

Tyson M. Alexander, MMFT, LMFT

2016 Crescent Abilene TX 79605

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Experience Highlights

Medical and Counseling Center Director

- Assume clinical and administrative responsibility for the ACU Medical and Counseling Center
- Manage and lead medical team to develop appropriate levels of care for the university
- Consult with other staff regarding case issues and inquiries
- Consult and supervise graduate student interns regarding case issues and inquiries
- Assisted in managing the Medical and Counseling Center budget and expenses
- Speak on behalf of the Medical and Counseling Center to University and community audiences
- Assessed and triaged client intakes and assigned them to counseling staff accordingly
- Provide crisis intervention and management, consulting with Residence Life Staff, University Police and other agencies on campus
- Respond after hours to crisis situations
- Developed and led workshops on anxiety, eating disorders and relationships and have presented them in various places on campus (counseling center, athletics, theater department, faculty/staff luncheons, foundations for success class, residence life staff)
- Participate in professional development, and attend/make presentations at professional conferences, University events, and in the community
- Consult with faculty, staff, and administration to resolve critical incidents related to a student's mental health
- Served as a member of the Behavior Intervention Team
- In final three months at SoH served as co-clinical director, guiding and developing the treatment for clients, as well as leading the team of therapists to accomplish these goals
- Developed and presented three hour CEU course for AbAMFT on treating eating disorders and co-occurring addictions
- Developed and led Family Week programming for clients and their families dealing with all forms of addiction and recovery
- Led family group sessions developing honesty between family members, teaching communication skills, emotional development skills, family sculpting, overcoming trauma and abuse of all forms, forgiveness, and facilitating healing between family members
- Facilitated individual sessions with clients as needed
- Developed treatment plans and administered assessments with clients as needed
- Spoke in various settings in regards to eating disorder awareness, as well as wrote articles for various websites on the same topic as well as dealing with families where eating disorders are present
- Filled in as clinical director when director was absent to lead the treatment team
- Trained and worked with interns from various universities
- Countless hours with adolescents and young adults as youth pastor and University chaplain
- Have training and experience with significant personality and psychological assessments (MSI-R, MMPI, MMPI-A, Myers Briggs Type Inventory, and Strong Interest Inventory).
- Certified in the PREPARE/ENRICH Premarital and Marital Enrichment assessment and counseling program.
- Received Certificate in Clinical Management

Educator

- Summer 2024 Family Life Cycle Class
- Summer 2023 presented at national ACHA conference on Grit and Resiliency
- Fall 2021 Counselor Education Internship II Class at Midwestern University
- Summer 2023 Family Life Cycles Course for Graduate in Marriage and Family Therapy ACU
- Supervise team of graduate interns from the marriage and family therapy department, school of psychology and school of social work, helping them manage their cases and processing client issues
- Implemented and developed personal development workshops on Anxiety, Depression and Mindfulness; presented workshop on Anxiety in a variety of areas on campus at ACU
- Certified Relationship IQ Facilitator and Trainer
- Developed and taught weekly lecture on addiction, boundaries, confrontations and co-dependency to families and clients attending family week
- Taught numerous lectures to clients regarding love addiction, communication, boundaries (physical, sexual and emotional), family roles, and various other topics

- Led weekly meetings to empower students in their various leadership areas (McMurry University)
- Developed and led international missions program at McMurry University, teaching awareness of need for social change in areas around the world

- Created and developed a small group, student led ministry at McMurry University

- Guest lecturer in various classes, speaking on a variety of topics

Work Experience

Director of the Counseling Center

Abilene Christian University

June 2019-Current

Abilene, TX

Interim Director of the Counseling Center

Abilene Christian University

October 2018-June 2019

Abilene, TX

Assistant Director of the Counseling Center

Abilene Christian University

August 2016-October 2018

Abilene, TX

Family Therapist

Shades of Hope

August 2011- August 2016

Buffalo Gap, TX

Assistant University Chaplain

McMurry University

August 2005-June 2010

Abilene, TX

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Education

Doctoral Candidate (PhD) in Counseling Education August 2020-Current
Texas Tech University

Masters in Marriage and Family Therapy August 2009 – August 2011
Abilene Christian University GPA: 3.85

Bachelors of Arts in Religious Studies August 1998 – May 2002
McMurry University

References

Available upon request

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