

Syllabus Human Development Across the Life Span PSYC 5233, X30 Summer I, 2020

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Class Time: N/A Location: N/A

This is a graduate level course. As such, the training that you receive will go beyond that encountered at the undergraduate level. You will be expected to work at a faster pace and to master more difficult material than you did as an undergraduate. As a graduate student in this course, you will be expected to analyze, explore, question, reconsider, and synthesize old and new knowledge and to acquire and apply advanced skills appropriate to your training and a Licensed Professional Counselor (LPC) or Licensed Psychological Associate (LPA).

Texts:

Juntunen, C. L., & Schwartz, J. P. (2016). *Counseling Across the Lifespan: Prevention and treatment* (2nd ed.). Thousand Oaks, CA: Sage Publications.

Publication Manual of the American Psychological Association (7th Ed.). (2020). Washington D. C.: American Psychological Association.

Goals:

- 1. Develop a non-DSM-5 perspective of psychological concerns.
- 2. Have a conception of when in the life span typical developmental concerns occur.
- 3. Be exposed to treatment from a developmental perspective.
- 4. Review major developmental phases.

Course Requirements:

Grades will be based on your performance on 2 exams.

Each **Exam** will be worth 100 points and students have 2 attempts (highest grade will be recorded). Both exams will be multiple choice with each question randomly selected from the large test bank. This means no two students will see the same exam. In addition, the second attempt will likely contain few if any of the same questions as attempt 1. Students are encouraged to take the first attempt early in the test period so preparation can be adjusted for a much higher performance on the second exam.

Since all students have 2 attempts per exam and all questions come straight out of the chapters, NO extra credit is offered.

200 points are possible:

180-200 = A 140-159 = C 119 or less = F 160-179 = B 120-139 = D

Americans with Disabilities Act

Midwestern State University does not discriminate on the basis of an individual's disability and complies with Section 504 and Public Law 101-336 (Americans with Disabilities Act) in its admissions, accessibility, treatment and employment of individuals in its programs and activities.

A copy of the ADA Compliance Document is available online at disability faq. It is the responsibility of the student to inform the instructor of any disabling condition that will require modifications. Students who require special accommodations must register with Disability Support Services before these accommodations can be provided. An Accommodation Request Form can be obtained at Accommodation Request.

Computer Requirements

Taking an online class requires you to have access to a computer (with Internet access) to complete and upload your assignments. It is your responsibility to have (or have access to) a working computer in this class. Assignments and tests are due by the due date, and personal computer technical difficulties will not be considered reason for the instructor to allow students extra time to submit assignments, tests, or discussion postings. Computers are available on campus in various areas of the buildings as well as the Academic Success Center. Your computer being down is not an

excuse for missing a deadline!! There are many places to access your class! Our online classes can be accessed from any computer in the world which is connected to the internet. Contact your instructor immediately upon having computer trouble. If you have technical difficulties in the course, there is also a student helpdesk available to you. The college cannot work directly on student computers due to both liability and resource limitations; however, they are able to help you get connected to our online services. For help, log into D2L.

Desire-to-Learn (D2L)

Extensive use of the MSU D2L program is a part of this course. Each student is expected to be familiar with this program as it provides a primary source of communication regarding assignments, examination materials, and general course information. You can log into D2L through the MSU Homepage. If you experience difficulties, please contact the technicians listed for the program or contact your instructor.

 a. Brightspace (maker of D2L) has tutorials available on YouTube. Please go to <u>Brightspace YouTube</u> for additional help.

College Policies and Procedures

Can be found at the bottom of the MSU home page or at <u>Human</u> Resources Policy

Academic Misconduct Policy & Procedures
Academic Dishonesty: Cheating, collusion, and plagiarism (the act of using source material of other persons, either published or unpublished, without following the accepted techniques of crediting, or the submission for credit of work not the individual's to whom credit is given). Additional guidelines on procedures in these matters may be found in the Office of Student Conduct. Any evidence of cheating will result in a grade of "F" and being reported to the Dean of Students.

Student Code of Conduct

MWSU's official policy in the University's Code of Student Conduct on page 52, states:

Instructor Drop An instructor may drop a student any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude, or for disruptive conduct. The instructor must give the student a verbal or written warning prior to dropping the student from the class. An instructor's drop of a student takes precedence over the student initiated course drop of a later date. The instructor will assign a grade of either WF or F through the first 9 weeks of a long semester, the first 6 weeks of a 10 week summer term, or the 12th class day of a 4 or 5 week summer term consisting of 20 days. After these periods the grade will be an F. The date the instructor drop form is received in the Office of the Registrar as the official drop date. A student dropped from a class by a faculty member for disruptive behavior has the right of appeal to the Student Conduct Committee through the Student Conduct office.

Midwestern State University Student Honor Creed

"As an MSU Student, I pledge not to lie, cheat, steal, or help anyone else do so."

As students at MSU, we recognize that any great society must be composed of empowered, responsible citizens. We also recognize universities play an important role in helping mold these responsible citizens. We believe students themselves play an important part in developing responsible citizenship by maintaining a community where integrity and honorable character are the norm, not the exception. Thus, We, the Students of Midwestern State University, resolve to uphold the honor of the University by affirming our commitment to complete academic honesty. We resolve not only to be honest but also to hold our peers accountable for complete honesty in all university matters.

We consider it dishonest to ask for, give, or receive help in examinations or quizzes, to use any unauthorized material in examinations, or to present, as one's own, work or ideas which are not entirely one's own. We recognize that any instructor has the right to expect that all student work is honest, original work. We accept and acknowledge that responsibility for lying, cheating, stealing, plagiarism, and other forms of academic dishonesty fundamentally rests within each individual student.

We expect of ourselves academic integrity, personal professionalism, and ethical character. We appreciate steps taken by University officials to protect the honor of the University against any who would disgrace the MSU student body by violating the spirit of this creed.

Written and adopted by the 2002-2003 MSU Student Senate.

Travel Plans

Please do not make travel plans that will interfere with your participation and successful completion of this course.

Tentative Reading and Exam Schedule

Notice: Changes in the course syllabus, procedure, assignments, and schedule may be made at the discretion of the instructor.

Weeks of Class Reading Assignment

June 1-4: Chapter 1: Introduction of a Life Span model of

prevention, early intervention, and treatment.

Lecture: Erikson

Lecture: Postpartum Depression

June 1-15: Chapter 2: Child Identity Development

Lecture: Attachment (Bowlby; Ainsworth; Chess

and Thomas)

Lecture: Developmental Red Flags Lecture: Piaget and Vygotsky

Test Chapters

Chapter 3: Fostering Resilience in Children Experiencing Developmental Disruptions

Chapter 4: Promoting Healthy and Effectiveness Relationships Among School-Aged Children in Youth

Chapter 6: Treating Common Childhood and

Behavioral Health Concerns.

Chapter 7: Promoting healthy Lifestyles Among

Adolescents

Chapter 8: Promoting Positive Identity Development During Adolescence: The Importance of Cultural

Contexts

Chapter 12: Treating Common Adolescent and

Behavioral Health Concerns.

Chapter 13: Preventing Adolescent and Young Adult

Suicide

Chapter 14: Promoting Healthy Relationships in

Young Adults

Midterm Examination: June 9th-June 16th

Test closes at 11:30 a.m.

Last day for a "W" June 18th

June 26-July 1 Lecture: Kohlberg and Gilligan

Lecturer: Kübler-Ross

Test Chapters

Chapter 15: Treating Young Adult Behavioral Health

Challenges

Chapter 16: Positive Parenting and Child Rearing:

Classic Models and Current Trends

Chapter 17: Navigating Work and Family

Connections Across the Lifespan: Preventing and

Managing Role Strain and Conflicts

Chapter 18: Prevention of Intimate Partner and

Family Violence

Chapter 21: A Positive Aging Framework for

Counseling Older Adults

Chapter 23: Prevention and Treatment: Working

Therapeutically With Older Adults

Chapter 24: Counseling Strategies for the Dying and

Their Loved Ones

Final Examination: Jun 25th-July 2nd

Test closes at 11:30 a.m.