

Tiffany A. Stewart, Ph.D.

TIFFANY A. STEWART, PH.D., LPC

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EDUCATION

- Ph. D.** University of Akron, 2009
Counselor Education and Supervision
(CACREP accredited)
- M.S.** Minnesota State University, Mankato 2001
Rehabilitation Counseling
(CORE accredited)
- B.A.** Southern University at New Orleans, 1999
Psychology

LICENSE

Licensed Professional Counselor (65803)- Texas

ACADEMIC APPOINTMENTS

- Fall 2015-present Associate Professor, Midwestern State University, Department of Counseling
- Fall 2009-present Assistant Professor (**Tenured**), Midwestern State University
Department of Counseling
- Spring 2007-
Spring 2009 Lecturer, The University of Akron
Department of Counselor Education and Supervision
- Fall 2007-Spring
2008 Lecturer, Youngstown State University
Department of Counseling

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PROFESSIONAL EXPERIENCE

Clinical Experience

- 2015-present **Counselor, Tiffany Stewart Counseling.**
Provide counseling services to private pay and third party pay clients from the community. Development of treatment plans, implementation of therapeutic techniques during the counseling process to challenge and change negative and unproductive thought processes and monitor progress.
- 2010-2014 **Counselor, Midwestern State University Counseling Center.**
Responsibilities included providing counseling services to college students of university. Developed of treatment plans, implementation Cognitive Behavioral techniques during counseling process to challenge negative thought processes, and monitor progress.
- 2010 **Counselor, First Step Battered Shelter, Wichita Falls, TX.**
Duties included providing counseling services to survivors of domestic violence and sexual assault. Developed treatment plans, implemented cognitive behavioral techniques during counseling process to challenge negative thought processes, and monitored progress.
- 2008-2009 **Counselor, Minority Behavioral Health Group, Akron, OH**
Provided counseling services in the Akron Public Schools to students in grades K-12. Conducted assessments and developed treatment plans. Implemented cognitive behavioral techniques during counseling process to challenge negative thought processes. Developed case plans to assist families with family preservation and monitored progress.

PUBLICATIONS:

Stewart, T. (in progress). Gilda: Painting the hand you were dealt. *Cases on Cross-Cultural Counseling Strategies*. IGI Global.

Stewart, T., Owens, D., & Queener, J. E. (in progress). Black male career development: Chaos theory of careers. In Ross, W. (Ed.). *Counseling African American Males: Effective Therapeutic Interventions and Approaches*. Information Age Publishing. Greenwich, CT.

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Huang, S., **Stewart, T.**, & Blacklock, P. (2016). African American high-school students' motivational, behavioral, and literacy strategies across content areas.

Owens, D. & **Stewart, T.**, & Queener, J. E. (2016). Non-traditional clinical approaches: Black Males. In Ross, W. (Ed.). *Counseling African American Males: Effective Therapeutic Interventions and Approaches*. Information Age Publishing. Greenwich, CT.

Huang, S., **Stewart, T.**, & Blacklock, P. (2014). African American high-school students' motivational, behavioral, and literacy strategies across content areas.

Stewart, T., Owens, D., Queener, J. E., & Reynolds, C. (2014). The effects of racial climate, Black racial identity, and acculturative stress on African Americans in counseling training programs. *Michigan Journal of Counseling: Research, Theory & Practice*, 41, 1, 4-17.

Stewart, T. (2014, Spring). Racial incident based trauma as suicide risk among African American men. *Psych Discourse*.

Solmonson, L. L., & **Stewart, T.** (2013). The impact of adult attention deficit hyperactivity disorder symptoms on maternal parenting behaviors. *Michigan Journal of Counseling: Research, Theory & Practice*, 40, 1, 14-26.

Stewart, T. (April, 2013). Navigating the waters of academia. *Counseling Today*, 16-17.

Owens, D., **Stewart, T.**, & Bryant, R. (2011). Urban African-American high school adolescent females' perceptions, attitudes, and experiences with their professional school counselors: A pilot study. *Georgia Journal of School Counseling*, 34-41.

Stewart, T., Semivan, S., & Schwartz, R. (2009). The art of advocacy: Strategies for psychotherapists. *Annals of the American Psychotherapy Association, Summer*, 12, 2, 54-59.

Stewart, T. (2006). A hurricane of personal growth. *Counseling Today*, September issue 36,44.

Research (In progress)

Stewart, T. (data collection complete). The relationship between school counselor educators perception of their body image and perceptions of obese children.

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Stewart, T. (in progress). School counselor preparedness and post training needs: A national study.

Dissertation

Stewart, T. (2009). Black racial identity, acculturative stress, and racial climate among African Americans in CACREP accredited graduate programs.

PROFESSIONAL PRESENTATIONS:

Stewart, T. (2022). Am I really good enough: Overcoming imposter phenomenon. Presented at the North Eastern Texas Counseling Association, Dallas, TX.

Stewart, T. (2022). Are my clients going to find out I'm a fraud: Examining imposter phenomenon. Presented at the American College Counseling Association, Las Vegas, TX.

Stewart, T. (2022). Examining imposter phenomenon. Presented at San Jacinto College, Pasadena, TX.

Stewart, T. (2021). Overcoming imposter phenomenon. Presented at Texas Counseling Association, Galveston, TX.

Stewart, T. (2019). Tips for addressing anxiety from societal pressures of success with millennials. Presented at the American Association for College Counselors Conference, San Diego, CA.

Stewart, T. (2018). Creative strategies and practices when supervising millennials. Presented at the Texas Association for Counselor Education and Supervision Conference, Austin, TX.

Stewart, T. & Duran, L. (2017). Treating clients who have suffered from trauma. Presented at the Texas Counseling Association, Corpus Christi, TX.

Stewart, T. & Duran, L. (2016). Trauma vs. Crisis: How counselors need to address them differently. Presented at the Association for Counselor Education and Supervision, Philadelphia, PA.

Stewart, T., Queener, J., Meniru, M, Goncalces, M, & Turner, B. (2015). Black men and mental health. Presented at the Black Male Summit, Akron, OH.

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Stewart, T., Owens, D., Vance, T., & Queener, J. E. (2014). The forgotten group: Mental health treatment for African American men. Presented at the Association for Black Psychologist (ABPsi) International Conference, Indianapolis, IN.

Owens, D. & **Stewart, T.** (2014). A national study: School counselor preparedness and post training needs: Implications for Counselor Educators. Presented at Ohio Association for Counselor Education and Supervision (OACES), Columbus, OH.

Stewart, T., Owens, D., & Semivan, S. (2013). Advocacy savvy for urban school counselors. Presented at the Association for Counselor Education and Supervision (ACES) National Conference, Denver, CO.

Semivan-Gibson, S. & **Stewart, T.** (2013). Responding to CES hiring trends: The Teaching Philosophy & Research Statement. Presented at the Association for Counselor Education and Supervision (ACES) National Conference, Denver, CO.

Stewart, T., & Atanmo, D. (2013). Racist incident based trauma as suicide risk among African American men. Presented at The Association of Black Psychologists International Conference, New Orleans, LA.

Owens, D., **Stewart, T.,** Thomas, D., Bryant, R., & King-White, D. (2013). Urban School Counselors and Social Justice: Best practice and considerations. Presented at the American Counseling Association (ACA) National Conference, Cincinnati, OH.

Semivan, S., Jordan, J., & **Stewart, T.** (2011). Blogs as outreach mechanisms for college counselors. Presented at the Association for Counselor Education and Supervision (ACES) National Conference, Nashville, TN.

Semivan, S., Jordan, J., & **Stewart, T.** (2011). Teaching philosophy 101: Devising a teaching statement. Presented at the Association for Counselor Education and Supervision (ACES) National Conference, Nashville, TN.

Stewart, T. (2011). Suicide among African American men. Paper presented at the Eastern Educational Research Association Annual Conference, Sarasota, FL.

Kitchen, M., & **Stewart, T.** (2011). Can your marriage survive your personality? Presented at the Texas Counseling Association Annual Conference, Fort Worth, TX.

Andersen, P., **Stewart, T.,** & Kitchen, M. (2010). Advocacy competencies and political savvy. Presented at the Texas Counseling Association Annual Conference, Austin, TX.

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Beechler, J., & **Stewart, T.** (2010). Counseling children with special needs. Presented at Texas Counseling Association Annual Conference, Austin, TX.

Queener, J., & **Stewart, T.** (2010). Racial climate, black racial identity, and acculturative stress among African Americans in CACREP-accredited counselor education programs. Paper presented at The Association of Black Psychologists International Conference, Chicago, IL.

Beechler, J., & **Stewart, T.** (2010). Counseling children with disabilities. Presented at the Texas Council for Exceptional Children Conference, Irving, TX.

Stewart, T. (2010). The role that discrimination, reverse discrimination, and white privilege play in counseling the culturally diverse. Presented at the Texas Counseling Association-Greenbelt Division, Wichita Falls, TX.

Stewart, T., & Queener, J. (2010). Racial climate, black racial identity, and acculturative stress among African Americans in CACREP-accredited counselor education programs. Presented at the Eastern Educational Research Association Conference, Savannah, GA.

Lewis, J., Smith, W., **Stewart, T.**, & Williams, J. (2008). Multicultural counseling and supervision: Strategies to retain professionals of color. Presented at the North Central Association of Counselor Education and Supervision Conference (NCACES), Indianapolis, IN.

Jordan, J., Semivan, S., & **Stewart, T.** (2006). Supervision training at the master's level. Presented at the All Ohio Counselors Conference, Columbus, Ohio.

Semivan, S., Jordan, J., & **Stewart, T.** (2006). Supervision: A context for advocacy. Presented at SACES Conference, Orlando, FL.

Semivan, S., Jordan, J., & **Stewart, T.** (2006). Integrating advocacy into the supervisory relationship. Presented at the Ohio Association for Counselor Education and Supervision (OACES). Columbus, Ohio.

Cox, M., & **Stewart, T.** (2005). Answering my ethical questions as a counselor in the community. Presented at the All Ohio Counselors Conference, Columbus, Ohio.

Assistantships & Research Appointments

January 2008-

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December 2008 **Graduate Research Assistant: Department of Counseling, The University of Akron**

Research assistant for Resistance to Multiculturalism research for both empirical and theoretical manuscripts intended to be submitted for publication, including literature reviews, organization of materials, leading focus groups, and written manuscript sections.

August 2007-

March 2008 **Graduate Research Assistant: Department of Counseling, The University of Akron**

Research assistant for theoretical manuscripts intended to be submitted for publication, including literature reviews, organizations of materials, and written manuscript sections.

September 2006-

May 2008 **Graduate Research Assistant: Department of Counseling, The University of Akron**

Participated in the administration of counseling At-Risk adolescents for Mobile AllStars for the prevention of diabetes, including creating and implementing treatment plans and creating quarterly reports for state commission board.

August 2006-

May 2007 **Graduate Research Assistant: Department of Counseling, The University of Akron**

Assisted in **CACREP self-study**. Specific duties included distributing, collecting, and tabulating survey information pertaining to CACREP standards, composed report to be combined with CACREP report with final tabulations.

August 2005-

May 2006 **Graduate Research Assistant: Department of Counseling, The University of Akron**

Responsibilities included research projects involving data collections, literature searches, teaching assignments (graduate counseling courses) and additional duties as assigned.

January 2000-

December 2000 **Graduate Research Assistant: Cultural Diversity Office, Minnesota State University, Mankato**

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Responsibilities included research projects involving minority student needs related to academic progress, including data collection, literature searches, and additional duties as assigned.

Honors and Awards

Texas Counseling Association (TCA) Distinguished Service Award
(2017; 2018)

Texas Association for Counselor Education and Supervision (TACES)
Emerging Leader (2014)

Counselors for Social Justice (Division of ACA) 'Ohana Honors Award
(2013)

Who's Who Professionals (2008)

Chi Sigma Iota-Counseling and Academic Honor Society International
Fellow Award (2008)

Chi Sigma Iota-Counseling and Academic Honor Society International,
President (2007)

Midwestern State University Committee Assignments

University Committees

2017-2018	Multidisciplinary Task Force Committee
2017-present	University Website Committee
2012-2014	Tenure and Promotion Policy Review Committee
2010-2014	Teaching and Learning Resource Center (TLRC), Chair
2010-present	Student Support Services (SSS) faculty advisor
2011-2012	College Research Committee
2011	Student Support Services search committee member
2010	Counseling Center search committee member
2010	Student Support Services search committee member
2010	Louisiana Student Organization faculty advisor

College of Education Committees

2015-2016	Tenure and Promotion College Committee
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2010 - 2011 NCATE accreditation Diversity Committee Member

2011 - 2013 NCATE accreditation Field Placement Committee Member

Program

2018 Clinical Mental Health Program Coordinator

2015- present CACREP Liaison

2010 – 2019 New Student Orientation Coordinator

2010 – 2018 Counseling Site Supervisor Appreciation Coordinator

Professional Membership/Service

- Texas Counseling Association (TCA), **Regional IV Director, 2018-2021**
- Texas Counseling Association (TCA) Journal of Professional Counseling: Practice, Theory and Research **Editorial Board Member**, 2015-present
- Association for Counselor Education and Supervision (ACES), **Technology Interest Network Task Force Committee Member** (2015-present)
- American Counseling Association (ACA) **Awards Committee Member**, 2013-present
- Texas Counseling Association (TCA) **Membership Committee Co-Chair**, 2014-2016
- Texas Association for Multicultural Counseling and Development (TexAMCD) **Secretary**, 2015-2016
- Texas Association for Counselor Education and Supervision (TACES) **Planning Committee Member**, 2014
- Greenbelt Counseling Association, **Senator**, 2014- 2018
- Association for Counselor Education and Supervision (ACES)
- Texas Counseling Association (TCA)
- Association for Black Psychologists (ABPsi)
- Chi Sigma Iota, Alpha Upsilon Chapter, **President**, 2007
- Chi Sigma Iota, Alpha Upsilon Chapter, **President-Elect**, 2006-2007
- First Step of Wichita Falls, Inc., Board Member, 2010
- Rose Street Day School, Board Member, 2010 – present
- Precious Panel Member, Midwestern State University- Feb. 2010
- And the Rain Came to Mayfield Panel Member, Midwestern State University, Feb. 2010
- United Way CIC Education Council Early Childhood Education Team- 2010

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Research Interest

- Multicultural Counseling
- School Counseling
- African American Suicide Prevention
- Counselor Effectiveness
- CACREP Program Policy Use and Effectiveness
- Urban Education

INVITED REVIEWS

- Invited SACES grant reviewer (2012).
- Invited TACES program reviewer (2011).
- Invited SACES program reviewer (2011).
- Invited **book review** for Pearson: *Orientation to the Counseling Profession: Advocacy, Ethics, and Essential Professional Foundations* by Erford, B. T. (2011).
- Invited **book review** for Sage: *The Essential Counselor* by Hutchinson. (2010).
- Invited **Student Evaluator**, in the search of new Assistant Dean, College of Education, University of Akron.

Grants

West College of Education Funded

Principle Investigator: School Counselors' Self-Perceived Body Image and Perceptions of Obese Children. \$2457 funded by West College of Education.

Courses Taught

Fall 2009-present

Midwestern State University

- Multicultural Counseling
- Reality Therapy
- Marriage and Family
- Internship
- Practicum
- Introduction to Educational Research
- Applied Research
- Introduction to Counseling
- Human Development and Learning
- Professional Development
- Counseling Theories
- Counseling Theories II

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- Introduction to Substance Abuse

Fall 2006-
present

The University Akron

- Seminar in Counseling
- Multicultural Counseling

Fall 2007-
Spring 2008

Youngstown State University

- Mental Health and Wellness
- Counseling Theories