Syllabus PSYC 5153, Theories of Personality Spring, 2022

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<u>Texts</u>: Ewen, R. B. (2010). <u>An introduction to theories of personality</u> (7th ed.). New York, NY: Psychology Press

John, O. P., Robins, R. W., & Pervin, L. A. (2008). Handbook of personality; Theory and research (3rd ed.). New York: The Guilford Press.

<u>Course Description</u>: This is a hybrid lecture and discussion course. It is expected that you will have read the assigned materials before coming to class, and that you will be prepared to discuss the readings in a thoughtful manner.

<u>Grades</u>: Grades will be based on three short-essay exams, and class preparation/participation.

Exams (30% each) 80%
Presentation: 15%
Class participation 5%

Attendance Policy: Graduate students are expected to make every effort to attend all classes. Failure to do so reflects on your commitment and professionalism, and will be taken into account in your evaluations. Excessive absences will result in a penalty on your final grade. Main issue here: Don't miss unless you have a good reason, and communicate that reason to me as soon as possible.

Make-up Policy: Missed exams may be made up without penalty if the absence is excused, and if you call in before the exam is given. Failure to call in advance will result in a penalty of 10 points (1 letter grade). You should be prepared to take the make-up exam the day you return to class.

Tentative Lecture, Reading and Exam Schedule

1/11: Introduction to the class & Theories of Personality

Ewen: Chapter 1: Introduction

1/13 Handbook: Chapter 1: History of Modern Personality Theory

and Research

Chapter 2: Human Nature and Individual Differences: Evolution

of Human Personality

1/18: Ewen: Chapter 2: Freud

1/20 Handbook: Chapter 3: Psychoanalytic Approaches to Personality

1/25: Ewen: Chapter 3: Jung

1/27 Handbook: Chapter 23: The Psychological Unconscious

Chapter 25: Personality and the Capacity for Religious and

Spiritual Experience

2/1 Ewen: Chapter 4: Adler

2/3 Handbook: Chapter 13: Parents' Role in Children's Personality Development:

The Psychological Resource Principle Chapter 21: Culture and Personality

2/8: No Class

2/10: Exam I

2/15: Ewen: Chapter 5: Horney

2/17 Handbook: Chapter 16: Naturalizing the Self

Chapter 17: Identity Negotiation: A Theory of Self and Social

Interaction

2/22: Ewen: Chapter 6: Fromm

2/24: Handbook: Chapter 18: Self-Regulation

Chapter 19: Self-Presentation of Personality: An Agency-

Communion Framework

3/1: Ewen: Chapter 8: Erikson

3/3: Handbook: Chapter 14: The Development of Personality Traits in Adulthood

Chapter 15: Challenges and Opportunities at the Interface of

Aging, Personality and Well-Being

3/8: Ewen: Chapters 9 & 10: Rogers & Maslow

3/10: Handbook: Chapter 31: Personality and Health: A Lifespan Perspective

Chapter 32: Personality and Subjective Well-Being

3/22: Ewen: Chapter 11: May

3/24: Handbook: Chapter 28: Emotion and Emotion Regulation:

Personality Processes and Individual Differences

Chapter 29: Self-Regulatory Processes, Stress and Coping

3/29: **No Class**

3/31: Exam II

4/5: Handbook: Chapter 8: Personal Narratives and the Life Story

4/7: Handbook: Chapter 27: Creativity and Genius

4/12: Ewen: Chapters 12 & 13: The Trait Perspective (Allport, Cattell, Eysenck,

5-Factor Model)

4/14: Handbook: Chapter 4: Paradigm Shift to the Integrative Big Five

Trait Taxonomy: History, Measurement and Conceptual Issues

Chapter 5: The Five-Factor Theory of Personality

4/19: Ewen: Chapters 14 & 15: Skinner & Bandura

4/21: Handbook: Chapter 22: Persons, Situations and Person-Situation Interactions

Chapter 10: Behavioral Genetics and Personality: A New Look at

the Integration of Nature and Nurture

4/26: **No Class**