



**MIDWESTERN**  
**STATE UNIVERSITY**

**Syllabus**  
**Human Development Across the Life Span**  
**PSYC 5233, 201**  
**Spring 2025**

Professor: Michael A. Vandehey, Ph.D.

Office Hours: M 1-3pm, TR 9-9:30am

W 11:30-12pm, F 10-11:30

Class Meets TR 9:30-10:50

Location: OD 110

Office: O'donohoe 112

Phone: 940-397-4026

Cell Phone: 940-733-4388

I check D2L email sporadically. Please email me at:

[michael.vandehey@msutexas.edu](mailto:michael.vandehey@msutexas.edu).

*This is a graduate level course. As such, the training that you receive will go beyond that encountered at the undergraduate level. You will be expected to work at a faster pace and to master more difficult material than you did as an undergraduate. As a graduate student in this course, you will be expected to analyze, explore, question, reconsider, and synthesize old and new knowledge and to acquire and apply advanced skills appropriate to your training and a Licensed Professional Counselor (LPC) or Licensed Psychological Associate (LPA).*

**Texts:** Juntunen, C. L., & Schwartz, J. P. (2016). *Counseling Across the Lifespan: Prevention and treatment* (2nd ed.). Thousand Oaks, CA: Sage Publications.

*Publication Manual of the American Psychological Association* (7<sup>th</sup> Ed.). (2020).

Washington D. C.: American Psychological Association.

**Goals:**

1. Develop a non-DSM-5 perspective of psychological concerns.
2. Have a conception of when in the life span typical developmental concerns occur.
3. Be exposed to treatment from a developmental perspective.
4. Review major developmental phases.

*Course Requirements:*

Grades are based upon your performance on **3 one-hour** presentations and handouts and one final exam (**100 points**) over the instructor's lectures.

- a. Each presentation (**50 points**) will be one hour of the class period and should include:
  1. Present the chapter in a truncated form.
  2. Description of 1-3 treatments entry points (depending upon nationally recognized research)
    - a. From the chapter
    - b. From extra sources (if needed)
- b. An electronic hand out of the chapter outline (NOT just a print out of the PowerPoint) and PowerPoint presentation should be handed out to each of the students in the class (should be thorough enough that one does not need to read the chapter). I will upload these to D2L.
- c. Classroom exercise if time permits.
- d. Submit your outline and presentation to [michael.vandehy@msutexas.edu](mailto:michael.vandehy@msutexas.edu).

**Grades: 90% = A, 80% = B, 70% = C, 60% = D, 59% = F**

*By enrolling in this course, the student expressly grants MSU a 'limited right' in all intellectual property created by the student for the purpose of this course. The 'limited right' shall include but shall not be limited to the right to reproduce the student's work product in order to verify originality and authenticity, and educational purposes.*

**Note**

**Note:** Students with disability must be registered with Disability Support Services before accommodations can be provided. Individuals requiring special accommodation should contact me and must provide documentation by Disability Support Services. The Director of Disability Support Services serves as the ADA Coordinator and may be contacted at (940) 397-4140, TDD (940) 397-4515, or 3410 Taft Blvd., Clark Student Center 168.

**Americans with Disabilities Act**

Midwestern State University does not discriminate on the basis of an individual's disability and complies with Section 504 and Public Law 101-336 (Americans with Disabilities Act) in its admissions, accessibility, treatment and employment of individuals in its programs and activities.

A copy of the ADA Compliance Document is available online at [disability faq](#). It is the responsibility of the student to inform the instructor of any disabling condition that will require modifications. Students who require special

accommodations must register with Disability Support Services before these accommodations can be provided. An Accommodation Request Form can be obtained at [Accommodation Request](#).

### **Computer Requirements**

Taking a modern class requires you to have access to a computer (with Internet access) to complete tests and/or upload assignments. It is your responsibility to have (or have access to) a working computer in this class. **Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings.** Computers are available on campus in various areas of the buildings as well as the Academic Success Center. **Your computer being down is not an excuse for missing a deadline!!** There are many places to access your class! Our online classes can be accessed from any computer in the world which is connected to the internet. Contact your instructor immediately upon having computer trouble. If you have technical difficulties in the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations; however, they are able to help you get connected to our online services. For help, log into [D2L](#).

### **Desire-to-Learn (D2L)**

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into [D2L](#) through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

- a. Brightspace (maker of D2L) has tutorials available on YouTube. Please go to [Brightspace YouTube](#) for additional help.

**Informed Consent:** This information is to inform the student of the limits of confidentiality while enrolled at MSU Texas or any other state school. Due to federal and state law, faculty and staff working for a university are required to report any information that falls under Title IX. Any student who indicates experiencing sexual abuse/misconduct, physical/emotional abuse, domestic violence, stalking, suicidal/homicidal ideation, or related experiences will have an incident report sent to either the MSU Texas Title IX and/or the Dean of Student's office. Student disclosure may occur via a face-to-face meeting, in-class self-disclosure, email, statement made in a written assignment, etc. If a student asks a faculty or staff person not to share the information, please note that by law, we have to report and I will report. Please note that as students, you may be aware of classmates/dormmates

struggling and can make an incident report at: [Student Referrals and Incident Reporting Forms](#) or <https://cm.maxient.com/reporting.php?MSUTexas>

Report forms are:

Bias Incident Reporting Form	General Student Complaint Form
Campus Incident Report Form	Sexual Misconduct Report Form
Concerning Student Behavior Form	Student Alert Form

### **College Policies and Procedures**

Can be found at the bottom of the MSU home page or at [Human Resources Policy](#)

#### **Academic Misconduct Policy & Procedures**

Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individuals to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct. Any evidence of cheating will result in a grade of "F" and being reported to the [Dean of Students](#).

#### **Wikipedia**

At no time will a student be allowed to use Wikipedia as a source for any project or paper in this class. If it is determined that Wikipedia was used as a source for a project or paper, the student will be given a grade of zero automatically.

#### **Artificial Intelligence (AI)**

Written assignments will be run through a plagiarism and AI checker called Turn It In. If at any point Turn It In identifies that a student used AI to complete an assignment (such as ChatGPT), an automatic grade of zero will be given to the assignment.

### **College Policies**

#### **Campus Carry Rules/Policies**

Refer to: [Campus Carry Rules and Policies](#)

#### **Smoking/Tobacco Policy**

College policy strictly prohibits the use of tobacco products in any building owned or operated by MSU TEXAS Adult students may smoke only in the outside designated-smoking areas at each location.

### **Alcohol and Drug Policy**

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

### **Campus Carry**

Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes has prohibited. The new Constitutional Carry law does not change this process. Concealed carry still requires a License to Carry permit, and openly carrying handguns is not allowed on college campuses. For more information, visit [Campus Carry](#).

### **Active Shooter**

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit [MSUReady – Active Shooter](#). Students are encouraged to watch the FBI video entitled "Run. Hide. Fight." which may be electronically accessed via the University police department's webpage: ["Run. Hide. Fight."](#)

### **Grade Appeal Process**

Update as needed. Students who wish to appeal a grade should consult the Midwestern State University [MSU Catalog](#)

## **Student Code of Conduct**

MWSU's official policy in the University's Code of Student Conduct on page 52, states:

**Instructor Drop:** An instructor may drop a student any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude, or for disruptive conduct. The instructor must give the student a verbal or written warning prior to dropping the student from the class. An instructor's drop of a student takes precedence over the student-initiated course drop of a later date. The instructor will assign a grade of either WF or F through the first 9 weeks of a long semester, the first 6 weeks of a 10-week summer term, or the 12th class day of a 4- or 5-week summer term consisting of 20 days. After these

periods, the grade will be an F. The date the instructor drop form is received in the Office of the Registrar as the official drop date. A student dropped from a class by a faculty member for disruptive behavior has the right of appeal to the Student Conduct Committee through the Student Conduct office.

### **Midwestern State University Student Honor Creed**

*"As an MSU Student, I pledge not to lie, cheat, steal, or help anyone else do so."*

As students at MSU, we recognize that any great society must be composed of empowered, responsible citizens. We also recognize universities play an important role in helping mold these responsible citizens. We believe students themselves play an important part in developing responsible citizenship by maintaining a community where integrity and honorable character are the norm, not the exception.

Thus, We, the Students of Midwestern State University, resolve to uphold the honor of the University by affirming our commitment to complete academic honesty. We resolve not only to be honest but also to hold our peers accountable for complete honesty in all university matters.

We consider it dishonest to ask for, give, or receive help in examinations or quizzes, to use any unauthorized material in examinations, or to present, as one's own, work or ideas which are not entirely one's own. We recognize that any instructor has the right to expect that all student work is honest, original work. We accept and acknowledge that responsibility for lying, cheating, stealing, plagiarism, and other forms of academic dishonesty fundamentally rests within each individual student.

We expect of ourselves academic integrity, personal professionalism, and ethical character. We appreciate steps taken by University officials to protect the honor of the University against any who would disgrace the MSU student body by violating the spirit of this creed.

### **Written and adopted by the 2002-2003 MSU Student Senate.**

*By enrolling in this course, the student expressly grants MSU a 'limited right' in all intellectual property created by the student for the purpose of this course. The 'limited right' shall include but shall not be limited to the right to reproduce the student's work product in order to verify originality and authenticity, and educational purposes.*

**Travel Plans:** Please do not make travel plans that would hinder your access to a computer or the internet. You are responsible for maintaining electronic(s) equipment and internet access every day during this semester.

## Tentative Reading and Exam Schedule

**Notice:** Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

Weeks of Class      Reading Assignment

**January 20<sup>th</sup>**      **Martin Luther King Holiday-no classes**

Jan 21-Feb 6:      Chapter 1: Introduction of a Life Span model of prevention, early intervention, and treatment.

**Lecture: Erikson**  
**Lecture: Postpartum Depression**  
**Film: Baby's First Year**

Feb 11-Feb 27:      Chapter 2: Child Identity Development  
**Lecture: Attachment** (Bowlby; Ainsworth; Chess and Thomas)  
**Lecture: Developmental Red Flags**  
**Films: The Child from 1 to 3; The Child from 4 to 6; The Child from 7 to 12**

*Presentations:*

Chapter 3: Fostering Resilience in Children  
Experiencing Developmental Disruptions  
Chapter 4: Promoting Healthy and Effectiveness Relationships Among School-Aged Children in Youth  
Chapter 6: Treating Common Childhood and Behavioral Health Concerns.  
Chapter 7: Promoting healthy Lifestyles Among Adolescents

**February 17<sup>th</sup>**      **Last day to file for May graduation**

Mar 4-Mar 27      **Lecture: Piaget and Vygotsky**  
**Lecture: Developmental Mile Stones**  
**Film: Precious**

*Presentations:*

Chapter 8: Promoting Positive Identity Development During Adolescence: The Importance of Cultural Contexts  
Chapter 10: Health Disparities and Help-Seeking Behavior Among Girls

Chapter 11: Health Disparities and Help-Seeking Behavior Among Boys  
Chapter 12: Treating Common Adolescent and Behavioral Health Concerns.  
Chapter 13: Preventing Adolescent and Young Adult Suicide  
Chapter 14: Promoting Healthy Relationships in Young Adults

**March 9-12<sup>th</sup> Spring Break-no classes**

Apr 1-Apr 15 **Lecture: Kohlberg and Gilligan**

*Presentations:*

Chapter 15: Treating Young Adult Behavioral Health Challenges  
Chapter 16: Positive Parenting and Child Rearing: Classic Models and Current Trends  
Chapter 17: Navigating Work and Family Connections Across the Lifespan: Preventing and Managing Role Strain and Conflicts  
Chapter 18: Prevention of Intimate Partner and Family Violence  
Chapter 19: Supporting Adaptation to New Family Roles in Middle Age

**April 18-20<sup>th</sup> Holiday Break-no classes**

Apr 22-May 8 **Lecturer: Kübler-Ross**  
**Film: Living Old: The Modern Realities of Aging in America**

*Presentations:*

Chapter 21: A Positive Aging Framework for Counseling Older Adults  
Chapter 23: Prevention and Treatment: Working Therapeutically With Older Adults  
Chapter 24: Counseling Strategies for the Dying and Their Loved Ones

**April 30<sup>th</sup> Last day for "W"**

May 12-16<sup>th</sup> *Finals Week*

**Final Examination: Tuesday May 13<sup>th</sup> from 8-10 a.m.**