



Course Syllabus: Clinical Psychology
College of Humanities and Social Sciences
PSYC 4103, Section x10
Fall 2026

Contact Information

Instructor: Dr. David Carlston
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Course Description

A critical evaluation of the major theories and methods of psychological treatment and assessment.

Textbook & Instructional Materials

Bernstein, D. A., Teachman, B. A., Olatunji, B. O., & Lilienfeld (2020).
Introduction to Clinical Psychology: Bridging Science and Practice, (9th Ed).
Cambridge University Press, Cambridge: UK.

Study Hours and Tutoring Assistance

See the [Tutoring and Academic Support](#) webpage

Student Handbook

Refer to: [Student Handbook](#)

Academic Misconduct Policy & Procedures

Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individual's to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct.
[Office of Student Conduct](#)

Moffett Library

Moffett Library provides resources and services to support student's studies and assignments, including books, peer-reviewed journals, databases, and multimedia materials accessible both on campus and remotely. The library offers media equipment checkout, reservable study rooms, and research assistance from librarians to help students effectively find, evaluate, and use information. Get started on this [Moffett Library webpage](#) to explore these resources and learn how to best utilize the library.

Grading

Table 1: Points allocated to each assignment

Assignments	Points
Application Materials	150
Behavioral Observation/MSE	100
Self-Conceptualization	150
Treatment Review	100
Exam #1	100
Exam #2	100
Exam #3	100
Total Points	800

Table 2: Total points for final grade.

Grade	Points
A	720 to 800
B	640 to 719
C	560 to 639
D	480 to 559
F	Less than 480

Homework

You will have four assignments during the semester, one per block. Details for each assignment will be provided in the appropriate D2L folder.

Exams

You will complete three exams this semester, one during each of the final three blocks of the semester. Exams will be timed and completed using Lockdown Browser.

Extra Credit

No extra credit assignments will be provided.

Late Work

Late work will not be accepted. If you anticipate schedule conflicts, please submit your assignments in early.

Make Up Work/Tests

No make-up exams or assignments will be accepted

Important Dates

- Last day for term schedule changes: 8/24-8/27, see [Academic Calendar](#).
- Deadline to file for graduation: 9/21, see [Academic Calendar](#).
- Last Day to drop with a grade of "W:"11/23, see [Academic Calendar](#).
- Refer to: [Drops, Withdrawals & Void](#)

Desire-to-Learn (D2L)

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into [D2L](#) through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

Attendance

Although this is an online course, active participation is required. Students must log in regularly to check announcements, submit assignments, and complete exams.

Online Computer Requirements

Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your responsibility to have (or have access to) a working computer in this class. ****Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings.*** Computers are available on campus in various areas of the buildings as well as the Academic Success Center. ****Your computer being down is not an excuse for missing a deadline!!*** There are many places to access your class! Our online classes can be accessed from any computer in the world which is connected to the internet. Contact your instructor immediately upon having

computer trouble If you have technical difficulties in the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations however they are able to help you get connected to our online services. For help, log into [D2L](#).

Change of Schedule

A student dropping a course (but not withdrawing from the University) within the first 12 class days of a regular semester or the first four class days of a summer semester is eligible for a 100% refund of applicable tuition and fees. Dates are published in the Schedule of Classes each semester.

Refund and Repayment Policy

A student who withdraws or is administratively withdrawn from Midwestern State University (MSU) may be eligible to receive a refund for all or a portion of the tuition, fees and room/board charges that were paid to MSU for the semester. HOWEVER, if the student received financial aid (federal/state/institutional grants, loans and/or scholarships), all or a portion of the refund may be returned to the financial aid programs. Two formulas (federal and state) exist in determining the amount of the refund. (Examples of each refund calculation will be made available upon request).

Services for Students with Disabilities

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Midwestern State University endeavors to make reasonable accommodations to ensure equal opportunity for qualified persons with disabilities to participate in all educational, social, and recreational programs and activities. After notification of acceptance, students requiring accommodations should make application for such assistance through Disability Support Services, located in the Student Wellness Center, (940) 397-4140. Current documentation of a disability will be required in order to provide appropriate services, and each request will be individually reviewed. For more details, please go to [Disability Support Services](#).

Emergency Aid Resources for Basic Needs

Unexpected life circumstances can affect anyone. If you are experiencing challenges meeting basic needs—such as housing, utilities, food, transportation, healthcare, technology, textbooks or other life necessities, resources may be available to help. Visit the [Student Emergency Support and Resources webpage](#) to learn more, and explore emergency support opportunities through MSU and how to access them. For additional information, please contact the Office of Student Affairs: Clark Student Center #108, (940) 397-7500, student.affairs@mstuexas.edu.

College Policies

Smoking/Tobacco Policy

College policy strictly prohibits the use of tobacco products in any building owned or operated by WATC. Adult students may smoke only in the outside designated-smoking areas at each location.

Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

Campus Carry

Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes has prohibited. The new Constitutional Carry law does not change this process. Concealed carry still requires a License to Carry permit, and openly carrying handguns is not allowed on college campuses. For more information, visit [Campus Carry](#).

Active Shooter

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit [MSUReady – Active Shooter](#). Students are encouraged to watch the video entitled "Run. Hide. Fight." which may be electronically accessed via the University police department's webpage: ["Run. Hide. Fight."](#)

Grade Appeal Process

Update as needed. Students who wish to appeal a grade should consult the Midwestern State University [MSU Catalog](#)

***Notice:** Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

Course Schedule:

This course will be broken into four blocks. Each block will require students to complete an assignment. The first block does not have an associated exam, whereas the other blocks will have an exam.

Module	Activities/Assignments/Exams	Due Date
Module 1 8/24-9/19	Provided and Self-identified Readings Graduate School Self-Evaluation & Application Materials	Due 9/11 by 5:00pm
Module 2 9/20-10/10	Chapter 3 – Basic Features of Clinical Assessment, Classification, and Diagnosis Chapter 4 – Interviewing and Observation in Clinical Psychology Chapter 5 – Testing in Clinical Psychology Mental Status Exam or Behavioral Observation Assignment Exam #1 10/8-10/10	Due 9/25 by 5:00pm
Module 3 10/12-11/7	Chapter 6 - Basic Features of Clinical Interventions Chapter 8 – Psychoanalytic, Psychodynamic, and Humanistic Psychotherapies Chapter 9 – Cognitive Behavioral, and Acceptance-based Psychotherapies Theoretical Application Assignment Exam #2 11/5-11/7	Due 10/30 by 5:00 pm
Module 4 11/9-12/5	Chapter 10 – Delivering Mental Health Services Chapter 11 – Clinical Psychology for Youth and Older Adults Chapter 12 – Clinical Psychology, Health, and Well-being Treatment Review Assignment Exam #3 12/3-12/5	Due 12/4 by 5:00pm