Midwestern State University Wilson School of Nursing College of Health Sciences - Family PMH-NP Program

# **Psychiatric Mental Health Advanced Practicum I**

NURS 5463/5473 Fall 2023

Note: This syllabus is for information purposes only and is subject to change without prior notice.

#### **Faculty**

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# Other Wilson School of Nursing Contacts

For compliance issues contact:

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# **Additional Campus Details**

MSU Police (Emergency Only): (940) 397-4239

#### **Course Description**

The focus of this course is on examining and understanding key concepts in the diagnosis and management of serious and persistent psychiatric disorders and mental health problems in individuals. The student begins with an assessment of the relationship with self as a foundation for understanding therapeutic relationships. The diagnostic evaluation methods covered will include development of interview techniques, mental status examination, and use of tools unique to the evaluation of psychiatric mental health problems. Techniques for the management of mental health problems in individuals will include both pharmacologic and non-pharmacologic interventions, including individual counseling in the clients with serious and persistent mental health problems.

Check the course calendar in this syllabus for assignment due dates. For ease of remembering, all assignments will be due by 3 PM on the designated due date. Exam times will differ. See course calendar in this syllabus. Oral exam times will differ based upon your selected time. No individual reminders will be given. This class provides 3 didactic hours and 3 clinical hours credit.

#### Prerequisites are as follows:

- NURS 5043 Advanced Pathology
- NURS 5133 Advanced Pharmacology
- NURS 5112/11 Advanced Health Assessment
- NURS 5103 Nursing Theory
- NURS 5303 Roles
- NURS 5322 Psychopharmacology/Therapy

# Addendums to the syllabus

Faculty reserve the right to post addendums to the syllabus throughout the semester as needed. If and when this occurs, they will be posted under "Content" of Bright Space/D2L. This is another reason why it is imperative you check Brightspace/D2L daily for any new information or updates. This is how we communicate in an online learning environment.

# **Learning Modalities**

This is an online course that utilizes the Brightspace (D2L) online learning system. Students will need access to a computer and internet and must be able to scan paperwork electronically. There will be:

- Assigned readings.
- SOAP Notes (3)
- Exams (3) mid-term and final exams will be comprehensive.
- Discussion (1)
- Mid-term Oral Exam
- Final Oral Exam

# **Course Objectives**

Upon successful completion of this course, the student will be able to:

| Objectives | NONPF Core   | NONPF        | ANCC APRN  |
|------------|--------------|--------------|------------|
|            | Competencies | Population   | Essentials |
|            |              | Focused      |            |
|            |              | Competencies |            |

| 1. Illustrate personal responsibility for ongoing commitment to planning, implementing, and evaluating care of one's own mental health.  | Scientific Foundation competencies 1,3  Quality competencies 1-5   | Quality<br>competencies 1 | I 1.2i<br>V 5.3h<br>VI 6.2i   |
|--|--|---------------------------|---|
| 2. Support cooperation and commitment to individual clients to develop evidence-based approaches for promotion and protection of mental health and prevention of mental illness. | Leadership competencies 1-7  Practice Inquiry competencies 1-6   |                           | I 1.1e, 1.1f II 2.6e IX 9.1i  |
| 3. Collaborate with clients to develop a plan to avert relapse.  | Leadership competencies 2,6  Practice inquiry competencies 1  Health Delivery System competencies 1,2,7          |                           | I 1.3e II 2.1d, II 2.1e, II 2.8f, II 2.8h III 3.2f IX 9.2k, IX 9.6d |
| 4. Identify the essential elements of physical, psychological, emotional and spiritual care in the promotion of self and others  | Scientific Foundations 2,4  Quality competencies 1,5  Practice Inquiry competencies 6                            |                           | IV 4.2h   |
| 5. Adhere to a wide range of approaches to evidence-based psychotherapy of individual clients experiencing psychiatric mental health problems.                                   | Practice Inquiry competencies 1-6  Technology and Information Literacy competencies 1-4,5  Policy competencies 1 |                           | 1.2f<br>II 2.2g   |

| 6. Create a constructive application of advanced assessment, diagnosis and treatment of clients experiencing psychiatric mental health problems. | Practice Inquiry competencies 1-6  Technology and Information Literacy competencies 1-4,5 | I I.3f<br>II 2.3h, II 2.4f,<br>II 2.4g<br>III 3.6h |
|--|---|--|
| 7. Practice  | Policy<br>competencies 1<br>Health Delivery   | l 1.2g, l 1.3d                                     |
| psychopharmacotherapy with effective management of individuals experiencing psychiatric mental health problems.                                  | competencies 4,7  | III 3.3e<br>VII 7.2h                               |

#### Upon successful completion of this course, the student will be able to:

Illustrate personal responsibility for ongoing commitment to planning, implementing, and evaluating care of one's own mental health.

- Support cooperation and commitment to individual clients to develop evidence-based approaches for promotion and protection of mental health and prevention of mental illness.
- Collaborate with clients to develop a plan to avert relapse.
- Identify the essential elements of physical, psychological, emotional and spiritual care in the promotion of self and others.
- Adhere to a wide range of approaches to evidence-based psychotherapy of individual clients experiencing psychiatric mental health problems.
- Create a constructive application of advanced assessment, diagnosis and treatment of clients experiencing psychiatric mental health problems.
- Practice psychopharmacotherapy with effective management of individuals experiencing psychiatric mental health problems.

Note: The field of the Family PMHNP is evolving. When new information is available, we try to keep you informed. Faculty may provide you with additional materials that will be included in course content, activities, and exams.

# **Grading Scale**

| Letter Grade | Numerical Value |
|--------------|-----------------|
| Α            | 90-100          |
| В            | 80-89           |
| С            | 74-79           |

| D | 65-73        |  |
|---|--------------|--|
| F | 64 and below |  |

#### **Evaluation**

There is no rounding of grades. A grade of 79.9 would be considered a failing grade for the course. The course grade for this course will be based upon the following criteria:

| <b>Evaluation Components Didactic components</b>   | % of Grade |
|--|------------|
| Exam #1  | 20%        |
| Mid-Term Exam (comprehensive)  | 25%        |
| Final Exam (comprehensive)   | 35%        |
| Discussion Assignment  | 20%        |
| Evaluation Components – Clinical components  |            |
| SOAP Note #1   | 10%        |
| SOAP Note #2   | 15%        |
| SOAP Note #3   | 15%        |
| Mid -Term Oral Exam  | 25 %       |
| Final Oral Exam  | 35%        |
| Evaluation Assignment – Electronic submission of all documented clinical hours via e-Logs  | Pass/Fail  |
| Submission and verification of all 192 clinical hours on a legible clinical sign off sheet Submission of all evaluations done by preceptor and evaluations done by student |            |
| Evaluation Assignment - Virtual Clinical Imaging PPT for each clinical site due 1st day of clinical  | Pass/Fail  |
| Evaluation Assignment - Clinical Site Evaluation Form due 1 <sup>st</sup> day of each clinical for <u>each</u> clinical site   | Pass/Fail  |

# Required Clinical Hour Information for the Family PMHNP program

- NURS 5322 Psychopharmacology/Therapy (no clinical hours) Summer 2023
- NURS 5463/5473 Psychiatric Mental Health Advanced Practicum I 192 clinical hours Fall 2023
- NURS 5483/5493 Psychiatric Mental Health Advanced Practicum II 192 clinical hours Spring 2024
- NURS 5523/5533 Psychiatric Mental Health Advanced Practicum II 192 clinical hours Summer 2024

To pass NURS 5463/5473 Psychiatric Mental Health Advanced Practicum I - you must pass both the didactic and clinical components of the course.

If a student receives less than passing (80%) on either the didactic **OR** clinical component, the maximum grade earned for the course will be a grade of "C" and the student will not be permitted to progress in the program. The lower of the grades earned (either didactic or clinical) will be the final course grade posted.

It is the student's responsibility to know their grade status.

A second attempt will be allowed for each oral exam should the first attempt result in a score of less than passing (80%). The higher of the two grades will be the grade recorded.

This semester, both the mid-term and final oral exam locations will be at the main campus in Wichita Falls. You will be required to attend as both are mandatory. See Brightspace/D2L "News" to sign up for your desired times for each oral exam. See course calendar in this syllabus for oral exam dates.

Failure to submit **all** required paperwork (part of clinical components of this course) will result in a grade of "C" and failure of this course. It is the student's responsibility to review the list of required documents in this syllabus, know the status of the documents and be able to provide the documents at the required times.

#### Student Responsibilities and Class Requirements

Students are accountable for policies regarding graduate nursing programs and completion of requirements for all graduate students as stated in the Graduate Catalog and Graduate Student Handbook. Students are responsible for making appointments with faculty concerning class assignments and clinical responsibilities as necessary and as requested by faculty.

This is an online class and students are expected to have adequate access to a computer and check the course via Brightspace (D2L) daily for updates and information. Work will be submitted electronically by dates due. Reading assignments and Brightspace (D2L) learning activities, as detailed in the course calendar must be addressed and responded to promptly. All course requirements must be met to pass the course. Reading assignments should be completed as outlined in the course syllabus. Written assignments should be in APA, 7th edition, format. This includes citations and references. All written work submitted for evaluation is to be the work of the student who submits it.

Students must have a valid nursing license to practice for all states in which the student is participating in clinical activities.

#### **Course Orientation – Brightspace Desire to Learn (D2L)**

The best way to get oriented to the course is to read the syllabus. By now, each student should be familiar with the Brightspace (D2L) layout, (i.e., how to access the discussion board, take a quiz, and submit assignments). Note assignment due dates will be placed in the syllabus calendar. Make sure you use this as your guide for when to turn in your work.

#### **Brightspace (D2L) Readings and Content Modules**

The primary purpose of providing additional reading and learning exercises is to supplement the accompanying texts. They are not intended as a substitute for the text information. It is intended to assist students in assimilating and integrating facts and ideas from the text and to provide additional information and current trends in PMHNP practice, counseling, and prescribing.

#### **Contacting Faculty**

All assignment questions, questions about grades, or anything pertaining to the course should be addressed by the Brightspace (D2L) email within the course. Contacting faculty by cell phone should be reserved for times between 8 am and 8 pm. Faculty may not respond to texts.

The preferred method of communication is Brightspace (D2L) email. Please contact the course faculty through Brightspace (D2L). Please note if the email is received Monday – Thursday, it will be returned within 24 hours. If an email is received after 3PM on Friday, or over the weekend, it will be returned within 48 hours.

Understand that professors will not be checking emails throughout the night, therefore should you have a question about anything including a test or assignment due the next day...you must contact your respective professor before 8PM the night before the assignment is due. It is not acceptable to call faculty after 8 PM unless instructed by your professors to do so.

#### **Assignment File Naming**

All assignments will be submitted through Brightspace (D2L) assignment section (drop boxes). *Emailing assignments is not acceptable and may not be considered for grading.* When uploading an assignment to the assignment section of D2L, please use the following guidelines for naming the files. Your last name, assignment name: Example: Smith-SoapNote3Revised.doc.

#### Late Assignments

Students are expected to submit assignments by the time they are due. Assignments submitted after the due date and time will receive a deduction of 10 points for each day the assignment is late. Assignments will be accepted, with a penalty as described, up to a maximum of three days late, after which point a zero will be recorded for the assignment.

All assignments must be uploaded to Brightspace (D2L) in the assignment section drop box via WORD format by the due date and time. Failure to submit your assignments via WORD format so that they can be opened by faculty can result in an assignment being considered late. <u>I cannot stress this enough.</u>

Again, as this is an online course, I strongly suggest you do NOT choose to wait until the last minute to submit your assignments. Computer malfunctions and glitches can occur and not being able to submit your assignments by due date deadlines because your computer is not functioning properly will not be an acceptable excuse.

There are no opportunities for extra credit given for any assignment. All assignments will be due on Central Standard Time (CST).

#### **Assignment/Exam Collaboration Policy**

The faculty considers collaboration during assignments and examinations as cheating and cheating is in violation of MSU Policy. A score of zero (0) will be given for students participating in collaboration of assignments and exams. Providing a student with written assignments, or examination information from a course previously taken at MSU, is cheating. Cheating is grounds for dismissal from the program.

#### **Exam Proctoring**

All exams will be proctored via the MSU Respondus platform. The exam sessions will be recorded for monitoring. You will need access to a computer with a camera. Any additional instructions and information will be given prior to exam.

It is expected you take the exams in a quite environment away from all distractions (this includes your job/work setting). We take this very seriously. Conversing with others, leaving the test site, looking around the room etc..... may result in a grade of zero for exams. We must ensure the integrity of all exams and it must be evident the answers given are from the student taking the exam.

#### **Respondus Exam Instructions**

This semester will be using an application called Respondus, an online testing application for your exams. This application is embedded within Bright Space/D2L and can only be used while in Bright Space/D2L. Respondus will lock down your browser and monitor you while you test, preventing printing, copying, or accessing outside sources. There are a few requirements to ensure that Respondus will work correctly.

#### Requirements:

- 1. MacOS 10.12 or higher, Windows 10, 8, 7, or iPad iOS 11 + is acceptable. Notice Chromebooks WILL NOT WORK with Respondus or other tablets. Do NOT use IPADs. Use either a laptop or desktop computer.
- 2. Although Respondus works with other browsers, I do recommend Chrome as the preferred browser to be used.
- 3. You must also have a working webcam on your computer/device for monitoring during the exam.

The monitoring system is an automated proctoring system that records you while you test. Your actions during the exam will be analyzed and flagged for any suspicious activity. Instructors can refer back to the video at any time during the semester. Make sure your area and surroundings are prepared before starting the exam and treat it the same as if you were on-campus testing. Detailed student instructions are provided below.

#### **Student Instructions**

The student will be recorded from the point of logon and during the entire length of the exam. This video will be reviewed by the instructor for unusual activity. The video is archived within the course. What is not allowed during the exam:

- No devices capable of making or receiving texts, e-mails or calls are allowed in the testing area
  or to be used during the testing period or in the testing.
- Screenshots or pictures of test information is strictly prohibited.

- Background music or television sounds, earbuds or headphones, watches/smartwatches, or hats/headgear (unless culturally indicated) are prohibited.
- · Additional computer monitors, screens, or tablets should be removed during the exam.
- No writing should be visible on the desk or walls.
- The desk or table should not be transparent as the student must not be able to see through it.
- Under no circumstances should students exit the proctored environment during the exam. No
  test items should be copied, saved, or shared during or following the exam.
- Do not talk to anyone else--No communicating with others by any means.
- No other persons except the test-taker should be permitted to enter the room during testing. The computer may not be transported to another location after the exam has started.
- A phone is not allowed in the testing area under any circumstance.
- No writing utensils/material of any kind should be used or visible while testing.

**Preparation for the exam** - Sit at a clean desk or table if available. In the event a desk is not available, you may utilize a seating bench (not on the bed or floor). You will need a stable surface to support your device. The background should be quiet. The desk or table needs to be cleared of all other materials. This means the removal of all books, papers, notebooks, calculators, etc.

- Maintain room lighting bright enough to be considered "daylight" quality. Overhead lighting is
  preferred; however, if overhead is not possible, the source of light should not be behind the test
  taker. If the lighting is inadequate, Respondus Monitor will prompt you.
- You will be given specific instructions by Respondus as you prepare to start the exam. Make sure you follow all the instructions carefully.
- Gather your student ID and have it within reach. You will be asked to present it to the camera when prompted. This must be either a MSU photo ID or a government issued photo ID.
- Close and restart your computer before logging into the proctored test environment. All other
  programs and/or windows on the testing computer must be closed before logging into the
  proctored test environment and must remain closed until the exam is completed.
- Webcam, when possible, should be placed on the upper screen of the computer or where it must have a constant, uninterrupted view of the test taker.

### **Technology Failure**

In case of a rare case of login failure, digital pause, technology failure, or internet failure:

- 1. Take a deep breath.
- 2. If "booted" out of the exam, immediately refresh the browser then try to log back in.
- 3. If that does not solve the issue, immediately send an email to your instructor via D2L if accessible. If D2L is not accessible, then send an email via your instructors' college email address. These emails are time-date-stamped and can be correlated to your exam time/date.
- 4. Should all of your technology go down or internet failure, immediately contact your instructor as advised.
- 5. In no situation should the cell phone be kept in the testing environment.

#### **Academic Integrity**

Dishonesty in any form will not be tolerated and is considered unethical. The Wilson School of Nursing and Midwestern State University handbooks detail what constitutes a breach of the standards of professional and student conduct. This includes cheating on tests, discussing exam/quiz questions before the exam is graded, posting test content online, screenshots or photos of online exams, disseminating/discussing content of practicums or simulations, copying partial or full assignments, plagiarizing from published sources, or allowing others to copy from you. All assignments are individual work unless specifically noted by the instructor to be a group assignment. Disciplinary action will be taken in the event of academic misconduct and may include permanent dismissal from the nursing program per the student handbook. If you think it may be the wrong thing to do, it probably is!

Academic misconduct includes, but is not limited to, cheating and plagiarism. It is expected that every student will produce his/her original, independent work. Any student cheating on or plagiarizing any assignment will receive an "0" on that assignment and may be reported for disciplinary action. Any assignment assigned a failing grade because of an academic integrity violation is ineligible for make-up. A second offense will result in failure of the course. All incidents may be reported to the appropriate administrator. For your protection, please avoid even the appearance of academic dishonesty. Other penalties for academic dishonesty might include:

- Lowering of assignment or course grade
- Failure or no credit for plagiarized assignment with no possibility for makeup
- Course failure (i.e. an F in the course and written notification or an in-person meeting with the Dean)
- Written notice to the student that s/he has violated the academic code
- Additional academic assignments as determined by the instructor.
- Academic probation
- · College suspension
- Permanent college expulsion from the university

#### Failure to Take an Exam

Failure of the student to notify faculty <u>prior to start of an exam</u> that the student is unable to take the exam at the scheduled time due to an extenuating circumstance will result in the student receiving a grade of zero for the exam. There will be no make-up exam opportunity.

Notification of faculty <u>prior to start of an exam</u> that the student is unable to take an exam at the scheduled time due to an extenuating circumstance will result in the opportunity for a make-up exam. The make-up exam will be different than the exam previously taken by peers. No blueprint will be provided for any make-up exam. The date and time for the make-up exam will be determined by the faculty.

#### **Failure to Attend Oral Exam**

Failure of the student to notify faculty <u>prior to start of an oral exam</u> that the student is unable to participate in the exam at the scheduled time due to an extenuating circumstance will result in the student receiving a grade of zero for the oral exam. There will be no make-up oral exam opportunity.

Notification of faculty <u>prior to start of an oral exam</u> that the student is unable to participate in the oral exam at the scheduled time due to an extenuating circumstance will result in the opportunity for a make-up oral exam. The date and time for the make-up oral exam will be determined by the faculty.

#### **Progression Policy**

As with all graduate courses in the Nursing Programs at MSU, a B (80 or above) must be earned to pass the course and progress in the Family PMHNP program. If a grade of C or less is earned in any graduate nursing course, the course must be repeated the next regular academic semester during which the course is offered. A nursing course may be repeated only once. Failure to achieve the minimum grade of B when repeating a course will result in dismissal from the program. Refer to the MSU Graduate Catalog for additional information on progression.

#### **Adding and Dropping Courses**

A student who wishes to change his/her schedule by either dropping or adding a course must first consult with the PMHNP Program Coordinator (Dr. Mercer). Refer to the Graduate Catalog for additional information on adding and dropping courses. Failure to notify the PMHNP coordinator may result in being removed from the program. You must follow the degree plan provided to you.

# **Academic Dishonesty**

All students are expected to pursue their scholastic careers with honesty and integrity. Academic dishonesty includes, but is not limited to, cheating on a test or other course work, plagiarism (offering the work of another as one's own), and the unauthorized collaboration with another person. Students found guilty of dishonesty in their scholastic pursuits are subject to penalties that may include suspension or expulsion from the University. As a licensed registered nurse, graduate students are expected to demonstrate professional conduct as set forth in the Texas Board of Nursing rule §215.8. in the event a graduate student holding an RN license is found to have engaged in academic dishonesty, the college may report the nurse to the Texas BON using rule §215.8 as a guide.

By enrolling in this course, the student expressly grants MSU a "limited right" in all intellectual property created by the student for the purpose of this course. The "limited right" shall include, but shall not be limited to, the right to reproduce the student's work product to verify originality and authenticity, and for educational purposes.

NURS 5463/5473 adheres to the MSU Code of Student Conduct. Academic dishonesty, however small, creates a breach in academic integrity. A student's participation in this course comes with the expectation that his or her work will be completed in full observance of the MSU Code of Student Conduct. Many components of NURS 5463/5473 are designed to be highly interactive with students helping each other learn by providing a different point of view, much as would occur in a face-to-face classroom. Students are encouraged to take full advantage of the many resources available including online Desire2Learn course resources, internet sites, other textbooks and journals, faculty, and peers. This interactive collegial learning environment is conducive for life-long learning.

All components of NURS 5463/5473 are designed to represent the efforts of each student INDIVIDUALLY and are NOT to be shared, copied, or plagiarized from other sources. When students submit their efforts for grading, they are attesting they abided by this rule.

Cheating includes, but is not limited to, (1) the use of any unauthorized assistance in taking quizzes, tests, or examinations; (2) dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or completing other assignments; or (3) the acquisition of tests or other academic materials belonging to the university faculty, staff, or students without permission and (4) submission of your own work previously submitted in a prior course or prior assignment for a grade.

Plagiarism includes, but is not limited to, the use of published or unpublished works of another person – by paraphrase or direct quotation – without correct citation in the text and on the reference list. The use of materials generated by agencies engaged in "selling" written papers is also plagiarism. For this course, students found to plagiarize on any assignment or discussion will receive a zero for that assignment or discussion. A second incident of plagiarism by the same student will result in a grade of "F" for this course.

# **American Disability Act (ADA)**

Midwestern State University (MSU) does not discriminate based on an individual's disability and complies with Section 504 and the Americans with Disabilities Act in its admission, accessibility and employment of individuals in programs and activities. MSU provides academic accommodations and auxiliary aids to individuals with disabilities, as defined by law, who are otherwise qualified to meet academic and employment requirements. For assistance call (940) 397-4618 or 397-4515. Please see the instructor outside of class to make any arrangements involving special accommodation. It is the student's responsibility to declare any disabilities each semester. After declaration, preferably at the beginning of each semester, the student needs to contact individual instructors to determine any reasonable accommodations that may be required.

# **Campus Carry Policy**

Senate Bill 11 passed by the 84<sup>th</sup> Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the <u>University's Campus Carry Rules and Policies</u>. If you have questions or concerns, please contact MSU Chief of Police.

# **Classroom Etiquette**

Students are expected to be respectful to all peers, faculty, and guests during face-to-face lectures, in clinical settings, and in the online environment. Cell phones and pagers must be turned off or placed in silent mode before class begins. Should emergency communication need to be made, the student must step outside of the classroom.

# **Network Etiquette (Netiquette)**

In all textual online communication it is important to follow proper rules of netiquette. What is netiquette? Simply stated, netiquette is network etiquette – that is, the etiquette of cyberspace. And "etiquette" means the social and cultural norms of communicating with others in a proper and respectful way. In other words, netiquette is a set of rules for behaving and interacting properly online. The Netiquette "Core Rules" linked below are a set of general guidelines for cyberspace behavior. They probably won't cover all situations, but they should give you some basic principles to use in communicating online. For Netiquette Core Rules visit The Core Rules of Netiquette web page.

# **Clinical Expectations and Information**

The 192 Clinical hours required for this course are segmented in the following ways:

- 80 hours Assessment and Medical Management of Acute and Chronic PMH issues in adults.
- 44 hours Assessment and Medical Management of Acute and Chronic PMH issues in child and adolescents.
- 44 hours Assessment and Medical Management of Acute and Chronic PMH issues in Geriatric patients.
- 16 hours Individual, Group or Family Therapy
- 8 hours (guideline) Addiction (not AA/NA meetings). Can be either medical management or therapy to meet requirements for addiction hours

For the purposes of this course the age groups are delineated as follows:

Child/Adolescent – up to age 17 years Adult – 18 years - 64 years of age Geri – 65 years of age and older

#### Additional Information related to clinicals

- 1. Tele-psych. will be limited to 40 hours of the required <u>medical management</u> hours. You can divide these up any way you wish (any age grp.) but it will be limited to 40 medical management hours. IMPORTANT You must be **physically present in the preceptor's office with your preceptor** when doing tele-psych. patient visits. In other words, you cannot be sitting in your own home or the preceptor's home etc.... Any hours done this way will be forfeited.
- 2. You may complete all therapy hours via tele-med. but again in the physical presence of your preceptor and in their office. Otherwise, hours will be forfeited.

\*\*You must also clearly identify any tele-psych or tele-therapy hours as such on your clinical sign off sheets.

There will be no banking of clinical hours for spring semester until all clinical hours are completed for the fall semester. Once all hours for this semester completed, notify either Dr. Mercer or Dr. Alvarado and with approval you can then bank up to half = 96 clinical hours for spring semester.

For reference, the total clinical hours for the PMHNP program across all courses are as follows:

- 192 Clinical Hours PMH Advance Practicum I/Clinical (NURS 5463/5473)
- 192 Clinical Hours PMH Advanced Practicum I/Clinical (NURS 5483/5493)
- 192 Clinical Hours PMH Advanced Practicum II/clinical (NURS 5523/5533)

Submission of required documentation is necessary prior to starting clinicals. No participation in clinicals may occur until the preceptor has been approved and all forms have been completed. Clinical hours done without this will be forfeited. Preceptors must complete all preceptor paperwork including a signed preceptor agreement. This paperwork is to be scanned and emailed to Dr. Mercer regardless of what section you have been assigned.

An affiliation facility agreement is also needed for each clinical site. This paperwork is to be scanned and emailed to Dr. Pankonien <a href="mailto:catherine.pankonien@msutexas.edu">catherine.pankonien@msutexas.edu</a> regardless of what professor's section you have been assigned.

Students must meet all requirements before beginning clinicals. When in clinical, students are required to have proof of malpractice insurance and a current license in the state of practice. Students must also hold a current TX nursing license as well. This data must be entered into Castle Branch by the student. Additional information such as liability insurance purchased from MSU, proof of current immunizations, CPR and other departmental form acknowledgements will also need to be done via Castle Branch. Clinical hours done without meeting these requirements will be forfeited.

Students are required to document clinical hours in the electronic clinical hours log. It is expected that you will keep documentation current and up to date. It is expected that all clinical hour documentation be current at mid-term and again at the end of the semester.

Observation (observation applies to therapy hours only NOT medical management hours). There will be <u>no</u> observation for medical management clinicals.

You will still need an affiliation facility agreement and signed preceptor agreement for therapy hours. Note, you will not document therapy hours in the electronic submission log but you will document therapy hours on the clinical sign off sheet. You will not have to submit an evaluation of the therapists, nor will they have to submit an evaluation of you – the reason is you are strictly observing therapy and not actively participating. Any unsafe or unprofessional behaviors can constitute a clinical failure. Students deemed unsafe or incompetent will not be permitted to progress in the program and will receive a maximum grade of 79% for the course. Demonstrating any of the following behaviors will constitute clinical failure:

- Demonstrates unsafe performance.
- · Lacks insight and understanding of own behaviors and behaviors of others.
- Needs continuous specific and detailed supervision.
- Has difficulty in adapting to new ideas and roles.
- Falsifies clinical hours or preceptor signature.

Students deemed unsafe or incompetent by a preceptor may be evaluated for competency by two faculty staff members. Students may be required by faculty to complete additional clinical hours, before advancing in the program

\_\_\_\_\_

You must register and pay for electronic submission (e-Logs) program.

To pass this course, you must submit all the following information by due date/time via the respective drop boxes in Brightspace/D2L.

• Student evaluation of each preceptor – do not need for therapy hours only medical management hours.

- Each preceptor evaluation of student do not need for therapy hours only medical management hours
- Completed logged in clinical hours in electronic submission system do not need for therapy hours only medical management hours.
- Preceptor Clinical Sign-off Sheet listing hours/dates/preceptor's signature do need for therapy hours and medical management hours. Also be sure and list the patient's specific age in the appropriate column (not age range).

Please note, <u>we will not accept screenshots of evaluations or clinical sign off sheets</u>. This information will only be accepted when scanned and uploaded <u>right side up</u> to the drop boxes. We will not accept this information via email. Again, all must be submitted to drop boxes by the due date and time. The faculty will access electronic logging of clinical hours (e-Logs) to check your work.

We are here to help and will do everything we can to help facilitate clinical placement. However, it is the student's responsibility to secure their preceptors.

Although Dr. Mercer approves all clinical preceptors and sites, the student is responsible for notifying their assigned professor of all clinical dates, times, and a working phone # where the preceptor can be reached during your clinicals. As faculty we are responsible and must know where students are at all times.

We do understand that there are instances where pts. do not show and there is down time in clinicals. You may count hours spent with your preceptor discussing cases, drugs, treatment plans r/t the pts. you have seen or will be seeing as part of your required clinical time during these times. However, we would expect this time to be minimal and the vast majority of your time must be spent directly with pts. You may list this as "Alternate Time" on Clinical Sign Off Sheet to make this time very clear. Time spent speaking or being detailed by drug, reps will NOT count towards required clinical time.

I want to clarify what is MINIMAL. By that, we would expect no more than 10 hours per semester. These alternative hours are to be included on your clinical sign off sheet BUT DO DESIGNATE that they are alternative hours and be specific i.e. discussed pt. treatment plan with provider 20 mins. etc....

Do not enter any Alternative Time in Elogs.

#### **Mid-term Oral Exam**

The first oral exam will be mid-semester (check course calendar in this syllabus for date). Ideally, it is expected by this time the student would have completed approximately half = 84 medical management clinical hours (excludes therapy hours). Sign-up times are posted on Brightspace/D2L "News" for you to select your desired testing time. The time slots will be on a first come basis. Please send your desired time to only (Dr. Mercer) as she will be the sole keeper of the sign-up sheet.

#### Final Oral Exam

The final oral exam will be towards the end of the semester (check course calendar in this syllabus for date). Ideally by this time the student would be close to completing all required clinical hours for this semester. Sign-up times are posted on D2L "News" for you to select your desired time for this as well. Again, the time slots will be on a first come basis. Please send your desired time to only (Dr. Mercer) as she will be the sole keeper of the sign-up sheet.

# **Preceptor and Preceptorship Guidelines**

Clinical hours for this course will consist of the precepted experience of assessment and medication management of all age groups. Clinical hours will also include counseling of acute and chronic mentally ill individuals, groups, and/or families.

Students participating in a clinical course are required to be precepted by a qualified specialist in the area of study. The process for securing a clinical preceptor and clinical agency may take weeks and it is vital that the student begin the search well in advance.

Approved (medical management and therapy) clinical sites must have an affiliation facility agreement with MSU and a signed preceptor agreement. Affiliation facility agreements for clinical sites are to be arranged through Dr. Pankonien. Her email is <a href="mailto:Catherine.pankonien@msutexas.edu">Catherine.pankonien@msutexas.edu</a> This can take **a lot of time**, so my recommendation is you start early securing this if you have not already done so.

IMPORTANT - Once the student has been given preceptor approval the student will still maintain contact with Cathy Healey to determine when the affiliation facility agreement has been approved. Upon that approval, the student may begin clinicals and not before. Both preceptor approval and an affiliation facility agreement must be in place prior to starting a clinical.

Acceptable preceptors for clinical (medical management) experiences: Psychiatrist or Psychiatric Mental Health Nurse Practitioner with prescriptive authority. This means if a PMHNP, must be board certified. No exceptions. We prefer PMHNP preceptors to have a minimum of 2 years of experience prior to precepting. Master's prepared counseling preceptors are required, doctoral prepared preceptors are preferred.

Acceptable preceptors for therapy clinical experiences: licensed psychologist, LCSW-ACP (licensed clinical social worker-advanced clinical practitioner), LMFT (licensed marriage and family therapist), or LPC (licensed professional counselor).

Examples of acceptable therapy/counseling practice settings: Individual Counseling/Therapy Environments, psychologist's private or community practice; LCSW/LMFT/LCDC's private, residential treatment facility or community practice.

Other acceptable therapy/counseling environments might include: individual or group counseling centers, drug and alcohol treatment centers, children's behavioral health type centers, art therapy, music therapy, parenting guidance centers, a developmental disabilities treatment center, a school guidance counseling center, rehabilitation centers, retirement centers, intake centers for MHMR, intake for a public or private psychiatric center or hospital, just to name a few.

Students may be assigned a specific preceptor at the discretion of the PMHNP faculty. Otherwise, they will select their preceptors with approval from Dr. Mercer. Also, note that students can be removed from a clinical site and/or preceptor and placed at a different clinical site and/or preceptor at the discretion of their professor. Faculty reserve the right to approve or disapprove any preceptor.

Please note the Assignment section on Bright Space/D2L. There are drop boxes located there. You are required to submit a completed Clinical Site Evaluation form for <u>each</u> clinical site as well as the Virtual Clinical Images assignment in PPT format depicting each clinical site with required info. listed on drop

box instructions. These are both to be done on the very FIRST clinical visit date and submitted to the drop box that SAME day. Otherwise, you risk forfeiting any clinical hours already done.

# **Drug Screen/Substance Abuse screening:**

Policy: The Wilson School of Nursing at Midwestern State University shall assure compliance with conditions for drug screen/substance abuse screen as specified in agency contracts with the Clinical Affiliates where students engage in courses with a clinical/lab component. Therefore, the Wilson School of Nursing and Clinical Agencies require a drug and alcohol screening for all students.

This is to be completed during the semester immediately prior to the beginning of courses with a clinical/lab component. Students who are under the influence of drugs and/or alcohol are deemed to be impaired and, therefore, incompetent to provide care to patients.

Impairment or suspected impairment of a nurse's practice by drugs or alcohol or mental illness will be reported under Chapter 467, Health and Safety Code, and the Board for investigation (Tex. Occ. Code Ann. §301.401; 301.402; 301.410; & 301.452).

Students may be required to complete additional drug screen/substance abuse screening during their course of study, dependent upon specific agency policies. Such requirements are beyond the control of the WSON. Drug screen/substance abuse screening of a 10-panel urine drug screen will be performed by a third- party company selected by the WSON. The expenses of all drug screen/substance abuse screening are the responsibility of the student. Students will be given instructions regarding processes by the appropriate Program Coordinator and are expected to follow instructions for the online drug screen/substance abuse screening process. As a part of the process, students will authorize the third-party screening company to release results to the Wilson School of Nursing through the office of the appropriate Program Coordinator.

Failure to meet deadlines established by the Wilson School of Nursing may negatively affect clinical placements. Failure to complete the background check will preclude entry into clinical courses and can result in dismissal from the program. The Program Coordinator will administratively remove noncompliant students from all clinical courses.

This is to be completed during the semester immediately prior to the beginning of courses with a clinical/lab component.

Students who evidence behaviors consistent with substance abuse shall be subject to for-cause drug screening. Any student with a positive drug screen will be dismissed from the nursing program if the positive finding cannot be related to a prescription held legally by the student.

# **Required Texts**

**Publication Manual of the American Psychological Association** American Psychiatric Association. (2020). Publication Manual of the American Psychological Association. Seventh Edition.

Diagnostic and Statistical Manual of Mental Disorders DSM- 5 - TR

American Psychiatric Association. (2022). Diagnostic and Statistical Manual of Mental Disorders DSM-5. Fifth Edition Text Revision released March 2022.

#### Kaplan and Sadock's Synopsis of Psychiatry

Boland, R., Verduin, M. and Ruiz, P. (2022). Twelfth Edition.\*\*Same book as last semester although focus is different this semester.

#### Stahl's Essential Psychopharmacology. Prescriber's Guide (7th Edition).

Stahl, S. (2021) Stahl's Essential Psychopharmacology. Prescriber's Guide

#### Comprehensive textbook of Psychotherapy: Theory and Practice (2nd edition).

Consoli, Beutler, Bongar (2017). Comprehensive textbook of Psychotherapy: Theory and Practice (2nd edition).

#### Psychiatric Mental Health Nurse Practitioner Review Manual (4th edition).

Johnson, K. and Vanderhoef, D. (2016). Psychiatric Mental Health Nurse Practitioner Review Manual (4th edition).

#### A Manual of Laboratory and Diagnostic Tests (11th Edition).

Any lab Manual or Fishbach, F. (2022). A Manual of Laboratory and Diagnostic Tests 11th edition

# **Course Calendar Fall 2023**

| Week 1<br>(Aug.<br>28 <sup>th</sup> ) | Topics and Reading Assignments  Contributions from the  Neurosciences | Welcome to the semester!   |  |
|---------------------------------------|---|--|--|
|                                       | Neurosciences   |  |  |
| 28 <sup>th</sup> )                    |   |  |  |
| 20 )                                  | &   | Read and familiarize yourself  |  |
|                                       | A Brief History of Psychiatry   | with the syllabus.   |  |
|                                       | Reference Books and assigned readings                                 | Consider signing up for mid-<br>term and final oral exam times<br>(email Dr. Mercer your |  |
|                                       | Kaplan and Sadock - Chapters  | preferred times). Times posted   |  |
|                                       | 33 and 35   | on Brightspace/D2L "News."   |  |
|                                       | Johnson & Vanderhoef Chapter 5  |  |  |
|                                       | Consoli, Beutler & Bonger Chapter 1                                   |  |  |
| Week 2<br>(Sept.<br>4th)              | Examination and Diagnosis of the Psychiatric Patient &                | Monday 9/4/2023 Labor Day<br>holiday   |  |
| ,                                     | Psychopharmacology  | Review "Supplemental SOAP  |  |
|                                       |   | Guide" posted under "Content"  |  |
|                                       | Reference Books and assigned readings                                 | of Brightspace/D2L "News."   |  |
|                                       | Kaplan & Sadock   | Review Video of pt. interview  |  |
|                                       | Chapter 1 pp. 1- 61 and chapter 21                                    | and MSE posted under   |  |
|                                       | Charles Apple Charles and Charles                                     | "Content" of Brightspace/D2L "News."   |  |
|                                       | Stahl reference   | news.  |  |
|                                       |   |  |  |
| Week 3                                | Disorders of Personality  | Discussion assignment due by   |  |
| (Sept.                                |   | 3PM on Thursday 9/14/2023  |  |
| 11 <sup>th</sup> )                    | Reference Books and assigned readings                                 |  |  |
|                                       | Kaplan & Sadock Chapter<br>19   |  |  |
|                                       | Stahl reference   |  |  |
|                                       | DSM-5 reference   |  |  |

|  | Johnson & Vanderhoef<br>Chapter 14                      |   |
|--|---|---|
|  | Consoli, Beutler & Bonger Chapter 2 and Chapter 3       |   |
|  |   |   |
|  |   |   |
|  |   |   |
| Week 4<br>(Sept.<br>18 <sup>th</sup> ) | <b>Disorders of Mood</b> Bipolar Disorders              | Prep for 1st Exam (Blueprint posted under                                       |
| 10 )                                   | Reference Books and assigned readings                   | Brightspace/D2L "News)  |
|  | Kaplan & Sadock Chapter 2 pp. 181-<br>185 and Chapter 6 |   |
|  | Stahl reference   |   |
|  | DSM-5 reference   |   |
|  | Johnson & Vanderhoef Chapter 9                          |   |
|  | Consoli, Beutler & Bonger Chapter 4                     |   |
| Week 5<br>(Sept.                       | <b>Disorders of Mood</b> Depressive Disorders           | Written Exam #1 on Friday<br>9/29/2023  |
| 25 <sup>th</sup> )                     | Reference Books and assigned readings                   | Over weeks 1 thru 5 content Exam open 2 PM – 3:15 PM There will be 50 questions |
|  | Kaplan & Sadock Chapter 2 pp. 174-<br>181 and Chapter 7 | (Proctored Exam)  |
|  | Stahl reference   |   |
|  | DSM-5 reference   |   |
|  | Consoli, Beutler & Bonger Chapter 10                    |   |

| Week 6<br>(Oct. 2 <sup>nd</sup> ) | Trauma and Stressor<br>Related Disorders:                       | SOAP Note #1 due Thursday<br>10/5/2023 by 3 PM submitted<br>to drop box                    |
|-----------------------------------|---|--|
|                                   | Reference Books and assigned readings                           | to drop box  |
|                                   | Kaplan & Sadock Chapter 2 pp. 167-<br>174, and Chapter 10       |  |
|                                   | Stahl reference   |  |
|                                   | DSM-5 reference   |  |
|                                   | Johnson & Vanderhoef Chapter 10 pp. 222-225                     |  |
|                                   | Consoli, Beutler & Bonger Chapter 28                            |  |
| Week 7<br>(Oct. 9 <sup>th</sup> ) | Prepare for Midterm Examination  Johnson & Vanderhoef Chapter 2 | Mid-Term Oral Exam Friday<br>10/13/2023 – per your sign-up<br>time at Wichita Falls campus |
|                                   | ·   | ·  |
| Week 8<br>(Oct.                   | Anxiety Disorders   | Prep for Written Mid-Term Exam   |
| 16 <sup>th</sup> )                | Reference Books and reading assignments                         | (Blueprint posted under<br>Brightspace/D2L "News)<br>Written Mid-Term exam                 |
|                                   | Kaplan & Sadock Chapter 2 pp. 194-<br>203 and Chapter 8         | (comprehensive) will cover weeks 1-9 content   |
|                                   | Stahl reference   |  |
|                                   | DSM 5 reference   | Mid-Term Clinical Sign Off<br>Sheets due on Friday<br>10/20/2023 by 3PM                    |
|                                   | Consoli, Beutler & Bonger Chapter 6                             | 10,20,2020 09 01 111   |
|                                   | Johnson & Vanderhoef Chapter 10 pp. 195-218 and pp. 226-229     |  |

Week 9 (Oct. 23<sup>rd</sup>)

# Obsessive-Compulsive Related Disorders

# Reference Books and reading assignments

Kaplan & Sadock Chapter 2 pp. 203-207 and Chapter 9

Stahl reference

DSM-5 reference

Johnson & Vanderhoef Chapter 10 pp. 218-221

Consoli, Beutler & Bonger Chapter 7

Comprehensive Written Mid-Term Exam on Friday 10/27/2023juy Comprehensive - over weeks 1 thru 9 content Exam open 2 PM – 3:45 PM There will be 70 questions (Proctored Exam)

Week 10 (Oct.30<sup>th</sup>)

# Amnestic Disorders, Dissociative Disorders and Somatic Symptoms and Related Disorders Reference Books and reading assignments

Kaplan & Sadock Chapter 3 pp. 245-249. Chapters 11 and 12

Stahl reference

DSM-5 reference

Johnson & Vanderhoef Chapter 10 pp. 225-226

Consoli, Beutler & Bonger Chapter 8 is the last date to drop with
"W" by 4PM via the Registrar's
Office. After this date will
receive a grade of "F"

SOAP Note #2 due Friday 11/3/2023 by 3 PM submitted to drop box

| Week 11<br>(Nov. 6 <sup>th</sup> )  | Schizophrenia Spectrum and<br>Other Psychotic Disorders                          | Review PPT on schizophrenia posted on Bright Space/D2L "Content"        |
|-------------------------------------|--|---|
|                                     | Reference Books and assigned readings  | Content   |
|                                     | Kaplan & Sadock Chapter 2 pp. 207-211 and Chapter 5                              |   |
|                                     | Stahl reference  |   |
|                                     | DSM-5 reference  |   |
|                                     | Consoli, Beutler & Bonger Chapter<br>25  |   |
| Week 12<br>(Nov. 13 <sup>th</sup> ) | Disorders of Thought and Cognition Schizophrenias & Other Psychotic Disorders    | No assignments this week  |
|                                     | Reference Books and assigned readings  |   |
|                                     | Kaplan & Sadock Chapter 3 pp. 249-<br>266  |   |
|                                     | Johnson & Vanderhoef Chapter 11  |   |
| Week 13<br>(Nov. 20 <sup>th</sup> ) | Examination and Diagnosis of the Psychiatric Patient and Other Somatic Therapies | SOAP Note #3 due Monday<br>11/20/2023 by 3 PM submitted<br>via drop box |
|                                     | Reference Books and assigned readings  | Thanksgiving holiday begins at 10 PM on 11/21/2023                      |
|                                     | Kaplan & Sadock Chapter 1 pp. 61-<br>90 and Chapter 22                           | Happy Thanksgiving - Thursday<br>November 23 <sup>rd</sup> !            |
| Week 14<br>(Nov.                    | Nonpharmacological Treatment   | Class resumes post T/G holiday on Monday 11/27/2023                     |
| 27 <sup>th</sup> )                  | Reference Books and assigned readings  | Final Oral Exam Friday  |

|  | Johnson & Vanderhoef Chapter 8               | 12/1/2023 – per your sign-up  |
|--|--|---|
|  | Consoli, Beutler & Bonger Chapter 9          | time at Wichita Falls campus  |
|  | -  |   |
| Week 15<br>(Dec. 4 <sup>th</sup> )     | Last day for clinicals Thursday<br>12/7/2023 | Prep for Comprehensive Final Exam next week – covers weeks 1 -14 (Blueprint posted under Bright Space/D2L "News)  Friday 12/8/2023 ALL paperwork (final clinical sign off sheet, each preceptor's eval. of student and student's eval. of each preceptor and completed Electronic documentation of clinical hours due by 3 PM |
| Week 16<br>(Dec.<br>11 <sup>th</sup> ) | Note the Final Written Exam is this Monday   | Comprehensive Final Exam (covers weeks 1 -14) on Monday 12/11/2023 Exam open 2 PM – 3:45 PM There will be 70 questions (Proctored Exam)   |

Midwestern State University Wilson School of Nursing College of Health Sciences - Family PMH-NP Program

# **SOAP Note Assignment TIPS**

\*\*\*\*IMPORTANT – SOAP Note assignments are to be done on patients seen in clinicals of the <u>current</u> semester.

I would highly encourage everyone to view the interview video showing a pt. visit w/ MSE as well as referencing the supplemental SOAP guide. Both are posted under "Content" of Brightspace/D2L.

\*\*\*\*Please <u>use the headings</u> below when writing up this SOAP Note vs. long paragraphs. It is too hard to grade otherwise, and we do not want to miss anything you should have credit for in this assignment.

It is expected the student uses only professional medical terminology.

#### SOAP NOTE FORMAT RUBRIC

The easiest way to lose points on SOAP notes is to deviate from this format.

\*\*IMPORTANT – Each SOAP Note should be done on a pt. from a different age grp., different DX, and different drug management.

Subjective (Worth 20%) \*\*\*This is information the patient tells you.

Client identifying data:

Chief Complaint:

History of Present Illness:

Neurovegetative Symptoms:

Sleep

Appetite/weight

Energy

Concentration

Anhedonia

Mood

Diurnal variation of mood

SI/HI

Anxiety – all disorders

Mania

**Psychosis** 

Sexual interest

#### Psychiatric History:

Alcohol and other drug use history:

Current health status: Medical

conditions Allergies

Health maintenance behaviors Currently prescribed medications

**LMP** 

Last physical exam

Past Health Status: Major

illnesses

Hospitalizations

Surgeries Accidents

Major childhood illnesses

Pregnancy history/menstrual history

#### Family History:

Developmental History - Did they meet developmental milestones on time?

#### Social History:

Educational history Hobbies and interests

Legal history

Current living situation

Marital status and relationship history

Employment history

Financial status

Social network/support system

Religious history

Military history

Sexual history

Focused ROS – select 2-3 systems with a focus on your specific pt. in the SOAP Note

#### **Objective (Worth 20%)**

\*\*\*Remember – this is what you the PMHNP state, think or see (not the pt)

#### Mental status exam:

Appearance

Mood

Affect

Speech

Thought content

Thought processes

Alertness and LOC

Memory

Orientation

Concentration and attention

Behavior and psychomotor activity

Attitude toward examiner

Visuospatial ability

Capacity to read and write

Abstract thinking, proverbs, and similarities

Judgment

Fund of information and intelligence

Liabilities

Assets/strengths

#### Other Objective Data:

Vital signs – any present?

Ht./Wt./BMI – any present?

Lab results – any present?

Screening tool results – any present?

Pertinent Physical Exam: Select 2-3 systems pertinent to your specific pt. in the SOAP

Note

Assessment (Worth 25%)

Use references as needed to substantiate your info. below and cite per APA format.

Your diagnosis(es): List your primary diagnosis or diagnoses (patients can have more than one) per DSM-5. For example, do not state "depression" but rather MDD, single or recurrent episode and severity – look at how DSM-5 lists all diagnoses. We expect you list all your diagnoses in the proper DSM-5 format.

DSM-5 criteria: what criteria are met and not met at this time and how you arrived at the **PRIMARY DIAGNOS(ES)** at this time. Clearly state your primary diagnosis(es) then discuss how you substantiate the diagnosis(es) based on the DSM-5 criteria and your specific pt. Use reference (DSM-5) to substantiate this info. and cite per APA format.

**Differential diagnoses:** generally medical causes of the symptoms i.e. hypothyroidism, brain tumor, etc.... Simply list these:

- 1.
- 2.
- 3.

**Rule out diagnoses:** generally, refers to DSM diagnoses that you might suspect i.e. if MDD then could be R/O bipolar disorder most recent episode depressed. Simply list these:

- 1.
- 2.
- 3.

Neurobiology (include in rationale for treatment plan) for your primary diagnosis or diagnoses

Genetics
Neurotransmitters
Neuro-anatomical changes
Current theories of causation
Cultural factors

#### Plan and Rationale (Worth 25%)

Use references as needed to substantiate your info. below and cite per APA format.

Labs and diagnostic screening tools

#### Medications:

Dose and directions Why

this medication?

Neurochemistry and MOA

Side effects

**Expected benefits** 

Contraindications

Black box warnings

#### Therapy prescription: Types(s)

and duration Why this

therapy?

**Expected benefits** 

Therapy goals

#### Teaching plan: Safety

plan

Diet and exercise

Sleep

Stress management/set goals

Health promotion

Relationship issues

Resources

Teach about medications, side effects, cautions Referral

#### and consultations:

Psychological/psychometric testing (example if you suspect ADHD)

PCP for physical exam or referral to cardiology prior to starting stimulant meds. (if indicated).

Inpatient hospitalization or detox.

Partial hospitalization or OPT treatment

Follow up: When do you want to see this pt. back?

The timeframe for next appointment should be based on assessment and safety.

#### Spelling, grammar, punctuation and APA (10%)

# **Scoring Rubric for Discussions**

Each student is responsible to respond to the discussion topics posted by faculty on the Brightspace/D2L discussion board. This discussion takes the place of classroom discussion. Each student should lead a discussion on the topic, posing challenging questions that would further or refute your position or seek solutions. These are collegial, peer review type discussions, providing evidence of both depth and breadth of the issue. Grading is based on the discussion you lead, as well as your contribution to at the minimum two (2) other students' discussions. It is expected that all communication be professional and respectful.

**Pay close attention:** Post your OWN assignment for the discussion 7 days prior to the scheduled assignment due date to allow time for discussion to occur. In the past we have had students wait until the last minute to post their own assignment which does not give your peers time to respond to you and therefore negates the entire idea of a discussion.

\*\*\*Automatic 30 points deducted if you do not post YOUR OWN discussion within 7 days of due date to allow discussion with your peers.

**Cited references are required.** The discussion due date is listed in the course calendar of this syllabus. Do not post your discussions as attachments.

You must respond to at least TWO of your peer's initial posts (bantering back and forth with a peer about your own post is fine but will NOT count as a response to another peer's initial post). Please take note of this as points can easily be lost otherwise.

| Criteria              | Needs Improvement (0 points)   | Meets Expectations (18 points)   | Exceptional (25 points)  |
|-----------------------|--|--|--|
| Content               | Does not participate in the discussion   | Responses are vague. Displays some understanding of the topic or comment or develops ideas and stimulates some discussion. | Displays as understanding of the specific topic or comment under discussion. Develops ideas and stimulates discussion and includes application of content. |
| Participation         | The style of writing does not contribute to open, honest, communication or does not participate in the discussion. | The style of writing generally contributes to open, honest communication.  | The style of writing contributes to open, honest communication.  |
| Quality of<br>Writing | Written responses freq. contain obvious grammatical, spelling or punctuation errors. APA & references              | Written responses have few grammatical, spelling or punctuation errors. APA & references                                   | Written responses are free of grammatical, spelling or punctuation errors.  APA & references   |

| Reflective | Little evidence of reflective    | Reflective statements     | Evidence of strong     |
|------------|----------------------------------|---------------------------|------------------------|
| Thought    | thought pertaining to personal   | contain peripheral issues | reflective thought     |
|            | perspectives and professional    | that are generally        | pertaining to personal |
|            | development. Few if any          | accurate but could be     | perspectives and       |
|            | reflective statements. Tends to  | improved with more        | professional           |
|            | recite facts rather than address | analysis and creative     | development.           |
|            | issues.                          | thought.                  |                        |

# **Oral Exam RUBRIC**

|               | PMHNP Oral Practicum Evaluation |  |  |  |
|---------------|---------------------------------|--|--|--|
| Student:      | Date:                           |  |  |  |
| Faculty/Site: | Grade:                          |  |  |  |

| Skill Demonstration  | Possible Points | Actual Points |
|--|-----------------|---------------|
| Develops a therapeutic rapport with client   | 5               |               |
| Covers all components of an interview  | 10              |               |
| Mental Status Examination-all components   | 10              |               |
| Suicide Risk Assessment  | 10              |               |
| Violence Risk Assessment   | 5               |               |
| Evaluate and Recommend Proper<br>Labs  | 10              |               |
| Provides Appropriate Diagnostic Impression Using DSM-5 criteria  | 10              |               |
| Provides appropriate prescribed medications and education related to potential mechanism of action and potential side effects of medication(s) | 10              |               |
| Provides rationale for therapy   | 5               |               |
| Demonstrates sound clinical judgment when developing the plan of care.   | 10              |               |
| Initiates interventions for health promotion. Disease prevention and/or restoration.   | 5               |               |
| Presents a succinct, accurate and complete verbal presentation.  | 10              |               |