

Midwestern State University  
College of Health Sciences - Wilson School of Nursing  
Family PMH-NP Program

## **NURS 6911 X10: Special Topics – PMHNP (Fall 2020)**

*Note: This syllabus is for information purposes only and is subject to change without prior notice.*

### **Faculty**

**Professor Julie Durand**

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E-mail: [julie.durand@msutexas.edu](mailto:julie.durand@msutexas.edu)

All faculty office hours are by appointment only.

### **Other WSON Contacts**

For Test Proctor Submission (N/A this semester), and compliance issues contact:

Cathy Healey

Email: [Cathy.Healey@msutexas.edu](mailto:Cathy.Healey@msutexas.edu)

Office: (940) 397- 2802

Fax: (940) 397-4532

For Facility Agreements:

Dr. Catherine Pankonien

Email: [Catherine.pankonien@msutexas.edu](mailto:Catherine.pankonien@msutexas.edu)

### **Additional Campus Details**

**MSU Police (Emergency Only):** (940) 397-4239

### **Course Description**

The focus of this course is on diagnosis, pharmacological and non-pharmacological management and outcomes of serious and persistent psychiatric disorders and mental health problems (including complex mental illness and addictions) experienced in individuals, families, and groups in a variety of settings.

Prerequisites:

- NURS 5043 Advanced Pathology
- NURS 5133 Advanced Pharmacology
- NURS 5112/11 Advanced Health Assessment
- NURS 5103 Nursing Theory
- NURS 5303 PMH Roles
- NURS 5322 PMH Diagnostics
- NURS 5363/73 Across the Life span
- NURS 5383/93PMH Advanced Practicum I

Credit Hours: 1 credit hours. There are 64 total clinical hours required.

As this is an online course you will need access to a computer and be able to scan paperwork electronically.

**Check syllabus for assignment due dates. For ease of remembering, all assignments will be due by 3 PM on the designated due date – again check your syllabus for dates. No individual reminders will be given.**

## Course Objectives

Upon successful completion of this course, the student will be able to:

- Collaborate with families, groups, communities to develop evidence-based approaches for promotion and protection of mental health and prevention of illness.
- Explore a wide range of approaches for evidence-based psychotherapy of groups, families, and communities experiencing psychiatric mental health problems.
- Develop beginning expertise in the application of selected evidence-based psychotherapy of groups and communities experiencing mental health problems.
- Discuss the impact of psycho-pharmacological interventions in family, group, and community dynamics.

Note: The field of the Family PMH-NP is evolving. When new information is available we try to keep you informed. Faculty may provide you with additional materials that will be included in course content, activities, and exams.

## Addendums to the Syllabus

Faculty reserve the right to post addendums to the syllabus throughout the semester as needed.

## Required Texts

### ***Publication Manual of the American Psychological Association***

American Psychiatric Association. (2020). Publication Manual of the American Psychological Association. Seventh Edition.

### ***Diagnostic and Statistical Manual of Mental Disorders DSM- 5***

American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders DSM- 5. Fifth Edition.

### ***Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry***

Sadock, B., Sadock, V. and Ruiz, P. (2015) Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry. Eleventh Edition. \*\*Same book as last semester/there will be some of the same assigned readings from last semester as well....although focus is different this semester.

### ***Stahl's Essential Psychopharmacology. Prescriber's Guide (6th Edition).***

Stahl, S. (2017) Stahl's Essential Psychopharmacology. Prescriber's Guide (6th Edition).

### ***Comprehensive textbook of Psychotherapy: Theory and Practice (2nd edition).***

Consoli, Beutler, Bongar (2017). Comprehensive textbook of Psychotherapy: Theory and Practice (2nd edition).

### ***Psychiatric Mental Health Nurse Practitioner Review Manual (4th edition).***

Johnson, K. and Vanderhoef, D. (2016). Psychiatric Mental Health Nurse Practitioner Review Manual (4th edition).

## **Recommended Texts**

***A Manual of Laboratory and Diagnostic Tests (10th Edition).***

Any lab Manual or Fishbach, F. (2017). A Manual of Laboratory and Diagnostic Tests (10th Edition).

## Academic Policies

### Academic Dishonesty

All students are expected to pursue their scholastic careers with honesty and integrity. Academic dishonesty includes, but is not limited to, cheating on a test or other course work, plagiarism (offering the work of another as one's own), and the unauthorized collaboration with another person. Students found guilty of dishonesty in their scholastic pursuits are subject to penalties that may include suspension or expulsion from the University. **As a licensed registered nurse, graduate students are expected to demonstrate professional conduct as set forth in the Texas Board of Nursing rule §215.8. in the event that a graduate student holding an RN license is found to have engaged in academic dishonesty, the college may report the nurse to the Texas BON using rule §215.8 as a guide.**

*By enrolling in this course, the student expressly grants MSU a "limited right" in all intellectual property created by the student for the purpose of this course. The "limited right" shall include, but shall not be limited to, the right to reproduce the student's work product in order to verify originality and authenticity, and for educational purposes.*

This course adheres to the *MSU Code of Student Conduct*. Academic dishonesty, however small, creates a breach in academic integrity. A student's participation in this course comes with the expectation that his or her work will be completed in full observance of the *MSU Code of Student Conduct*. Many components of this course are designed to be highly interactive with students helping each other learn by providing a different point of view, much as would occur in a face-to-face classroom. Students are encouraged to take full advantage of the many resources available including online Desire2Learn course resources, internet sites, other textbooks and journals, faculty, and peers. This interactive collegial learning environment is conducive for life-long learning. All components of this course are designed to represent the efforts of each student INDIVIDUALLY and are NOT to be shared, copied, or plagiarized from other sources. When students submit their efforts for grading, they are attesting they abided by this rule.

Cheating includes, but is not limited to, (1) the use of any unauthorized assistance in taking quizzes, tests, or examinations; (2) dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or completing other assignments; or (3) the acquisition of tests or other academic materials belonging to the university faculty, staff, or students without permission.

Plagiarism includes, but is not limited to, the use of published or unpublished works of another person – by paraphrase or direct quotation – without correct citation in the text and on the reference list. The use of materials generated by agencies engaged in "selling" written papers is also plagiarism. For this course, students found to plagiarize on any assignment or discussion will receive a zero for that assignment or discussion. A second incident of plagiarism by the same student will result in a grade of "F" for this course.

### Drug Screen/Substance Abuse screening:

Policy: The Wilson School of Nursing at Midwestern State University shall assure compliance with conditions for drug screen/substance abuse screen as specified in agency contracts with the Clinical Affiliates where students engage in courses with a clinical/lab component. Therefore, the Wilson School of Nursing and Clinical Agencies require a drug and alcohol screening for all students.

This is to be completed during the semester immediately prior to the beginning of courses with a clinical/lab component. Students who are under the influence of drugs and/or alcohol are deemed to be impaired and, therefore, incompetent to provide care to patients.

Impairment or suspected impairment of a nurse's practice by drugs or alcohol or mental illness will be reported under Chapter 467, Health and Safety Code, and the Board for investigation (Tex. Occ. Code Ann. §301.401; 301.402; 301.410; & 301.452).

Students may be required to complete additional drug screen/substance abuse screening during their course of study, dependent upon specific agency policies. Such requirements are beyond the control of the WSON.

Drug screen/substance abuse screening of a 10-panel urine drug screen will be performed by a third- party company selected by the WSON. The expenses of all drug screen/substance abuse screening are the responsibility of the student. Students will be given instructions regarding processes by the appropriate Program Coordinator and are expected to follow instructions for the online drug screen/substance abuse screening process. As a part of the process, students will authorize the third- party screening company to release results to the Wilson School of Nursing through the office of the appropriate Program Coordinator.

Failure to meet deadlines established by the Wilson School of Nursing may negatively affect clinical placements. Failure to complete the background check will preclude entry into clinical courses and can result in dismissal from the program. The Program Coordinator will administratively remove noncompliant students from all clinical courses.

This is to be completed during the semester immediately prior to the beginning of courses with a clinical/lab component.

Students who evidence behaviors consistent with substance abuse shall be subject to for-cause drug screening. Any student with a positive drug screen will be dismissed from the nursing program if the positive finding cannot be related to a prescription held legally by the student.

## **Professional Behavior Policy**

Refer to the WSON Graduate Catalogue.

## **American Disability Act (ADA)**

Midwestern State University (MSU) does not discriminate based on an individual's disability and complies with Section 504 and the Americans with Disabilities Act in its admission, accessibility and employment of individuals in programs and activities.

MSU provides academic accommodations and auxiliary aids to individuals with disabilities, as defined by law, who are otherwise qualified to meet academic and employment requirements. For assistance call (940) 397-4618 or 397-4515. Please see the instructor outside of class to make any arrangements involving special accommodations.

It is the student's responsibility to declare any disabilities. After declaration, preferably at the beginning of each semester, the student needs to contact individual instructors to determine any reasonable accommodations that may be required.

## **Progression Policy**

As with all graduate courses in the Nursing Programs at MSU, a B (80 or above) must be earned in order to pass the course and progress in the Family PMH-NP program. If a grade of C or less is earned in any graduate nursing course, the course must be repeated the next regular academic semester during which the course is offered. A nursing course may be repeated only once. Failure to achieve the minimum grade of B when repeating a course will result in dismissal from the program. Refer to the MSU Graduate Catalog for additional information on progression.

## **Adding and Dropping Courses**

A student who wishes to change his/her schedule by either dropping or adding a course must first consult with the PMH-NP Program Coordinator. Refer to the Graduate Catalog for additional information on adding and dropping courses. Failure to notify the PMH-NP coordinator may result in being removed from the program. You must follow the degree plan provided to you.

## **Concealed Handguns on Campus**

Senate Bill 11 passed by the 84<sup>th</sup> Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University's webpage at <http://mwsu.edu/campus-carry/rules-policies>.

If you have questions or concerns, please contact MSU Chief of Police Patrick Coggins at [patrick.coggins@mwsu.edu](mailto:patrick.coggins@mwsu.edu).

## **Course Orientation Overview – Didactic and Clinical**

### **Student Responsibilities and Class Requirements**

Students are accountable for policies regarding graduate nursing programs and completion of requirements for all graduate students as stated in the Graduate Catalog and Graduate Student

Handbook. Students are responsible for making appointments with faculty concerning class assignments as necessary. This is an online class and students are expected to have adequate access to a computer and check the course via BrightSpace/D2L on daily for updates and information.

All work will be submitted electronically by dates and times due.

All course requirements must be met in order to pass the course. All written work submitted for evaluation is to be the work of the student who submits it.

As this is an online class, I suggest you do not wait until the last minute to submit assignments. Computer malfunctions and glitches can occur but not being able to submit your assignments by due date deadlines because your computer/internet is not functioning properly will not be an acceptable excuse.

### **Course Orientation – Desire to Learn (D2L)**

The best way to get oriented to the course is to read the syllabus. By now, the student should be familiar with the BrightSpace/D2L layout.

### **Contacting Faculty**

All assignment questions, questions about grades, or anything pertaining to the course should be addressed by the Brightspace (D2L) email within the course. Contacting faculty by cell phone should be reserved for times between 8 am and 8 pm. Please feel free to text either myself or your professors if needed during these times and we may be able to respond in a quicker manner this way.

The preferred method of communication is Brightspace (D2L) email. Please contact the course faculty through Brightspace (D2L). Please note if the email is received Monday – Thursday, it will be returned within 24 hours. If an email is received after 3PM on Friday, or over the weekend, it will be returned within 48 hours.

Understand that professors will not be checking emails throughout the night, therefore should you have a question about anything including a test or assignment due the next day...you must contact your respective professor before 8PM the night before the assignment is due. It is not acceptable to call or text faculty after 8 PM unless instructed by your professors to do so.

### **Assignment File Naming**

All assignments will be submitted through BrightSpace/d2L assignment section drop boxes. E-mailing assignments is not acceptable and will not be considered for grading. When uploading an assignment to the assignment section of BrightSpace/D2L, please use the following guidelines for naming of the files. Your last name, assignment name: Example: Smith-SoapNote3Revised.doc.

### **Late Assignments**

Students are expected to submit assignments by the time they are due. Assignments submitted after the due date and time will receive a deduction of 10 points for each day the assignment is late. Assignments will be accepted, with a penalty as described, up to a maximum of three days late, after which point a zero will be recorded for the assignment.

## Learning Experiences

### Didactic Learning

- Discussions (2)

### Clinical Learning

- SOAP Note (3)
- Completion of all clinical hours
- Completion and submission of required clinical paperwork (evals. and clinical sign off sheets). It will be required that the student submit clinical encounters to electronic data base (eLogs).



## Grading Scale

- A grade of A signifies 90-100% obtained.
- A grade of B signifies 80-89% obtained.
- A grade of C signifies 74-79% obtained.
- A grade of D signifies 65-73% obtained.
- A grade of F signifies 64% and below obtained.

## Evaluation

There is no rounding of grades. A grade of a 79.9 would be considered a failing grade for the course. The grade for this course will be based upon the following criteria:

<b>Evaluation Components</b>	<b>% of Grade</b>
Didactic/Classroom Components:	Didactic
Discussion 1	50
Discussion 2	50
Clinical Components:	Clinical
SOAP Note #1	30
SOAP Note #2	35
SOAP Note #3	35
Evaluation assignment – eLogs completed plus verification of all 64 totaled clinical hours on a legible clinical sign off sheet with submission of all respective evaluations by preceptor and evaluations by student	Pass/Fail
Evaluation assignment – Virtual Clinical Imaging PPT for EACH clinical site due FIRST day of clinical	Pass/Fail
Evaluation assignment – Clinical Site Evaluation Form due for EACH clinical site FIRST day of clinical	Pass/Fail
<b>Total</b>	<b>100</b>

In order to pass this course containing both didactic and clinical requirements, the student must pass both the didactic and clinical components of the course.

If a student receives less than passing (80%) on either the didactic or clinical component, the maximum grade earned for the course will be a grade of “C” and the student will not be permitted to progress in the program. The lower of the grades earned (either clinical or didactic) will be the final course grade recorded.

It is the student’s responsibility to know their grade status.

Failure to submit all required paperwork (part of clinical components of the course) will result in a grade of “C” and failure of the course. It is the student’s responsibility to review the list of required documents in this syllabus, know the status of the documents and be able to provide the documents at the required times.

## Course Orientation Overview – Specific to Clinical

### Preceptor and Preceptorship Guidelines

Clinical hours for this course will consist of the precepted experience of assessment and medication management with an emphasis on the adult patient population. No therapy hours this semester.

Acceptable preceptors for the clinical (medical management) experiences include: Psychiatrists or Psychiatric Mental Health Nurse Practitioners that are board certified with prescriptive authority.

Students may be assigned a specific preceptor at the discretion of the PMH-NP faculty. Otherwise, they will select their preceptors with approval from Dr. Mercer. Submission of required documentation is required prior to starting clinical. No participation in the clinicals may occur until the preceptor has been approved and all completed forms have been turned in to Dr. Mercer. If you have any doubts about your required MSU compliance.... please contact Cathy Healey (contact info. on 1<sup>st</sup> page of this syllabus). Understand you must be totally compliant with all requirements before you can commence with clinicals. Any clinical done prior to meeting all MSU compliance requirements will be forfeited.

### Beginning Clinical

Students must meet all compliance requirements. When in clinical, students are required to have proof of malpractice insurance and a current license in the state of practice. These must be uploaded by the student into Castle Branch. If in doubt about your compliance you may contact Cathy Healey in the Nursing dept. (contact info. on front page of this syllabus). No clinicals can be done if not compliant.

All clinical preceptors must be approved, prior to starting the clinical and the preceptors must sign a Preceptor agreement. Please submit all preceptor paperwork for approval to Dr. Mercer via email [kim.mercer@msutexas.edu](mailto:kim.mercer@msutexas.edu)

All clinical sites require a facility agreement. Facility agreements for clinical sites are to be arranged through Dr. Pankonien. Contact info. on front of the syllabus page 1.

### Clinical Site Evaluation Form and Virtual Imaging PowerPoint

Please note that each semester you must complete a new Clinical Site eval. form AND new Virtual image PPT even if the clinical site is the same as last semester. Just like we have to get new preceptor paperwork signed all over again each semester even if same preceptor.

The Clinical Site Evaluation form AND the Virtual Clinical Images Powerpoint may both be done the very first day of your clinicals but they have to be submitted that same evening in drop box on Bright Space/D2L by 11 PM. We are trying to do this so you all are not making a separate trip to each of your offices where you will be doing clinicals to get this info. without being able to do a clinical while you were there that day. However, failure to do this will result in forfeiting clinical hours.

There will be no observation clinical hours.

### Descriptive Breakdown of Clinical Hours for Special Topics (Fall 2020)

Description	Hours
Assessment & Management of Acute & Chronic PMH issues in adults	64 hours
Total	64 hours

**Unsafe,**

### Unprofessional Behaviors – Clinical Failure

Students deemed unsafe or incompetent will not be permitted to progress in the program and will receive a maximum grade of 79% for the course. Demonstrating any of the following behaviors will constitute clinical failure:

- Demonstrates unsafe performance.
- Lacks insight and understanding of own behaviors and behavior of others.
- Needs continuous specific and detailed supervision.
- Has difficulty in adapting to new ideas and roles.
- Falsifies clinical hours or preceptor signature.

### Assignment Dates and Times

SOAP Note #1 assignment – due Sept. 25, 2020 by 3 PM in drop box

SOAP Note #2 assignment – due Nov. 6, 2020 by 3 PM in drop box

SOAP Note #3 assignment – due November 30, 2020 by 3PM in drop box

### Rubric for SOAP Notes

#### SOAP NOTE FORMAT

**The easiest way to lose points on SOAP notes is to deviate from this format.**

#### Subjective (worth 20 points)

Client identifying data:

Chief Complaint:

History of Present Illness:

Neurovegetative Symptoms:

Sleep

Appetite/weight

Energy

- Concentration
- Anhedonia
- Mood
- Diurnal variation of mood
- SI/HI
- Anxiety – all disorders
- Mania
- Psychosis
- Sexual interest

Psychiatric History:

Alcohol and other drug use history:

Current health status:

- Medical conditions
- Allergies
- Health maintenance behaviors
- Currently prescribed medications
- LMP
- Last physical exam

Past Health Status:

- Major illnesses
- Hospitalizations
- Surgeries
- Accidents
- Major childhood illnesses
- Pregnancy history/menstrual history

Family History:

Developmental History - Did they meet developmental milestones?

Social History:

- Educational history
- Hobbies and interests
- Legal history
- Current living situation
- Marital status and relationship history
- Employment history
- Financial status
- Social network/support system
- Religious history
- Military history
- Sexual history

Focused ROS

### **Objective: (worth 20 points)**

Mental status exam:

- Appearance
- Mood

Affect  
 Speech  
 Thought content  
 Thought processes  
 Alertness and LOC  
 Memory  
 Orientation  
 Behavior and psychomotor activity  
 Attitude toward examiner  
 Visuospatial ability  
 Capacity to read and write  
 Abstract thinking, proverbs, and similarities  
 Judgment  
 Fund of information and intelligence  
 Liabilities  
 Assets/strengths  
 Insight

Other Objective Data:

Vital signs  
 Ht./Wt./BMI  
 Lab results  
 Screening tool results (such as AIMS test as indicated)

Pertinent Physical Exam:

**Assessment: (worth 25 points) USE DSM-5 criteria**

Diagnosis(es):

**Differential diagnoses:** generally medical causes of the symptoms i.e. hypothyroidism, brain tumor, etc....

**Rule out diagnoses:** generally refers to DSM diagnoses that you might suspect i.e. if MDD then could be R/O bipolar disorder most recent episode depressed.

DSM V criteria: what criteria are met and not met at this time and how you arrived at the diagnosis at this time.

Neurobiology (include in rationale for treatment plan):

Genetics  
 Neurotransmitters  
 Neuro-anatomical changes  
 Current theories of causation  
 Cultural factors

**Plan and Rationale: (worth 25 points)**

Labs and diagnostic screening tools:

Medications:

Dose and directions  
 Why this medication?

Neurochemistry and MOA  
 Side effects  
 Expected benefits  
 Contraindications  
 Black box warnings

Therapy prescription:  
 Types(s) and duration  
 Why this therapy?  
 Expected benefits  
 Therapy goals

Teaching plan:  
 Safety plan  
 Diet and exercise  
 Sleep  
 Stress management/set goals  
 Health promotion  
 Relationship issues  
 Resources  
 Teach about medications, side effects, cautions

Referral and consultations:

Psychological/psychometric testing (example you suspect ADHD)  
 PCP for physical exam or referral to cardiology prior to starting stimulant meds.  
 Inpatient hospitalization or detox.  
 Partial hospitalization or OPT treatment

Follow up:

The timeframe for next appointment based on assessment and safety.

**Spelling, grammar, punctuation and APA adherence: (worth 10 points)**

## Scoring Rubric for Discussions

Each student is responsible to respond to the discussion topics posted by faculty on the BrightSpace/D2L discussion board. This discussion takes the place of classroom discussion. Each student should lead a discussion on the topic, posing challenging questions that would further or refute your position or seek solutions. These are collegial, peer review type discussions, providing evidence of both depth and breadth of the issue. Grading is based on the discussion you lead, as well as your contribution to at the minimum two (2) other students' discussions. It is expected that all communication be professional and respectful.

**Pay close attention:** Post your OWN assignment for the discussion 7 days prior to the scheduled assignment due date to allow time for discussion to occur. In the past we have had students wait until the last minute to post their own assignment which does not give your peers time to respond to you and therefore negates the entire idea of a discussion.

**\*\*\*Automatic 30 points deducted if you do not post YOUR OWN discussion within 7 days of due date to allow discussion with your peers.**

**Cited references are required.** The discussion due date is listed in the course calendar of this syllabus. Do not post your discussions as attachments.

You must respond to at least TWO of your peer's initial posts (bantering back and forth with a peer about your own post is fine but will NOT count as a response to another peer's initial post). Please take note of this as points can easily be lost otherwise.

<b>Criteria</b>	<b>Needs Improvement (0 points)</b>	<b>Meets Expectations (18 points)</b>	<b>Exceptional (25 points)</b>
Content	Does not participate in the discussion	Responses are vague. Displays some understanding of the topic or comment or develops ideas and stimulates some discussion.	Displays as understanding of the specific topic or comment under discussion. Develops ideas and stimulates discussion and includes application of content.
Participation	The style of writing does not contribute to open, honest, communication or does not participate in the discussion.	The style of writing generally contributes to open, honest communication.	The style of writing contributes to open, honest communication.
Quality of Writing	Written responses freq. contain obvious grammatical, spelling or punctuation errors. APA & references	Written responses have few grammatical, spelling or punctuation errors. APA & references	Written responses are free of grammatical, spelling or punctuation errors. APA & references
Reflective Thought	Little evidence of reflective thought pertaining to personal perspectives and professional development. Few if any reflective statements. Tends to recite facts rather than address issues.	Reflective statements contain peripheral issues that are generally accurate but could be improved with more analysis and creative thought.	Evidence of strong reflective thought pertaining to personal perspectives and professional development.

