

Curriculum Vitae

Dr. Patrick Helton DHEd, RRT, RRT-NPS, RPFT, RCHES
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Education

DHEd	2018	Health Education A.T. Still University Kirksville, MO
MS	1992	Occupation Education University of Houston Houston, TX
BA	1987	History Langston University Langston, OK
AAS	1981	Respiratory Therapy Tulsa Community College Tulsa, OK
AA	1975	Education Tulsa Community College Tulsa, OK.

Professional Certification/Licensure

Oklahoma License for Respiratory Care Practitioner
Registered Respiratory Therapist
Neonatal/ Pediatric Respiratory Care Specialist
Registered Pulmonary Function Technologist
Certified Health Education Specialist (Retired)

Professional Positions:

Adjunct faculty Respiratory Care, August 2017 to present. Midwestern State University, Wichita Falls, Texas

Currently teach two courses per semester in an online degree advancement program.
Responsible for student evaluation and continued course enhancements.

Assistant Professor of Respiratory Care, July 2010 to July 2017. Midwestern State University, Wichita Falls, Texas

Clinical Chair Department of Respiratory Care, July 2007 – July 2010. Midwestern State University, Wichita Falls, Texas

Assistant Professor of Respiratory Care, July 2005 to July 2007. Midwestern State University, Wichita Falls, Texas

In the foregoing positions I created clinical schedules, set up affiliation agreements with training sites, taught clinical skills and counseled students. Each semester I taught at least four courses and set-up and ran the respiratory care skills lab. Prepared and administered tests; curriculum development, planned and designed instructional methodology which consist of lectures, class discussions, lab work, simulations, case studies, and scenarios. Developed class outlines and lesson plans, and implemented appropriate training material, aids and handouts for oral and visual presentation to students. Evaluated student learning outcome through several different modes of tests and evaluations. Provided academic advising, degree planning, career and academic counseling.

Director of Clinical Education Respiratory Care, October 1997 to August 2002. San Jacinto College Central, Pasadena, Texas

Created clinical schedules, set up affiliation agreements with training sites, taught clinical skills and counseled students. Each semester I taught at least four courses and taught in the respiratory care skills lab.

Chairman Respiratory Care, August 1995 to September 1997. San Jacinto College Central, Pasadena, Texas

Directed a department of 3 full-time and 4 part-time instructors - lead the department through a re-accreditation site visit with full-reaccreditation granted and no deficiencies noted in the program. Developed departmental budgets and taught 3 classes per semester while recruiting and counseling incoming Respiratory Care students.

Director of Clinical Education, September 1994 to August 1995. San Jacinto College Central, Pasadena, Texas

Instructor, Respiratory Care, August 1990 to September 1994. San Jacinto College Central, Pasadena, Texas

Instructor, Respiratory Care, August 1988 to August 1989. San Jacinto College Central, Pasadena, Texas

Clinical Instructor, Respiratory Therapy (Part-time) 1983 to 1985. Tulsa Junior College, Tulsa, Oklahoma

Courses taught:

Adult Critical Care
Adult Critical care Procedures and Equipment
Basic Respiratory Therapeutics
Cardiopulmonary Anatomy and Physiology
Clinical Patient Management
Ethics for Respiratory Care
Introduction to Respiratory Care
Therapeutic Procedures and Equipment
Respiratory Pharmacology
Neonatal and Pediatric Respiratory Care
Neonatal Procedures and Equipment
Pulmonary Diagnostics
Education Theory and Practice
Research in Respiratory Care
Management in Respiratory Care

Professional Activities

Attended of AARC International Respiratory Congress
(December 2007, 2008, 2009, November 2012)
Attended University of Oklahoma Medical Center Fall Conference, Oklahoma City, Oklahoma
(September, 2011)
Attended 59th International Respiratory Convention and Exhibition, AARC Congress, Anaheim,
California, (November, 2013)
Attended 43rd Annual Texas Society for Respiratory Care Convention, San Antonio, Texas,
(May, 2014)
Attended MSU Counseling Center, Suicide Prevention In-service “Question, Persuade, Refer,”
(October, 15, 2014)
Attended 60th International Respiratory Convention and Exhibition, AARC Congress, Las Vegas,
Nevada (December, 2014)
Attended Texas Society for Allied Health Professions Conference, San Antonio, Texas (Sept. 23-
25, 2015)
Attended International Respiratory Convention and Exhibition AARC Congress, San Antonio,
2016 (Oct. 14 – 18, 2016)

Professional Service**Midwestern State University:**

Respiratory Care Admissions Committee (2005-2017)
Respiratory Care Curriculum Committee (2005-2017)

Respiratory Care Scholarship Committee (2006-2017)
Respiratory Care Faculty Search Committee (Spring 2013)
Respiratory Care Secretary Search Committee (Spring 2013, Summer 2013)
Respiratory Care Faculty Search Committee (Spring 2017)
Faculty Grievance Committee (2008-2010)
Student Grievance Committee (2013-2015)

Service to the Profession

Active Membership in the Following Professional Organizations:

- American Association of Respiratory Care
- Oklahoma Society for Respiratory Care
- National Commission for Health Education Credentialing
- American Association of Asthma Educators

Presentations:

July, 2019, *Meeting the workplace needs of millennial RCPs*. Texas Society for Respiratory Care Annual Conference, Waco, TX.

June, 2018, *Exit strategy: Exploring why respiratory therapists leave practice*. Texas Society for Respiratory Care Annual Conference, New Braunfels, TX.

Book Review:

Ethical and Legal Aspects of Allied Health Care Practice. Projected publication January 2022, Jones and Bartlett publishing company

Publications:

Helton, P.R. & Gresham, J., (2021). Undergraduate Health Science Education During a Pandemic: Perceptions and Experiences of Respiratory Care Students, *Respiratory Care Education Annual*, (30) (under review).

Helton, P.R., Gresham-Anderson, J., Case, R.D., & Judie, E.L. (2020). Career Intentions of Degree Advancing Respiratory Therapists: A Mixed Methods Study, *Respiratory Care Education Annual*, (29), 13-23.

Helton, P.R. (2019). Exploring Why Respiratory Therapists Leave Practice: A Thematic Qualitative Analysis, *Respiratory Care Education Annual*, (28), 26-35.

Helton, P.R. (2018). Exploring Why Respiratory Therapists Leave Practice: A Qualitative Study, *Proquest-CSA, LLC*.

Helton, P. R., Gresham–Anderson J. (2017). Life Satisfaction: A Mixed – Method Study of Recent Respiratory Care Graduates, *Respiratory Care Education Annual*, (26), 31-38.