

BRANDY MOUNTS, PhD, LPC-S

Counselor ✨ Business Owner ✨ Supervisor ✨ Educator ✨ Speaker

Round Rock, Texas 78665

brandy.mounts@alliancecounselingworks.com 512.775.5273

Curriculum Vitae

EDUCATION AND CREDENTIALS

PhD of Counselor Education and Supervision, 2018 – Texas Tech University, Lubbock, Texas

Dissertation: *The Influence of Education Regarding the International Adoption Process in United States Adoptive Parents*

Master of Education in Counseling, 2005 – Tarleton State University, Killeen, Texas

BSIS of Elementary Education, 1993 – Lubbock Christian University, Lubbock, Texas

PROFESSIONAL EXPERIENCE

ALLIANCE COUNSELING WORKS, LLP, Round Rock, Texas

Co-Founder, CEO and Clinical Director (3 Regional Locations), June 2018 to Present

Clinical Director and Supervisor : (of 25 Mental Health Clinicians)

Oversee all aspects of the operations of *Alliance Counseling Works, LLP* :

- Scaling and Growth of 3 Regional Clinics
- Emphasizing diversity, social justice, and multicultural counseling
- Practice development, training, supervising
- Human resources, liability, client relations
- Organization, record keeping, employee retention
- Leading individual and group supervision
- Networking events, marketing, publicity, advertising
- Recruit, Hire, Train new employees/therapists and administrative staff
- Supervision of Mental Health Clinicians serving clients across multiple locations, serving over 1000 clients monthly
- Provide Group and Individual Case Consultation and Management to therapists across multiple locations
- Conduct Employee Performance Reviews and Implement Performance Improvement Plans
- Supervise counseling interns, focusing on various treatment modalities, client relationships, and assessment tools.

Continued...

Practicing Clinician:

- Provide counseling for adolescents, teens, and adults in the areas of: adoption & attachment, anxiety & depression, career, ADHD, trauma, self-esteem, relationships, parenting, academics and more.

Supervisor:

- Supervisor of LPC Associates, Practicum and Internship students

ST. EDWARDS UNIVERSITY (CACREP ACCREDITED), Ausin, Texas
Adjunct Professor, May 2022 to May 2023

In person instruction of graduate students in the subjects of:

- **Professional Orientation:** Introduction to the profession of professional counseling, designed to familiarize graduate students with a basic knowledge of the counseling field. Topics include an overview of the profession's historical and philosophical foundations, current trends, ethics codes, laws, HIPAA, and documentation.
- **Internship I University Supervisor:** Field-based experience, primarily in direct counseling services for students in their first semester of internship. Emphasis is on the transition from student to professional counselor, obtaining hours in direct and indirect counseling service.
- **Practicum Site Supervisor:** Field-based experience, primarily in direct counseling services for students in their practicum semester. Emphasis is on the transition from student to professional counselor, obtaining hours in direct and indirect counseling service.
- **Group Counseling:** An introduction to group psychotherapy with an overview of group dynamics and group processes. Exploration of group counseling models, group leadership and techniques, including planning and facilitating group.
- **Essentials of Private Practice:** Course personally designed from experience for students with interest in pursuing private practice. Components include: ethics and Texas law, creating and streamlining business strategy, navigating the insurance world vs private pay.

MIDWESTERN STATE UNIVERSITY (CACREP ACCREDITED), Wichita Falls, Texas
Adjunct Professor, January 2022 to Present

Instruct and motivate online graduate students in:

- **Counseling Individuals through Crisis, Grief and Trauma:** Crisis services, grief experiences, and exposure to trauma are three of the most common areas that counselors address with clients. Focused on providing students an overview of resources, tools, theories, and techniques to assist clients in dealing with crisis situations, grief experiences, and exposure to trauma.
- **Substance Abuse Counseling:** Focused on ethical and legal issues, the effect of substances on the brain and body, assessment and diagnosis, treatment planning, counseling modalities, and working with diverse cultures.

- **Counseling Children:** Explored counseling from the perspective of a child. Emphasis on various theoretical approaches to children's counseling and special populations, play therapy and other creative approaches to working with children.
- **Professional Orientation and Ethics:** Introduction to the profession of professional counseling, designed to familiarize graduate students with a basic knowledge of the counseling field. Topics include an overview of the profession's historical and philosophical foundations, current trends, ethics codes, laws, HIPAA, and documentation.
- **Human Relations:** Introduced the basics of individual difference in interpersonal communication, and facilitated a better understanding of the importance of developing positive relationships with others in the work setting. The problem solving skills, decision making skills, teamwork skills, motivating skills, and other management skills were also introduced to prepare the students for a successful career in the contemporary organization environment with particular attention to diverse populations.

TEXAS TECH UNIVERSITY (CACREP ACCREDITED), Lubbock, Texas

Teaching Assistant, 2016 to 2017

Instructed and motivated graduate students in three major courses:

- **Child & Adolescent Counseling:** Emphasized youth developmental approaches via various effective counseling techniques, including crisis prevention and intervention, along with constructive relationship-building to incur youths' overall future success.
- **Orientation to the Counseling Profession:** Encouraged understanding of the mental health profession, counseling theories, systems, professional development, and social and cultural foundations of counseling.
- **Ethical and Legal Issues:** Concentrated on ethics principles, professional identity, and ethical decision-making. Applied advanced knowledge to design graduate level content and elicit in-depth discussions.

HUTTO ISD, Hutto, Texas

School Counselor, August 2017 to June 2019

Classroom guidance, individual and small group counseling with a focus on behavior intervention and social skills instruction. Established and maintained relationships with parents, teachers and administration. Collaborated with local mental health providers and school leadership to enhance individual student plans and interventions.

- Supervised school counselor interns
- Implemented research-driven counseling modalities to successfully address and reduce maladaptive student behaviors.
- Recruited and trained community members to create the largest school mentor program in the district.
- Supervised and aided colleagues in implementing highly successful RTI (Response to Intervention) process, and effective pinpoint and prevent behavioral issues.
- Awarded Professional of the Year for the campus and district.

HIGHLAND PARK ISD, Amarillo, Texas

School Counselor, January 2014 to June 2017

Identified students' needs through direct and indirect counseling, as well as Crisis Intervention, while establishing and maintaining relationships with parents, teachers and administration. Provided classroom guidance and reinforce Behavior Intervention Team with colleagues to minimize and prevent behaviors. Collaborated with local mental health entities for enhanced student care, as well as managing students' 504 and ESL records. Trained other educators and new counselors in student behavior, RTI, teaching strategies, child abuse procedures, etc. Facilitated state mandated testing.

- Developed awareness of educational needs in the community, leading to high school students tutoring elementary schoolers in a structured, hands-on mentorship program.
- Conducted research and raised funds to aid in creation of Read and Ride room for students, leading to noticeably greater physical participation and achievement.
- Supervised and aided colleagues in implementing highly successful RTI (Response to Intervention) process, and effective pinpoint and prevent behavioral issues.
- Created and managed Ambassador program for student leaders, which involved managing tours and assemblies, and establishing solid connections with families.

SMITHVILLE ISD, Smithville, Texas

School Counselor, August 2009 to June 2011

Regularly provided counseling services to students, successfully implemented Crisis Intervention techniques, conducted behavioral interventions in a team, and maintained communication with parents, teachers and school administration. Initiated clear communication with mental health facilities to ensure efficient, accurate care for students' while maintaining students' 504 records.

- Identified students' academic needs and operated Peer Mediation Program, training students to enable peer growth.
- Promoted environment conducive to student growth and independence by creating behavioral intervention plans, establishing peer mediation and aiding in academic achievement.

LEANDER ISD, Leander, Texas

School Counselor, August 2005 to June 2009

Built relationships with students, parents and staff through counseling and regular consultations. Created an engaging, safe environment with staff on the Behavior Intervention Team. Consistently tracked students' 504 records and maintained up-to-date contact with local mental health organizations to enhance student care. Effectively utilized Crisis Intervention methods. Facilitated state mandated testing as Testing Coordinator.

LAMPASAS ISD, Lampasas, Texas

5th Grade Math & Science Teacher, 2002 to 2005

Educated high-needs students, drastically improving their academic performance, and achieving notable state test scores.

FAITH BAPTIST CHURCH, Kaiserslautern, Germany
2nd Grade Teacher, 1999 to 2000

WAELDER ISD, Waelder, Texas
4th and 5th Grade Language Arts Teacher, 1995 to 1997
K-5 Science Teacher, 1994 to 1995

PEARSALL ISD, Pearsall, Texas
7th Grade Language Arts Teacher, 1993 to 1994

PUBLICATIONS

Mounts, B., & Bradley, L. (2020). Issues Involving International Adoption. *The Family Journal*, 28(1), 33–39. <https://doi.org/10.1177/1066480719887494>

Mounts, B. (2018). *The influence of education regarding the international adoption process in United States adoptive parents* (Doctoral dissertation).
<https://hdl.handle.net/2346/82718>

PROFESSIONAL TRAININGS

TACES Mid-Winter Conference (2023)

American Counseling Association Annual Conference and Expo (2023)

Texas Counseling Association: Annual Professional Growth Conference. (2022)

Counselor Education Growth Conference: Legal Issues Counselor's Face; Reimagining Ethical Counseling (2022)

Texas Counseling Association: Annual Professional Growth Conference. (2021).

Texas Counseling Association: Annual Professional Growth Conference. (2020).

Texas Counseling Association: Annual Professional Growth Conference. Dallas, TX (2019).

Texas Counseling Association: Annual Professional Growth Conference. Galveston, TX (2017).

NARMH Conference: Exploring What Works: Caring for the Country. San Diego, CA. (2017).

TACES Mid-Winter Conference: Bridging a Divide: Best Practices in Creating Healthy Communities. Austin, TX (2017).

Counselor Education Growth Conference: Couples Counseling, Ethics, LGBTQ Issues, Infertility. Texas Tech University (2015).

Response to Intervention (RTI) Bootcamp. Amarillo, TX (2015).

Sexual Abuse Awareness Training Programs. Palacios, TX (2015).

Texas School Counselor Association Professional Conference. Dallas, TX (2012).

PROFESSIONAL PRESENTATIONS

Mounts, B., Proctor, C., McGruder, T., Caminos, D. (2023) . Culture on my Couch: Counselors Supporting Intercultural Adoptive Families.

- To be presented at TCA Conference, Houston, TX

Mounts, B., Mounts, C., Losey, C. (2023). 6 Hour Learning Institute: Take Back Your Life: How to Leave the Grind and Build a Balanced Private Practice.

- To be presented at TCA Conference, Houston, TX

Mounts, B., Proctor, C., Bradley, L., Hendricks, B., Hollingsworth, L. (2023). Between Two Worlds: Navigating and Honoring Intercultural Adoption.

- Presented at ACA Conference, Toronto, ON

Mounts, B., Bradley, L., Hernandez, D., Donato, R., Giang, L., Hollingsworth, L. (2022). Salient Issues in Navigating Successful Intercultural Adoptions.

- Presented at TCA Conference, Dallas, TX

Bradley, L., Parr, G., Marbley, A., Mounts, B. (2017). Ethical vs. Unethical Dilemmas: Discussion and Decision.

- Presented at TCA Conference, Galveston, TX.

Mounts, B., Rosen, E., Tanner, M., Fox, T. (2018) Mental Health Needs for Lubbock, TX and Surrounding Rural Communities: Research Application Experience in Counseling.

- Presented at NARMH Conference, San Diego, CA.

Mounts, B., Aleksandr, K., Delony, J., Galica, M., Long, S., Clark, K., Onofre, A., Felderhof, K., Marden, E., Pearson, L., Rosen, E., Tanner, M., Fox, T., Lavalley, B. (2017). Mental Health Needs for Lubbock, TX and Surrounding Rural Communities: Research Application Experience in Counseling.

Mounts, B., Aleksandr, K., Delony, J., Galica, M., Long, S., Clark, K., Onofre, A., Felderhof, K., Marden, E., Pearson, L., Rosen, E., Tanner, M., Fox, T., Lavalley, B. (2017). Preparation for Comprehensive Exams and the NCE.

- Presented to Graduate Students at Texas Tech University.

Mounts, B., Nash, B., Barnett, V., Higgins, T. (2016). A Recap of Student Growth Resulting from Academic Interventions in Reading and Math.

- Presented to the Highland Park ISD Board of Trustees.

Mounts, B., Barnett, V. (2015). How to Create and Utilize Student Portfolios.

- Presented at the Amarillo Education i3 Conference.

Mounts, B., Aleksandr, K., Delony, J., Galica, M., Long, S., Clark, K., Onofre, A., Felderhof, K., Marden, E., Pearson, L., Rosen, E., Tanner, M., Fox, T., Lavalley, B. (2015). Leading a Revolution in American Mental Health: Combating STIs, HIV/AIDS, Teenage Pregnancy and Addressing the Cultural Dimensions of Sexual Health Mini-Conference.

- Presented at Texas Tech University.

Mounts, Brandy (2015). The Effects of Domestic Violence on Children at School.

- Presented at Amarillo College.

AWARDS

Professional of the Year, Hutto ISD (2018)

PROFESSIONAL ASSOCIATIONS

American Counseling Association

Texas Counseling Association

Texas Association for Counselor Education and Supervision

Texas Association for Multicultural Counseling and Development

Capital of Texas Counseling Association