

MEGAN BODINE-SMITH

CONTACT INFORMATION

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Wichita Falls, TX 76309
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EDUCATION

Ph.D., Clinical Psychology, University of Toledo, Toledo, OH, *August 2, 2013*

Title: Development of the Mental Health Recovery Measure (MHRM) as a Clinical Assessment and Treatment Planning Tool for Persons with Serious Mental Illness.

M.A., Psychology, University of Toledo, Toledo, OH, *August 2011*

Title: The Child and Adolescent Functional Assessment Scale (CAFAS): A Reliability and Validity Evaluation.

B.A., Psychology, University of Michigan-Dearborn, Dearborn, MI, *December 2007*

Title: Mental Illness Stigma Within the College Community.

RESEARCH FOCUS

Integrated Behavioral Healthcare
Post-Traumatic Stress Disorder
Women's Health Issues

INTERNSHIP TRAINING AND EXPERIENCE

Captain and Resident, United States Air Force, August 2012-August 2013

Wilford Hall Ambulatory Center, Lackland AFB, TX

Supervisor: Major Teresa Hughes

- *Assistant Chief Resident*
- *Scientist-practitioner training model*
- *Rotations include: Clinical Health Psychology, Outpatient Behavioral Health, Primary Care intervention, Behavioral Analysis Services, and Neuropsychology*
- *Duties include: providing initial triage and safety evaluations; determination of patient disposition for basic military trainees; neuropsychological testing and assessment; Air Force Alcohol and Drug Abuse Prevention and Treatment (ADAPT) program, PTSD clinic, administration and interpretation of biofeedback responses*
- *59MHS serves as the largest of 15 clinical training sites in the United States Air Force, as well as the Medical Services' most productive clinical investigation facility*

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CLINICAL AND APPLIED EXPERIENCE

Private Practice

- *Clinical Psychologist*, September 2016-present (40 hrs/week). Owner of Falls Psychology Services. Fully licensed in Texas. Provide individual, group and family therapy to children, adolescents and adults utilizing various techniques including cognitive-behavioral, family systems, and brief solution-based therapy. Conduct psychological assessments for learning disabilities, Attention-Deficit/Hyperactivity Disorder, and various mental health symptomatology. Special focus on Post-Traumatic Stress Disorder treatment, utilizing Prolonged Exposure and Cognitive Processing therapy. Completed Veteran disability evaluations. Supervise two other fulltime clinicians and multiple interns. Collaborate with local physicians to create a chronic pain management group and liaise as integrated behavioral healthcare professional. Conduct psychological assessments for learning disabilities, Attention-Deficit/Hyperactivity Disorder, and various mental health symptomatology. Work closely with local psychiatrists for medication management.

Midwestern State University

Supervisor: David Carlston, Ph.D., Professor and Department Chair

- *Assistant Professor*, Director of Clinical Training for the MSU Psychology Graduate Program. August 2017- present. Currently teaching graduate level classes and Group/Individual Supervision. 30 hrs/week, Class size approx. 15 students. Responsibilities included the creation and presentation of lectures, running of discussion groups, development of educational activities, and grading of exams and assignments, supervision of all clients seen in the University clinic, provide on-call services for all clients, program management.

Sheppard AFB Mental Health Clinic

Supervisor: Major James Miller, PhD, OIC for Mental Health Clinic

- *Clinical Psychologist, Mental Health Clinic*, December 2018-present (40 hrs/week). Conduct clinical intake interviews, psychological testing, special duty clearances, therapy, consultation to commanders, and mental health outreach. Engaged in weekly consultation with local inpatient psychiatric facility to ensure continuity of care.

North Texas State Hospital

Supervisor: Mary Ann Robinson, Ph.D., Interim Director of Psychological Services

- *Chief Psychologist, Environmental Engagement Program*, July 2018-December 2018. Develop and maintain effective behavioral health program for patients. Clinical responsibilities include managing a caseload, psychological assessments, treatment planning with multidisciplinary team, individual therapy, forensic competency training. Administrative functions include supervision of master's level psychological staff and quality improvement of unit programming.

DBA Pathways Counselors and Consulting.

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- *Clinical Psychologist, Independent Contractor*, June 2017-present (10 hrs/week). Fully licensed in Texas. Conducts Department of Veterans Affairs (VA) Compensation (C&P) Mental Examinations.

Red River Hospital

Supervisor: Stephen Roser, LCSW, Director of Clinical Services

- *Director of Military Programs*, October 2015-September 2016. Develop and maintain effective behavioral health program for active duty military personnel. Clinical responsibilities include managing a caseload, psychosocial assessments, treatment planning, individual therapy, and post-discharge planning. Administrative functions include supervision of staff, program development and implementation. Academic functions include traveling to different military installations to provide CEU trainings on the following topics: Post Traumatic Stress Disorder and Behavioral Health Interventions.

United States Air Force

Supervisor: Captain Jason Ross

- *Mental Health Provider, Mental Health Clinic, Sheppard AFB, TX*, July 2015-November 2015. Conduct clinical intake interviews, psychological testing, special duty clearances, therapy, consultation to commanders, and mental health outreach. Engaged in weekly consultation with local inpatient psychiatric facility to ensure continuity of care.
- *Behavioral Health Optimization Program (BHOP) Element Chief, Family Health Clinic, Sheppard AFB, TX*, November 2013-July 2015. Functioned as a Behavioral Health Consultant within the Family Health Clinic to help provide integrated behavioral health care for active duty members, dependents, and retirees. Transitioned into the Element Chief in December 2014, functioning as the head of the Behavioral Health Optimization Program. Conducted brief, focused assessments on functionality and quality of life regarding symptoms. Provided patients with education, self-management strategies, and skill building techniques. Provided consultation to primary care physicians and consultations for family health, pediatrics, women's health, internal medicine, and mental health clinics. Established a satellite clinic for airmen-in-training to provide care more consistent with their schedule and location. Established embedded provider services to Security Forces Squadron. Provided outreach to training squadrons as needed. Performed program evaluation and supervised one social work clinician and one mental health technician. Continued work as BHOP provider. Helped facilitate roll-out of Patient Centered Medical Home (PCMH) initiative and participated in meetings of collaboration between primary care physicians, disease management, case management, and other specialties to provide continuity of care.

Harbor Behavioral Health Community Mental Health Center

Supervisor: Melissa Lanza, Ph.D.

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- *Harbor Secor Road Location – Clinic Supervisee*, August 2011 to May 2012, 10 hrs/week. Conducted clinical intake interviews, individual therapy, psychological testing, Psychological testing for Learning Disorders, Intellectual Disabilities, qualification for Mental Retardation diagnosis, ADHD, Conduct Disorders, and Autism Spectrum Disorder. Therapeutic work includes a focus on the CBT method and strategies for diagnoses such as depression, anxiety, and anger, as well as using the Cognitive Processing Therapy model to work with individuals with trauma.

Supervisor: Janis G. Woodworth, Ph.D.

- *Harbor 22nd Street Location – Clinic Supervisee*, May 2010 to May 2011, 20 hrs/week. Conducted clinical intake interviews, psychological testing, child and family therapy, group therapy, anger management skills training (7-16 year olds) in a community mental health facility. Psychological testing for Learning Disorders, Intellectual Disabilities, qualification for Mental Retardation diagnosis, ADHD, and Conduct Disorders. Also conducted Bariatric Surgery Psychological Evaluations for adults needing psychological approval for the procedure. Therapeutic work includes a working with children victims of physical/sexual abuse, parent training, social skills training, anger management, disruptive behavior disorders, conduct disorders, and depression.

University of Toledo

Faculty Supervisors: Joni Mihura, Ph.D., Wesley Bullock, Ph.D., Jeanne Brockmyer, Ph.D., Sallyann Treadaway, Ph.D., Greg Meyer, Ph.D.

- *Psychological Clinic – Psychology Doctoral Student Clinician*, January 2009 to May 2012, 3-10 hrs/week. Conduct assessments and therapy with clients of the UT Psychology Clinic, following mainly a Cognitive Behavioral perspective. Adult therapy includes eating disorders, depression, anxiety, stress management and personality disorders; other therapy experiences include couples counseling and pre-marital counseling; child therapy includes work with behavior problems and self-harmful behavior and parent training. Testing includes intelligence, learning disability, ADHD, and autism spectrum disorders, as well as using personality measures with each client.

Lucas County Court Appointed Special Advocate (CASA)

Supervisors: Judy Leb, Carol Martin, Anita Levin

- Volunteer CASA, December 2009 to May 2012. Position includes working with a non-profit organization that assists abused and neglected children through the court system.

National Alliance on Mental Health (NAMI)

- *Positive Connections Children's Group Co-Leader*, Fall 2009 through May 2010. Position included psycho-education and teaching behavior management skills to children with severe mental illnesses and ranging from ages six through 17 years.

Independent In-Home Therapist through Wayne County, Michigan

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- *Applied Behavior Analysis In-Home Therapist*, January 2007 through August 2008. Position included working individually with one child with autism spectrum disorder, using techniques from ABA and play therapy.

TEACHING EXPERIENCE

Midwestern State University

- *Adjunct Professor, Director of Clinical Training*, August 2017-present. Abnormal Psychology. 10 hrs/week, Class size approx. 60 students. Responsibilities included the creation and presentation of lectures, running of discussion groups, development of educational activities, and grading of exams and assignments.

Red River Hospital

- *Continuing Education Units (CEU) training*
 - Provide 1-2 hour trainings on mental health treatments and interventions at various military installations. Topics include *PTSD: Evidence-based treatments* and *Behavioral Health Interventions within Mental Health Treatment*

Sheppard Air Force Base

- *Mental Health Education Brown-Bag Luncheons*
 - Provide 1-2 hour trainings on mental health treatments and interventions for Mental Health Clinic staff, both providers and behavioral health technicians. Topics include Behavioral Health Interventions within Mental Health Treatment, Sleep Enhancement, Managing Suicide Risk, Tobacco Cessation, ADHD Behavioral Management, Chronic Pain Management, Psychological Disorders.

University of Toledo

- *Freshman Orientation Course*
 - 20 hrs/week, classes of 50-100 students. Created syllabus, curriculum, lectures, activities, created & graded exams. Lectures included topics to increase student independences, such as how to become more involved on campus, as well as study techniques and how to manage money.
- *Guest Lecturer*
 - Psychopathology. Instructor: Jeanne B. Brockmyer, Ph.D.
- *Teaching Assistant*
 - Introduction to Psychology. 10 hrs/week, Class size approx. 50 students. Responsibilities included the creation and presentation of lectures, running of discussion groups, development of educational activities, and grading of exams and assignments.
 - Research Practicum. 10 hrs/week, 10 graduate students. Responsibilities included helping generate research ideas and teaching students how to write a literature review and then complete a psychological research paper, including teaching and utilizing APA style.
 - Lifespan Development. 10 hrs, Class size approx. 200 students. Responsibilities included presentation of lectures, holding office hours, and grading of exams and assignments.

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SPECIAL TRAINING

- Licensure in Texas, February 2017.
- Licensure in Washington State, September 2015.
- Behavioral Healthcare Interventions, Sheppard AFB
- Motivational Interviewing, Lackland AFB and Sheppard AFB
- Training in Topics in Deployment Psychology (certification in Cognitive Processing & Prolonged Exposure Therapy, as well as training in sleep hygiene, pain management, and CBTI/Insomnia techniques). September 2012, Uniformed Services University of the Health Sciences, Walter Reed National Medical Center (Bethesda, MD)
- Annual CPR/First Aid Certification. October 2012-present, American Heart Association.
- Commissioned Officer Training, July- August 2012, Air University Officer Training School, Maxwell Air Force Base (Montgomery AL)
- Cognitive Processing Therapy. July 2011, University of Toledo. Completed online modules relating to psychoeducation about PTSD, trauma narrative, and identifying problematic thought patterns in individuals with trauma, roughly equivalent to ten hours of training in these areas.
- Trauma Focused Cognitive Behavioral Therapy. August 2010, Harbor Behavioral Healthcare. Completed online modules relating to psychoeducation, stress management, affect expression and modulation, cognitive coping, creating a trauma narrative, cognitive processing, behavior management training, parent-child sessions, and evaluation of individuals who have experienced a trauma, roughly equivalent to ten hours of training in these areas.

CONFERENCE PRESENTATIONS

Bullock, W.A., Lee, A., Tenbarger, B., Ozbey, T., & Bodine, M. (2011, August). *Wellness Management and Recovery: An Evidence-Based Practice for Individuals with Serious Mental Illness*. Poster presented at the annual conference of the American Psychological Association in Washington, D.C.

Bullock, W.A., Lee, A., Tenbarger, B., Ozbey, T., & Bodine, M. (2011, June). *Wellness Management and Recovery: Moving WMR Towards an Evidence-Based Practice*. Poster presented at the annual conference of the United States Psychiatric Rehabilitation Association in Boston, M.A.

Kincaid, M. (2008, May). *Mental Illness Stigma Within the College Community*. Poster presented at the annual conference of the Midwestern Psychological Association in Chicago, IL.

RESEARCH EXPERIENCE

Red River Hospital, Wichita Falls, TX

- *Outcome studies for Military Heroes Unit*
 - Collect pre-treatment and post-treatment data from depression, anxiety, and PTSD measures to evaluate program efficacy.

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Wilford Hall Ambulatory Surgical Center, Lackland AFB, TX

- *Co-creator of M.A.P.S. ("Making a Plan for Success") Program for USAF Airmen-In-Transition*
 - Motivational interviewing protocol aimed to assist USAF airmen-in-transition with future goal-setting and long-term adjustment to civilian life
 - Collaborated with ATAF military training leaders (MTLs). promoting continued tracking of post-protocol outcome measures

University of Toledo-Psychology Department

- *Doctoral Dissertation, Defense accepted January 2013. Development of the Mental Health Recovery Measure (MHRM) as a Clinical Assessment and Treatment Planning Tool for Persons with Serious Mental Illness.*
- *Manuscript Preparation, July 2011. The Child and Adolescent Functional Assessment Scale (CAFAS): A Reliability and Validity Evaluation and Outcome Study.*
- *Masters Thesis, Defense accepted July 2011. The Child and Adolescent Functional Assessment Scale (CAFAS): A Reliability and Validity Evaluation. Thesis Chair, Wesley A. Bullock, Ph.D.*
- *Research Assistant, May 2009 to December 2009. 5 hrs/week. Data entry and training of new students. Supervisor, Wesley A. Bullock, Ph.D.*

The Guidance Center

- *Research Assistant, October 2007 to August 2008. 40 hrs/week. Creating and maintaining research database on SPSS, Excel, and Access, training undergraduate assistants on data entry process and data analysis. Performed data entry, statistical analyses, and wrote up results for grant applications. Supervisor, Heidi Rykert.*

The University of Michigan-Dearborn

- *Undergraduate Honor's Thesis, Defense accepted April 2008. Mental Illness Stigma Within the College Community. Thesis Chair, Jane Sheldon.*

PROFESSIONAL & OTHER AFFILIATIONS

American Psychological Association- Full Member (2016)

Texas Psychological Association- Full Member (2016)

The University of Toledo Mentoring Collaborative Mentor (2009-2010)

National Alliance on Mental Illness – Member (2009 – Present)

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Ohio Psychological Association – Student Member (2008 – 2012)

American Psychological Association- Student Member (2007- 2013)

Psi Chi, the National Honor Society for Psychologists – Student Member (2006 – Present)

PROFESSIONAL ACTIVITIES

Conference on Wellness Management and Recovery (WMR), at Bergamo Retreat Center, Dayton, OH, May 2011

Topics included examination of the dimensions of wellness, as well as the newest outcomes from research on the WMR project. Conference on Wellness Management and Recovery

ACT Against Violence Training, Toledo, OH, August 2010

Topics included learning techniques and how to implement a community-based, primary prevention of family violence and child maltreatment.

Recovery (WMR), at Mohican State Park, Loudonville, Ohio, June 2009

Topics included newest research on the WMR project and what “Recovery” means for consumers.

POSITIONS HELD, AWARDS, AND SCHOLARSHIPS

Behavioral Health Optimization Program (BHOP) Element Chief, Sheppard AFB (December 2014-July 2015). Awarded Trainer Status; eligible to train mental health professionals in the Air Force to become certified BHOP providers.

Distinguished Psychology Resident of the Year, Wilford Hall Ambulatory Surgical Center (August 2012-August 2013)

Assistant Chief Resident, Wilford Hall Ambulatory Surgical Center (August 2012-August 2013)

Air Force Health Professions Scholarship (August 2011-present)

Council of University Directors of Clinical Training (CUDCUP) Representative (September 2011 to present)

APAGS Campus Representative (August 2010-present)

- Receive important national mental health communications and distribute among UT graduate students; receive and act on mental health action alerts.

Graduate Student Advisor for Psi-Chi (2008-2009)

- Grad student advisor: Acted as a Faculty-Student liaison between graduate Psi-Chi advisor and Psi-Chi members, helped organize events and projects and recruitment of new students.

COMPUTER AND SOFTWARE SKILLS

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Microsoft Excel; Experienced in the importing/exporting of data, developing databases, graphs, and tables.

Microsoft Word; Experienced developing manuscripts and various document formats

Microsoft Power Point; Experienced developing presentations for class lectures and professional meetings, creating flyers and poster presentations for professional presentations.

SPSS; Experience with data import and statistical analysis.

AHLTA; Electronic Medical Record

PROFESSIONAL REFERENCES

Dr. Jesse Gorley, Board Certified Psychiatrist. 210-710-5443

Dr. Jennifer Wilson, Clinical Psychologist. 719-200-6098