

# David L. Carlston

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Psychology Department  
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## Education and Professional Certification

Licensed Psychologist, Texas State Board of Examiners of Psychologists 2007

Ph.D., Clinical Psychology, Ohio University 2004

Dissertation: Demographic and clinical factors associated with parent-child discrepancy from multiple statistical approaches.

Committee: Benjamin M. Ogles (chair), Bruce Carlson, Karen Carlson, Julie Owens, Julie Suhr

M.S., Clinical Psychology, Ohio University 2001

Thesis: Exploring explanations for the nature and direction of youth and parent discrepancy.

Committee: Benjamin M. Ogles (chair), Christine Gidycz, John McNamara

B.S., Psychology, Brigham Young University, 1997

## Professional Experience

2023 – Present	<u>Independent Provider</u> , Brightside Medical, INC
2021 – Present	<u>Independent Provider</u> , Doctor on Demand
2018 – Present	<u>Department Chair</u> , Midwestern State University, Psychology Department, Wichita Falls, Texas
2015 – Present	<u>Professor</u> , Department of Psychology, Midwestern State University, Wichita Falls, Texas
2014 – 2023	<u>Reviewer</u> Medical Review Institute of America
2017 – 2018	<u>Interim Department Chair</u> , Midwestern State University, Psychology Department, Wichita Falls, Texas
2015 – 2018	<u>Designated Institutional Official</u> , Wichita Falls Family Medicine Residency Program, Wichita Falls, Texas
2011 – 2018	<u>Behavioral Health Consultant</u> , Wichita Falls Family Medicine Residency Program, Wichita Falls, Texas
2009-2017	<u>Graduate Coordinator</u> , Department of Psychology, Midwestern State University, Wichita Falls, Texas
2009-2015	<u>Associate Professor</u> , Department of Psychology, Midwestern State University, Wichita Falls, Texas
2012-2013	<u>Adjunct Faculty</u> , Online Learning Operations, Brigham Young University - Idaho, Rexberg, Idaho
2004-2008	<u>Assistant Professor</u> , Department of Psychology, Midwestern State University, Wichita Falls, Texas
2003-2004	<u>Psychological Intern</u> , Oklahoma Health Consortium, University of Oklahoma, Norman, OK

2002-2003	<u>Graduate Teaching Assistant</u> , Department of Psychology, Ohio University, Athens, OH
2002-2003	<u>Psychology Assistant</u> , Echoing Meadows Residential Center, Athens, OH
2002-2003	<u>Psychology Assistant</u> , Integrated Service Systems for Youth, Athens, OH
1997-1999	<u>Youth Corrections Counselor I</u> , Slate Canyon Youth Center, Provo, Utah

## **Teaching Responsibilities**

### Undergraduate:

Ohio University	PSY 233 – Psychology of Personality PSY 221 – Statistics for the Behavioral Sciences
Brigham Young University Idaho	PSYC 201 – Developmental Psychology Lifespan PSYC 302 – Research Methods
Midwestern State University Undergraduate	PSYC 1103 – Introductory Psychology PSYC 1103 – Introductory Psychology (Honors) PSYC 3303 – Writing in Psychology PSYC 3233 – Developmental Psychology PSYC 3603 – Abnormal Psychology PSYC 3853 – Health Psychology PSYC 3913 – Human Relationships & Interactions PSYC 4153 – Child and Adolescent Psychology PSYC 4773 – Evaluation of Clinical Psychology PSYC 4773 – Community Based Research Methods
Graduate	PSYC 5103 – Cognitive Behavioral Therapy PSYC 5123 – Child and Adolescent Psychology PSYC 5133 – Techniques of Assessment (Intellectual Assessment) PSYC 5200 – Foundations of Research Methods and Outcome Assessment PSYC 5203 – Applied Research Methods and Outcome Assessment PSYC 5233 – Human Development across the Life Span PSYC 5263 – Health Psychology PSYC 5283 – Professional Issues PSYC 5863 – Biological Bases of Behavior PSYC 6001 – Teaching Practicum PSYC 6013 – Evaluating Therapy PSYC 6123 – Groups PSYC 6153, 6163, & 6173 – Practicum I, II, & III PSYC 6181 – Evidence Based Practice PSYC 6200 – Internship II PSYC 6203 – Internship I PSYC 6983 – Thesis

## Research and Scholarly Activities

### Interests

Treatment Outcome: Outcome assessment/measurement, treatment effectiveness, and dropout.

Student Learning: The impact of pedagogy and student learning strategies on academic outcome.

Health Psychology: Smoking cessation, obesity intervention lifestyle modification, and physician education.

### Research Publications

(† indicates student collaborator)

Mattar, A., Carlston, D., Seriol, G., Yu, T., Almustafa, A., Melton, G., Ahmed, A. (2017). The prevalence of obesity documentation in primary care electronic medical records: Are we acknowledging the problem? *Applied Clinical Informatics*, 8, 1-13.

Khan, T., Williams, J., Patel, A., Mattar, A., Khurana, A., Johnson, D., Patel, A., Takieldeem, A., Carlston, D., Ahmed, A. (2016). Electronic kidney injury clinical predication score (ecKlips), population-based protocol. *International Journal of Nephrology and Kidney Failure*, 2(3): doi <http://dx.doi.org/10.16966/2380-5498.133>.

Spiller, L., Stiles, B., Carlston, D., & Hise†, L. (2012). Perceived vulnerability of HIV infection, prejudice toward gay men, and sexual behaviors of heterosexual college students. *Psi Chi Journal of Psychological Research*, 17, 73-79.

Carlston, D. L., Packard, J. R., & Mattar, A. (2012). Exploratory analysis of patients' motivations to quit smoking and participate in smoking cessation classes. *Family Medicine*, 44, 727-730.

Carlston, D. (2011). Benefits of student-generated note packets: A preliminary investigation of SQ3R Implementation. *Teaching of Psychology*, 38(3), 142-146.

Carlston, D. & Ogles, B. (2009). Age, gender, and ethnicity effects on parent-child discrepancy using identical measures. *Journal of Child and Family Studies*, 18(2), 125-135.

Baghurst†, T., Carlston, D., Wood, J. (2007). Preadolescent male perceptions of action figure physiques. *Journal of Adolescent Health*, 4, 613-615.

Carlston, D. L. & Ogles, B. M. (2006). The impact of items and anchors on parent-child reports of problem behavior. *Child & Adolescent Social Work Journal*, 23(1), 24-37.

Ogles, B. M., Carlston, D., Hatfield, D., Melendez, G., Dowell, K., & Fields, S. A. (2006). The role of fidelity and feedback in the wraparound approach. *Journal of Child and Family Studies*, 15(1), 115-129.

Ogles, B. M., Dowell, K., Hatfield, D., Melendez, G., & Carlston, D. (2004). The Ohio Scales. In M. E. Maruish (Ed.), *The use of psychological testing for treatment planning and outcome assessment* (3<sup>rd</sup> ed., pp. 275-304). Hillsdale, New Jersey: Lawrence Erlbaum.

Carlston, D. & Ogles, B. M. (2002). Parent-Child Discrepancy: Exploring Explanations. In Roth, D. (Ed.), *New Research in Mental Health: 2000-2001 Biennium*, 15, 210-218.

Ogles, B. M., Hatfield, D. Carlston, D., Fields, S. A., Dowell, K., & Melendez, G. (2002). The Role of Fidelity and Feedback in the Wraparound Approach: Initial Data. In Roth, D. (Ed.), *New Research in Mental Health: 2000-2001 Biennium*, 15, 240-245.

### Research Presentations

(† indicates student collaborator)

Carlston, D. L. (2023). Self-generated metaphors for depression: A critical analysis. Presentation at the 69<sup>th</sup> annual meeting of the Southwestern Psychological Association, Frisco, Texas.

Carlston, D. L. (2022). Dysfunctional Attitudes Scale: Relationship with internalizing symptom report. Presentation at the 68<sup>th</sup> annual meeting of the Southwestern Psychological Association, Baton Rouge, Louisiana.

Carlston, D. L. (2022). Excel as a tool for teaching writing skills and reducing plagiarism. Southwestern Teachers of Psychology annual meeting, Baton Rouge, Louisiana.

Carlston, D. L. (2022). Positive Psychology: An applied primer. Presentation made at the MSU Texas Life-long Learning Center.

Carlston, D. L. (2021). Preparing for the non-financial aspects of retirement. Presentation made at the MSU Texas Life-long Learning Center.

Carlston, D. L. (2019). Cognitive predictors of functioning and mental health symptoms. Presentation at the 65<sup>th</sup> annual meeting of the Southwestern Psychological Association, Albuquerque, New Mexico.

Carlston, D. L. (2019). College student self-perceptions' role in mental health. Presentation at the 65<sup>th</sup> annual meeting of the Southwestern Psychological Association, Albuquerque, New Mexico.

Carlston, D. L. (2019). Motivational interviewing: A framework for inspiring change. Faculty Forum. 2018 Hardin Professor Lecture. Midwestern State University, Wichita Falls, Tx.

Carlston, D. L., Ahmed, A., & Cortez†, M. (2018). Binge eating disorder: Relationship with obesity and weight loss. Presentation at the 64<sup>th</sup> annual meeting of the Southwestern Psychological Association, Houston TX.

Cortez†, M. & Carlston, D. L. (2018). Religiosity as a moderator of mental health help-seeking. Poster presented at the 64<sup>th</sup> annual meeting of the Southwestern Psychological Association, Houston TX.

Cortez†, M. & Carlston, D. L. (2018). Severity judgments and help seeking in college students. Presentation at the 64<sup>th</sup> annual meeting of the Southwestern Psychological Association, Houston TX.

- Carlston, D. L. (2017). Principles of effective experiential learning: Conflict in the classroom. Southwestern Teachers of Psychology annual meeting, San Antonio TX.
- Carlston, D. L., Ahmed, A., Khan, T., & Williams, J. (2107). Feasibility of Behavioral Interventions for Obesity in Outpatient Primary Care. 63<sup>rd</sup> annual meeting of the Southwestern Psychological Association, San Antonio, TX
- Johnson, D., Noe, D., Carlston, D., Medepalli, S., Baker, M., Takieldeem, T., Amari, A., Szczerba, A., & Ahmed, A. (2017). The effect of a dedicated pharmacy technician on accuracy and timeline of medication reconciliation in the emergency room. Poster presented at TexMed 2017, Houston, TX.
- Williams, J., Ahmed, A., Carlston, D., Tate†, H., Ajonovic, A., Alsadoon, A., Mohammed, H., & Szczerba, A. (2017). Factors associated with obesity recognition in primary care the outpatient clinic: Who are mostly diagnosed. Poster presented at TexMed 2017, Houston, TX.
- Williams, J., Cortez†, M., Alsadoon, A., Alhomsí, A., Carlston, D., & Ahmed, A. (2017). Binge eating behaviors among obese patients and readiness to lose weight in a low socioeconomic status population. Poster presented at TexMed 2017, Houston, TX.
- Carlston, D. L. (2016). Motivational interviewing: Training impact in a family practice residency. Paper accepted for presentation at the 62<sup>nd</sup> annual meeting of the Southwestern Psychological Association. Dallas, TX.
- Mattar, A., Carlston, D., Seriol, G., Yu, T., Almustafa, A., Melton, G., & Ahmed, A. (2016). The prevalence of obesity documentation in primary care electronic medical records: Are we acknowledging the problem? Presentation at the International Congress on Obesity, Vancouver, Canada.
- Mattar, A., Carlston, D., Seriol, G., Yu, T., Almustafa, A., Melton, G., & Ahmed, A. (2016). The prevalence of obesity documentation in primary care electronic medical records: Are we acknowledging the problem? Poster Presentation at TexMed 2016. Dallas, TX.
- Carlston, D. L. (2015). College student health service utilization: Over-reliance on paraprofessionals. Paper presented at the 61<sup>st</sup> annual meeting of the Southwestern Psychological Association. Wichita, KS.
- Carlston, D. L. (2015). Enhancing recruitment into clinical trials for high morbidity populations: A pilot. Paper presented at the 61<sup>st</sup> annual meeting of the Southwestern Psychological Association. Wichita, KS.
- Carlston, D. L. (2015). Using in-class demonstrations to increase significant learning. Teaching demonstration presented at the Southwest Teachers of Psychology. Wichita, KS.
- Carlston, D. L., Khan, T., Grisel, J., Medina, R., Keller, M., Younis, M., Dinulescu, C., & Elsakka, M. (2015). Otitis Externa: Adherence to Choosing Wisely campaign recommendations. Poster presented at TexMed 2015. Austin, TX.
- Carlston, D. L. (2014). Physician deficits in effective lifestyle modification recommendation: An

opportunity for collaboration. Paper presented at the 60<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, Texas.

Carlston, D. L., Abazid, A., Singh, S., Chebli, Y., Bulla, A., & Aburas, K. (2014). Motivational interviewing: Evaluation of a resident training module. Poster presented at meeting of the Wichita Falls County Medical Society.

Cuellar†, S. & Carlston, D. L. (2014). Using personality to predict college students' deviant behavior: BFI vs. HEXACO. Paper presented at the 60<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, Texas.

Carlston, D. L., Hussein, A., Aleem, S., Dolouei, R., Jodeh, A., & Muneer, S. (2014). Impact of sleep apnea treatment on mental health functioning. Poster presented at meeting of the Wichita Falls County Medical Society.

Lantz, E†., Diekhoff, G. & Carlston, D. L. (2014). How many participants are needed for card sort data collection? Poster presented at the 60<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, Texas.

Carlston, D. L., Khan, T., Grisel, J., Medina, R., Keller, M., Younis, M., Dinulescu, C., & Elsakka, M. (2014). Otitis Externa: Adherence to Choosing Wisely campaign recommendations. Poster presented at meeting of the Wichita Falls County Medical Society.

Carlston, D. L., Minter, G., Kasmai, H., Kader, A., Al-Tawil, & S., Ali, S. (2014). Resident physicians' strategies for facilitating patient lifestyle modification. Poster presented at meeting of the Wichita Falls County Medical Society.

Carlston, D. L. & Packard, J. (2014). Deficits in effective lifestyle modification recommendations: A pilot study. Poster presented at Midwestern State University's 5<sup>th</sup> Annual Scholarship Colloquium.

Kahn, T. & Carlston, D. L. (2014). Otitis Externa: Adherence to Choosign Wisely campaign recommendations. Poster presented at the TexMed May meeting. Fort Worth: Texas.

Kahn, T., Boparai, A., & Carlston, D. L. (2013). Creating a Diabetes template in our EMR for the implementation of core Diabetes guidelines. Poster presented at the GO! Diabetes Summit. San Diego, CA.

Carlston, D. L. (2013). Effective classroom education: Self-identified learning objectives. Invited Panel Discussion at the Southwestern Teachers of Psychology conference. Fort Worth, Texas.

Carlston, D. L. (2013). Patient intentions to comply with medical advice. Paper presented at the 59<sup>th</sup> annual meeting of the Southwestern Psychological Association. Fort Worth, Texas.

Carlston, D. L. (2013). Student perceptions of academic dishonesty: Harm, responsibility, & interventions. Paper presented at the 59<sup>th</sup> annual meeting of the Southwestern Psychological Association. Fort Worth, Texas.

- Cook†, J., Carlston, D. L., Callaway†, L. R., & Price†, A. (2013). Imposing cognitive load to facilitate lie detection: Tapping as a secondary task. Poster presented at the 59<sup>th</sup> annual meeting of the Southwestern Psychological Association. Fort Worth, Texas.
- Strug†, A., Spiller, L. & Carlston, D. L. (2013). How intent, consent, and alcohol/drug use influence college students' hook-ups. Paper presented at the 59<sup>th</sup> annual meeting of the Southwestern Psychological Association. Fort Worth, Texas.
- Carlston, D. (2012). Accuracy and utility of self-reported internet use. Paper presented at the 58<sup>th</sup> annual meeting of the Southwestern Psychological Association. Oklahoma City, OK.
- Carlston, D. (2012). Cheating on exams: Perceptions and rationalizations. Paper presented at the 58<sup>th</sup> annual meeting of the Southwestern Psychological Association. Oklahoma City, OK.
- Diekhoff, G., Danilova†, D., Packard, J., & Carlston, D. (2012). Survey of talent management practices in American higher education: Phase II. Poster presented at the 58<sup>th</sup> annual meeting of the Southwestern Psychological Association. Oklahoma City, OK.
- Carlston, D. (2012). The utility of the Dysfunctional Attitudes Scale in assessing distressed college students. Paper presented at the 58<sup>th</sup> annual meeting of the Southwestern Psychological Association. Oklahoma City, OK.
- Carlston, D. (2011). Masters degree: Springboard or millstone? Paper presented at the 57<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Diekhoff, G., Packard, J., & Carlston, D. (2011). Survey of talent management practices in American higher education. Poster presented at the 57<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Giles†, A., Vandehey, M. & Carlston, D. (2011). Differences in psychological history and behavioral choices between body-modified and non-body-modified individuals. Paper presented at the 57<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Mounsey†, R., Vandehey, M., Diekhoff, G. & Carlston, D (2011). The effects of employment status on mental health and academic achievement. Paper presented at the 57<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Spiller, L., Carlston, D. & Kobylecky†, A. (2011). Programming for fathers: Needs and barriers. Paper presented at the 57<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Carlston, D. L. (2010). *Academic dishonesty: Perceptions of prevalence, risk, and emotional impact*. Paper presented at the 56<sup>th</sup> annual meeting of the Southwestern Psychological Association. Dallas, TX.
- Carlston, D. L. (2010). *Internet addiction as it relates to symptom distress and functioning*. Paper presented at the 56<sup>th</sup> annual meeting of the Southwestern Psychological Association. Dallas, TX.

- Arnold†, B. P. & Carlston, D. L. (2009). *Examining personal behavior patterns and family conflict among adolescent heavy metal fans*. Paper presented at the 55<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Arnold†, L. & Carlston, D. L. (2009). *An examination of knowledge, attitudes, and beliefs of group therapy*. Paper presented at the 55<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Carlston, D. L. (2009). *Excessive Internet use: Predictors and screens*. Paper presented at the 55<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Carlston, D. L. (2009). *Student textbook engagement: Effects and motivators*. Paper presented at the 55<sup>th</sup> annual meeting of the Southwestern Psychological Association. San Antonio, TX.
- Carlston, D. (2008). *When does “Hanging 10” become “Wiping out”? A model for understanding abnormal Internet use*. Poster presented at the 54<sup>th</sup> annual meeting of the Southwestern Psychological Association. Kansas City, MO.
- Terrazas†, E. & Carlston, D. (2008). *Personality in bilinguals: Cultural frame switching?*. Paper presented at the 54<sup>th</sup> annual meeting of the Southwestern Psychological Association. Kansas City, MO.
- Carlston, D. (2007). *Abnormal Internet use: Diagnostic conceptualization and research agenda*. In Mosack, V. A. (Chair), *Diagnosis and treatment issues in clinical psychology*. 53<sup>rd</sup> annual meeting of the Southwestern Psychological Association. Fort Worth, TX.
- Mathews†, R. & Carlston, D. (2007). *The impact of religious values on the therapeutic alliance*. Poster presented at AMCAP Spring Convention. Salt Lake City, UT.
- Terrazas†, E. & Carlston, D. (2007). *Crossing racial lines: Interracial dating in a collegiate environment*. Paper presented at the 53<sup>rd</sup> annual meeting of the Southwestern Psychological Association. Fort Worth, TX.
- Carlston, D. (2006). *When “Hanging 10” turns to “Wiping Out”: A review of the detrimental effects of chronic Internet usage*. Paper presented at Southwest College Health Association (SWCHA) annual meeting, Wichita Falls, TX.
- Carlston, D. (2006). *The relationship between reporter discrepancy and therapy outcome*. Paper presented at the North American Chapter, Psychotherapy Research Society Conference, Burr Oak, OH.
- Mathews†, R. & Carlston, D. (2006). *The impact of religious values on the therapeutic alliance*. Poster presented at the North American Chapter, Psychotherapy Research Society Conference, Burr Oak, OH.
- Baghurst†, T. & Carlston, D. (2006). *A comparison of the physical dimensions of past and present action figures, with figure preference of preadolescent males*. Poster presented at the Texas Chapter of the American College of Sports Medicine (TACSM) annual conference.



- Carlston, D. L., Baghurst†, T, Hugman†, S., Johnson†, L., & Snyder†, A. (2006). *Online gaming: Addictive quality among young adults*. Paper presented at the 52<sup>nd</sup> annual meeting of the Southwestern Psychological Association. Austin, TX.
- Carlston, D. L. & Arnold†, B (2005). *Attrition in children's mental health*. Poster presented at the 51<sup>st</sup> annual meeting of the Southwestern Psychological Association. Memphis, TN.
- Carlston, D. L. & Ogles, B. M. (2005). *The role of clinical significance in outcome evaluation*. Paper presented at the Research and Training Center for Children's Mental Health's 18<sup>th</sup> Annual Research Conference, Tampa, FL.
- Carlston, D. L. (2003). *Parent-child discrepancy: Evidence, explanations, and implications*. Paper presented at the Research Results Briefing 2003, sponsored by The Ohio Department of Mental Health, Columbus, OH.
- Ogles, B. M., Carlston, D. L., Hatfield, D., Dowell, K., & Melendez, G. (2003). *Outcome feedback in the wraparound approach: Follow-up data*. Poster presented at the Research and Training Center for Children's Mental Health's 16<sup>th</sup> Annual Research Conference, Tampa, FL.
- Carlston, D. L. & Ogles, B. M. (2003). *Parent-child discrepancy on reports of child behavior: What do we know?* Paper presented at the Research and Training Center for Children's Mental Health's 16<sup>th</sup> Annual Research Conference, Tampa, FL.
- Carlston, D. & Ogles, B. M. (2002). *Child and adolescent outcome research: A meta-analytic perspective*. Paper presented at the Research and Training Center for Children's Mental Health's 15<sup>th</sup> Annual Research Conference, Tampa, FL.
- Carlston, D. & Ogles, B. M. (2002). *Parent-child discrepancy: Exploring explanations*. Poster presented at the Research and Training Center for Children's Mental Health's 15<sup>th</sup> Annual Research Conference, Tampa, FL.
- Carlston, D. & Ogles, B. M. (2002). *Parent-child discrepancy on reports of problem behavior: Why can't they just agree?* Poster presented at the Ohio Psychological Association Annual Convention, Columbus, OH.
- Hatfield, D., Ogles, B. M., Carlston, D., Dowell, K. A., Melendez, G., & Fields, S. A. (2002). *The role of feedback in the wraparound approach*. Paper presented at the Research and Training Center for Children's Mental Health's 13<sup>th</sup> Annual Research Conference, Tampa, FL.
- Ogles, B. M., Melendez, G. & Carlston, D. (2000, March). *Natural tensions and possible solutions: A primer on outcome assessment*. Paper presented at the Research and Training Center for Children's Mental Health's 13<sup>th</sup> Annual Research Conference, Tampa, FL.

### Thesis and Exit Papers (Chaired)

- Turenne, L. (2023). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph.D.
- Pudasaini, D. (2022). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph.D.
- Barrios, G. (2021). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph.D.
- Hernandez, J. (2021). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph.D.
- Leynor, P. (2020). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph.D.
- Cecil, K. (2019). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph.D.
- Cortez, M. (2018). *Religiosity as a moderator in the relationship between depression severity and attitudes toward help-seeking among college students*. Unpublished Thesis. Midwestern State University. Chair: David Carlston, Ph.D.
- Allen, H. (2017). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph.D.
- Peterson, C. (2017). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph. D.
- Shallenberger, B. (2016). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph. D.
- Ivey, E. (2015). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph. D.
- Jacobi, A. (2015). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph. D.
- Davis, E. (2014). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph. D.
- Lantz, E. (2014). *The Dimensionality of Traumatic Experiences Among the Homeless*. Unpublished Thesis. Midwestern State University. Chair: David Calrston, Ph.D.
- Cook, J. (2013). *Imposing cognitive load to facilitate lie detection: Using tapping as a secondary task*. Unpublished Thesis, Midwestern State University. Chair: David Carlston, Ph.D.

- Cuellar, S. (2013). *Predicting college students' deviant behaviors: A comparison of the BFI and HEXACO*. Unpublished Thesis, Midwestern State University. Chair: David Carlston, Ph.D.
- Hodges, D. (2012). *Clinical Case Presentation*, Applied Research Paper. Chair: David Carlston, Ph.D.
- Gullette, K. (2011). *Capital Punishment and Mental Retardation*. Exit Paper. Chair: David Carlston, Ph.D.
- Hegglund, C. (2011). *Clinical Case Presentation*. Applied Research Paper. Chair: David Carlston, Ph.D.
- Akinwolemiwa, M. (2009). *Reporter discrepancies across adjudicated and non-adjudicated populations*. Thesis, Midwestern State University. Chair: David Carlston, Ph.D.
- Duong, L. (2008). *Contextual factors aggression and online gaming*. Thesis, Midwestern State University. Chair: David Carlston, Ph.D.
- Hickman, S. (2008). *Family functioning and communication across adjudicated and non-adjudicated populations*. Exit Paper. Chair: David Carlston, Ph.D.
- Ruddy, L. (2007). *The knowledge of group therapy applied to pre-group training*. Thesis, Midwestern State University. Chair: David Carlston, Ph.D.
- Terrazas, E. (2007). *Personality in bilinguals: Cultural frame switching?* Thesis, Midwestern State University. Chair: David Carlston, Ph.D.
- Arnold, B. (2006). *Examining personal behavior patterns and family conflict among adolescent heavy metal fans*. Unpublished Thesis, Midwestern State University. Chair: David Carlston, Ph.D.
- Mathews, R. (2006). *The impact of religious values on the therapeutic alliance*. Unpublished Thesis, Midwestern State University. Chair: David Carlston, Ph.D.
- Shillingford, S. (2006). *Child maltreatment and the counteractive effects of the CPS environment*. Exit Paper. Chair: David Carlston, Ph.D.
- Superville, D. (2006). *The impact of religiousness and spirituality on religious tolerance*. Unpublished Thesis, Midwestern State University. Chair: David Carlston, Ph.D.
- Truhn, P. (2005). *A multicultural look at grief*. Exit Paper. Chair: David Carlston, Ph.D.

### Thesis and Exit Papers (Committee Member)

Dissanayake, S. (2023). *Parenting styles and academic achievement as a function of ethnicity and socio-economic level*. Unpublished Thesis, Midwestern State University, Committee Member, Chair: Michael Vandehey, Ph.D.

Rizzuti, B. (2023). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.

Shelton, H. (2022). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.

Halloway, A. (2020) *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Paul Guthrie, Ph.D.

Lee, R. (2020). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.

Plowman, K. (2020). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Guthrie, Ph.D.

Reglos, N. (2020). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.

White, M (2020). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.

Marks, J. (2019). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.

Peters, K. (2018). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Paul Guthrie, Ph.D.

Pierce, B. (2017). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Paul Guthrie, Ph.D.

Joseph, A. (2016). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.

Moreno, A, (2016). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.

Sayer, R. (2016). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Paul Guthrie, Ph.D.

Johnson, J. (2015). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Paul Guthrie, Ph.D.

- Massicott, A. (2014). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Paul Guthrie, Ph.D.
- Strug, A. (2013). *College students' motivations for hooking up: Examining the role of consent and alcohol use*. Unpublished Thesis, Midwestern State University, Committee Member, Chair: Laura Spiller, Ph.D.
- Davis, J. (2011). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Laura Spiller, Ph.D.
- Grunzinger, K. (2011). *Clinical Case Presentation*. Applied Research Paper. Committee Member. Chair: Laura Spiller, Ph.D.
- Giles, A. (2010). *Understanding differences in mental health history and risk behavior in a community sample of individuals with and without body modifications*. Unpublished Thesis. Midwestern State University. Committee Member. Chair: Michael Vandehey, Ph.D.
- Mounsey, B. (2010). *The effects of employment status on mental health, academic achievements, and perceptions of working on college students*. Unpublished Thesis. Midwestern State University. Committee Member. Chair: Michael Vandehey, Ph.D.
- Matthews, K. (2010). *Clinical case presentation*. Applied Research Paper. Committee Member. Chair: Laura Spiller, Ph.D.
- Stone, J. (2010). *Clinical case presentation*. Applied Research Paper. Committee Member. Chair: Michael Vandehey, Ph.D.
- Batla, L. (2007). *Intergenerational transmission of family violence*. Exit Paper. Committee Member. Chair: Laura Spiller, Ph.D.
- Cooper, W. (2007). *Superstitions and their effects on athletes*. Exit Paper. Committee Member, Chair: Paul Guthrie, Ph.D.
- Hise, L. (2007). *The effects of sexual prejudice, on perceived risk, protective behaviors, and risk factors for HIV*. Unpublished Thesis. Midwestern State University. Committee Member, Chair: Laura Spiller, Ph.D.
- Babyak, B. (2006). *The impact of childhood adversity on homelessness*. Unpublished Thesis, Midwestern State University. Committee Member. Chair: George Diekhoff, Ph.D.
- Clyburn, R. (2006). *Detrimental effects of corporal punishment on and individual's development*. Exit Paper. Committee Member. Chair: Michael Vandehey, Ph.D.
- Duran, S. (2006). *An examination of maternal filicide from a systemic perspective*. Exit Paper. Committee member. Chair: Michael Vandehey, Ph.D.
- Farris, E. (2006). *Math anxiety subtypes*. Unpublished Thesis, Midwestern State University. Committee Member. Chair: George Diekhoff, Ph.D.

Baghurst, T. (2005). *Comparison of the physical dimensions of past and present action figures with figure preference and reasoning of preadolescent males*. Unpublished Thesis, Midwestern State University. Committee member. Chair: Julie Wood, Ph.D.

Berg, L. S. (2005). *Impact of modern childhood lifestyles: Leisure activities and eating behaviors*. Exit Paper. Committee member. Chair: Michael A. Vandehey, Ph.D.

Mahan, T. C. (2005). *The relationship between gender, family size and degree of intrinsic motivation to attend a four-year university*. Unpublished Thesis, Midwestern State University. Committee member. Chair: George Diekhoff, Ph.D.

Smith, S. L. (2005). *The evolution of marriage across the lifespan*. Exit Paper. Committee member. Chair: Michael A. Vandehey, Ph.D.

## Service

### University Service/Committees

2023 – Present	Academic Readmissions Committee
2023 – Present	University Tenure and Promotion Committee
2017 – Present	College Council
2018 – Present	Department Chair, Psychology
2017 – 2022	Academic Admission Committee - Alternate
2021 – 2023	Faculty Senate – Member
2013 – 2021	Administrative Council - Member
2013 – 2021	Faculty Senate – Chair
2018 – 2021	Strategic Enrollment Planning Committee
2013 – 2021	Commencement Speaker Selection Committee
2018	Vice President Enrollment Management Search Committee
2018	Faculty Search Committee – Psychology
2017 – 2018	Interim Department Chair, Psychology
2016 – 2018	University Strategic Planning Committee
2016 – 2017	Financial Aid and Admissions Task Force
2011 – 2017	Academic Readmissions Committee - Member
2009 – 2017	Graduate Council - Member
2013 – 2016	Staff Awards Committee
2015	Ad Hoc Tenure & Promotion Review Committee – Member
2015	Director of Residents Life Search Committee
2015	Graduate Dean Search Committee – Member
2015	Faculty Search Committee – Member
2013 – 2015	Legacy Walk Committee, member
2013 – 2015	Presidential Search Committee, member
2014	Exercise Physiology Faculty Search Committee, member
2013 – 2014	Arbor Creek Scholarship Selection Committee, member
2013 – 2014	Hardin Professor Recommendation Committee, member
2012 – 2014	Ad Hoc Tenure & Promotion Review Committee – Member
2012 – 2013	Ad Hoc Graduate Council Resource Allocation Committee – Chair
2012 – 2013	University Assessment Committee – Alternate

2012 – 2013	College Rank and Tenure Committee – Fill in
2011 – 2012	Faculty Search Committee - Member
2010 - 2011	MSU Research Task Force - Member
2010 – 2011	Faculty Senate - Vice Chair
2009 – 2011	University Tenure and Promotion Committee - Member
2009 – 2011	Academic Readmissions Committee - Alternate
2009 – 2010	Faculty Senate – Parliamentarian
2006 – 2010	Faculty Grievance Committee – Member
2009	Ad Hoc Committee– Faculty Work Environment Satisfaction – Chair
2009	Faculty Search Committee – Member
2009	Ad Hoc Committee for Teaching Evaluation – Member
2008 – 2009	Honors Program Director Search Committee – Member
2008 – 2009	University Assessment Committee – Member
2008 - 2009	Faculty Senate – Member
2007 – 2009	Academic Readmissions Committee – Member
2006 – 2009	Honors Program Committee – Member
2009	TACT Tenure and Promotion Workshop – Member
2005 – 2009	Faculty Sponsor Alpha Lambda Delta (Freshman Honor Society)
2008	Faculty Mentor – Josh Packard
2005 – 2008	Who’s Who Committee - Chair
2007	University Assessment Committee – Alternate
2004 – 2007	Academic Readmissions Committee – Alternate
2007	Council of Public Liberal Arts Colleges Summer Institute - Representative
2005 – 2007	Staff Awards Committee – Member
2004 – 2005	Psi Chi (Psychology National Honor Society) – Co-faculty Sponsor
2004 – 2005	Ad Hoc Committee on Faculty Evaluation Instruments – Member
2004	Faculty Search Committee – Member

### Professional

2012 – Present	Early Childhood Research Quarterly - Reviewer
2006 – Present	Scientific Journals International - Reviewer
2009 - Present	Southwestern Psychological Association Annual Meeting – Reviewer
2004 – Present	Southwestern Psychological Association – Member
2004 – Present	American Journal of Psychological Research - Reviewer
2012	Textbook review <i>Science of Psychology</i> – McGraw Hill
2012	Textbook review <i>Development through the Lifespan</i> – Allyn & Bacon
2012	Prospectus review <i>Writing in Psychology</i> – Sage Publishers
2007	Textbook review <i>Psychology in Everyday Life</i> – Worth Publishers
2006	Textbook review <i>Introduction to Abnormal Child and Adolescent Psychology: A Scientist-practitioner Perspective</i> – Sage Publications

### Community

2018 – 2023	Church of Jesus Christ of Latter-day Saints, Bishop
2018 – 2023	Wichita Falls Board of Health, Chair
2012 – 2018	Boy Scouts of America – Merit Badge Councilor
2015 – 2018	Wichita Falls Family Medicine Residency – Graduate Medical Education Committee - Chair

2014 – 2018	Wichita Falls Family Practice Residency – Core Competency Committee – Member
2014 – 2018	Wichita Falls Board of Health – Member
2015 – 2016	Cub Scout Pack 216 - Cubmaster
2010 – 2015	Board of Directors, Taft Counseling Center – Chair
2012 – 2015	Wichita Falls Family Practice Residency - Graduate Medical Education Committee – Member
2012 – 2014	Wichita Falls Board of Health – Chair
2006 – 2014	Greater Wichita Falls Soccer Association - Coach
2007 – 2012	Wichita Falls Board of Health – Member
2006 – 2010	Red River Regional Science and Engineering Fair - Judge
2005 – 2010	Board of Directors, Taft Counseling Center – Member

## Awards and Honors

### University Awards

2018	Hardin Professor Award
2016	Faculty Member of the Year

### Teaching

2012	Alpha Chi – Faculty Sponsor
2007	Mortar Board – Faculty Sponsor
2006	Mortar Board – Faculty Sponsor
2005	Order of Omega – Certificate of Appreciation
2004	Mortar Board – Faculty Sponsor

### External Grants

Sponsor: Texas Academy of Family Physicians Foundation  
Investigators: Ahmed Mattar, David Carlston, & Adil Ahmed  
Amount: \$7,000  
Year: 2015-2016  
Title: The use of office-based and remote intensive behavioral therapy for obesity management in primary care: A randomized multi-arm pilot trial.

Sponsor: Ohio Department of Mental Health, Office of Program Evaluation and Research  
Investigators: David Carlston & Benjamin M. Ogles  
Amount: \$1,000  
Year: 2002-2004  
Title: Demographic and clinical factors associated with parent-child discrepancy from multiple statistical approaches.



Sponsor: Ohio Department of Mental Health, Office of Program Evaluation and Research  
Investigators: David Carlston & Benjamin M. Ogles  
Amount: \$5,000  
Year: 2000-2001  
Title: A preliminary exploration of the underlying processes involved in parent-child discrepancy on reports of child problem behaviors.

### University Funding

Source: Faculty Development Funds  
Amount: \$1,338.19  
Year: 2022-2023

Source: Faculty Development Funds  
Amount: \$1,577.09  
Year: 2021-2022

Source: Faculty Development Funds  
Amount: \$944.00  
Year: 2019-2020

Source: Faculty Development Funds  
Amount: \$1,259.10  
Year: 2018-2019

Source: Faculty Development Funds  
Amount: \$1,120.10  
Year: 2017-2018

Source: Faculty Development Funds  
Amount: \$351.00  
Year: 2013-2014

Purpose: Presentation of original research, conference participation  
Source: University Grant  
Amount: \$4,956.25  
Year: 2012-2013  
Purpose: Collection of data regarding patient compliance with non-medical advice.

Source: Faculty Development Funds  
Amount: \$560.70  
Year: 2012-2013  
Purpose: Presentation of original research, conference participation

Source: Faculty Development Funds  
Amount: \$ 783.77  
Year: 2011-2012  
Purpose: Presentation of original research, conference participation.

Source: Faculty Development Funds  
Amount: \$ 483.00  
Year: 2010-2011  
Purpose: Presentation of original research, conference participation.

Source: Faculty Development Funds  
Amount: \$ 454.35  
Year: 2009-2010  
Purpose: Presentation of original research, conference participation.

Source: University Grant  
Amount: \$4,949.50  
Year: 2009-2010  
Purpose: Collection of data regarding community-wide father programming.

Source: Faculty Development Funds  
Amount: \$ 657.88  
Year: 2008-2009  
Purpose: Presentation of original research, conference participation.

Source: University Grant  
Amount: \$4,775.57  
Year: 2007-2008  
Purpose: Collection of data regarding family intervention with adjudicated youth.

Source: Faculty Development Funds  
Amount: \$597.85  
Year: 2007-2008  
Purpose: Presentation of original research, conference participation.

Source: Faculty Development Funds  
Amount: \$1,960.37  
Year: 2006-2007  
Purpose: Presentation of original research.

Source: University Grant  
Amount: \$3,549.00  
Year: 2005-2006  
Purpose: Collection of data regarding informants of child behavior and adjustment.

Source: Faculty Development Funds  
Amount: \$127.39  
Year: 2005-2006  
Purpose: Presentation of original research.

Source: Faculty Development Funds  
Amount: \$907.00  
Year: 2004-2005  
Purpose: Presentation of original research at two research conferences.