



Course Syllabus: MWSU 1230.114 First-Year Mustangs Adventure

Fall 2026 Semester

Mentor: Tina Johnson, PhD

Peer Educator: Nelo Chudi-Igwe

Class Time: Wednesday 1-2pm

Location: Bolin 221

Contact Information:

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Course Description

This seminar provides new students the opportunity to develop the skills, knowledge. And mindset to archive academic success.

Required Materials:

- MSU 2024-25 Guidebook
- Access to D2L Course

Course Goals:

- Students will set SMART goals.
- Students will create strategies to achieve and reevaluate their goals.
- Students will use strategies and resources to support their academic success.

- Students will develop self-awareness of their own wellness needs.
- Students will feel connected to the MSU community.

Required Assignments:

- Attendance (30 points)
 - Students will earn 2.5 points for every class meeting they attend.
- Adventures (20 points)
 - Students will attend or participate in 5 Adventures and upload a photo of their Adventure Log for evaluation.
- Goal-setting Assignment (10 points)
 - Students will set 2 SMART goals and upload a photo to the D2L Dropbox for evaluation. Students may revise and resubmit.
- Study Guide Assignment (10 points)
 - Students will create a study guide for one of their classes and upload a photo of the guide to the D2L Dropbox for evaluation.
- Wellness Inventory (10 points)
 - Students will complete a wellness survey linked in D2L.
- Self-assessment (20 points)
 - Students will complete a self-assessment linked in D2L.

Grades:

Students will not receive a grade for MWSU 1230. Instead, the course will appear on transcript with a CR for credit or an NC for no credit. To earn credit, students must earn at least 80 out of the possible 100 points.

Attendance Policy:

MWSU 1230 meets for 13 weeks. Students earn 2.5 points for each class meeting they attend. There is no class Week 9 (homecoming week).

Moffett Library

Moffett Library provides resources and services to support student's studies and assignments, including books, peer-reviewed journals, databases, and multimedia materials accessible both on campus and remotely. The library offers media equipment checkout, reservable study rooms, and research assistance from librarians to help students effectively find, evaluate, and use information. Get started on this [Moffett Library webpage](#) to explore these resources and learn how to best utilize the library.

Emergency Aid Resources for Basic Needs

Unexpected life circumstances can affect anyone. If you are experiencing challenges meeting basic needs—such as housing, utilities, food, transportation, healthcare, technology, textbooks or other life necessities, resources may be available to help. Visit the [Student Emergency Support and Resources webpage](#) to learn more, and explore emergency support opportunities through MSU and how to access them. For additional information, please contact the Office of Student Affairs: Clark Student Center #108, (940) 397-7500, student.affairs@mstuexas.edu.

Important Dates

- Last day for term schedule changes: Aug 24-27. Check date on [Academic Calendar](#).
- Deadline to file for graduation: Sept 21st. Check date on [Academic Calendar](#).
- Last Day to drop with a grade of "W:" Nov 23rd. Check date on [Academic Calendar](#).
- Refer to: [Drops, Withdrawals & Void](#)

College Policies

- Campus Carry Rules/Policies

Refer to: [Campus Carry Rules and Policies](#)

- Smoking/Tobacco Policy

College policy strictly prohibits the use of tobacco products in any building owned or operated by WATC. Adult students may smoke only in the outside designated-smoking areas at each location.

- Alcohol and Drug Policy

To comply with the Drug Free Schools and Communities Act of 1989 and subsequent amendments, students and employees of Midwestern State are informed that strictly enforced policies are in place which prohibits the unlawful possession, use or distribution of any illicit

drugs, including alcohol, on university property or as part of any university-sponsored activity. Students and employees are also subject to all applicable legal sanctions under local, state and federal law for any offenses involving illicit drugs on University property or at University-sponsored activities.

- **Campus Carry**

Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes has prohibited. The new Constitutional Carry law does not change this process. Concealed carry still requires a License to Carry permit, and openly carrying handguns is not allowed on college campuses. For more information, visit [Campus Carry](#).

- **Active Shooter**

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. Please review the information provided by MSU Police Department regarding the options and strategies we can all use to stay safe during difficult situations. For more information, visit [MSUReady – Active Shooter](#). Students are encouraged to watch the video entitled “*Run. Hide. Fight.*” which may be electronically accessed via the University police department’s webpage: [“Run. Hide. Fight.”](#)

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disability Support Services in Room 168 of the Clark Student Center, 940-397-4140.

Inclement Weather

In the case of campus closure due to inclement weather, updates will be shared through primary communication method for the class. The class will follow MSU’s official guidance regarding closures and weather-related disruptions.

Tutoring

Tutoring and Academic Support Programs (TASP) provides free drop-in tutoring for MSU students. Located on the first floor of Moffett Library, TASP's Learning Center provides tutoring support in a number of core courses and subject areas. Writing tutors are available. Remember that students don't need an appointment to utilize these services.

Course Schedule

Weeks	Topics
Week 1	Welcome to Camp: Introduction
Week 2	Choose Your Hike: Setting Goals
Week 3	Dress for the Weather: Preparing for Class
Week 4	Tackle the Terrain: Preparing for Tests
Week 5	Fill Your Pack: Prioritizing Wellness
Week 6	Pace Yourself: Managing Your Time
Week 7	Follow the Path: Reading and Studying
Week 8	Visit the Ranger Station: Seeking Advice & Support
Week 9	Take a Breather: Homecoming Week
Week 10	Share the Trail: Managing Emotions & Relationships
Week 11	Lead the Way: Getting Involved on Campus
Week 12	Ration Your Supplies: Managing Finances
Week 13	Check Your Map: Reflecting on Your Progress