <li>● School Counselor as Effective Leader</li> <li>● TExES: <ul style="list-style-type: none"> <li>○ 002 B, G</li> <li>○ 004 G, I</li> <li>○ 006 D</li> <li>○ 007 E</li> <li>○ 008 A, B, C, D, E, F</li> <li>○ 009 C, E</li> <li>○ TAC 239.15 II, III, IV, V, VI</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● <b>Read Chapters 11 &amp; 12</b></li> <li>● Week 6 Quiz &amp; Discussion board due by Sunday at 11:59 pm</li> </ul>
<p><b>Week 7</b></p> <p>3/3-3/9</p>	<ul style="list-style-type: none"> <li>● The School Counselor as a Leader: Crisis Intervention</li> <li>● Developing Philosophy of School Counseling</li> <li>● TExES: <ul style="list-style-type: none"> <li>○ 004 D, E</li> <li>○ 006 A, B</li> <li>○ 007 F, G</li> <li>○ 008 B, E</li> <li>○ 009 C</li> <li>○ TAC 239.15 II, III, V, VI</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● <b>Read Chapters 13 &amp; 14</b></li> <li>● Week 7 Quiz &amp; Discussion board due by Sunday at 11:59 pm</li> </ul>
<p><b>Week 8</b></p> <p>3/10-3/16</p> <p><b>SPRING BREAK!</b></p>	<ul style="list-style-type: none"> <li>● Indulge in self-care</li> </ul>	<ul style="list-style-type: none"> <li>● Self-care</li> </ul>



Week	Topic & Standards	Assignments
<b>Week 9</b>  3/17-3/21	<ul style="list-style-type: none"> <li>• <b>Final Exam Week</b></li> <li>• TExES:               <ul style="list-style-type: none"> <li>○ 001, 002, 003, 004, 005, 006, 007, 008, 009, 010</li> <li>○ TAC 239.15 I, II, III, IV, V, VI</li> </ul> </li> <li>• CAEP A.1.1.4</li> </ul>	<ul style="list-style-type: none"> <li>• <b>*Final Exam Due Friday</b></li> <li>• Discussion board due by <b>*Friday</b> at 11:59 pm</li> <li>• <b>*Paper: Interview with a School Counselor Due Friday (Submit to D2L &amp; Tk20)</b></li> </ul>

\*This is a tentative schedule that may change due to the discretion of the instructor

## I. COURSE EXPECTATIONS

The Clinical Mental Health Counseling Program, its faculty, and its students adhere to the University Code of Conduct, State of Texas licensure laws and regulations, and the American Counseling Association's Code of Ethics (2014). The program has a professional responsibility to ensure that all students display ethical, professional, and personal behaviors that comply with these guidelines. Students are strongly encouraged to review, understand, and consult the [American Counseling Association website](#) for details related to these guidelines.

Department of Counseling students are expected to demonstrate appropriate classroom behavior, consistent with their counselor-in-training roles. Counselors-in-training are expected to convey attentiveness and respect in all professional and classroom settings.

**Online Etiquette:** It is expected that students use formal, professional language when corresponding online. It is expected that you use complete sentences, address one another with respect, follow the American Counseling Association Code of Ethics (2014), and treat all members of the class with respect.

**Inclusivity:** It is my intent to present material and activities that are respectful. It is also my intent that this course serves students from all perspectives and diverse backgrounds, addressing their learning needs both in and out of the classroom. I aim for students' unique experiences and viewpoints to be seen as valuable resources, strengths, and benefits to our collective learning. Your suggestions about how to improve the value of inclusivity in this course are encouraged and appreciated.

**Confidentiality:** Upholding confidentiality is a major responsibility of the student. Anything discussed during supervision, online in this class, or shared by individual students about themselves is considered confidential. Please do not share any information shared to you by other students.

**Academic Dishonesty:** Students at Midwestern State University are an essential part of the academic community and enjoy substantial freedom within the framework of the educational objectives of the institution. The freedom necessary for learning in a community so rich in

diversity and achieving success toward our educational objectives requires high standards of academic integrity. Academic dishonesty has no place in an institution of advanced learning. It is each student's responsibility to know what constitutes academic dishonesty and to seek clarification directly from the instructor if necessary. Examples of academic dishonesty include, but are not limited to:

- Submission of an assignment as the student's original work that is entirely or partly the work of another person.
- Failure to appropriately cite references from published or unpublished works or print/non-print materials, including work found on the World Wide Web.
- Observing or assisting another student's work.
- Multiple Submission - Submitting a substantial portion or the entire same work (including oral presentations) for credit in different classes without permission or knowledge of the instructor.
- Usage of Artificial Intelligence (AI) software; this does not include Microsoft Word editing tools or Grammarly, i.e., spell check or rewriting suggestions for clarity.

**Statement of Disability:** Disability Support Services (DSS) provides services to students with disabilities to insure accessibility to university programs. DSS offers information about accommodations and disability, evaluation referral, adaptive technology training and equipment, and interpreter services for academically related purposes. If you suspect you have a disability that is impacting your academic performance or have been previously documented as a person with a disability, you will need to apply and provide documentation of that disability to the Disability Support Services. This documentation must be supplied by a qualified professional who is licensed or certified to diagnose the disability in question.

The Disability Support Services office is in Room 168 of the Clark Student Center. If you need assistance, you can also contact them at (940) 397-4140.

**Attendance:** This is an online class.

**Late Work:** All papers and assignments must be submitted the day they are due. No exceptions. If you have an emergency, please let me know in advance, and/or email me your assignment the same day it is due. Any late papers will be lowered 10%. Late papers can only be turned in before the deadline for the following assignments. Discussion boards are not allowed to be turned in late. Please observe that your assignments are worth a considerable number of points and skipping even one assignment will significantly lower your grade. Please begin planning your semester schedule accordingly.

**COVID:** Scientific data shows that being fully vaccinated is the most effective way to prevent and slow the spread of COVID-19 and has the greatest probability of avoiding serious illness if infected in all age groups. Although MSU Texas is not mandating vaccinations in compliance with Governor Abbott's executive orders, we highly encourage eligible members of our community to get a vaccination. If you have questions or concerns about the vaccine, please contact your primary care physician or health care professional. Given the recent rise in cases, individuals are also strongly encouraged to wear facial coverings when indoors among groups of

people, regardless of vaccination status. Although MSU Texas is not currently requiring facial coverings, they have been an effective strategy in slowing the spread.

## **II. DEPARTMENT OF COUNSELING STATEMENT OF EXPECTATIONS**

The counselor education program is charged with the dual task of nurturing the development of counselors-in-training and ensuring quality client care. To fulfill these dual responsibilities, faculty must evaluate students based on their academic, professional, and personal qualities. A student's progress in the program may be interrupted for failure to comply with academic standards or if a student's interpersonal or emotional status interferes with training-related requirements. For example, to ensure proper training and client care, a counselor-in-training must abide by relevant ethical codes and demonstrate professional knowledge, technical and interpersonal skills, professional attitudes, and professional character. These factors are evaluated based on one's academic performance and one's ability to convey warmth, genuineness, respect, and empathy in interactions with clients, classmates, staff, and faculty. Students should demonstrate the ability to accept and integrate feedback, be aware of their impact on others, accept personal responsibility, and be able to express feelings effectively and appropriately. For further clarification on review and retention refer to the handbook.

**Classroom Behaviors:** Department of Counseling students are expected to demonstrate appropriate classroom behavior, consistent with their counselor-in-training roles. Counselors-in-training are expected to convey attentiveness and respect in all professional and classroom settings. Specifically, these include:

- Avoiding tardiness and late arrival to class.
- Being attentive and participative in class and online.
- Not using cell phones and text messaging during class.
- Not surfing the web, emailing, tweeting, or using instant messaging (IM) during class.
- Minimizing eating and disruptive snacking during class.
- Avoiding personal conversations with students during class, which are disruptive to fellow students and the learning environment.

## **III. STUDENT ETHICS AND OTHER POLICY INFORMATION**

### **Ethics:**

For further information about Midwestern State University's policies regarding student ethics and conduct, please contact 940-397-4135 (Student Support Services).

### **Special Notice:**

Students whose names do not appear on the class list will not be permitted to participate (take exams or receive credit) without first showing proof of registration (Schedule of Classes and Statement of Account).

### **Campus Carry:**

Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry

are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University's webpage at: [Campus Carry](#). As this is an online class, this policy should not apply, but please familiarize yourself with this and other campus policies.

**Limited Right to Intellectual Property:**

By enrolling in this course, the student expressly grants MSU a “limited right” in all intellectual property created by the student for the purpose of this course. The “limited right” shall include but shall not be limited to the right to reproduce the student’s work product to verify originality and authenticity, and for educational purposes.

**Midwestern State University Mission Statement:**

MSU is a leading public liberal arts university committed to providing students with rigorous undergraduate and graduate education in the liberal arts and the professions. Through an emphasis upon teaching, augmented by the opportunity for students to engage in research and creative activities alongside faculty and to participate in co-curricular and service programs, Midwestern State prepares its graduates to embark upon their careers or pursue advanced study. The university’s undergraduate education is based upon a comprehensive arts and sciences core curriculum. The understanding that students gain of themselves, others, and the social and natural world prepares them to contribute constructively to society through their work and through their private lives.

**Midwestern State University Values:**

- People-Centered. Engage others with respect, empathy, and joy.
  - Honor and act upon the unique needs of all people.
  - Celebrate the accomplishments and contributions of every person in every role.
  - Empower others through personal attention to unlock groundbreaking potential.
  - Commit to attract, recruit, and retain a diverse workforce reflective of our students.
  - Create a welcoming environment that fosters trust, teamwork, well-being, and fun.
  - Develop activities embracing meaningful traditions.
- Community. Cultivate a diverse and inclusive campus environment.
  - Promote a culture of equity, diversity, and belonging.
  - Nurture a safe and open environment for difficult conversations.
  - Welcome honest communication and constructive feedback.
  - Recognize, acknowledge, and dismantle barriers to equity, inclusion, and success.
  - Provide meaningful and accessible support to the MSU community.
- Integrity. Always do the right thing.
  - Act honorably and respectfully in all situations.
  - Take responsibility for our words and actions
  - Learn and grow from successes and failures.
  - Communicate and act with honesty, humility, and transparency.
  - Make courageous and ethical decisions.
- Visionary. Adopt innovative ideas to pioneer new paths.
  - Inspire and empower others through and beyond the educational experience.

- Foster an environment of critical thinking, problem-solving, and creativity.
- Champion continuous institutional progress.
- Collaborate to explore opportunities and overcome challenges.
- Connections. Value relationships with broader communities.
  - Forge pathways for experiential learning beyond the campus.
  - Encourage open communication, service, and collaboration wherever we go.
  - Create genuine bonds where each person feels recognized and valued.
  - Collaborate to develop programs that benefit our communities.
  - Share and celebrate the Mustangs can-do spirit.

### **Midwestern State University Counseling Program Objectives:**

- Reflect current knowledge and projected needs concerning counseling practice in a multicultural and pluralistic society
- Reflect input from all persons involved in the conduct of the program, including counselor education program faculty, current and former students, and personnel in cooperating agencies
- Address student learning
- Written so they can be evaluated

\*Please refer to your Clinical Mental Health student handbook, and or your practicum and internship manual located within the D2L shell for review.

### **Desire-to-Learn (D2L):**

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into [D2L](#) through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

### **Important Dates:**

Last day for term schedule check date on [Academic Calendar](#).

Deadline to file for graduation check date on [Academic Calendar](#).

Last Day to drop with a grade of “W” check date on [Academic Calendar](#). Refer to: [Drops, Withdrawals & Void](#)

### **Online Computer Requirements:**

Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your responsibility to have (or have access to) a working computer in this class. *\*Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings.* Computers are available on campus in various areas of the buildings as well as the Academic Success Center.

**\*Your computer being down is not an excuse for missing a deadline!!** There are many places

to access your class! Our online classes can be accessed from any computer in the world that is connected to the internet. Contact your instructor immediately upon having computer trouble. If you have technical difficulties on the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations however they are able to help you get connected to our online services. For help, log into [D2L](#).

**Change of Schedule:**

A student dropping a course (but not withdrawing from the University) within the first 12 class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the [Schedule of Classes](#) each semester.

**Refund and Repayment Policy:**

A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. However, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. As described below, two formulas (federal and state) exist in determining the amount of the refund. (Examples of each refund calculation will be made available upon request).

**Smoking/Tobacco Policy:**

College policy strictly prohibits the use of tobacco products in any building on campus. Adult students may smoke only in the outside designated-smoking areas at each location.

**Alcohol and Drug Policy:**

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

**Grade Appeal Process:**

Update as needed. Students who wish to appeal a grade should consult the Midwestern State University [MSU Catalog](#)

**Active Shooter:**

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department

regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit [Safety / Emergency Procedures](#). Students are encouraged to watch the video entitled “*Run. Hide. Fight.*” which may be electronically accessed via the University police department’s webpage: [“Run. Hide. Fight.”](#)

**Obligation to Report Sex Discrimination under State and Federal Law:**

Midwestern State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. State and federal law require University employees to report sex discrimination and sexual misconduct to the University’s Office of Title IX. As a faculty member, I am required to report to the Title IX Coordinator any allegations, personally observed behavior, or other direct or indirect knowledge of conduct that reasonably may constitute sex discrimination or sexual misconduct, which includes sexual assault, sexual harassment, dating violence, or stalking, involving a student or employee. After a report is made, the office of Title IX will reach out to the affected student or employee in an effort to connect such person(s) with resources and options in addressing the allegations made in the report. You are also encouraged to report any incidents to the office of Title IX. You may do so by contacting:

**Laura Hetrick**

Title IX Coordinator

Sunwatcher Village Clubhouse

940-397-4213

[laura.hetrick@msutexas.edu](mailto:laura.hetrick@msutexas.edu)

You may also file an online report 24/7 at [online title IX reporting](#)

Should you wish to visit with someone about your experience in confidence, you may contact the MSU Counseling Center at 940-397-4618. For more information on the University’s policy on Title IX or sexual misconduct, please visit [title IX website](#)

**\*Notice:** Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

## References

Davis, T. E. (2015). *Exploring school counseling*. Stamford, CN: Cengage Learning.

### Research Based Evidence Sources Related to Content:

Bambrick-Santoyo, P. (2019). *Driven by Data 2.0*. Hoboken, NJ: John Wiley and Sons, Inc.

Curry, J. R., & Milsom, A. (2017). *Career and College Readiness Counseling in P–12 Schools* (2nd ed). New York, NY: Springer Publishing Company.

Hays, D. G. (2017). *Assessment in Counseling: Procedures and Practices* (6th ed). Alexandria, VA: American Counseling Association.

Hays, D. G., & Erford, B. T. (2017). *Developing Multicultural Counseling Competence: A Systems Approach* (3rd ed). New York, NY: Pearson Education, Inc.

Lemov, D. (2015). *Teach Like a Champion 2.0* (2nd ed). Hoboken, NJ: John Wiley and Sons, Inc.

McCormick, C. B., & Scherer, D. G. (2018). *Child and Adolescent Development for Educators* (2nd ed). New York, NY: The Guilford Press.

Remley, T. P., Rock, W. D., & Reed, R. M. (2017). *Legal and Ethical Issues in School Counseling* (4th ed). Alexandria, VA: American School Counselor Association.

Sklare, G. B. (2014). *Brief Counseling That Works* (3rd ed). Thousand Oaks, CA: Corwin Press, Inc.

Stone, C. (2017). *School Counseling Principles: Ethics and Law*. Alexandria, VA: American School Counselor Association.

Texas Counseling Association (2018). *The Texas Model for Comprehensive School Counseling Programs* (5th ed). Austin, TX: Texas Counseling Association.

Texas Counseling Association (2020). *The Texas Evaluation Model for Professional School Counselors (TEMPSC)* (3rd ed). Austin, TX: Texas Counseling Association.



Vernon, A., & Schimmel, C. J. (2018). *Counseling Children and Adolescents* (5th ed). San Diego, CA: Cognella Academic Publishing.

Young, A., & Kaffenberger, C. (2018). *Making DATA Work* (4th ed.). Alexandria, VA: American School Counselor Association.

Zyromski, B., & Mariani, M. A. (2016). *Facilitating Evidence-Based, Data-Driven School Counseling: A Manual for Practice*. Thousand Oaks, CA: Sage Publications, Inc.

## APPENDIX

### School Counseling Interview and Evaluation Rubric

<b>SC Interview &amp; Eval Criteria</b>	<b>Accomplished 4</b>	<b>Expected 3</b>	<b>Needs Improvement 2</b>	<b>Unacceptable 1</b>
<p><b>SC Competency 001 (Human Development and Learning):</b> Understand theories and processes of human development and learning as well as factors that influence development and learning. <i>TAC 239.15.IV</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of theories and processes of human development AND learning as well, as factors that influence development and learning including knowledge of</p> <ol style="list-style-type: none"> <li>a. developmental progressions of children and adolescents</li> <li>b. developmental variation</li> <li>c. learning theories</li> </ol> <p>AND application of knowledge for</p> <ol style="list-style-type: none"> <li>d. variables that influence student development</li> <li>e. needs of students within special populations</li> <li>f. developmentally appropriate strategies</li> <li>g. capacity to plan developmentally appropriate activities</li> </ol>	<p>The analysis and interview describe the extent to which the evaluation includes theories and processes of human development OR learning and factors that influence development and learning including knowledge of</p> <ol style="list-style-type: none"> <li>a. developmental progressions of children and adolescents</li> <li>b. developmental variation</li> <li>c. learning theories</li> </ol> <p>AND application of knowledge for</p> <ol style="list-style-type: none"> <li>d. variables that influence student development</li> <li>e. needs of students within special populations</li> <li>f. developmentally appropriate strategies</li> <li>g. capacity to plan developmentally appropriate activities</li> </ol>	<p>The analysis and interview describe the extent to which the evaluation includes theories OR processes of human development OR learning and factors that influence development and learning including knowledge of</p> <ol style="list-style-type: none"> <li>a. developmental progressions of children and adolescents</li> <li>b. developmental variation</li> <li>c. learning theories</li> </ol> <p>However, the candidate is not able to apply knowledge of</p> <ol style="list-style-type: none"> <li>d. variables that influence student development</li> <li>e. needs of students within special populations</li> <li>f. developmentally appropriate strategies</li> <li>g. capacity to plan developmentally appropriate activities</li> </ol>	<p>The analysis and interview do not describe the extent to which the evaluation includes an understanding of theories and processes of human development NOR learning NOR factors that influence development and learning including the knowledge of</p> <ol style="list-style-type: none"> <li>a. develop mental progressions of children and adolescents</li> <li>b. develop mental variation</li> <li>c. learning theories</li> </ol>

**SC Interview  
& Eval  
Criteria**

	<p align="center"><b>Accomplished 4</b></p>	<p align="center"><b>Expected 3</b></p>	<p align="center"><b>Needs Improvement 2</b></p>	<p align="center"><b>Unacceptable 1</b></p>
<p><b>SC Competency 002 (Diversity and Cultural Competence):</b> Understand diversity issues and cultural competencies related to school counseling and environments that promote respect and affirmation for all students. <i>TAC 239.15.IV</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of diversity issues and cultural competencies related to school counseling and environments that promote respect and affirmation for all students. The understanding includes knowledge of</p> <ul style="list-style-type: none"> <li>a. ways in which diversity characteristics may affect manifestation of strengths and difficulties</li> <li>b. ways to encourage inclusive learning</li> <li>c. strategies for teaching about bias</li> <li>d. cultural competencies</li> <li>e. restorative practices</li> <li>f. changing societal trends</li> </ul> <p>AND ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>g. strategies for promoting understanding</li> <li>h. helping all students feel welcome</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of diversity issues and cultural competencies related to school counseling and environments that promote respect and affirmation for all students. The understanding includes knowledge of</p> <ul style="list-style-type: none"> <li>a. ways in which diversity characteristics may affect manifestation of strengths and difficulties</li> <li>b. ways to encourage inclusive learning</li> <li>c. strategies for teaching about bias</li> <li>d. cultural competencies</li> <li>e. restorative practices</li> <li>f. changing societal trends</li> </ul> <p>However, the candidate has not demonstrated ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>g. strategies for promoting understanding</li> <li>h. helping all students feel welcome</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of diversity issues OR cultural competencies related to school counseling. The understanding includes knowledge of</p> <ul style="list-style-type: none"> <li>a. ways in which diversity characteristics may affect manifestation of strengths and difficulties</li> <li>b. ways to encourage inclusive learning</li> <li>c. strategies for teaching about bias</li> <li>d. cultural competencies</li> <li>e. restorative practices</li> <li>f. changing societal trends</li> </ul>	<p>The analysis and interview do not describe the extent to which the evaluation includes diversity issues and cultural competencies related to school counseling and environments that promote respect and affirmation for all students including the knowledge of</p> <ul style="list-style-type: none"> <li>a. ways in which diversity characteristics may affect manifestation of strengths and difficulties</li> <li>b. ways to encourage inclusive learning</li> <li>c. strategies for teaching about bias</li> <li>d. cultural competencies</li> <li>e. restorative practices</li> <li>f. changing societal trends</li> </ul>

**SC Interview  
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Criteria**

	<b>Accomplished 4</b>	<b>Expected 3</b>	<b>Needs Improvement 2</b>	<b>Unacceptable 1</b>
<p><b>SC Competency 003</b> <b>(Guidance):</b> Understand instructional practices and strategies for facilitating students' educational, career, personal, and social growth and development as articulated in <i>The Texas Model for Comprehensive School Counseling Programs</i>. <i>TAC 239.15.1</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of instructional practices and strategies for facilitating students' educational, career, personal, and social growth and development as articulated in <i>The Texas Model for Comprehensive School Counseling Programs</i> including knowledge of</p> <ul style="list-style-type: none"> <li>a. procedures for engaging in ongoing review of student knowledge and skill</li> <li>b. curriculum design and pedagogy</li> <li>c. scope and sequence</li> </ul> <p>AND ability to</p> <ul style="list-style-type: none"> <li>d. analyze various types of data</li> <li>e. apply pedagogy</li> <li>f. promote social skills</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of instructional practices and strategies for facilitating students' educational, career, personal, and social growth and development as articulated in <i>The Texas Model for Comprehensive School Counseling Programs</i> including knowledge of</p> <ul style="list-style-type: none"> <li>a. procedures for engaging in ongoing review of student knowledge and skill</li> <li>b. curriculum design and pedagogy</li> <li>c. scope and sequence</li> </ul> <p>However, the candidate has not demonstrated ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>d. analyzing various types of data</li> <li>e. applying pedagogy</li> <li>f. promoting social skills</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of instructional practices for students' educational, career, personal, OR social growth and development but is not necessarily aligned with the Texas Model for Comprehensive School Counseling Programs.</p>	<p>The analysis and interview do not describe the extent to which the evaluation includes understanding of instructional practices and strategies for facilitating students' educational, career, personal, and social growth, and development.</p>

**SC Interview  
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Criteria**

	<p align="center"><b>Accomplished 4</b></p>	<p align="center"><b>Expected 3</b></p>	<p align="center"><b>Needs Improvement 2</b></p>	<p align="center"><b>Unacceptable 1</b></p>
<p><b>SC Competency 004 (Responsive Services):</b> Understand techniques for designing supports and interventions to address the needs, concerns, and challenges affecting students' continued educational, career, personal, and social development. <i>TAC 239.15.11</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of techniques for designing supports and interventions to address the needs, concerns, and challenges affecting students' continued educational, career, personal, and social development including knowledge of</p> <ul style="list-style-type: none"> <li>a. levels of responsive services</li> <li>b. how to implement preventive services</li> <li>c. how to implement multi-tiered systems of support</li> <li>d. how to utilize individual and group counseling theories</li> <li>e. consultative theories</li> <li>f. strategies for helping students clarify problems</li> <li>g. consultative skills for parents/guardians</li> <li>h. decision making techniques</li> <li>i. signs and symptoms of mental health trauma</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of techniques for supports OR interventions to address the needs, concerns, and challenges affecting students' continued educational, career, personal, OR social development including knowledge of</p> <ul style="list-style-type: none"> <li>a. levels of responsive services</li> <li>b. how to implement preventive services</li> <li>c. how to implement multi-tiered systems of support</li> <li>d. how to utilize individual and group counseling theories</li> <li>e. consultative theories</li> <li>f. strategies for helping students clarify problems</li> <li>g. consultative skills for parents/guardians</li> <li>h. decision making techniques</li> <li>i. signs and symptoms of mental health trauma</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of techniques for supports to address the needs, concerns, and challenges affecting students' including knowledge of</p> <ul style="list-style-type: none"> <li>a. levels of responsive services OR</li> <li>b. how to implement preventive services OR</li> <li>c. how to implement multi-tiered systems of support OR</li> <li>d. how to utilize individual and group counseling theories OR</li> <li>e. consultative theories OR</li> <li>f. strategies for helping students clarify problems OR</li> <li>g. consultative skills for parents/guardians OR</li> <li>h. decision making techniques OR</li> <li>i. signs and symptoms of mental health trauma</li> </ul>	<p>The analysis and interview do not describe the extent to which the evaluation includes understanding of techniques for designing supports and interventions to address the needs, concerns, and challenges affecting students' continued educational, career, personal, and social development.</p>

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Criteria**

	<p align="center"><b>Accomplished 4</b></p>	<p align="center"><b>Expected 3</b></p>	<p align="center"><b>Needs Improvement 2</b></p>	<p align="center"><b>Unacceptable 1</b></p>
<p><b>SC Competency 005 (Individual Planning):</b> Understand techniques and strategies for guiding students in planning, monitoring, and managing their individual educational, career, personal, and social development. <i>TAC 239.15.III</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of techniques and strategies for guiding students in planning, monitoring, and managing their individual educational, career, personal, and social development including knowledge of</p> <ul style="list-style-type: none"> <li>a. individual education planning</li> <li>b. academic placement</li> <li>c. postsecondary placement</li> </ul> <p>AND ability to apply</p> <ul style="list-style-type: none"> <li>d. short- and long-term goal acquisition for students</li> <li>e. strategies for helping students align abilities to postsecondary education</li> <li>f. strategies for guiding students toward graduation</li> <li>g. theories for helping students meet College, Career and Military Readiness</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of techniques and strategies for guiding students in planning, monitoring, and managing their individual educational, career, personal, and social development including knowledge of</p> <ul style="list-style-type: none"> <li>a. individual education planning</li> <li>b. academic placement</li> <li>c. postsecondary placement</li> </ul> <p>However, the candidate has not demonstrated an ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>d. short- and long-term goal acquisition for students</li> <li>e. strategies for helping students align abilities to postsecondary education</li> <li>f. strategies for guiding students toward graduation</li> <li>g. theories for helping students meet College, Career and Military Readiness</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of techniques and strategies for guiding students in planning, monitoring, and managing their individual educational, career, personal, OR social development.</p>	<p>The analysis and interview do not describe the extent to which the evaluation includes understanding of techniques and strategies for guiding students in planning, monitoring, and managing their individual educational, career, personal, and social development.</p>

**SC Interview  
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Criteria**

	<p align="center"><b>Accomplished 4</b></p>	<p align="center"><b>Expected 3</b></p>	<p align="center"><b>Needs Improvement 2</b></p>	<p align="center"><b>Unacceptable 1</b></p>
<p><b>SC Competency 006 (Systems Support):</b> Understand procedures, processes, and strategies for providing systems support. <i>TAC 239.15.III</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the procedures, processes, and strategies for providing systems support including knowledge of</p> <ul style="list-style-type: none"> <li>a. system support of a comprehensive school counseling program</li> <li>b. school counselor’s role in decision making teams</li> <li>c. strategies for facilitating teamwork</li> </ul> <p>AND the ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>d. procedures for implementing school-wide programs for student needs</li> <li>e. procedures for implementing professional growth to school personnel</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the procedures, processes, and strategies for providing systems support including knowledge of</p> <ul style="list-style-type: none"> <li>a. system support of a comprehensive school counseling program</li> <li>b. school counselor’s role in decision making teams</li> <li>c. strategies for facilitating teamwork</li> </ul> <p>However, the candidate does not demonstrate the ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>d. procedures for implementing school-wide programs for student needs</li> <li>e. procedures for implementing professional growth to school personnel</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the procedures, processes, and strategies for providing systems support.</p>	<p>The analysis and interview do not describe the extent to which the evaluation demonstrates an understanding of the procedures, processes, and strategies for providing systems support.</p>

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Criteria**

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<p><b>SC Competency 007 (Program Management):</b> Understand the foundational components of and procedures for developing, implementing, and evaluating the comprehensive school counseling program. <i>TAC 239.15.11</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the foundational components of and procedures for developing, implementing, and evaluating the comprehensive school counseling program including knowledge of</p> <ul style="list-style-type: none"> <li>a. mission statement development</li> <li>b. assumption of comprehensive school counseling programs</li> <li>c. organization of assumption of comprehensive school counseling programs</li> <li>d. appropriate instruments for collecting data</li> <li>e. planning and managing tasks related to a comprehensive school counseling program</li> </ul> <p>AND the ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>f. prioritizing goals related to a comprehensive school counseling program</li> <li>g. communication strategies for a comprehensive school counseling program</li> <li>h. processes for data collection and analysis</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the foundational components of and procedures for developing, implementing, and evaluating the comprehensive school counseling program including knowledge of</p> <ul style="list-style-type: none"> <li>a. mission statement development</li> <li>b. assumption of comprehensive school counseling programs</li> <li>c. organization of assumption of comprehensive school counseling programs</li> <li>d. appropriate instruments for collecting data</li> <li>e. planning and managing tasks related to a comprehensive school counseling program</li> </ul> <p>However, the candidate does not demonstrate the ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>f. prioritizing goals related to a comprehensive school counseling program</li> <li>g. communication strategies for a comprehensive school counseling program</li> <li>h. processes for data collection and analysis</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the components of and procedures for developing, implementing, and evaluating the comprehensive school counseling program.</p>	<p>The analysis and interview do not describe the extent to which the evaluation demonstrates an understanding of the foundational components of and procedures for developing, implementing, and evaluating the comprehensive school counseling program.</p>



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	<b>Accomplished 4</b>	<b>Expected 3</b>	<b>Needs Improvement 2</b>	<b>Unacceptable 1</b>
<p><b>SC Competency 008 (Communication, Consultation, and Collaboration):</b> Understand practices and strategies for effective communication, consultation, and collaboration within the school and community. <i>TAC 239.15.V CAEP A.1.1.4</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the practices and strategies for effective communication, consultation, and collaboration within the school and community including knowledge of</p> <ul style="list-style-type: none"> <li>a. procedures for effective communication in the educational environment</li> <li>b. components of culturally responsive consultation</li> <li>c. coordinating school/community resources</li> </ul> <p>AND the ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>d. stakeholder collaboration</li> <li>e. communicating with stakeholders</li> <li>f. facilitating parent/guardian involvement</li> <li>g. communicating assessment information to others</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the practices and strategies for effective communication, consultation, and collaboration within the school and community including knowledge of</p> <ul style="list-style-type: none"> <li>a. procedures for effective communication in the educational environment</li> <li>b. components of culturally responsive consultation</li> <li>c. coordinating school/community resources</li> </ul> <p>However, the candidate does not have the ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>d. stakeholder collaboration</li> <li>e. communicating with stakeholders</li> <li>f. facilitating parent/guardian involvement</li> <li>g. communicating assessment information to others</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the knowledge of the practices and strategies of communication, consultation, and collaboration within the school and community.</p>	<p>The analysis and interview do not describe the extent to which the evaluation demonstrates an understanding of the practices and strategies for effective communication, consultation, and collaboration within the school and community.</p>

**SC Interview  
& Eval  
Criteria**

	<b>Accomplished 4</b>	<b>Expected 3</b>	<b>Needs Improvement 2</b>	<b>Unacceptable 1</b>
<p><b>SC Competency 009 (Professional Practice):</b> Understand the roles, responsibilities, and orientation of the professional school counselor and legal and ethical standards of practice in school counseling. <i>TAC 239.15.VI</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the roles, responsibilities, and orientation of the professional school counselor and legal and ethical standards of practice in school counseling including knowledge of</p> <ul style="list-style-type: none"> <li>a. the history of comprehensive school counseling programs</li> <li>b. professional responsibility for school counselors</li> <li>c. formal and informal assessments</li> <li>d. professional growth</li> <li>e. self-assessment</li> <li>f. federal, state, and local laws</li> </ul> <p>AND the ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>g. leadership and advocacy strategies for school culture</li> <li>h. school counselor ethics</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the roles, responsibilities, and orientation of the professional school counselor and legal and ethical standards of practice in school counseling including knowledge of</p> <ul style="list-style-type: none"> <li>a. the history of comprehensive school counseling programs</li> <li>b. professional responsibility for school counselors</li> <li>c. formal and informal assessments</li> <li>d. professional growth</li> <li>e. self-assessment</li> <li>f. federal, state, and local laws</li> </ul> <p>However, the candidate does not have the ability to apply knowledge of</p> <ul style="list-style-type: none"> <li>g. leadership and advocacy strategies for school culture</li> <li>h. school counselor ethics</li> </ul>	<p>The analysis and interview describe the extent to which the evaluation includes an understanding of the knowledge of the roles, responsibilities, and orientation of the professional school counselor and legal and ethical standards of practice in school counseling.</p>	<p>The analysis and interview do not describe the extent to which the evaluation demonstrates an understanding of the roles, responsibilities, and orientation of the professional school counselor and legal and ethical standards of practice in school counseling.</p>

<b>SC Interview &amp; Eval Criteria</b>	<b>Accomplished 4</b>	<b>Expected 3</b>	<b>Needs Improvement 2</b>	<b>Unacceptable 1</b>
<p><b>SC Competency 010 (Analysis and Response):</b> In a written response, analyze and interpret qualitative and quantitative data to identify a given student's strengths and needs and design an effective intervention. <i>TAC 239.15.11</i></p>	<p>The analysis and interview describe the extent to which the evaluation includes understanding the ability to analyze and interpret qualitative and quantitative data to identify a given student's strengths and needs and design an effective intervention including the knowledge to</p> <ol style="list-style-type: none"> <li>a. analyze student data</li> <li>b. integrate knowledge of effective counseling approaches based on data</li> <li>c. utilize collaboration to explain methods for involving others in interventions</li> <li>d. select methods for evaluating effectiveness of an intervention</li> </ol>	<p>The analysis and interview describe the extent to which the evaluation includes understanding the ability to analyze and interpret qualitative and quantitative data to identify a given student's strengths and needs but the design of the intervention does not include all of the following knowledge to</p> <ol style="list-style-type: none"> <li>a. analyze student data</li> <li>b. integrate knowledge of effective counseling approaches based on data</li> <li>c. utilize collaboration to explain methods for involving others in interventions</li> <li>d. select methods for evaluating effectiveness of an intervention</li> </ol>	<p>The analysis and interview describe the extent to which the evaluation includes understanding the ability to analyze and interpret qualitative and quantitative data to identify a given student's strengths and needs but is not able to design an effective intervention.</p>	<p>The analysis and interview do not describe the extent to which the evaluation demonstrates ability to analyze and interpret qualitative and quantitative data to identify a given student's strengths and needs to design an effective intervention.</p>

**I have abided by the Midwestern State University Code of Academic Integrity on the above assignments.**